

Older Adults

Programs and Memberships

Keep active for your health

Meet new friends, visit with old ones, keep active and involved and stay healthy. Recreation programs, special events, workshops and get-togethers specially designed for older adults will keep your calendar full.

Some programs have additional fees for materials/supplies, contact the program location for details.

Integration Services may be requested if an individual requires assistance to participate in recreation programs. Refer to the Adapted and Inclusive Recreation section or visit toronto.ca/accessibility.



Program Descriptions

City of Toronto residents aged 60 and over can attend any adult program at 50% of the cost. Note that private lessons are intended for all ages, therefore no discounts are applied to private, semi-private and small-group lessons.

Arts

Whether you would like to learn a new art medium or practice your skills there is an art program for you. A variety of art programs are available at all skill levels.

Computers

Computer programs offer older adults the chance to learn new or develop computer skills.

Dance

Dance classes offer older adults an opportunity to learn a new dance or practice the steps to an old one.

Fitness

There are a variety of fitness classes that are geared towards all levels of ability. From low impact, yoga and walking programs for those who are able to move independently, to chair fitness, osteofitness and yoga classes for those older adults with some limitations.

Social

Many of the centres offer older adults the opportunity to meet up with old friends or make new ones. Cards, games or a time and place to socialize are offered at a number of the centres.

Sports

Older adults can take part in a variety of individual or team sports.

Swimming

Swimming helps in the development of cardiovascular and respiratory health, while providing multiple benefits toward achieving greater overall health. Refer to the swim section for information on leisure and lane swims, learn to swim and aquafit classes for all ages and abilities.

Job Opportunities

Contact your local community centre or visit toronto.ca/recjobs.

Five Courses. **Five Reasons.**

**COME
FIND
YOURS!**

**Great Value • All TTC Accessible
Award Winning • Great Quality
Something for Everyone**



DENTONIA

781 Victoria Park Ave
416-392-2558 (Par 54)



DON VALLEY

4200 Yonge St
416-392-2465 (Par 72)



HUMBER VALLEY

40 Beattie Ave
416-392-2488 (Par 70)



SCARLETT WOODS

1000 Jane St
416-392-2484 (Par 62)



TAM O'SHANTER

2481 Birchmount Rd
416-392-2547 (Par 72)

**Affordable
memberships for
junior golfers
ages 10-18!**

Apply early as
quantities are limited.

Welcome Policy not applicable.

Older Adult and Senior Adult Membership Card Information

Would you like to participate in active and social programs and events organized by older adults for older adults? The Seniors Executive Committees at the following centres invite you to participate and have fun in environments that are geared toward the needs of older adults in each community:

Community Centres Requiring an Older Adult Membership Card

Hours of Operation: Monday-Friday, 9AM-4PM

- **Birkdale CC**
1299 Ellesmere Rd, 416-396-4069
- **Don Montgomery CRC**
2467 Eglinton Ave E, 416-396-4047
- **L'Amoreaux CRC**
2000 McNicoll Ave, 416-396-4510
- **Port Union CC**
5450 Lawrence Ave E, 416-396-4034
- **Scarborough Village RC**
3600 Kingston Rd, 416-396-4051
- **Stephen Leacock CC**
2520 Birchmount Rd, 416-396-4040

Ages and Services:

- 60 yrs+ (older adults)
- For use at the designated community centres providing programs and services to older adults.
- Membership is required to participate in drop-in programs, special events, and social activities organized by the Seniors Executive Committee.
- Membership provides voting privileges so you can have your say in Annual Seniors Executive Committee Elections.
- Membership sales begin in August.
- For information on the Older Adult Membership Card fee and use, contact your local centre.



toronto.ca/golf

Call **3-1-1**

Birchmount CC

93 Birchmount Rd, 416-396-4311

Day	Time	Start	Code
Archery 60 yrs+ \$50.50/9 wks			
Fri	1PM-2PM	Apr 3	3304276
Badminton 60 yrs+ Free/9 wks			
Fri	1PM-3PM	Apr 3	3304243
Basketball 60 yrs+ Free/9 wks			
Wed	1PM-3PM	Apr 8	3304241
Drawing 60 yrs+ \$55/9 wks			
Thu	1PM-3PM	Apr 9	3304229
Painting 60 yrs+ \$55/9 wks			
Tue	10AM-12NOON	Apr 7	3304228
Soccer 60 yrs+ Free/9 wks			
Tue	1PM-3PM	Apr 7	3304240
Table Tennis 60 yrs+ Free/12 wks			
Tue	1PM-3PM	Apr 7	3304244
Volleyball 60 yrs+ Free/9 wks			
Thu	1PM-3PM	Apr 9	3304242

Summer Session

Pickleball 60 yrs+ Free/8 wks			
Sat	9AM-1PM	Jul 4	Drop-in

Birkdale CC

1299 Ellesmere Rd, 416-396-4069



Bazaar Crafts 60 yrs+ Free/13 wks			
Wed	10AM-12NOON	Apr 1	Drop-in
Cardio High/Low 60 yrs+ \$52/10 wks			
Tue	9:15AM-10:15AM	Apr 7	3300619
Cards: Bid Euchre 60 yrs+ Free/13 wks			
Wed	12:30PM-3:30PM	Apr 1	Drop-in
Cards: Bridge 60 yrs+ Free/12 wks			
Mon	12NOON-3PM	Mar 30	Drop-in
Cards: Cribbage 60 yrs+ Free/12 wks			
Mon	12:30PM-3PM	Mar 30	Drop-in
Cards: Euchre 60 yrs+ Free/13 wks			
Thu	12:30PM-3PM	Apr 2	Drop-in
Dance: Hawaiian 60 yrs+ Free/13 wks			
Wed	11AM-12NOON	Apr 1	Drop-in
Dance: Social 60 yrs+ Free/11 wks			
Sat	7:30PM-10:45PM	Apr 4	Drop-in
Games: Bingo 60 yrs+ Free/13 wks			
Wed	12:45PM-3PM	Apr 1	Drop-in
Games: Dominoes 60 yrs+ Free/16 wks			
Tue	1PM-3PM	Mar 31	Drop-in

Birkdale CC

Day	Time	Start	Code
Games: Mahjong 60 yrs+ Free/12 wks			
Mon	12:30PM-3:30PM	Mar 30	Drop-in
Games: Scrabble 60 yrs+ Free/13 wks			
Thu	10AM-12NOON	Apr 2	Drop-in
Games: Shuffleboard 60 yrs+ Free/14 wks			
Tue	10:30AM-12NOON	Mar 31	Drop-in
Games: Snooker 60 yrs+ Free/13 wks			
M-F	8:45AM-3:45PM	Mar 30	Drop-in
Gentle Fit 60 yrs+ \$52/10 wks			
Fri	11:45AM-12:45PM	Apr 17	3300673
Osteo Fit 60 yrs+ \$52/10 wks			
Mon	1PM-2PM	Apr 6	3300620
Painting: Oil 60 yrs+ \$53/9 wks			
Thu	10:30AM-12:30PM	Apr 9	3269232
Stained Glass 60 yrs+ Free/13 wks			
Thu	1PM-3:30PM	Apr 2	Drop-in
Stretch and Strength 60 yrs+ \$52/10 wks			
Mon	9:15AM-10:15AM	Apr 6	3300674
Mon	10:30AM-11:30AM	Apr 6	3300665
Fri	9:15AM-10:15AM	Apr 17	3300666
Fri	10:30AM-11:30AM	Apr 17	3300667
Table Tennis 60 yrs+ Free/15 wks			
M-W/F	8:45AM-9:45AM	Mar 30	Drop-in
Tai Chi 60 yrs+ \$47/10 wks			
Wed	9AM-10AM	Apr 8	3300687
Wood Burning 60 yrs+ \$53/9 wks			
Fri	10AM-12NOON	Apr 3	3269194
Wood Carving 60 yrs+ \$53/9 wks			
Fri	12:15PM-2:15PM	Apr 3	3269195
Wood Working 60 yrs+ Free/14 wks			
Tue	1PM-3PM	Mar 31	Drop-in
Yoga: Chair 60 yrs+ \$47/10 wks			
Mon	9:45AM-10:45AM	Apr 6	3300722
Mon	11AM-12NOON	Apr 6	3300732
Tue	11:45AM-12:45PM	Apr 7	3300721
Thu	9:30AM-10:30AM	Apr 9	3300729
Yoga: Hatha 60 yrs+ \$47/10 wks			
Tue	10:30AM-11:30AM	Apr 7	3300723
Thu	9AM-10AM	Apr 9	3300724
Zumba® Gold 60 yrs+ \$52/10 wks			
Fri	1:15PM-2:15PM	Apr 17	3300639

