

# AIDS & Sexual Health InfoLine

**1-800-668-2437**  
**416-392-2437**

## We Are

A province-wide, free anonymous service staffed by professional, multidisciplinary, and multicultural counsellors who offer information in different languages.

## Hours

Monday - Friday: 9:00 a.m. - 11:30 p.m.  
Saturday and Sunday: 11:00 a.m. - 4:00 p.m.  
Closed on Statutory Holidays

## Languages\*

Armenian	Mandarin
Bengali	Russian
Cantonese	Sinhalese
Filipino	Spanish
French	Swahili
Hakka	Tamil
Hindi	Urdu
Italian	Vietnamese

(\*currently offered - please call for more information)



# We Offer

**Anonymous and non-judgemental counselling**

**Current, accurate and detailed information and support about:**

- HIV/AIDS
- Pre-test and post-test options
- Tuberculosis (TB) testing
- Safer sex activities
- Risk assessment
- STIs
- Birth control options
- Emergency contraception
- Sexuality
- Relationship concerns
- Pregnancy and options
- Sexual orientation
- Issues related to harm reduction, including injection drug use and needle exchange programs

**Referral to appropriate clinics and community agencies**

**Crisis intervention**

**Assistance in problem solving and decision making**

**Individualized time to address each client's needs**

**Complementary service to existing public health and community programs**

## The Mainline

**1-800-686-7544**

**Injection drug use information and counselling**

 **TORONTO** Public Health

[www.toronto.ca/health](http://www.toronto.ca/health)