

**From:** [Levitt, Sarah](#)  
**To:** [Infrastructure and Environment](#)  
**Subject:** IE19.11 Yonge Tomorrow on January 11  
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Hello,

My name is Sarah Levitt and I am a psychiatrist working at the University Health Network. I'm writing to indicate my support for the Yonge Tomorrow plan. All Torontonians benefit when we increase opportunities for active transportation. Indeed, active transportation has associated health benefits, including facilitating exercise that can decrease the risk of chronic cardiovascular illnesses and improve citizens' mental health. Separated cycle tracks make streets safer for all road-users, preventing accidents and associated mortality and morbidity. I would very much appreciate Council's support for more bike lanes in the Yonge Tomorrow plan, as well as across the city. I hope this can be a priority in 2021!

Sincerely,

Sarah Levitt, MSc, MD  
Steering Committee Member, Doctors for Safe Cycling

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