Birkdale CC

Day	Time	Start	Code
Summer Session			
Bazaar Crafts 60 yrs+ Free/9 wks			
Wed	10AM-12NOON	Jul 8	Drop-in
Cardio High/Low 60 yrs+ \$52/10 wks			
Wed	10:30AM-11:30AM	Jul 8	3300817
Cardio Low Impact 60 yrs+ \$52/10 wks			
Tue	9:15AM-10:15AM	Jul 7	3300816
Cards: Bid Euchre 60 yrs+ Free/9 wks			
Wed	12:30PM-3PM	Jul 8	Drop-in
Cards: Bridge 60 yrs+ Free/8 wks			
Mon	12NOON-3PM	Jul 6	Drop-in
Cards: Cribbage 60 yrs+ Free/8 wks			
Mon	12:30PM-3PM	Jul 6	Drop-in
Cards: Euchre 60 yrs+ Free/10 wks			
Thu	12:30PM-3PM	Jul 2	Drop-in
Dance: Hawaiian 60 yrs+ Free/9 wks			
Wed	12NOON-1PM	Jul 8	Drop-in
Dance: Social 60 yrs+ Free/9 wks			
Sat	7:30PM-10:45PM	Jul 4	Drop-in
Games: Bingo 60 yrs+ Free/9 wks			
Wed	12:45PM-3PM	Jul 8	Drop-in
Games: Dominoes 60 yrs+ Free/10 wks			
Tue	1PM-3PM	Jun 30	Drop-in
Games: Mahjong 60 yrs+ Free/8 wks			
Mon	1PM-4PM	Jul 6	Drop-in
Games: Scrabble 60 yrs+ Free/10 wks			
Thu	10AM-12NOON	Jul 2	Drop-in
Games: Shuffleboard 60 yrs+ Free/10 wks			
Tue	10:30AM-12NOON	Jun 30	Drop-in
Games: Snooker 60 yrs+ Free/9 wks			
M-F	8:45AM-3:45PM	Jun 30	Drop-in
Osteo Fit 60 yrs+ \$52/10 wks			
Mon	11:30AM-12:30PM	Jul 6	3300822
Stained Glass 60 yrs+ Free/10 wks			
Thu	1PM-3:30PM	Jul 2	Drop-in
Stretch and Strength 60 yrs+ \$52/10 wks			
Fri	10:30AM-11:30AM	Jul 3	3300854
Mon	10:30AM-11:30AM	Jul 6	3300851
Table Tennis 60 yrs+ Free/10 wks			
M-W/F	8:45AM-9:45AM	Jun 30	Drop-in

Birkdale CC

Day	Time	Start	Code
Tai Chi 60 yrs+ \$47/5 wks			
W/Th	9AM-10AM	Jul 8	3300862
Wood Working 60 yrs+ Free/10 wks			
Tue	1PM-3PM	Jun 30	Drop-in
Yoga: Chair 60 yrs+ \$47/10 wks			
Mon	10AM-11AM	Jul 6	3300888
Tue	11:45AM-12:45PM	Jul 7	3300887
Yoga: Hatha 60 yrs+ \$47/10 wks			
Tue	10:30AM-11:30AM	Jul 7	3300889
Thu	9AM-10AM	Jul 9	3300890
Zumba® Gold 60 yrs+ \$52/10 wks			
Fri	1PM-2PM	Jul 10	3300830

Burrows Hall CC
1081 Progress Ave, 416-396-4670

Cards 60 yrs+ Free/3 wks			
Thu	12:30PM-3:30PM	Apr 9	3282387
Dance: Sequence Dance 60 yrs+ Free/10 wks			
Mon	11:30AM-3PM	Apr 6	3282381
Osteo Fit 60 yrs+ \$52/10 wks			
Wed	10:30AM-11:30AM	Apr 8	3267728

Commander Park RC
140 Commander Blvd, 416-396-4024

Dance: Line Dance 60 yrs+ Free/12 wks			
M-Su	8AM-9AM	Apr 4	3294807
			Free/11 wks
M/Th	9AM-11:30AM	Apr 6	3293784
Dance: Sequence Dance 60 yrs+ Free/11 wks			
Wed	11:30AM-3PM	Apr 8	3293786
Yoga 60 yrs+ \$66.50/10 wks			
Wed	9:30AM-11AM	Apr 8	3267738

Summer Session

Dance: Line Dance 60 yrs+ Free/10 wks			
M-Su	8AM-9AM	Jun 29	3294173
Line Dance 60 yrs+ Free/8 wks			
M/Th	9AM-11:30AM	Jun 29	3294202
Sequence Dance 60 yrs+ Free/8 wks			
Mon	11:30AM-3PM	Jun 29	3294176
			Free/9 wks
Tue	11:30AM-3PM	Jun 30	3294204
Wed	11:30AM-3PM	Jul 8	3294174
Yoga 60 yrs+ \$64/9 wks			
Wed	9:30AM-11AM	Jul 8	3267754

Curran Hall CC
277 Orton Park Rd, 416-396-5156

Day	Time	Start	Code
Workshop: Afternoon Tea 60 yrs+ \$16/1 day			
Tue	1PM-3PM	May 12	3308602

Don Montgomery CRC
2467 Eglinton Ave E, 416-396-4043

Badminton 60 yrs+ Free/12 wks			
Wed	10:30AM-12:30PM	Apr 1	Drop-in
M/F	1:15PM-3:15PM	Apr 3	Drop-in
Baseball 60 yrs+ Free/5 wks			
Tue	11:30AM-12:30PM	Mar 31	Drop-in
Bazaar Crafts 60 yrs+ Free/13 wks			
Tue	9AM-11:30AM	Mar 31	Drop-in
Cardio High/Low 60 yrs+ Free/10 wks			
Fri	11:30AM-12:30PM	Apr 17	3300621
Cards: Bridge 60 yrs+ Free/12 wks			
Thu	11:45AM-3PM	Apr 2	Drop-in
Cards: Cribbage 60 yrs+ Free/13 wks			
Tue	12NOON-3PM	Mar 31	Drop-in
Cards: Euchre 60 yrs+ Free/12 wks			
Wed	12NOON-3PM	Apr 1	Drop-in
Cards: Euchre Bid 60 yrs+ Free/11 wks			
Fri	12:30PM-3:30PM	Apr 3	Drop-in
Cards: Texas Hold'em 60 yrs+ Free/12 wks			
Wed	12NOON-3PM	Apr 1	Drop-in
Computers: Laptop 60 yrs+ Free/9 wks			
Tue	12:30PM-2PM	Mar 31	3270404
Mon	12:30PM-2PM	Apr 6	3270443
Dance: Ballroom 60 yrs+ Free/9 wks			
Mon	2:15PM-3:15PM	Mar 30	3297683
Dance: Belly Dance 60 yrs+ Free/9 wks			
Tue	1PM-2:30PM	Mar 31	3270439
Dance: Line Dance 60 yrs+ Free/9 wks			
Tue	2:15PM-3:15PM	Mar 31	3297774
Thu	10:15AM-11:15AM	Apr 2	3270449
Dance: Line Dance-Advanced 60 yrs+ Free/9 wks			
Thu	9AM-10AM	Apr 2	3270450
Drawing 60 yrs+ Free/9 wks			
Fri	9:30AM-11:30AM	Apr 3	Drop-in
Games: Bingo 60 yrs+ Free/12 wks			
Thu	12NOON-3PM	Apr 2	Drop-in


