

you don't need  
SUPER powers  
to have a  
SUPER lawn

**GO PESTICIDE FREE**

learn about natural  
lawn care and how  
to safely dispose of  
your pesticides.

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 **TORONTO**

**Livegreen**  
Toronto



# Go Natural

## **These simple tips can help you keep a healthy lawn and manage garden pests naturally.**

- Spread grass seed every spring or fall. Choose a blend of seeds, including perennial ryegrass and fescue.
- Use a lawn aerator to help soil breathe. You can rent or buy aerators at most garden centres or equipment rental locations.
- Leave grass clippings on your lawn – they help keep your lawn wet and also provide nutrients.
- Raise your lawn mower to a height of 7.5 cm (3 inches). Longer grass has deeper roots and crowd out weeds.
- Water your lawn once a week with 2.5 cm (1 inch) of water unless it has rained. A deep watering will encourage healthy roots.
- Pull weeds by hand when the soil is wet. Drop some grass seed into the hole to help stop weeds from coming back.
- Spread organic material such as compost on your lawn each year.
- Apply natural fertilizer in late spring and fall. Don't over-fertilize – follow label directions carefully.
- Spread mulch (e.g. leaves, bark chips) in garden beds and around trees to keep in water and to control weeds.
- Help improve water quality in our lake and rivers by safely disposing of unused pesticides at Household Hazardous Waste Depots or at Community Environment Days. Never dispose of pesticides or any hazardous household products down the drain, or in sewers... the fish will appreciate it!