

**TORONTO CANCER PREVENTION COALITION
ACTION PLAN FOR CANCER PREVENTION IN THE CITY OF TORONTO**

Framework for Implementation				
Risk Factor: Physical Activity				
Recommendation	Action and Timetable	Population Targeted	Setting For Action	Relevant Agencies*
7. In light of expert consensus indicating that people should be physically active on most days of the week to reduce their cancer risk, the City of Toronto should continue to provide, and ensure access to, physical activity programs and facilities for Toronto residents of all ages	-ongoing role of Parks and Recreation Division	all Toronto residents	-indoor and outdoor Parks -Recreation locations/sites	Parks and Recreation Division
8. The City of Toronto should challenge the current culture of inactivity by continuing to support and expand City initiatives that encourage physical activity as an early and lifelong habit, including: a.) a City of Toronto <i>Vision for Physically Active Children and Families</i>	-Council endorsement of Vision statement at June Council meeting	-all children in Toronto and their families	-all settings in Toronto with which children and their families are connected (home, school, day care, recreation centres)	City of Toronto Divisions which relate to children: -Public Health -Parks & Recreation -Children’s Services -Housing -Children and Youth Action Committee (CYAC) -the Toronto Olympic Bid Committee

* Agencies in bold are currently working on these, and/or related, issues

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b.) programs in agencies serving children and in schools	-ongoing service delivery by PHNs to fulfill Children and Youth Action Committee (CYAC) initiative to Increase Children's Physical Fitness initiated in 2000	-all children in Toronto	-all children's program and educational settings in Toronto	-Public Health -Boards of Education -Children's Services -Parks & Recreation Divisions -CYAC - boys & girls clubs, etc.
	-City support for the development of policy requiring Quality Daily Physical Activity in Toronto schools	-all children in Toronto	-Boards of Education	-Boards of Education, -Public Health - non-governmental health organizations (Cancer Care Ontario, Cancer Society, Heart & Stroke)
c.) Toronto's <i>Be Active, Be Healthy</i> campaign	ongoing City commitment to initiatives in the areas public awareness, program development & implementation to increase child and family physical activity	-all children in Toronto and their families	Parks & Recreation sites	-Parks & Recreation -Public Health Divisions -Ontario's Active Living Community Action Project (ALCAP) -CYAC -Cancer Care Ontario

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d.) a pilot project to increase children's physical activity in ethno-racially diverse and socio-economically disadvantaged areas of Toronto	<p>-implementation of pilot project in an elementary school community in 2001-2002 through City of Toronto support</p> <p>-2002-2004 implementation of research project in 3 elementary school communities through funding from research granting agencies, and provision of City staff expertise</p> <p>-2004-2005 – adoption of program model in elementary school communities across Toronto</p>	<p>-primary school children (JK – Gr. 3) and their families in the Eastview community of southeast Scarborough</p> <p>-tentatively the Ryerson (downtown) and Highfield (Rexdale) school communities</p> <p>-primary school children & their families across Toronto</p>	<p>-Eastview Public School, St. Martin de Pores Catholic School, East Scarborough Boys & Girls Club, First People's Cultural Centre, Metro Toronto Housing Authority, Children's Services, Parks & Rec., Public Health</p> <p>-elementary school communities</p>	<p>-Public Health -Hospital for Sick -Children Parks & Recreation -Children's Services -Boards of Education -CYAC -East Scarborough Boys & Girls Club -Ontario Physical & Health Education Association -ALCAP -Native Child & Family Services of Toronto</p> <p>-elementary school communities across Toronto</p>

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e.) access to playground structures, safe and affordable indoor space and outdoor environments, low or no-cost programs, and provision of child care and transportation to promote participation.	<p>-continued municipal support to ensure the replacement of playground structures removed by the Boards of Education</p> <p>-continued municipal collaboration with community organizations/programs to reduce or eliminate barriers to participation in physical activity</p>	<p>-children across Toronto</p> <p>-all residents of Toronto</p>	<p>-schools and day care centres effected by playground destruction</p> <p>-all indoor and outdoor settings which can be used for physical activity</p>	<p>-Children’s Services Division</p> <p>-Boards of Education</p> <p>-child care centres across Toronto</p> <p>-CYAC</p> <p>-CYAC</p> <p>-Parks & Recreation</p>

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Appendix 2

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