Don Montgomery CRC

Day	Time	Start	Code
Games: Darts 60 yrs+ Free/12 wks			
Mon	1PM-3PM	Apr 6	Drop-in
Games: Dominoes 60 yrs+ Free/12 wks			
Thu	10AM-3PM	Apr 2	Drop-in
Games: Scrabble 60 yrs+ Free/12 wks			
Tue	9AM-3PM	Mar 31	Drop-in
Games: Snooker 60 yrs+ Free/12 wks			
M-F	9AM-3:30PM	Mar 31	Drop-in
Gentle Fit 60 yrs+ Free/10 wks			
Tue	10:15AM-11:15AM	Apr 7	3300672
Golf 60 yrs+ Free/12 wks			
Wed	1:15PM-3:15PM	Apr 1	Drop-in
Jewellery Making 60 yrs+ Free/9 wks			
Thu	11AM-12:30PM	Apr 9	3310063
Thu	1PM-2:30PM	Apr 9	3270408
Music: Choir 60 yrs+ Free/12 wks			
Tue	9:30AM-11:30AM	Mar 31	Drop-in
Osteo Fit 60 yrs+ Free/10 wks			
Mon	1:30PM-2:30PM	Apr 6	3300629
Thu	12NOON-1PM	Apr 9	3300633
Painting: Mixed Media 60 yrs+ Free/9 wks			
Tue	9:30AM-11:30AM	Apr 7	3270464
Older Adult Skate 60 yrs+ Free/19 wks			
M-F	9AM-11AM	Mar 31	3270400
Quilting 60 yrs+ Free/9 wks			
Wed	9:30AM-11:30AM	Apr 1	Drop-in
SKILLS! Golf 60 yrs+ Free/9 wks			
Mon	9:15AM-10:15AM	Mar 30	3270453
Fri	9AM-10AM	Apr 3	3270455
SKILLS! Golf-Advanced 60 yrs+ Free/9 wks			
Fri	10AM-11AM	Apr 3	3270456
Mon	10:15AM-11:15AM	Apr 6	3270454
Stretch and Strength 60 yrs+ Free/10 wks			
Wed	9AM-10AM	Apr 8	3300668
Table Tennis 60 yrs+ Free/8 wks			
M/Tu/Th	9:15AM-3PM	Mar 31	Drop-in
Tennis 60 yrs+ Free/13 wks			
Tue	1:15PM-3:15PM	Mar 31	Drop-in
			Free/12 wks
Thu	1:15PM-3:15PM	Apr 2	Drop-in
Volleyball 60 yrs+ Free/12 wks			
Fri	1:15PM-3:15PM	Apr 3	Drop-in
Mon	1:15PM-3:15PM	Apr 6	Drop-in

Don Montgomery CRC

Day	Time	Start	Code
Walk Fit 60 yrs+ Free/12 wks			
Thu	9AM-11:45AM	Apr 2	Drop-in
Mon	11:45AM-12:45PM	Apr 6	Drop-in
Whittling 60 yrs+ Free/12 wks			
Fri	9:30AM-3PM	Apr 3	Drop-in
Wood Carving 60 yrs+ Free/12 wks			
Mon	9:30AM-3PM	Apr 6	Drop-in
Yoga: Chair 60 yrs+ Free/10 wks			
Wed	10:15AM-11:15AM	Apr 8	3300726
Fri	1PM-2PM	Apr 17	3300733
Yoga: Hatha 60 yrs+ Free/8 wks			
Mon	11AM-12NOON	Apr 6	3300727
			Free/9 wks
Fri	10AM-11AM	Apr 17	3300728
Zumba® Gold 60 yrs+ Free/10 wks			
Tue	9AM-10AM	Apr 7	3300644
Summer Session			
Bazaar Crafts 60 yrs+ Free/12 wks			
Tue	9AM-11:30AM	Jun 30	Drop-in
Cards: Bridge 60 yrs+ Free/12 wks			
Thu	11:45AM-3:15PM	Jul 2	Drop-in
Cards: Cribbage 60 yrs+ Free/12 wks			
Tue	12:45PM-3PM	Jun 30	Drop-in
Cards: Euchre 60 yrs+ Free/12 wks			
Wed	12:30PM-3PM	Jul 1	Drop-in
Cards: Euchre Bid 60 yrs+ Free/12 wks			
Mon	12NOON-3:15PM	Jul 6	Drop-in
Cards: Texas Hold'em 60 yrs+ Free/12 wks			
Wed	12:30PM-3:15PM	Jul 1	Drop-in
Dance: Belly Dance 60 yrs+ Free/9 wks			
Thu	1PM-2:30PM	Jul 2	3270562
Dance: Line Dance 60 yrs+ Free/9 wks			
Fri	10AM-11AM	Jul 3	3270561
Dance: Line Dance-Advanced 60 yrs+ Free/9 wks			
Fri	9AM-10AM	Jul 3	3270563
Games: Bingo 60 yrs+ Free/12 wks			
Thu	12:30PM-3PM	Jul 2	Drop-in
Games: Darts 60 yrs+ Free/12 wks			
Mon	1PM-3PM	Jul 6	Drop-in
Games: Scrabble 60 yrs+ Free/12 wks			
Tue	9AM-3PM	Jul 7	Drop-in
Games: Snooker 60 yrs+ Free/12 wks			
M-F	9AM-3PM	Jun 29	Drop-in

Don Montgomery CRC

Day	Time	Start	Code
Osteo Fit 60 yrs+ Free/10 wks			
Tue	1:30PM-2:30PM	Jul 7	3300820
Thu	10AM-11AM	Jul 9	3300824
Quilting 60 yrs+ Free/12 wks			
Tue	9:30AM-11:30AM	Jun 30	Drop-in
Stretch and Strength 60 yrs+ Free/10 wks			
Wed	9AM-10AM	Jul 8	3300852
Table Tennis 60 yrs+ Free/12 wks			
M/Tu	8:45AM-11AM	Jun 29	Drop-in
Whittling 60 yrs+ Free/12 wks			
M/F	8:45AM-11AM	Jul 6	Drop-in
Yoga: Chair 60 yrs+ Free/10 wks			
Wed	10:15AM-11:15AM	Jul 8	3300892
Yoga: Hatha 60 yrs+ Free/10 wks			
Mon	11:30AM-12:30PM	Jul 6	3300891
Ellesmere CC 20 Canadian Rd, 416-396-5536 			
Cards: Bridge 60 yrs+ Free/12 wks			
Wed	12NOON-3:30PM	Apr 8	3280544
Gentle Fit 60 yrs+ \$47/9 wks			
Mon	10:30AM-11:30AM	Apr 6	3300622
			\$57/11 wks
Wed	10:30AM-11:30AM	Apr 8	3300623
Pickleball 60 yrs+ Free/10 wks			
Mon	12NOON-4PM	Apr 6	3280547
Fri	12:30pm-3pm	Apr 17	
Wed	3:15PM-5:30PM	Apr 8	3280546
Zumba® Gold 60 yrs+ \$57/11 wks			
Tue	10:30AM-11:30AM	Apr 7	3300646
Thu	9:15AM-10:15AM	Apr 9	3300645
Thu	1:15PM-2:15PM	Apr 9	3300642
			\$52/10 wks
Fri	11AM-12NOON	Apr 17	3300643
Summer Session			
Pickleball 60 yrs+ Free/11 wks			
Tue	4:45PM-6:45PM	Jun 30	3280657
Fri	5pm-7pm	Jul 3	
Zumba® Gold 60 yrs+ \$63/12 wks			
Thu	1:15PM-2:15PM	Jul 9	3300828
Heron Park CRC 292 Manse Rd, 416-396-4035			
Badminton 60 yrs+ Free/12 wks			
Tu/Th	9:30AM-11:30AM	Apr 7	3292439
Dance: Line Dancing 60 yrs+ Free/12 wks			
Fri	1:30PM-3:30PM	Mar 27	3275266

