Youth Development

Spaces • Events • Programs • Leadership

YouthRecTO

Parks, Forestry and Recreation offers youth a wide range of activities, youth spaces and events designed by youth for youth. Connect through social media at:

YouthRecTO

Integration Services may be requested if an individual requires assistance to participate in recreation programs. Refer to the Adapted and Inclusive Recreation section or visit toronto.ca/accessibility.

If you can't go, let us know!

If you are unable to attend the program you registered for, contact your local community centre or call 416-396-7378 so the spot can be offered to someone else.

Program Descriptions

Youth Programs
Each program is unique and supports youth in our communities by building confidence and skills for the future, and learn about their community. Some of these programs may also provide a pathway to future employment.

Youth Leadership Programs
The City of Toronto offers a variety of youth leadership programs that support individual and community development. Our programs provide meaningful opportunities for young people to engage in their communities, explore their talents, and build their capacity to think critically, problem solve, and make decisions. Programs also promote awareness of health and wellness.

Aquatic Leadership Programs
Leadership programs teach teamwork, leadership, self-confidence, interpersonal and problem solving skills that will apply in all aspects of life. Leadership brochures are available at your local pool or visit toronto.ca/aquaticleadership for more information.

Babysitting Course
Learn the skills needed to be an in-demand babysitter. Topics include infant care, nutrition, child development, child safety and emergency procedures.

Community Partners with Youth Leadership Opportunities

Duke of Edinburgh's Award
Parks, Forestry and Recreation has partnered with the Duke of Edinburgh's Award. The Award is a non-competitive and barrier-free program designed to encourage young people to develop positive habits and skills. It is open to anyone 14 to 25 years of age. For more information contact Jeff Needham by email jneedham@dukeofed.org.

Toronto Sports Leadership

The Toronto Sport Leadership Program (TSLP) is a program dedicated to providing youth with the resources they need to make positive life choices, gain the confidence and skills needed to obtain employment and become leaders in their communities. The program is open to youth 16 (as of October 1st) to 18 years of age and is offered at no charge to successful applicants.

Sport Stream

TSLP offers a variety of Sport courses, including:

- Adapted and Inclusive Instructor
- Can-Bike
- Basketball
- Rink Guard
- Tennis
- Soccer
- First Aid

Aquatic Stream

TSLP offers Aquatic courses, including:

- Wading Pool Attendant
- National Lifeguard
- First Aid
- Aquafit Fitness Instructor
- Swim Instructor

Courses subject to change.

TSLP programs will start October, 2020. For more information, please email tslp@toronto.ca.

Youth Games United

Youth Games is a city-wide event that brings youth ages 13 to 16 together from across Toronto to compete in a variety of competitive sports and cooperative games. This event draws youth into recreation, while promoting fun, camaraderie and good sportsmanship; with the overall aim to provide a barrier-free experience that youth will remember for the rest of their lives.

Potential Events:

- 100m Straight Wheelchair Race
- Discus Throw
- Mini-Obstacle Course
- Standing Long-Jump
- Javelin Throw
- Sit Down Shot Put
- Yoga
- Tug-a-War

There will be 32 teams with over 400 participants.

Date: Wednesday, July 15, 2020
Location: Birchmount CC, 93 Birchmount Rd, Scarborough

For more information contact your local Youth Outreach Worker or email youthgames@toronto.ca.

Volunteering at the Games

This is the perfect volunteer opportunity for youth looking to gain experience in event planning, facilitation, and working in a team setting. Volunteers help to promote our event by being a part of several projects leading up to the Youth Games, so help out and grab those Community Involvement Activity hours required for your high school diploma!

For more information on how to be a volunteer please contact your local Youth Outreach Worker or email youthgames@toronto.ca.

STOMP Urban Dance Competition and Showcase

The STOMP Urban Dance Competition and Showcase is the largest annual youth event hosted by Parks, Forestry and Recreation. Over 400 dancers and choreographers participated in the 2019 competition and showcase held at the Meridian Hall (formally Sony Centre for the Performing Arts) for an audience of 3,000 spectators.

Hundreds of children and youth ages 6 to 24 performed an eclectic array of urban dance styles including b-boy, breaking, hip hop, dancehall, jazz, ballet, Bollywood and contemporary dance. This year's show included 31 acts with approximately 27 teams representing community centres. Performers also represented community dance groups, Toronto District School Board and Toronto Catholic District School Board dance teams and professional dance academies. STOMP showcased urban culture including up and coming emcees, musicians, vocalists, rappers and actors.

