# North York Local Health Committee Wednesday December 9, 2008 6:00 - 8:00 p.m. North York Civic Centre, Committee Room 4, Lower Level

# **APPROVED MINUTES**

- **Present:** Sandra Romano Anthony, Margaret Cheung, Marvin Gold, Janet Maher, Jane McDonald, Lidia Monaco, Anna Walsh, Valerie Sterling (Chair), Sara Farrell, Eleanor Ziv, (recorder)
- Regrets: Anne McConnell, Earle Straus, Christian Havriliuc, Sue Makin
- Absent: Elliot Delaunay, Bill Coleman

#### 1.0 Welcome

#### 2.0 Approval of Agenda of December 9, 2008

At the October 15 meeting it was decided that any new item on the agenda is to have background information sent out with the Agenda for review before the meeting. Therefore it was decided to defer the following two items.

- 4.2 Health & Crime
- 6.1 High Protein/Low Carb Diets

Agenda was approved with the omissions by Jane MacDonald and seconded by Lidia Monaco

#### 3.0 Review of Minutes from October 15, 2008

Minutes of October 15 were approved with the following change:

- 6.0 Change the word Rationalized to Racialized.
- All Action items completed with the exception of 4.2 Health & Crime (Earle)

Minutes of October 15 were approved by Jane MacDonald and seconded by Margaret Cheung

#### 4.0 Business Arising from Minutes:

**4.1 Poverty and Health Roundtable Debrief: Nov 19, 2008 Evaluation and Next Steps** (see attached comments from participants)

Valerie thanked Dr. David McKeown and Councillor John Filion for attending the Roundtable and for their valuable input.

Sara reported that 48 people attended. Turn out was good in spite of inclement weather and there were many positive comments. Most participants said they would like to attend another roundtable discussion and many people who could not attend, expressed interest in attending a future session.

Jane led the debriefing discussion on the evaluation and aftermath of the meeting. 15 evaluations were completed (30%). Some items to consider for future sessions were: to start on time and not exceed the allotted time; use microphones, better space requirements for future sessions, food be kept separate from the meeting space; some people wanted more time/less time for more in-depth discussion.

#### Next Steps:

- January 28 has been reserved in the Members Lounge for another potential session.
- Members agreed there needs to be another roundtable discussion to build on the momentum from the first as a means of engaging the North York community and to follow up on our commitment to bring participants back together to review the provincial poverty reduction strategy.

#### Motion:

Motion was made to form a sub-committee to review the process for the return session on January 28.

Janet, Jane, Lidia, Sandra, Bill and Sara volunteered and will meet Tuesday, December 16, 2008 at 2:00 p.m. at the NYCC and will report back at the January 13 North Local Health Committee meeting.

Motion was proposed by Janet Maher and seconded by Jane MacDonald

# Ideas Brainstormed for 2<sup>nd</sup> Session included:

- Sandra suggested having Mark Chamberlain from Hamilton, Poverty Coalition speak at the 2<sup>nd</sup> roundtable to share Hamilton's local poverty reduction strategy. All agreed it is useful to hear what other communities are doing.
- Discuss the 25 and 5 response to and review the provincial paper released December 4<sup>th</sup>.
- Suggestion to connect with list of participants and those who were interested in attending before as well as doing some outreach.
- Next session to be a reporting and strategizing session.

# What is our goal for the 2<sup>nd</sup> Roundtable Discussion?

- We need to follow up on the commitment and call to action we made at the forum.
- Follow up with participants to find out if they have taken any action steps such as sharing the discussion further.
- Since one of our original objectives was to engage the community, we want to continue to build on this momentum thus an objective for this 2<sup>nd</sup> session is community engagement as well.
- To discuss and review the Ontario Poverty Reduction Strategy, and pull out some key themes that will impact North York citizens and to follow up with another call to action.

# 4.2 Health and Crime (Earle)

Deferred until background information is distributed with the agenda.

#### 4.3 Determinants of Health Symposium: Report back from Jane

Jane & Earle attended the symposium. Jane gave highlights on the symposium (summary attached). She found it to be a productive two days. Expressed appreciation on the amount of work TPH is doing in the area of social determinants.

ACTION: Eleanor to resend written report that Jane sent for distribution.

# 5.0 Board of Health Report Updates

2 main items

1) By law passed by Toronto Board of Health and City Council on monitoring **25 Toxic Chemicals** being used by small and medium size businesses. Information available on the web.

2) **Bedbugs** – discussion on infestation in buildings and how the problem is being spread. All recommendations made by Dr. McKeown were approved. A Committee has been established to address this issue further.

No BOH meeting in December. Next BOH meeting is on the 19<sup>th</sup> of January, 2009.

#### 6.0 New Business:

6.1 High Protein/Low Car. Diets: Sandra Deferred Item to be included in the January agenda.

# 6.2 LHC Community Outreach Workgroup Representative Needed - Sara

Maria Herrera asked for one representative to attend the Community Outreach meeting. Sandra Romano Anthony volunteered to attend.

ACTION: Sara will forward this to Maria and Sandra will be contacted.

#### 6.3 Membership

Valerie asked permission to connect with Elliot about his absence at LHC meetings to explore reasons and discuss the possibility of being replaced on the Committee due to three absences in a row. Committee gave their permission.

#### 7.0 Meeting Dates 2009

#### **Next Meeting:**

Tuesday, January 13, 2009 at 6:00 p.m., Committee Room 4

# 2009 Meeting Dates

	Tues	Wed	Wed	Tues	Wed	Tues	Wed	Tues	Wed
LHC:	Jan	Jan	Feb	Apr	May	Jun	Sept	Oct	Nov
	13	28	4	14	13	9	16	13	10
NYCC	Rm 4	Council Chambers	Rm 4						
Time:	6 p.m.	6. p.m.	6 p.m.	6 p.m.	6 p.m.	6 p.m.	6 p.m.	6 p.m.	6 p.m.

Note: No meetings in March – July - August – December

# **8.0** Adjournment: Meeting adjourned at 8 p.m.

Adjournment proposed by Margaret Cheung and seconded Janet Maher

# Seasons Greetings and All the Best Health in 2009!!