Heron Park CRC

Day	Time	Start	Code
Games: Euchre Bid 60 yrs+ Free/13 wks			
Tu/Th	12:30PM-3:30PM	Mar 24	3275269
Osteo Fit 60 yrs+ Free/10 wks			
Wed	10AM-11AM	Apr 8	3270755
			Free/9 wks
Fri	11AM-12NOON	Apr 17	3270756
Summer Session			
Games: Bid Euchre 60 yrs+ Free/12 wks			
Thu	12:30PM-3:30PM	Jul 2	3292437
Games: Progressive Euchre 60 yrs+ Free/12 wks			
Tue	12:30PM-3:30PM	Jun 30	3292436
L'Amoreaux CRC 2000 McNicoll Ave, 416-396-4510 			
Badminton 60 yrs+ Free/9 wks			
Mon	9:15AM-11:30AM	Apr 6	Drop-in
			Free/11 wks
Tue	12:15PM-2:45PM	Apr 7	Drop-in
Thu	1PM-2:45PM	Apr 9	Drop-in
			Free/10 wks
Fri	9:15AM-11:30AM	Apr 17	Drop-in
Cardio Dance 60 yrs+ Free/9 wks			
Fri	11:15AM-12:15PM	Apr 17	3267674
Dance: Ballroom 60 yrs+ Free/11 wks			
Fri	12:45PM-3PM	Apr 10	Drop-in
Dance: Ballroom (Couples) 60 yrs+ Free/9 wks			
Wed	10:30AM-11:30AM	Apr 8	3290935
Dance: Ballroom-Advanced (Couples) 60 yrs+ Free/9 wks			
Wed	11:30AM-12:30PM	Apr 8	3290936
Dance: Line Dance 60 yrs+ Free/9 wks			
Tue	1PM-2PM	Apr 7	3290938
Thu	1PM-2PM	Apr 9	3290941
Dance: Line Dance-Advanced 60 yrs+ Free/9 wks			
Tue	2PM-3PM	Apr 7	3290939
Dance: Line Dance-Social 60 yrs+ Free/9 wks			
Mon	10AM-12NOON	Apr 6	Drop-in
			Free/11 wks
Wed	12:45PM-3PM	Apr 8	Drop-in
Gentle Fit 60 yrs+ Free/10 wks			
Tue	11AM-12NOON	Apr 7	3267673

L'Amoreaux CRC

Day	Time	Start	Code
Table Tennis 60 yrs+ Free/9 wks			
Mon	1PM-3PM	Apr 6	Drop-in
			Free/11 wks
Wed	9:15AM-11:30AM	Apr 8	Drop-in
Thu	9AM-11:30AM	Apr 9	Drop-in
			Free/10 wks
Fri	12NOON-3PM	Apr 17	Drop-in
Tai Chi 60 yrs+ Free/10 wks			
Thu	10AM-11AM	Apr 9	3267684
Yoga 60 yrs+ Free/9 wks			
Mon	12:30PM-1:30PM	Apr 6	3267694
Mon	1:30PM-2:30PM	Apr 6	3267695
			Free/10 wks
Wed	12:30PM-1:30PM	Apr 8	3267696

Summer Session

Cardio Dance 60 yrs+ Free/10 wks			
Fri	11:15AM-12:15PM	Jul 3	3267762
Dance: Ballroom 60 yrs+ Free/10 wks			
Fri	12:30PM-3PM	Jul 3	Drop-in
Dance: Line Dance 60 yrs+ Free/9 wks			
Thu	1PM-2PM	Jul 2	3291117
Dance: Line Dance-Social 60 yrs+ Free/10 wks			
Mon	10AM-12NOON	Jun 30	Drop-in
			Free/9 wks
Thu	2PM-3PM	Jul 2	Drop-in
Wed	12:45PM-3PM	Jul 8	Drop-in
Tai Chi 60 yrs+ Free/10 wks			
Thu	10AM-11AM	Jul 2	3267774
Yoga 60 yrs+ Free/9 wks			
Mon	12:30PM-1:30PM	Jun 29	3267785
Mon	1:30PM-2:30PM	Jun 29	3267786

Malvern CRC

30 Sewells Rd, 416-396-4054

Badminton 60 yrs+ Free/11 wks			
M/W/F	9AM-12NOON	Apr 6	3282388
Cards 60 yrs+ Free/13 wks			
M/Tu/F	12:30PM-3:30PM	Apr 6	3282386
Games: Bridge 60 yrs+ Free/12 wks			
Thu	1PM-3PM	Apr 9	3282385
Games: Euchre 60 yrs+ Free/12 wks			
Tue	1PM-3PM	Apr 7	3282384
Pickleball 60 yrs+ Free/12 wks			
Tu/F	12NOON-3PM	Apr 7	3282389

Malvern CRC

Day	Time	Start	Code
Summer Session			
Badminton 60 yrs+ Free/9 wks			
Sun	08:15-10:15AM	Jul 12	3282589
Cards 60 yrs+ Free/13 wks			
M-F	12:30PM-3:30PM	Jul 6	3282586
Pickleball 60 yrs+ Free/9 wks			
Sun	12:45PM-3:45PM	Jul 12	3282587

McGregor Park RC

2231 Lawrence Ave E, 416-396-4023

Dance: Line Dance 60 yrs+ Free/12 wks			
Mon	1PM-3PM	Apr 6	3289984
Milliken Park CRC 4325 McCowan Rd, 416-396-7757			
Dance: Sequence Dance 60 yrs+ Free/13 wks			
Tue	12:30PM-3PM	Mar 31	Drop-in
Badminton 60 yrs+ Free/13 wks			
Thu	9:30AM-12:30PM	Apr 2	3294768
Thu	12:45PM-3:45PM	Apr 9	3294769
Pickleball 60 yrs+ Free/12 wks			
M/W	9:30AM-12:30PM	Mar 30	3294766
M/W	12:30PM-3:45PM	Mar 30	3294767

Summer Session

Badminton: Recreational 60 yrs+ Free/10 wks			
Thu	5:30PM-8PM	Jul 2	3302063
Pickleball 60 yrs+ Free/10 wks			
Wed	5:30PM-8PM	Jul 8	3302062

Oakridge CRC

63 Pharmacy Ave, 416-338-1966

Bunka 60 yrs+ Free/13 wks			
Wed	9AM-11AM	Apr 1	3295770
Cardio High/Low 60 yrs+ Free/10 wks			
Mon	9:15AM-10:15AM	Apr 6	Drop-in
Mon	10:30AM-11:30AM	Apr 6	Drop-in
Tue	11:40AM-12:40PM	Apr 7	Drop-in
Fri	9:15AM-10:15AM	Apr 17	Drop-in
Carpet Bowling 60 yrs+ Free/13 wks			
Thu	9AM-11AM	Apr 2	3295753
Dance: Ballroom 60 yrs+ Free/13 wks			
Wed	1PM-3PM	Apr 8	3295734
Dance: Line Dance 60 yrs+ Free/9 wks			
Mon	1PM-3PM	Apr 6	3295764

Oakridge CRC

Day	Time	Start	Code
Games: Bingo 60 yrs+ Free/13 wks			
Thu	1PM-3PM	Apr 2	3295730
Painting-Beginner 60 yrs+ Free/9 wks			
Tue	12:30PM-2:30PM	Apr 7	3295744
Painting-Beginner 60 yrs+ Free/9 wks			
Fri	10AM-12NOON	Apr 17	3295745
Painting-Intermediate 60 yrs+ Free/9 wks			
Tue	2:30PM-4:30PM	Apr 7	3295743
Fri	12:15PM-2:15PM	Apr 17	3295746

