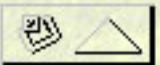




GTA Cancer Prevention and Screening Network



Cancer Screening Saves Lives

40-50% of Ontarians will
develop cancer in their
lifetime.



Cancer Screening Saves Lives

Many of these cancers can be prevented.

GTA Cancer Prevention and Screening Network



Colorectal Cancer Screening Saves Lives

What percent of colon cancers can be cured if found early?

30%

60%

90%



Colorectal Cancer Screening Saves Lives

What percent of colon cancers can be cured if found early?

30%

60%

90%



Over 50?

Ask your doctor about the **FOBT kit**.



Cervical Cancer

Screening Saves Lives

Cervical cancer can be prevented with regular Pap tests.

TRUE

FALSE



Cervical Cancer Screening Saves Lives

Cervical cancer can be prevented with regular Pap tests.

TRUE

All women who have had any sexual activity need **regular Pap tests**.



Breast Cancer

Screening Saves Lives

At what age should women begin having mammograms?

40

50

55



Breast Cancer Screening Saves Lives

At what age should women begin having mammograms?

40

50

55

Women 50 and over
need a **mammogram** at least every 2 years.



Reduce your risk of cancer

Be a healthy weight.

Enjoy healthy eating.

Be active every day.



Reduce your risk of cancer

Be a non-smoker and
avoid second-hand smoke.

Limit or avoid alcohol.

Be sun safe and avoid tanning beds.



Reduce your risk of cancer

Participate in recommended **cancer
screening** programs.





Talk to your health care provider or local public health unit about ways to reduce your risk of cancer.

GTA Cancer Prevention and Screening Network

