

Just drop in....

**Toronto Helps-
a service for seniors**

To have a cup of coffee...or for a snack

To play a friendly game of cards...or socialize

*To access services...or to volunteer as a vital member of the
community*



Our coffee pot is always on, our smiles welcoming and friends from the neighbourhood are waiting to meet you...

Visit the Seniors Drop-in Centre and share part of your day with us:

Bendale Acres..... 2920 Lawrence Ave. E..... 416-397-7000

Cummer Lodge..... 205 Cummer Ave..... 416-392-9500

Kipling Acres..... 2233 Kipling Ave..... 416-392-2300

There is no charge for drop-in services.

You are also welcome to use our information services, make connections to other community resources and join us for a low-cost, hot nutritional meal at lunchtime.

Drop in for coffee, a snack and conversation:

- ◆ Monday - Friday
- ◆ 10:00 AM – 3:00 PM

*Use our take-out service,
and bring an extra meal
home with you.*



QUESTIONS? Vous avez des questions? Domande? ¿Tiene alguna pregunta? Tem Perguntas? **सुआल? 질문 있으십니까?**
416-338-0338 問題? Có câu hỏi? கேள்விகள்? Bonpocy? ਕੋਈ ਪ੍ਰਸ਼ਨ? வினாக்கள்? اطلاعات بیشتر؟

<http://www.toronto.ca/torontohelps>