For more information on how to register a team or volunteer for any of the STOMP pre-show events or the show itself, email us at stomp@toronto.ca or visit toronto.ca/stomp.

Youth Councils

Youth Councils allow youth to have a voice in community, municipal and provincial decision-making. Join our Youth Councils and gain experience planning and organizing events, meet others and get volunteer hours. Youth will be involved in special events and have the opportunity to socialize with their peers in a positive, youth-friendly environment.

Youth Outreach Workers

Youth Outreach Workers' priority is to connect youth to recreation

Youth Outreach Workers are part of an inclusive outreach program that engages all youth, including: youth with a disability, youth who are newcomers, Aboriginal youth, LGBTQ youth, youth in conflict with the law and youth from at-risk neighbourhoods. Youth Outreach Workers improve outcomes for youth by advocating on their behalf, by providing recreation services and referring youth to other services, by fostering employment-readiness and leadership opportunities and by facilitating "for youth by youth" Advisory Councils.

Etobicoke York District

Chalkfarm CC ..... 180 Chalkfarm Dr, 416-984-7309
Driftwood CC ..... 4401 Jane St, 416-717-9157
Elmbank CC ..... 10 Rampart Rd, 416-999-4681
James S Bell CS ..... 90 Thirty-First St, 647-212-7626
Kingsview Village CC ..... 925 Albion Rd, 416-984-7306
North Kipling CC ..... 2 Rowntree Rd, 416-984-0807
Northwood CC ..... 15 Clubhouse Crt, 416-395-7801
Oakdale CC ..... 350 Grandravine Dr, 416-992-9714

North York District

Antibes CC ..... 140 Antibes Dr, 416-936-7821
Dennis R. Timbrell RC ..... 29 St. Dennis Dr, 416-936-8265
Grandravine CC ..... 23 Grandravine Dr, 647-473-7664
Jenner Jean-Marie CC ..... 48 Thorncliffe Park Dr, 416-395-7935
Lawrence Heights CC ..... 5 Replin Rd, 416-991-3717
Oriole CC ..... 2975 Don Mills Rd, 416-906-6401

Scarborough District

Centennial CRC ..... 1967 Ellesmere Rd, 416-936-8578
Don Montgomery CRC ..... 2467 Eglinton Ave E, 416-771-4840
Heron Park CC ..... 292 Manse Rd, 416-936-8573
L'Amoreux CRC ..... 2000 McNicoll Ave, 416-906-4967
Malvern CC ..... 30 Sewells Rd, 416-936-8597
McGregor CRC ..... 2231 Lawrence Ave E, 416-999-7207
Oakridge CC ..... 63 Pharmacy Ave, 416-688-7802
Warden Hilltop CC ..... 25 Mendelssohn St, 416-688-7802
Scarborough Village CC ..... 3600 Kingston Rd, 416-791-0954

Toronto/East York and West Toronto/York Districts

Fairbank CC ..... 2213 Dufferin St, 647-473-7662
Falstaff CC ..... 50 Falstaff Ave, 416-999-4681
Jimmie Simpson CC ..... 870 Queen St E, 416-896-5957
John Innes CC ..... 150 Sherbourne St, 416-771-1449
Masaryk-Cowan CC ..... 220 Cowan Ave, 416-984-6946
Mount Dennis Community Hall ..... 4 Hollis Ave, 416-394-2422
O'Connor CC ..... 1386 Victoria Park Ave, 416-908-9784
Regent Park CC ..... 402 Shuter St, 416-936-7825
Scadding Court CC ..... 707 Dundas St W, 416-896-6437
Secord CC ..... 91 Barrington Ave, 416-936-8605
Wellesley CC ..... 495 Sherbourne St, 416-677-5654

Youth Week Toronto

May 1-7, 2020 is Youth Week, which is a week dedicated to celebrating youth. Youth Week Toronto celebrates the abilities and talents of youth and highlights their civic engagement in the areas of recreation, arts and sports in diverse communities across Toronto.

Youth Space

Community centres with a dedicated space provide the opportunity to meet other youth and 'hangout' in a safe environment. Activities may include: video games, jitoni, air hockey, or watching local sporting events. For program locations, refer to the program charts or visit, toronto.ca/youth.

