

Hey Parents....

Emergencies can happen at anytime. In an emergency you and your family could be without access to stores, electricity, running water and other critical supplies for hours or even days. Local, provincial and federal officials prepare for the unexpected, and so can you.

Prepare An Emergency Survival Kit

In the event of an emergency, everyone should be prepared to take care of themselves and their families for up to three days. The checklist below recommends items you should have in your emergency survival kit. Every member of the household should know where the kit is kept.

Emergency Survival Checklist*

*Three-day supply per person

- Flashlight and batteries
- Radio and batteries or crank radio
- Spare batteries (for radio or flashlight)
- First-aid kit
- Candles and matches/lighter
- Extra car keys and cash
- Important papers (identification)
- Food and bottled water
- Clothing and footwear
- Blankets or sleeping bags
- Toilet paper and other personal items
- Medication
- Backpack/duffel bag (to hold all of the emergency survival items)
- Whistle (to attract attention, if needed)
- Playing cards, games

For additional information on preparing an emergency survival kit visit our website www.ontario.ca/emo

Can you find the hidden emergency survival words in the puzzle?

- | | |
|------------|--------------|
| BACKPACK | HAZARDS |
| BATTERIES | MATCHES |
| CANDLES | MEDICATION |
| CASH | MITIGATION |
| CLOTHING | PREPAREDNESS |
| DISASTER | PREVENTION |
| EMERGENCY | RECOVERY |
| FLASHLIGHT | RESPONSE |
| FOOD | WATER |
| FOOTWEAR | WHISTLE |
| GAMES | |



Toronto
Office of Emergency Management
www.toronto.ca/oem



Know What To Do If You Are Asked To Evacuate

- Leave immediately
- Take your emergency survival kit with you
- Listen to the radio and follow the instructions of local officials
- If you are instructed to do so, shut off your water, gas and electricity
- Wear shoes and clothing appropriate for the conditions
- Lock your home
- Use the travel routes specified by authorities (taking a shortcut could take you to a blocked or dangerous area)

Pet Emergency Survival Kits



Pets are part of our families. Below are the items you should include in a pet emergency kit:

- Food, water, bowls, paper towel and can opener
- Blanket and small toy
- Sturdy leash and harness
- Cat litter/pan (if required) and plastic bags
- Carrier for transporting your pet
- Medications and medical records (including vaccination information)
- Up-to-date ID tag with your phone number and name/phone number of your veterinarian
- Copy of license (if required)
- Muzzle (if required)

Unscramble the disaster...

- daornot

- orefts irfe

- cei rmots

- rtheauakeq

- loodf

- woper ilfaure

Emergency Survival Match and Colour

Hey Kids! Draw a line to match the words to the items in the picture. These all need to be part of your emergency survival kit.

Emergency Preparedness Starts with You!

Across

- Find out about your community's emergency _____ plan
- Your family should develop an emergency _____
- Can happen anytime and anywhere
- Used to attract attention
- Emergency survival _____
- If someone gets hurt you need a _____-aid kit
- Your pets need an emergency _____ kit

Down

- This may be issued during a severe storm
- Keep a three-day supply of _____
- Used in the dark
- Radio and extra _____
- Type of radio that requires no batteries
- Keep a three-day supply of bottled _____
- Emergency Management Ontario

Preparing A Family Emergency Plan

- Choose an out-of-town contact who you can call or e-mail to check in with
- Establish a meeting place away from your home
- Assemble an emergency survival kit (see the other side of activity sheet)
- Learn about your community's emergency management program by contacting your Community Emergency Management Coordinator
- Learn about the emergency plans in place at your child's school or daycare

ANSWERS

Across
 3. response
 5. plan
 6. emergency
 9. whistle
 11. kit
 12. first-aid
 13. survival

Down
 1. flashlight
 2. food
 3. batteries
 4. emergency
 6. batteries
 7. crank
 9. water
 10. EMO

WORD SCRAMBLE

power failure
 flood
 earthquake
 ice storm
 forest fire
 tornado