




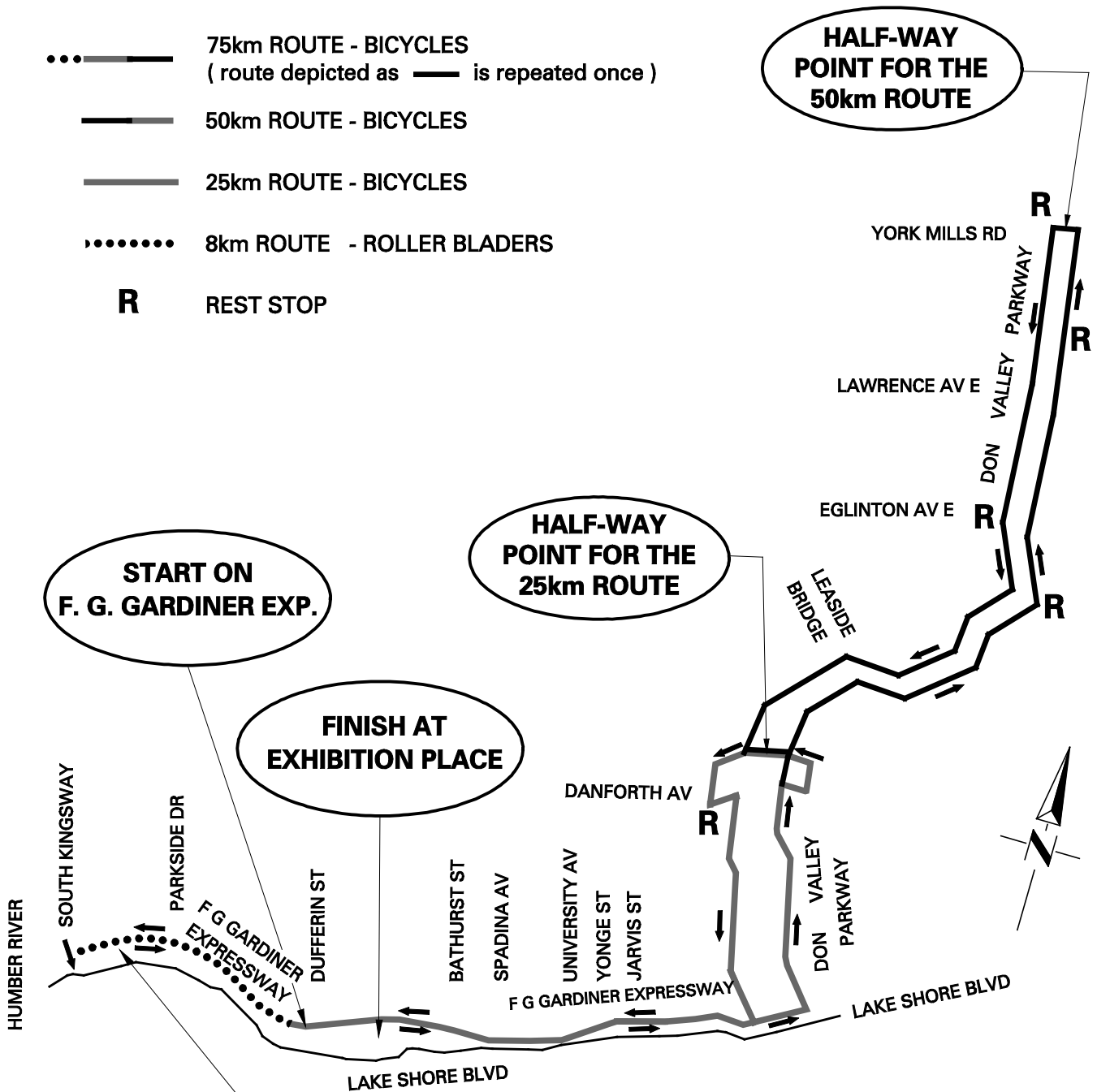


LEGEND

- 
 75km ROUTE - BICYCLES
 (route depicted as  is repeated once)
- 
 50km ROUTE - BICYCLES
- 
 25km ROUTE - BICYCLES
- 
 8km ROUTE - ROLLER BLADERS
- R** REST STOP



START ON
F. G. GARDINER EXP.

FINISH AT
EXHIBITION PLACE

HALF-WAY
POINT FOR THE
25km ROUTE

HALF-WAY
POINT FOR THE
50km ROUTE

*** FOR ROLLER BLADERS ONLY

2008, 2009 & 2010 RIDE FOR HEART ROUTE MAP