Enhanced Youth Spaces

Enhanced Youth Spaces are open five days a week, minimum three hours a day, 50 weeks a year. Youth staff provide general supervision and skill-based instruction in programs such as fitness and wellness, dance and sports. This model offers employment development, direct programming, events, initiatives, and community based partnerships. Contact the locations below for hours of operation and more information. You can also follow us @youthspaceto.

Locations

Antibes CC - "The Crib" .....140 Antibes Dr, 416-395-6188
Don Montgomery CC - "Da Block".....2467 Eglinton Ave E, 416-396-3289
East Metro Youth Services - "The Zone"
.....1200 Markham Rd, 416-438-3697 x 272
Heron Park CC - "The 6IX".....292 Manse Rd, 416-396-7684
LAMP Community Health Centre:
"Street Level".....185 Fifth St, 416-984-4364
"RAY"..... 500 The East Mall #124, 416-984-4364
Masaryk CC - "The MYZ".....220 Cowan Ave, 416-392-6925
Native Youth Resource Centre "Club Nish"..655 Bloor St, W, 416-969-8510
North Kipling CC - "The Hot Spot"..... 2 Rowntree Ad, 416-394-2745
Parkway Forest CC - "Da Lounge"..... 55 Forest Manor Rd, 416-392-6384
The New Generation Youth RC..... 2694 Eglinton Ave W, 416-984-4512

YouthRecTO

Leadership Guide

Aquatics, First Aid, Coaching and Principles of Healthy Child Development

Looking to complete the final steps towards becoming a certified lifeguard or swimming instructor? Qualified aquatic personnel, especially lifeguards and swimming instructors, are frequently in high demand. Aquatic leadership and First Aid programs teach teamwork, leadership, self-confidence, interpersonal and problem solving skills that apply to all facets of life.

toronto.ca/rec

TORONTO

Call 3-1-1

Antibes CC
140 Antibes Dr, 416-395-0475

Day	Time	Start	Code
Youth Leadership Program	13-16 yrs		Free/9 wks
Tue	6PM-7PM	Apr 7	3282498
Youth Council	13-24 yrs		Free/9 wks
Thu	4PM-6PM	Apr 9	3282482

Goulding CC
45 Goulding Ave, 416-395-0123

Leadership Discovery	12-14 yrs		Free/9 wks
Mon	4:30PM-6PM	Apr 6	3308542

Grandravine CC
23 Grandravine Dr, 416-395-6171

Day	Time	Start	Code
Youth Space	13-17 yrs		Free/9 wks
Wed	4:30PM-7:45PM	Apr 8	Drop-in
Thu	4:30PM-7:45PM	Apr 9	Drop-in

Jenner Jean-Marie CC
48 Thorncliffe Park Dr, 416-396-2874

Youth Council	13-24 yrs		Free/12 wks
Wed	4:30PM-6PM	Apr 8	3295084

Lawrence Heights CC
5 Replin Rd, 416-395-6120

Youth Space	13-18 yrs		Free/9 wks
M-F	3:30PM-6PM	Mar 30	3260275
M-F	6PM-9PM	Mar 30	3260274

Lawrence Heights CC

Day	Time	Start	Code
Youth Council	13-24 yrs		Free/6 wks
Wed	6PM-9PM	Apr 1	3260273

Oriole CC
2975 Don Mills Rd W, 416-395-6005

Youth Space	13-17 yrs		Free/13 wks
M-F	11AM-12:30PM	Mar 30	3287831
M-F	3:30PM-5:30PM	Mar 30	3287853
Youth Council	13-24 yrs		Free/9 wks
Wed	4PM-6PM	Apr 1	3287824

Pleasantview CC
545 Van Horne Ave, 416-395-6006

Day	Time	Start	Code
Youth Leadership Program	13-17 yrs		$48/9 wks
Tue	4:30PM-6PM	Apr 7	3275990

Roding CC
600 Roding St, 416-395-7964

Babysitting Course	12-17 yrs		$38/6 wks
Sat	4:30PM-5:30PM	Apr 11	3284240

HOMECOURT HOOPS is a partnership between MLSE Foundation and the City of Toronto, Parks, Forestry and Recreation, that provides instructional basketball programs to children ages 6-12 years.

Offered at select Free Community Centres.

Contact cityofsport@toronto.ca for more information.