# North Region Local Health Committee

#### Thursday November 29<sup>th</sup>, 2007 6:00- 8:00 p.m. North York Civic Centre, Public Health, 2<sup>nd</sup> floor Conference Room

# **APPROVED MINUTES**

Present:Valerie Sterling (Chair), Margaret Chung, Elliott Delaunay, Earle Straus,<br/>Marvin Gold, Christian Havriliuc, Bill Coleman, Jane McDonald, Anne McConnell,<br/>Sandra Romano Anthony, Anna Walsh, Janet Maher, Sue Makin (TPH Director),<br/>Sara Farrell (CHO), Eleanor Ziv, (recorder)

**Regrets:** Lidia Monaco

#### 1.0 Welcome

Valerie welcomed Elliott Delaunay to the committee and asked him to share his background.

#### 2.0 Review of Agenda and Minutes of November 5, 2007

• Agenda was approved with the following change:

4.0 Omit from Agenda - deferred until more information is available

Agenda was approved with amendment by Earl Straus & seconded by Jane MacDonald

• Motion to approve the Minutes of November 5, 2007 was made by Earle Straus and seconded by Jane MacDonald.

#### **3.0** Setting Our Priorities: Board of Health Questions

#### 3.1 Board of Health Questions

Sara identified potential themes from the collective information sent in by members. These themes were reviewed and confirmed as addressing everyone's issues. Members were then given stickers to select five items they felt were most significant. Criteria for priority-setting were considered and included Public Health's influence on the issue.

#### **Target Groups:**

Children (0-6) Youth Seniors New Immigrants Animals

Issues were: (in order of priority as identified by the "dot exercise")

- **Nutrition:** food security, healthier food for kids in schools, seniors, food allergies, getting enough calcium for new immigrants, obesity
- Access and Equity: increasing community awareness of current resources, access to and more services for seniors, new immigrants, access to health education resources, shut-ins, targeted vs. universal programs

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- **Poverty:** (child, family, senior) food security
- Chronic Disease Prevention/Healthy Lifestyle: more focused messages, early screening, alcohol, smoking in public places, safety, clean air, stress, quiet
- Immunizations/ SARS/Pandemic Flu: drug resistant infections, emergency preparedness
- **Environmental:** neighbourhood planning, longer cross walk times, pesticides, smoking in public, hygiene, allergies, electromagnetic fields, radioactivity, toxic waste, power line corridors, transfer stations, driving quality
- Caregiver Support and accountability of caregiver resources
- **Community Engagement:** Need a community perspective/consultation to find this out. Establish community advocates, outreach to and tracking of 'at risk' 'off radar' members of society
- Health Promotion Umbrella: Social determinants; income; housing; political education.
- Early Years (0-6): Early identification; parent education; access to interventions as needed.
- Marketing of False Messages: Phoney scientific and quack medical claims; fad diets
- Mental Health: All ages; violence; abuse; psychosocial.
- Dental:
- Housing: Indoors health standards, e.g., mould bed bugs
- Sickle Cell Anaemia:

**ACTION:** Valerie will take the suggestions made by the LHC to the BOH retreat tomorrow.

### 3.2 Toronto Food Strategy Discussion Paper

Nutrition will be the first item to be addressed in the New Year. The Food Strategy information that was sent out November 12 will be discussed.

**ACTION:** Sue will arrange for a speaker on nutrition for the next meeting.

**ACTION:** Eleanor will send out the Food Strategy email again for members to review and come to the meeting in January prepared to discuss the questions.

### 4.0 Linking with the North York Community Council

Deferred until more information is available.

# 5.0 Board of Health Agenda: Valerie

Eleanor sent members the link to BOH (December 4, 2007) Agenda.

Valerie discussed items of interest.

- Telecommunication towers and antenna report. City protocol and limit to exposure
- Hot weather response update from last summer
- Recreational water quality motion will go forward to examine water quality at beaches.
- Diabetes a Motion will be put forward about risk factors on diabetes to the Board of Health linking with community partners.

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# **MOTION TO BOH**

**Motion:** A. McConnell/M. Gold: That prior to the meeting with the Minister of Health Promotion and prior to the development of the report on diabetes and its risk factors, the MOH meet and consult with the Greater Toronto Area Canadian Diabetes Association and with other community stakeholders, to come to a common understanding of the status of diabetes in Toronto and discuss potential most affective solutions. Motion was carried with one abstention

**ACTION:** Valerie will present motion at the Board of Health meeting on December 4<sup>th</sup>.

### 6.0 Other Business

## 6.1 Seniors Update by Jane MacDonald

- Jane attended a seminar on 'Aging at Home' hosted by the Central LHIN.
- The discussion was on supporting seniors to live independently with community support.
- This is a high priority for the LHIN. A full report will be in next LHIN newsletter.
- There are funds for community services for program support and a call for proposals has gone out.
- Copies of the presentation were handed out.
- Valerie thanked Jane for attending the meeting on our behalf and for the update.

# 7.0Next Meeting Date:Wednesday, January 16, 2008 at 6:00 p.m.NYCC, Committee Room #4

### Meeting dates to be discussed further

LHC	BOH
Tues February 19 or Wed 20	February 26
No meeting in March	
Tues April 15 or Wed 16	April 21
Tues May 13 or Wed 14	May 20
Tues June 11 or Wed 12	June 16
Tues June 24 or Wed 25	July 3

**8.0** Adjournment: Motion to adjourn was made by Marvin Gold and seconded by Janet Maher. Meeting adjourned at 8:30 p.m.