

One on One Mentoring Program

Since 1996, the City of Toronto's One on One Mentoring Program has matched students, from Grades 1-8 with adult mentors who volunteer one-hour a week at a local school during lunch. Availability of this program in school depends on volunteers being available in the area.

In talking to the children and parents, it's clear that the program has increased the children's self-confidence, social skills, school attendance and at times their academic skills. Mentors enjoy meeting with young people during their workday, it helps them be more productive at work and gives them a feeling of satisfaction in helping families in their communities.

For more information, contact Anna Tommasini, Program Coordinator at 416-392-0188 or visit www.toronto.ca/health (see A-Z index, One on One Mentoring Program).

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