

# Relationship Quiz

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|-----|---|------------|-------------|-------------------|
| 1.  | It is O.K. with you when your partner spends time alone with friends or family.         | No . . . . | Yes . . . . | Sometimes . . . . |
| 2.  | It is O.K. with your partner when you spend time alone with friends or family.          | No . . . . | Yes . . . . | Sometimes . . . . |
| 3.  | Your partner likes the way you look and act and tells you so.                           | No . . . . | Yes . . . . | Sometimes . . . . |
| 4.  | You both decide how to spend your time together.  | No . . . . | Yes . . . . | Sometimes . . . . |
| 5.  | Your partner has the power to make you feel bad-and uses it.                            | No . . . . | Yes . . . . | Sometimes . . . . |
| 6.  | Your partner pressures you to do sexual things you don't want to do.                    | No . . . . | Yes . . . . | Sometimes . . . . |
| 7.  | When you refuse to do certain sexual things, your partner puts you down.                | No . . . . | Yes . . . . | Sometimes . . . . |
| 8.  | Your partner has threatened to hurt you or has hurt you.                                | No . . . . | Yes . . . . | Sometimes . . . . |
| 9.  | You usually feel happy in this relationship.  | No . . . . | Yes . . . . | Sometimes . . . . |
| 10. | You are afraid of your partner's temper, so you avoid making him/her angry.             | No . . . . | Yes . . . . | Sometimes . . . . |
| 11. | Your partner scares you by driving fast, drinking too much or doing other risky things. | No . . . . | Yes . . . . | Sometimes . . . . |
| 12. | Your partner says "I can't live without you" and it scares you that it might be true.   | No . . . . | Yes . . . . | Sometimes . . . . |
| 13. | You worry that the relationship might end and would do anything to keep it going.       | No . . . . | Yes . . . . | Sometimes . . . . |
| 14. | You think you can make your partner's problems go away.                                 | No . . . . | Yes . . . . | Sometimes . . . . |
| 15. | Your partner believes that jealousy is a proof of love.                                 | No . . . . | Yes . . . . | Sometimes . . . . |

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| 16. You have both agreed that you are a couple and you trust each other to stick to it.  | No . . . . | Yes . . . . | Sometimes . . . . |
| 17. You and your partner are safe from sexually transmitted infections (STIs).           | No . . . . | Yes . . . . | Sometimes . . . . |
| 18. If you are having heterosexual sex you are trying to prevent an unplanned pregnancy. | No . . . . | Yes . . . . | Sometimes . . . . |
| 19. You both can be honest about your feelings and talk about them freely.               | No . . . . | Yes . . . . | Sometimes . . . . |

- Did you answer “**Yes**” to questions **1, 2, 3, 4, 9, 16, 17, 18** and **19**? If so, you are probably in a pretty comfortable relationship.
- If you answered “**Yes**” or “**Sometimes**” to questions **5, 6, 7, 8, 10, 11, 12, 13, 14** and **15** you may be in an uncomfortable or even dangerous relationship.

**For further information and support call:**

<b>AIDS and Sexual Health Infoline</b> to talk to a counselor.....	416-392-2437
<b>Teen Sex Infoline</b> to talk to a peer counselor.....	416-961-3200
<b>Lesbian Gay Bi Youth Line</b> .....	416-962-9688
<b>Assaulted Women’s Helpline</b> .....	416-863-0511

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 look in the A-Z index under Sexual Health