

Resources

Toronto Public Health

Website: <http://www.toronto.ca/health/sexualhealth/index.htm>

Toronto Health Connection: (416) 338-7600

Sexual Health Educators may be available to offer growth and development workshops to teachers, individual curriculum support and classroom modelling.

Toronto District School Board Policies

Section 3: Anti-Homophobia, Sexual Orientation, and Equity

Website:

http://www.tdsb.on.ca/_site/ViewItem.asp?siteid=15&menuid=687&pageid=551

Canadian Legislation

Charter of Rights and Freedoms

Website: <http://lois.justice.gc.ca/en/charter/index.html>

Sexual Abuse

Kids Help Phone: 1 (800) 668-6868

Website: <http://www.kidshelpphone.ca/en/>

Toronto Child Abuse Centre

Website: <http://www.tcac.on.ca/>

Toronto Child Abuse Centre is a community-based agency committed to eliminating abuse and violence in the lives of children, youth and their families.

Darkness to Light

Website: <http://www.darkness2light.org/>

Darkness to Light is an American non-profit organization and initiative located in Charleston, SC.

Child Protection Act

Website: http://canada.justice.gc.ca/en/news/nr/2005/doc_31582.html

Canadian government web page providing information on the most current child protection bill.

Puberty

Print Resources

Changes in You and Me! – Puberty Curriculum Grades 5/6
Toronto Public Health. 1998

Changes in You and Me: A Book About Puberty Mostly for Boys. Paulette Bourgeois & Kim Martyn. Key Porter Books. Toronto. 2004.

Changes in You and Me: A Book About Puberty Mostly for Girls. Paulette Bourgeois & Kim Martyn. Key Porter Books. Toronto. 2004.

It's Perfectly Normal: Changing Bodies, Growing Up, Sex and Sexual Health.
Robie Harris. Candlewick Press. Massachusetts. 1996.

What's Going on Down There: Answers to Questions Boys Find Hard to Ask.
Karen Gravelle Walker. Walker & Co. New York. 1998.

The Care & Keeping of YOU; The Body Book for Girls. American Girl Library.
Pleasant Company. 2000.

Period. JoAnn Gardner-Loulan, Bonnie Lopez & Marcia Quakenbush. Volcano
Press. Volcano, CA. 1993.

Videos and DVDs

Talking About Sex: A Guide for Families (Planned Parenthood Federation of
America)
Available through Toronto Public Health (VHS)

Changes Series (National Film Board of Canada)
Available through Toronto Public Health and Toronto District School Board (VHS)

Web Links

www.kidshealth.org

Covers wide range of health topics, including puberty

www.sexualityandyou.ca

Information about puberty and other sexual health issues

www.canadian-health-network.ca

Information about sexuality and reproductive health

www.sieccan.org

Sex Information and Education Council Canada. Web links to research and education guidelines

Sex and Disability

Print Resources for/about children and pre-teens

Taking Care of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism. Mary Wrobel. Future Horizons Inc. 2003.

Caution: Do Not Open Until Puberty! An Introduction to Sexuality for Young Adults with Disabilities. Rick Enright & Sara Van Hammer. 1995. Distributed by Devinjer House, P.O. Box 130, Sparta, ON. NOL 2H0.

Sexuality, Relationships and Me: Sexuality booklets for young adults. Canadian Down Syndrome Society.

Website: www.cdss.ca

Sexuality: Your Sons and Daughters with Intellectual Disabilities. Karin Melberg Schwier & Dave Hingsburger. Paul. H. Brookes Publishing Co. 2000.

Videos and DVDs

A Boy's Guide to Puberty and Personal Safety.

A Girl's Guide to Puberty and Personal Safety.

MARSH MEDIA. 1 (800) 821-3303

Website: www.marshmedia.com

Web Links

www.teachingsexualhealth.ca

Includes information about working with children with special needs.

www.sexualhealth.com.

Includes a section on Disability and Chronic Conditions.

www.ericsec.org/faq/sex-ed.html

Links to sites dealing with special education.

www.bccpd.bc.ca

A web-based bibliography on sexuality and disability.

www.bced.gov.bc.ca/specialed

Includes the document *Responding to Children's Problem Sexual Behaviour in Elementary Schools* which has a section about responding to students with disabilities and problem sexual behaviour.

Other sources of books

Parentbooks

Website: www.parentbooks.ca

Complete booklist of information on disability and sexuality available at this bookstore