Summer Session

Cardio High/Low 60 yrs+ Free/10 wks			
Mon	10AM-11AM	Jul 6	Drop-in
Thu	11:45AM-12:45PM	Jul 9	Drop-in
Fri	9AM-10AM	Jul 10	Drop-in

Port Union RC

5450 Lawrence Ave E, 416-396-4034

Art Club 60 yrs+ Free/12 wks			
Thu	9:30AM-12NOON	Apr 9	Drop-in
Bazaar Crafts 60 yrs+ Free/13 wks			
Tu/W	9:30AM-12NOON	Apr 7	Drop-in
Bunka 60 yrs+ Free/12 wks			
Wed	9:30AM-11:30AM	Apr 1	Drop-in
Cardio Low Impact 60 yrs+ \$47/9 wks			
Mon	10:45AM-11:45AM	Apr 6	3270757
Cards: Bid Euchre 60 yrs+ Free/16 wks			
Fri	12NOON-3PM	Mar 13	Drop-in
			Free/12 wks
Tue	9AM-11:30AM	Apr 7	3266510

Cards: Bridge Progressive

60 yrs+ Free/12 wks			
Thu	9AM-11AM	Apr 9	Drop-in
Cards: Cribbage 60 yrs+ Free/12 wks			
Thu	12:15PM-3PM	Apr 9	Drop-in

Cards: Euchre Progressive

60 yrs+ Free/13 wks			
Mon	12NOON-3PM	Apr 6	Drop-in

Cards: Texas Hold'em

60 yrs+ Free/12 wks			
Tu/Th/F	12NOON-3PM	Apr 7	Drop-in

Club: Social

60 yrs+ Free/12 wks			
Thu	1PM-3PM	Apr 9	Drop-in


Computer Lab

60 yrs+ Free/12 wks			
Tue	2PM-3:30PM	Apr 7	Drop-in

Port Union RC

Day	Time	Start	Code
Dance: Line Dance			
		60 yrs+	Free/16 wks
Fri	12:30PM-3PM	Mar 13	Drop-in
			\$35/9 wks
Tue	12:45PM-1:45PM	Apr 7	3266524
Tue	2PM-3PM	Apr 7	3266523
Drawing and Painting			
		60 yrs+	Free/12 wks
Tue	1PM-3PM	Apr 7	Drop-in
Games: Billiards 60 yrs+ Free/13 wks			
M-F	9AM-4PM	Apr 6	Drop-in
Games: Bingo 60 yrs+ Free/13 wks			
Wed	12:30PM-3PM	Apr 8	Drop-in
Music: Band 60 yrs+ Free/12 wks			
Thu	11AM-12:15PM	Apr 9	Drop-in
Thu	12:15PM-1:15PM	Apr 9	Drop-in
Osteo Fit 60 yrs+ \$52/10 wks			
Fri	10:45AM-11:45AM	Apr 17	3270758
Pickleball 60 yrs+ Free/13 wks			
M/Tu/Th	3:30PM-6PM	Apr 2	Drop-in
Pottery 60 yrs+ \$70/9 wks			
Tue	9:30AM-11:30AM	Apr 7	3266534
Quilting 60 yrs+ Free/12 wks			
Mon	9:30AM-11:30AM	Apr 6	Drop-in
Stretch and Strength			
		60 yrs+	\$57/11 wks
Wed	10:45AM-11:45AM	Apr 8	3270792
Wood Carving 60 yrs+ Free/12 wks			
Thu	9:30AM-11:30AM	Apr 9	Drop-in
Zumba® Gold 60 yrs+ \$57/11 wks			
Thu	10:45AM-11:45AM	Apr 9	3270766
Summer Session			
Bazaar Crafts 60 yrs+ Free/12 wks			
Tu/W	9:30AM-12:30PM	Jun 30	Drop-in
Cardio Low Impact			
		60 yrs+	\$47/9 wks
Mon	10:45AM-11:45AM	Jun 29	3270826
			\$57/11 wks
Thu	10:45AM-11:45AM	Jul 2	3270827
Cards: Bid Euchre 60 yrs+ Free/12 wks			
Tue	9:30AM-11:30AM	Jun 30	Drop-in
Tue	12:15PM-3:15PM	Jun 30	Drop-in
Cards: Bridge 60 yrs+ Free/12 wks			
Thu	12:30PM-3:30PM	Jul 2	Drop-in
Cards: Cribbage 60 yrs+ Free/12 wks			
Thu	12:30PM-3:30PM	Jul 2	Drop-in

Port Union RC

Day	Time	Start	Code
Cards: Euchre Progressive			
		60 yrs+	Free/12 wks
Mon	12:30PM-3PM	Jul 13	Drop-in
Dance: Line Dance			
		60 yrs+	Free/9 wks
Mon	12:30PM-3PM	Jul 6	Drop-in
Drawing and Painting			
		60 yrs+	Free/12 wks
Tue	1PM-3PM	Jun 30	Drop-in
Games: Bingo 60 yrs+ Free/12 wks			
Wed	12:30PM-3:30PM	Jul 1	Drop-in
Games: Snooker 60 yrs+ Free/60 wks			
M-F	9AM-4PM	Jun 29	Drop-in
Quilting 60 yrs+ Free/12 wks			
Mon	9:30AM-11:30AM	Jul 13	Drop-in
Stretch and Strength			
		60 yrs+	\$57/10 wks
Wed	10:45AM-11:45AM	Jul 8	3270840
Wood Carving 60 yrs+ Free/12 wks			
Thu	9:30AM-11:30AM	Jul 9	Drop-in
Scarborough Village RC			
3600 Kingston Rd, 416-396-4051 			
Bunka 60 yrs+ Free/12 wks			
Mon	12NOON-3PM	Apr 6	Drop-in
Cards: Bid Euchre 60 yrs+ Free/12 wks			
Thu	12:30PM-3PM	Apr 9	Drop-in
Cards: Bridge 60 yrs+ Free/12 wks			
Wed	12NOON-3PM	Apr 8	Drop-in
Cards: Cribbage 60 yrs+ Free/12 wks			
Fri	12:30PM-3PM	Apr 17	Drop-in
Cards: Euchre 60 yrs+ Free/12 wks			
Tue	12:30PM-3PM	Apr 7	Drop-in
Cards: Learn to Play Bridge			
		60 yrs+	Free/12 wks
Mon	9:30AM-11:30AM	Apr 6	3309763
Cardio High/Low 60 yrs+ Free/10 wks			
Mon	9:15AM-10:15AM	Apr 6	3300624
Tue	10:30AM-11:30AM	Apr 7	3300625
Thu	9:15AM-10:15AM	Apr 9	3300626
Thu	10:30AM-11:30AM	Apr 9	3300627
Club: Memoir Writing			
		60 yrs+	Free/12 wks
Mon	1PM-3PM	Apr 6	Drop-in
Cooking 60 yrs+ Free/12 wks			
Mon	1PM-3PM	Apr 6	3309773
Country Crafts 60 yrs+ Free/12 wks			
Thu	9AM-11AM	Apr 9	Drop-in

