

APPROVED MINUTES

Scarborough Local Health Committee
Tuesday, September 7, 2010
6:00-9:00 p.m.
Scarborough Civic Centre - Committee Room 2

Present: Vaij Chari (Chair) Public Health: Bessie Shaw, Lucy Gucciardi (Minutes)
 Marisa Charles
 Dr. Abdul Fattah
 Linda Napier

Guests: Anne Birks, RD, Manager Healthy Living
 Didem Varol, RD, Public Health Dietitian

1. Greetings and introductions were made around the table.

2. Agenda Approval

The Agenda was reviewed and approved by Marisa Charles and Dr. Abdul Fattah.

3. TPH Food Program Presentation

Anne Birks and Didem Varol were invited to speak as the Committee expressed interest in learning more about Public Health programs and the nutrition program in particular at this time. Didem gave a slide presentation starting with the organization chart and outlining the work and involvement of the dietitian in each nutrition program under both Healthy Living and Healthy Families focusing on the Scarborough area. Anne and Didem provided further details and answered questions as they arose. Handouts included the Toronto Health Connection contact card, Peer Nutrition Program slip, Canada's Food Guide, and Toronto guides for locally grown Middle Eastern, South Asian, African Caribbean, and Chinese food. The Committee thanked the speakers for coming.

4. Approval of June 21st, 2010 Minutes: Since quorum was not met, June minutes were not approved.

Action: Vaij to send minutes electronically to members for approval.

5. Business Arising

5.1 The Scarborough Hospital – CAC

Bessie reported that she had not received a reply and no further contact would be made.

5.2 Food Strategy-LHC Chairs meeting

Vaij provided overview of the June 29 noon hour City Hall Meeting with the 4 LHC chairs on the subject of food strategy. Conclusion – each LHC to come up with their own strategies that meet community needs, and, advocacy with mayoral candidates on food accessibility via all-candidates meeting in each of the LHC areas.

5.3 Food Strategy Work Group Update:

Vaij reported that there was a good turnout for the August 4 meeting. Meeting notes and action plan were reviewed. As a first step in advocacy to support TPH food strategy, members were encouraged to attend the mayoral and municipal candidates debates. The Food Related Election Background sheet with questions for candidates was distributed as well as Scarborough councillors' and candidates' email information. Members may select a couple of questions and write to the candidates running for their ward as well as attend the debates.

Action: Vaij will email questions, contact information for municipal/mayoral candidates and dates of upcoming debates in Scarborough to SLHC members.

6 Board of Health Update

There will be one more meeting in November following the municipal elections. Vaij reviewed the items of the August 20th meeting. For reports or recommendations visit the Public Health website.

7 PHCA

Vaij thanked Dr. Abdul Fattah for representing SLHC on the PHCA selection committee. This committee will meet on September 23 and October 1.

8 Next Meeting:

Food Strategy Work Group will meet on October 18 at YouthLink, 747 Warden Avenue. SLHC will meet next in November. Date to be determined.

9. Adjournment

The meeting was adjourned at 8:00 p.m.