TORONTO Long-Term Care Homes and Services

Project Name: Kipling Acres Redevelopment - "Campus of Care"

Project Architects: Montgomery Sisam Architects

Proposed Component: Seniors Wellness Centre

"To promote healthy living, encourage social interaction and provide accessible programs & services for seniors in the community."

Kipling Acres long-term care home is located in North Etobicoke on Kipling Avenue between Rexdale Boulevard and Albion Road. The home first opened in 1959 and is currently planning for redevelopment through the Ministry of Health Capital Renewal Strategy. The current building also houses an adult day program and a child care centre that serve the community and there is an intention to retain these in the redevelopment. Montgomery Sisam Architects have been retained by the City for this project.

The vision for the redevelopment of Kipling Acres includes the development of a "community hub" or "campus of care" to integrate services and expand ways that co-located services can better serve the community. The redevelopment will embed principles in creating age-friendly communities, with the guidance of *World Health Organization* and *International Federation of Ageing* resources. The proposed campus could include a number of components that respond to community need, with a primary focus on services for seniors, health promotion, integration and the provision of an effective continuum. An important component of the envisioned campus is a *Seniors Wellness Centre*. This centre could not only meet the needs of individuals living on the campus, but also act as a resource centre for seniors in the community-at-large.

Etobicoke North (City of Toronto Ward 2) is home to over 50,000 people with approximately 25% of the population aged 55 and over. The number of seniors living in this area will only grow in the years ahead. Kipling Acres is bounded by residential space, which makes this property an ideal area to develop a *Seniors Wellness Centre*. This location would be very convenient for seniors living in surrounding neighbourhoods and would also be easily accessible to those requiring public transit. There is an enormous need for services catered to seniors in this community and a wellness centre would not only fill this need, but also make it possible for seniors to access multiple services at a single location. Some of the services that could be considered include but are not limited to:

- Health and Wellness Clinic
- Medical, Dentistry, Ophthalmology, Laboratory Services
- Home Health Care, Equipment Services
- Fitness Centre
- Physiotherapy, Rehabilitation Services
- Mental Health Services
- Foot Care
- Computer Resource Centre
- Community Space/Auditorium for social functions/activities and fitness classes
- Other community services