Scarborough Village RC

Day	Time	Start	Code
Crafts: Paper Tole 60 yrs+ Free/12 wks			
Mon	9AM-11AM	Apr 6	Drop-in
Wed	1:15PM-3:15PM	Apr 6	3309687
Crafts: Quilting 60 yrs+ Free/12 wks			
Mon	9AM-11AM	Apr 6	Drop-in
Tue	1PM-3PM	Apr 7	Drop-in
Crafts: Wood Burning			
		60 yrs+	Free/12 wks
Wed	10AM-12NOON	Apr 8	3309688
Crafts: Wood Carving			
		60 yrs+	Free/12 wks
Wed	12:30PM-2:30PM	Apr 8	3309689
Crochet/Knitting 60 yrs+ Free/12 wks			
Tue	1PM-3PM	Apr 7	Drop-in
Dance: Ballroom 60 yrs+ Free/12 wks			
Tue	1PM-3PM	Apr 7	Drop-in
Dance: Clogging-Beginner			
		60 yrs+	Free/12 wks
Mon	10:40AM-11:40AM	Apr 6	3309757
Dance: Clogging-Intermediate			
		60 yrs+	Free/12 wks
Mon	11:45AM-12:45PM	Apr 6	3309759
Dance: Line Dance			
		60 yrs+	Free/12 wks
Wed	10:45AM-12:15PM	Apr 8	3309758
Thu	12:30PM-3:30PM	Apr 9	Drop-in
Dance: Tap: Beginner			
		60 yrs+	Free/9 wks
Fri	11:30AM-12:30PM	Apr 17	3309762
Dance: Tap: Intermediate			
		60 yrs+	Free/9 wks
Fri	10:30AM-11:30AM	Apr 17	3309761
Dance: Tap: Advanced			
		60 yrs+	Free/9 wks
Fri	9:30AM-10:30AM	Apr 17	3309760
Folk Art 60 yrs+ Free/12 wks			
Thu	1PM-3PM	Apr 9	Drop-in
Games: Bingo 60 yrs+ Free/12 wks			
Mon	12:30PM-3:30PM	Apr 6	Drop-in
Games: Darts 60 yrs+ Free/12 wks			
Fri	10AM-12NOON	Apr 17	Drop-in
Games: Learn to Play Chess			
		60 yrs+	Free/12 wks
Mon	1PM-3PM	Apr 6	3309764
Games: Mexican Train Dominoes			
		60 yrs+	Free/12 wks
Thu	9:30AM-11:30AM	Apr 9	Drop-in

Scarborough Village RC

Day	Time	Start	Code
Games: Scrabble 60 yrs+ Free/12 wks			
Fri	10AM-12NOON	Apr 17	Drop-in
Games: Shuffleboard 60 yrs+ Free/12 wks			
Mon	12:45PM-3:30PM	Apr 6	Drop-in
Fri	9:30AM-11:30AM	Apr 17	Drop-in
Gentle Fit 60 yrs+ Free/10 wks			
Fri	1:30PM-2:30PM	Apr 17	3300671
Music: Choir 60 yrs+ Free/10 wks			
Thu	10AM-12NOON	Apr 9	Drop-in
Osteo Fit 60 yrs+ Free/10 wks			
Thu	11:45AM-12:45PM	Apr 9	3300628
Painting: Multi-Arts 60 yrs+ Free/12 wks			
Tue	9AM-11AM	Apr 7	Drop-in
Wed	9:30AM-11:30AM	Apr 8	3309686
Stained Glass 60 yrs+ Free/6 wks			
Fri	9AM-12NOON	Apr 17	3309690
Fri	12:45PM-3:45PM	Apr 17	3309691
Stretch and Strength 60 yrs+ Free/10 wks			
Mon	10:30AM-11:30AM	Apr 6	3300670
Tue	9:15AM-10:15AM	Apr 7	3300669
Table Tennis 60 yrs+ Free/12 wks			
Tue	12:30PM-3:30PM	Apr 7	Drop-in
Wed	9:30AM-11:30AM	Apr 8	Drop-in
Tai Chi-Beginner 60 yrs+ Free/10 wks			
Tue	11:30AM-12:30PM	Apr 7	3300688
Tai Chi-Intermediate 60 yrs+ Free/10 wks			
Tue	9AM-10AM	Apr 7	3300689
Tai Chi-Advanced 60 yrs+ Free/10 wks			
Tue	10:15AM-11:15AM	Apr 7	3300690
Walking 60 yrs+ Free/12 wks			
Fri	2:30PM-3:30PM	Apr 17	Drop-in
Yoga 60 yrs+ Free/10 wks			
Mon	9:15AM-10:15AM	Apr 6	3300735
Wed	9:15AM-10:15AM	Apr 8	3300736
Yoga: Chair 60 yrs+ Free/10 wks			
Tue	9:30AM-10:30AM	Apr 7	3300730
Tue	10:45AM-11:45AM	Apr 7	3300731
Zumba® Gold 60 yrs+ Free/10 wks			
Wed	12:30PM-1:30PM	Apr 8	3300641
Summer Session			
Bunka 60 yrs+ Free/4 wks			
Mon	12NOON-3PM	Jun 29	Drop-in

Scarborough Village RC

Day	Time	Start	Code
Cards: Bid Euchre 60 yrs+ Free/12 wks			
Thu	12:30PM-3PM	Jul 2	Drop-in
Cards: Bridge 60 yrs+ Free/12 wks			
Wed	12NOON-3PM	Jul 8	Drop-in
Cards: Cribbage 60 yrs+ Free/12 wks			
Wed	12:30PM-3PM	Jul 8	Drop-In
Cards: Euchre 60 yrs+ Free/12 wks			
Tue	12:30PM-3PM	Jun 30	Drop-in
Cardio High/Low 60 yrs+ Free/10 wks			
Mon	9:30AM-10:30AM	Jul 6	3300819
Thu	9:15AM-10:15AM	Jul 9	3300818
Country Crafts 60 yrs+ Free/12 wks			
Thu	9AM-11AM	Jul 2	Drop-in
Crafts: Paper Toile 60 yrs+ Free/4 wks			
Tue	9:30AM-11:30AM	Jun 30	3311053
Mon	9AM-11AM	Jul 6	Drop-in
Crochet/Knitting 60 yrs+ Free/12 wks			
Tue	1PM-3PM	Jun 30	Drop-in
Dance: Ballroom 60 yrs+ Free/12 wks			
Tue	1PM-3PM	Jun 30	Drop-in
Dance: Line Dance 60 yrs+ Free/12 wks			
Thu	12:30PM-3:30PM	Jul 2	Drop-in
Folk Art 60 yrs+ Free/12 wks			
Thu	1PM-3PM	Jul 2	Drop-in
Games: Bingo 60 yrs+ Free/12 wks			
Mon	12:30PM-3:30PM	Jun 29	Drop-in
Games: Darts 60 yrs+ Free/12 wks			
Thu	10AM-12NOON	Jul 2	Drop-in
Games: Mexican Train Dominoes 60 yrs+ Free/12 wks			
Thu	9:30AM-11:30AM	Jul 2	Drop-in
Games: Scrabble 60 yrs+ Free/12 wks			
Thu	10AM-12NOON	Jul 2	Drop-in
Games: Shuffleboard 60 yrs+ Free/12 wks			
Mon	12:45PM-3:30PM	Jun 29	Drop-in
Thu	9:30AM-11:30AM	Jul 2	Drop-in
Gentle Fit 60 yrs+ Free/10 wks			
Thu	11:30AM-12:30PM	Jul 9	3300856
Osteo Fit 60 yrs+ Free/10 wks			
Thu	10:30AM-11:30AM	Jul 9	3300823
Painting: Multi-Arts 60 yrs+ Free/12 wks			
Tue	9AM-11AM	Jun 30	Drop-in

