

### Indigenous Health in Indigenous Hands:

**Building an Indigenous Health Strategy** 

**AA2.4** 



Presentation to the Aboriginal Affairs Committee

December 18, 2015



## Our Strategic Plan

# A Healthy City for All Strategic Plan 2015-19

"Implement an Indigenous Health Strategy based on collaborative, community-led assessment of needs of the urban Indigenous population"

## TPH Services for Indigenous People

### **Examples:**

- Dental clinic at Anishnawbe Health Toronto
- Aboriginal Peer Nutrition Program
- Funding grants have included Indigenous organizations
- Services delivered within Indigenous organizations:
  - □ Parenting programs
  - Sexual health education
  - □ Drug prevention
  - ☐ Chronic disease prevention
  - Vaccination clinics

## **Aboriginal Health Community of Practice**

### Purpose:

To improve TPH practice and health outcomes for Aboriginal communities in Toronto by:

- Supporting learning
- Sharing knowledge about respectful, culturally appropriate practices
- Exploring opportunities to work collaboratively
- Fostering innovation and community partnerships

## Sample Training Sessions

Responding to the

### ABORIGINAL

### **Social Determinants of Health:**

Local Perspectives







## Partnership for Action







### **Complimentary Mandates**

Meet the health needs of Toronto's Indigenous communities



## Toronto Indigenous Health Strategy

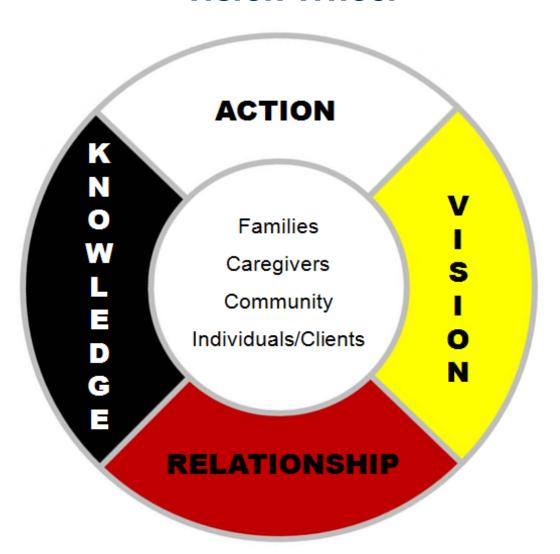
#### **Our Goal:**

- Develop a wholistic, comprehensive and communitydriven strategy to guide the work of TPH and the TC LHIN
- Increase access to culturally competent preventative and acute health services
- Improve health outcomes in Toronto's Indigenous community

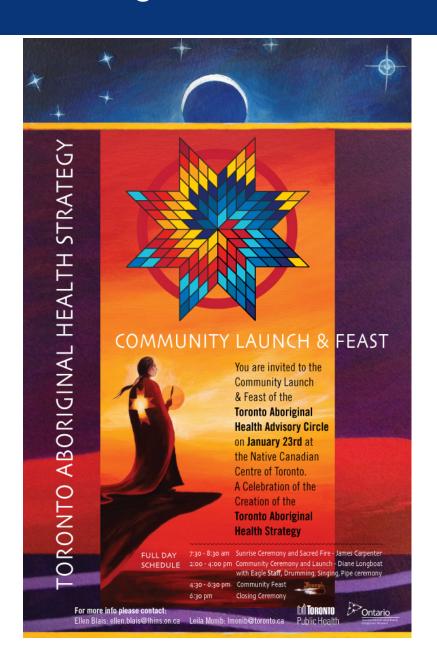


## **Toronto Indigenous Health Strategy**

#### Vision Wheel











#### **Mandate:**

- Provide oversight, guidance and advice to the TC-LHIN and TPH in the identification, planning, implementation, funding, research and evaluation of culturally based/secure health programs and services for Toronto's diverse Indigenous community
- Influence public policy that impacts urban Indigenous health outcomes





### Membership

#### **Advisors:**

- •Elder Cindy White, Diane Longboat
- •Youth: Myles Jacko, Cedar Landon
- •Kenn Richard
- Dr Janet Smylie
- Joe Hester
- Larry Frost
- Sara Wolfe
- Sara Midinak

#### **Ex-Officio Members:**

- •Dr. David McKeown, TPH
- Susan Fitzpatrick, TC LHIN

#### **Secretariat:**

- Leila Monib, TPH
- •Ellen Blais, TC LHIN





#### **Harmonized Governance Structure:**

- Engrained in the Terms of Reference
- Honours Indigenous self-determinative processes and worldviews; incorporates mainstream structures
- The Ethical Code for members was created by the Elders' Council and is based on Haudenosaunee and Anishnawbe teachings



### TIHAC YOUTH COUNCIL

Animkeonkatook Kaitlyn Adams-Lewis

Meegwanehseek Akeesha Footman

Cedar Landon

Sam Mukwa Kloetstra

Myles Jacko

**Cody Moore** 

**Devin Trottier** 



### TIHAC YOUTH COUNCIL

TIHAC Youth Council is a group of seven Indigenous youth between the ages of 16-29.

TIHAC Youth Council advocates on behalf of Indigenous youth in Toronto to address the holistic health needs of Indigenous people for 7 generations.



### TIHAC Self Determination

- TIHAC Youth Council discusses self determination and self governance in a health based setting which includes access to cultural programming, medicines and culturally safe staff
- TIHAC Youth Council recognizes the importance of Indigenous teachings such as the Medicine Wheel
- TIHAC Youth Council believes in cross generational sharing between youth and elders
- The TIHAC Youth Council is founded in traditional knowledge
- TIHAC Youth Council Informed by the Elders council and Youth council

### **Models of Governance**

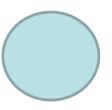
Using the Seven Generations model, the TIHAC youth will recommend ideas and solutions to overcome health related issues within Toronto.

The TIHAC Youth Council will identify and recommend the creation of accessible safe spaces including Healing Lodges and land to practice culture and healing.















- Created a Code of Ethics using the Truth and Reconciliation Commission's Call to Action with 94 recommendations and in collaboration with the Elders Council
- TIHAC Youth has worked with other health councils on subjects such as Indigenous Cultural Safety and Tobacco Cessation
- Identified self determination and sovereignty in a health setting as our main goal for future generations in line with the 8<sup>th</sup> Fire Prophecy

- •TIHAC Youth Council is working towards an Indigenous governance approach taking models from the clan system
- •TIHAC YC will be working towards a youth forum in 2016 to better understand our fellow Toronto Indigenous youth's health needs
- •Our collective vision of Indigenous healing and wellness in Toronto is an Indigenized health system through collaboration, and community consultation to foster self determination and healing as Indigenous nations
- Completion of the strategic plan specific to Indigenous youth health

## **Self Determination**

### THE 8TH FIRE



- Indigenous Cultural Competency Training for TPH staff
- Community forum/feast to engage stakeholders
- Incorporate community feedback
- Finalize Indigenous Health Strategy
- Report to the Board of Health
- Develop community-defined indicators to measure strategy's impact

## Thank you

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