Scarborough Village RC

Day	Time	Start	Code
Stretch and Strength 60 yrs+ Free/10 wks			
Tue	9:30AM-10:30AM	Jul 7	3300853
Quilting 60 yrs+ Free/12 wks			
Mon	9AM-11AM	Jun 29	Drop-in
Tue	1PM-3PM	Jun 30	Drop-in
Table Tennis 60 yrs+ Free/12 wks			
Tue	12:30PM-3:30PM	Jun 30	Drop-in
Wed	9:30AM-11:30AM	Jul 8	Drop-in
Tai Chi-Beginner 60 yrs+ Free/10 wks			
Tue	11:30AM-12:30PM	Jul 7	3300863
Tai Chi-Intermediate 60 yrs+ Free/10 wks			
Tue	9AM-10AM	Jul 7	3300864
Tai Chi-Advanced 60 yrs+ Free/10 wks			
Tue	10:15AM-11:15AM	Jul 7	3300865
Yoga 60 yrs+ Free/10 wks			
Mon	9:15AM-10:15AM	Jul 6	3300896
Wed	9:15AM-11:15AM	Jul 8	3300897
Yoga: Chair 60 yrs+ Free/10 wks			
Wed	9:30AM-10:30AM	Jul 8	3300894
Wed	10:45AM-11:45AM	Jul 8	3300893
Zumba® Gold 60 yrs+ Free/10 wks			
Wed	12:30PM-1:30PM	Jul 8	3300829
Stephen Leacock CRC 2500 Birchmount Rd, 416-396-4184			
Computers-Beginner 60 yrs+ Free/9 wks			
Mon	10AM-11:30AM	Apr 6	3295938
Creative Writing 60 yrs+ Free/9 wks			
Mon	10AM-12NOON	Apr 6	3296024
Dance: Clogging 60 yrs+ Free/9 wks			
Wed	2PM-3PM	Apr 15	3289779
Dance: Line Dance-Beginner 60 yrs+ Free/9 wks			
Tue	11AM-12NOON	Apr 7	3295979
Lawn Bowling 60 yrs+ Free/12 wks			
Tu/F	9:30AM-11:30AM	Apr 7	3289761
Table Tennis 60 yrs+ Free/12 wks			
M/W/F	8:30AM-3PM	Apr 6	3289762
Tai Chi-Beginner 60 yrs+ Free/10 wks			
Thu	9:30AM-10:30AM	Apr 9	3267715
Yoga 60 yrs+ Free/10 wks			
Thu	10:15AM-11:15AM	Apr 9	3267724

Stephen Leacock CRC

Day	Time	Start	Code
Yoga: Chair 60 yrs+ Free/10 wks			
Wed	10AM-11AM	Apr 8	3267725
Stephen Leacock Seniors CC 2520 Birchmount Rd, 416-396-4040			
Cardio Dance 60 yrs+ Free/10 wks			
Thu	1PM-2PM	Apr 9	3267700
Cards 60 yrs+ Free/12 wks			
Tue	12:45PM-3PM	Apr 7	Drop-in
Cards: Bridge 60 yrs+ Free/11 wks			
Mon	12:30PM-3PM	Apr 6	Drop-in
			Free/12 wks
Thu	12:15PM-3PM	Apr 9	Drop-in
Cards: Bridge Bidding 60 yrs+ Free/9 wks			
Tue	10AM-11:30AM	Apr 7	3295988
Cards: Bridge Conventions 60 yrs+ Free/9 wks			
Tue	11:30AM-1PM	Apr 7	3295987
Cards: Bridge Progressive 60 yrs+ Free/12 wks			
Fri	12:15PM-3PM	Apr 10	Drop-in
Cards: Bridge-Play of the Hand 60 yrs+ Free/9 wks			
Tue	1PM-2:30PM	Apr 7	3295986
Cards: Cribbage 60 yrs+ Free/13 wks			
Wed	12:15PM-2:45PM	Apr 8	Drop-in
Cards: Euchre Bid 60 yrs+ Free/12 wks			
Fri	12:15PM-3PM	Apr 10	Drop-in
Cards: Euchre Progressive 60 yrs+ Free/13 wks			
Thu	12:15PM-2:45PM	Apr 9	Drop-in
Cards: Hold'em Poker 60 yrs+ Free/11 wks			
Mon	12:30PM-2:45PM	Apr 6	Drop-in
			Free/12 wks
Fri	12:30PM-2:45PM	Apr 10	Drop-in
Carpet Bowling 60 yrs+ Free/10 wks			
Mon	9:30AM-11:30AM	Apr 6	Drop-in
Crafts: Bunka 60 yrs+ Free/13 wks			
Thu	10AM-12NOON	Apr 9	Drop-in
Crafts: Crochet and Quilting 60 yrs+ Free/11 wks			
Mon	9:30AM-11:30AM	Apr 6	Drop-in
Dance: Belly Dance-Beginner 60 yrs+ Free/9 wks			
Mon	10AM-11:30AM	Apr 6	3295983

Stephen Leacock Seniors CC

Day	Time	Start	Code
Dance: Belly Dance-Advanced 60 yrs+ Free/9 wks			
Wed	10:30AM-12NOON	Apr 8	3295982
Dance: Hula Hawaiian 60 yrs+ Free/9 wks			
Fri	10:15AM-11:45AM	Apr 10	3295985
Dance: Line Dance-Beginner 60 yrs+ Free/9 wks			
Wed	2:15PM-3:45PM	Apr 8	3295978
Dance: Line Dance-Advanced 60 yrs+ Free/9 wks			
Wed	12:30PM-2PM	Apr 8	3295977
Dance: Line Dance-Latin-Beginner 60 yrs+ Free/9 wks			
Thu	10AM-11AM	Apr 9	3295980
Dance: Line Dance-Latin-Advanced 60 yrs+ Free/9 wks			
Thu	11AM-12NOON	Apr 9	3295981
Dance: Social Line Dance 60 yrs+ Free/12 wks			
Tue	12:45PM-3PM	Apr 7	Drop-in
Decoupage 60 yrs+ Free/9 wks			
Tue	10AM-12NOON	Apr 7	3295941
Wed	10AM-12NOON	Apr 8	3295942
Drawing 60 yrs+ Free/9 wks			
Wed	1PM-3PM	Apr 8	3296019
Games: Bingo 60 yrs+ Free/10 wks			
Mon	12NOON-2:45PM	Apr 6	Drop-in
Games: Mahjong 60 yrs+ Free/12 wks			
Tue	9:30AM-12NOON	Apr 7	Drop-in
Thu	10AM-12NOON	Apr 9	Drop-in
Games: Snooker 60 yrs+ Free/12 wks			
M-F	9AM-4:30PM	Apr 6	Drop-in
Gentle Fit 60 yrs+ Free/9 wks			
Fri	9AM-10AM	Apr 17	3267699
Open Studio: Art Mixed Mediums 60 yrs+ Free/12 wks			
Thu	10AM-12NOON	Apr 9	Drop-in
Osteo Fit 60 yrs+ Free/10 wks			
Wed	11:15AM-12:15PM	Apr 8	3267698
Painting: Acrylic and Oil 60 yrs+ Free/9 wks			
Thu	1:15PM-3:15PM	Apr 9	3296021
Painting: Watercolour-Beginner 60 yrs+ Free/9 wks			
Wed	10:15AM-12:15PM	Apr 8	3296020



Stephen Leacock Seniors CC

Day	Time	Start	Code
Photography: Digital 60 yrs+ Free/9 wks			
Tue	2PM-4PM	Apr 7	3296017
Photography: Landscape Studio 60 yrs+ Free/9 wks			
Tue	4PM-6PM	Apr 7	3296018
Stretch and Strength 60 yrs+ Free/10 wks			
Wed	9AM-10AM	Apr 8	3267703
Wed	10:15AM-11:15AM	Apr 8	3267704
			Free/9 wks
Fri	10:15AM-11:15AM	Apr 17	3267705
Tai Chi-Beginner 60 yrs+ Free/10 wks			
Tue	10:15AM-11:15AM	Apr 7	3267706
Tai Chi-Intermediate 60 yrs+ Free/10 wks			
Tue	11:25AM-12:25PM	Apr 7	3267707
Wood Carving 60 yrs+ Free/11 wks			
Mon	10AM-12NOON	Apr 6	Drop-in
Yoga 60 yrs+ Free/10 wks			
Thu	9AM-10AM	Apr 9	3267711
Yoga: Chair 60 yrs+ Free/10 wks			
Tue	9AM-10AM	Apr 7	3267710
Summer Session			
Bingo 60 yrs+ Free/10 wks			
Mon	12:45PM-2:45PM	Jul 6	Drop-in
Cards: Bid Euchre 60 yrs+ Free/12 wks			
Fri	12:15PM-3PM	Jul 10	Drop-in
Cards: Bridge Open 60 yrs+ Free/12 wks			
Thu	12:15PM-3PM	Jul 9	Drop-in
Cards: Hold'em Poker 60 yrs+ Free/11 wks			
M/F	12:30PM-2:45PM	Jul 6	Drop-in
Cards-Progressive Bridge 60 yrs+ Free/12 wks			
Fri	12:15PM-3PM	Jul 10	3296130
Cards: Progressive Euchre 60 yrs+ Free/13 wks			
Thu	12:15PM-2:45PM	Jul 9	Drop-in
Cards: Social 60 yrs+ Free/9 wks			
Mon	12:45PM-3PM	Jul 13	Drop-in
Carpet Bowling 60 yrs+ Free/8 wks			
Mon	9:30AM-11:30AM	Jul 6	Drop-in
Crafts: Bunka 60 yrs+ Free/9 wks			
Thu	10AM-12NOON	Jul 9	Drop-in

Stephen Leacock Seniors CC

Day	Time	Start	Code
Crafts: Crochet and Quilting			
		60 yrs+	Free/7 wks
Mon	9:30AM-11:30AM	Jul 6	Drop-in
Dance: Belly Dance-Advanced			
		60 yrs+	Free/9 wks
Wed	10:30AM-12NOON	Jul 8	3296139
Dance: Latin-Beginner			
		60 yrs+	Free/9 wks
Thu	10AM-11AM	Jul 9	3296140
Dance: Latin-Advanced			
		60 yrs+	Free/9 wks
Thu	11AM-12NOON	Jul 9	3296141
Dance: Line Dance-Beginner			
		60 yrs+	Free/9 wks
Wed	2:15PM-3:45PM	Jul 8	3296138
Dance: Line Dance-Advanced			
		60 yrs+	Free/9 wks
Wed	12:30PM-2PM	Jul 8	3296137
Dance: Social Line Dance			
		60 yrs+	Free/12 wks
Tue	12:45PM-3PM	Jul 7	Drop-in
Decoupage			
		60 yrs+	Free/4 wks
Wed	10AM-2:30PM	Jul 8	3296119
Drawing and Sketching			
		60 yrs+	Free/9 wks
Wed	1PM-3PM	Jul 8	3296118
Games: Mahjong			
		60 yrs+	Free/12 wks
Tu/Th	10AM-1PM	Jul 7	Drop-in
Games: Scrabble			
		60 yrs+	Free/9 wks
Tue	10AM-1PM	Jul 7	Drop-in
Games: Snooker			
		60 yrs+	Free/12 wks
M-F	9AM-3PM	Jul 6	Drop-in
Gentle Fit			
		60 yrs+	Free/10 wks
Fri	9AM-10AM	Jul 3	3267809
Muscle Conditioning			
		60 yrs+	Free/9 wks
Wed	9AM-10AM	Jul 8	3267811
Open Studio: Art Mixed Medium			
		60 yrs+	Free/9 wks
Thu	10AM-12NOON	Jul 9	Drop-in
Fri	10AM-12NOON	Jul 10	Drop-in
Osteo Fit			
		60 yrs+	Free/9 wks
Wed	11:15AM-12:15PM	Jul 8	3267808
Painting: Oil and Acrylic			
		60 yrs+	Free/9 wks
Thu	1:15PM-3:15PM	Jul 9	3296142
Painting: Watercolour			
		60 yrs+	Free/9 wks
Wed	10:15AM-12:15PM	Jul 8	3296143

Stephen Leacock Seniors CC

Day	Time	Start	Code
Stretch and Strength			
		60 yrs+	Free/10 wks
Fri	10:15AM-11:15AM	Jul 3	3267813
Stretch and Strength: Chair			
		60 yrs+	Free/9 wks
Wed	10:15AM-11:15AM	Jul 8	3267812
Yoga			
		60 yrs+	Free/10 wks
Thu	9AM-10AM	Jul 2	3267816
Yoga: Chair			
		60 yrs+	Free/10 wks
Tue	9AM-10AM	Jun 30	3267814
Tue	10:15AM-11:15AM	Jun 30	3267815
Zumba® Gold			
		60 yrs+	Free/10 wks
Thu	1PM-2PM	Jul 2	3267810
Toronto Pan Am Sports Ctr			
875 Morningside Ave, 416-283-5222 			
Badminton			
		60 yrs+	Free/10 wks
Tue	11:30AM-1PM	Apr 7	Drop-in
Painting			
		60 yrs+	\$49/8 wks
Mon	10AM-12NOON	Apr 6	3303860
Pickleball			
		60 yrs+	Free/8 wks
Mon	1PM-3PM	Apr 6	Drop-in
Pottery			
		60 yrs+	\$55/9 wks
Wed	1PM-3PM	Apr 8	3308123
Stretch and Strength			
		60 yrs+	\$35/8 wks
Mon	11AM-12NOON	Apr 6	3287390
Table Tennis			
		60 yrs+	Free/9 wks
Fri	11AM-1PM	Apr 17	Drop-in
Yoga: Chair			
		60 yrs+	\$45/9 wks
Wed	10:15AM-11:15AM	Apr 8	3287457
Summer Session			
Pickleball			
		60 yrs+	Free/8 wks
Mon	6PM-8PM	Jun 29	Drop-in
Yoga: Chair			
		60 yrs+	\$45/9 wks
Tue	4PM-5PM	Jun 30	3290439
Warden Hilltop CC			
25 Mendelssohn St, 416-392-7640 			
Badminton			
		60 yrs+	Free/10 wks
Tue	12:45PM-2:45PM	Apr 7	3271641
		Free/12 wks	
Wed	10AM-12:30PM	Apr 8	3271642
Club: Social Stitching			
		60 yrs+	Free/12 wks
Tue	12:30PM-3PM	Apr 7	3271633
Dance: Line Dance-Beginner			
		60 yrs+	\$31/9 wks
Fri	11AM-12NOON	Apr 17	3271657

Warden Hilltop CC

Day	Time	Start	Code
Dance: Line Dance-Intermediate			
		60 yrs+	\$31/9 wks
Fri	10AM-11AM	Apr 17	3271656
Music: Piano-Beginner			
		60 yrs+	\$50/9 wks
Wed	1PM-2PM	Apr 8	3271658
Yoga			
		60 yrs+	\$47/10 wks
Fri	1PM-2PM	Apr 17	3300737
Yoga: Chair			
		60 yrs+	\$47/10 wks
Mon	1PM-2PM	Apr 6	3311291
Zumba® Gold			
		60 yrs+	\$52/10 wks
Thu	11AM-12NOON	Apr 9	3300640
Summer Session			
Badminton			
		60 yrs+	Free/9 wks
Fri	5PM-7PM	Jul 3	3271911
Dance: Line Dance-Beginner			
		60 yrs+	\$27/9 wks
Mon	11AM-12NOON	Jun 29	3271917
Dance: Line Dance-Intermediate			
		60 yrs+	\$27/9 wks
Mon	10AM-11AM	Jun 29	3271916
Music: Piano-Beginner			
		60 yrs+	\$97/9 wks
Wed	4PM-5PM	Jul 8	3308571
Wed	5PM-6PM	Jul 8	3308573
Yoga			
		60 yrs+	\$47/10 wks
Fri	1PM-2PM	Jul 10	3300895
West Rouge CC			
270 Rouge Hills Dr, 416-396-4147			
Cardio Dance			
		60 yrs+	\$52/10 wks
Tue	11:30AM-12:30PM	Apr 7	3270754
Cards: Bridge			
		60 yrs+	Free/12 wks
Thu	6PM-9PM	Apr 9	3275502
Cards: Hand and Foot			
		60 yrs+	Free/12 wks
Tu/Th	1PM-4PM	Apr 7	3275505
Club: Social Book Club			
		60 yrs+	Free/12 wks
Wed	10AM-12NOON	Apr 8	3275501
Crochet			
		60 yrs+	Free/12 wks
Wed	1PM-3:30PM	Apr 8	3275491
Gentle Fit			
		60 yrs+	\$52/10 wks
Thu	10:45AM-11:45AM	Apr 9	3270759
West Rouge Mad Group			
		60 yrs+	Free/12 wks
Tue	11AM-2PM	Apr 7	3275492