

Toronto Parks, Forestry and Recreation

January to
December
2017

AQUATIC leadership and First Aid



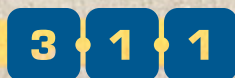
COURSES INCLUDE:

- Bronze Medals
- First Aid and CPR
- Aquafitness
- Instructors
- National Lifeguard
- Advanced Leadership

OTHER INFORMATION:

- Competitive Lifesaving
- Wading Pool Attendant
- Employment Opportunities

toronto.ca/swim



toronto at your service

Table of Contents

Registration Information . . .	2
Employment Opportunities.3/19	
Important Information	6
Program Continuum . . .	7, 29
Pool Locations and Map 4-5	
Wading Pool Attendant . . .	7
Lifesaving Society	17
Competitive Lifesaving . . .	29
Check Your Qualifications.	32

Aquatic Leadership Courses:

Bronze Medals	8-11
First Aid and CPR	12-17
Aquafitness	18
Instructor	19-21
National Lifeguard	22-27
Advanced Leadership .	28-31

Lifesaving Society Certification Programs

Please note the programs offered in this brochure with the exception of Aquafitness are certification programs offered by Toronto Parks, Forestry and Recreation, as an affiliate of the Lifesaving Society Canada. In order to become certified, as a Lifeguard or Instructor, the City is required to forward your registration information directly to the Lifesaving Society for their records. You may receive information directly from the Lifesaving Society Canada in the future. If you require further information contact the Lifesaving Society at 416-490-8844 or e-mail experts@lifeguarding.com.

Registration Information

(applicable to Aquatic Leadership programs only)

Please read this section carefully for information about how you can register for 2017 Aquatic Leadership programs. Fees include all course materials/manuals. Note that there are no additional manuals supplied for Bronze Cross and all recertification courses.

IMPORTANT NOTICE: To use TTR or online registration, you need to have Family and Client Numbers. If you do not already have your numbers, call 416-338-4386 or email pfrcustomerservice@toronto.ca to get your Family and Client Numbers before registering.

How To Register

Choose one of the following methods.

Online Registration (7AM-12MIDNIGHT):

Go to toronto.ca/torontofun and follow the link to Search and Register Online. Please read all information prior to registering.

Touch Tone Registration (TTR) (7AM-12MIDNIGHT):

Call 416-338-0000 and follow the voice prompts.

Operator Assisted (Mon-Fri, 8:30AM-4:30PM):

Call 416-338-4386 during regular business hours and speak to a customer service representative.

In Person:

Attend in person at one of the civic centres listed during regular business hours:

- Etobicoke Civic Centre**, 399 The West Mall, 2nd floor
- North York Civic Centre**, 5100 Yonge St., 3rd floor
- Scarborough Civic Centre**, 150 Borough Dr., 5th floor
- Toronto City Hall**, 100 Queen St. W, main floor

Registration Policies

(applicable to Aquatic Leadership programs only)

Residents – People who live in Toronto, own property in Toronto, or own or operate a business in the City of Toronto. When you register for a program or attend your first class, you may be asked to prove your residency by presenting documentation, such as, a current utility bill, assessment notice or telephone bill with your current address. If proof of residency is not provided, the non-resident fee will be applied.

Non-Residents – Non-residents do not reside in, own property in, or own or operate a business in Toronto (as defined by 'M' series postal codes).

- Non-residents must pay a \$41 non-resident fee in addition to the program fees.

Program Cancellation – You will receive a full refund or credit if the program for which you have registered is cancelled by Toronto Parks, Forestry and Recreation. **Note:** Courses with low registration may be cancelled. Register early!

Transfers

- There is a \$10 fee to move from one program/class to another.
- Transfers are not permitted less than 10 days before the program start date. See the Withdrawal, Refund and Credit Policy.

Withdrawals, Refunds and Credits

- If you choose to withdraw from a program, more than 10 days notice is required to be eligible for full credit or refund (less a \$10 processing fee).
- If you withdraw from a program 10 days or less from the course start date, a 50% refund is provided.
- No refunds or credits are given for classes or programs that you miss.
- 100% attendance and active participation in both the pool and classroom sessions is required for all classes. There are no refunds for partial units. Late participants will not be admitted.
- Class times/agendas are subject to change at the discretion of Toronto Parks, Forestry and Recreation.
- Registration fees will be inclusive (registration fees, examination fees, literature and H.S.T.) with the exception of the Standard First Aid Instructor Course.

To process a refund request, contact a customer service representative at your local district Civic Centre. Call 416-338-4386 or email pfrcustomerservice@toronto.ca for more information.

Confidentiality of Personal Information

All information collected by the City of Toronto is maintained in accordance with established policies and procedures related to confidentiality.

Program information (dates/times/fees/days) are subject to change or be adjusted at time of registration.

Become a lifeguard or an instructor...

Lifeguards are more than just good swimmers. They are paramount to maintaining a safe leisure environment and educating the community to enjoy swimming, while focusing on prevention of water related accidents.

Instructors are vital to teaching the important life skill of swimming through the delivery of quality aquatic programs in the community. They provide fun, enjoyable swimming lessons for people of all ages that focus on safety.

Employment with the City of Toronto

To work as a Lifeguard, Instructor, Aquatic Program Assistant or Wading Pool Attendant with the City of Toronto, you will need the following current certifications:

Instructor – Swim, Lifesaving and Emergency First Aid Instructor, Standard First Aid with CPR-C and National Lifeguard certifications.

Lifeguard – National Lifeguard and Standard First Aid with CPR-C certifications.

Wading Pool Attendant – Wading Pool Attendant or Bronze Cross and Standard First Aid with CPR-C certifications.

Aquafit Instructor – Aquafit Instructor and Standard First Aid with CPR-C certifications.

Recertification

Aquatic qualifications must be recertified in order to remain current.

National Lifeguard – Recertified every two years

Bronze Cross – Recertified every two years

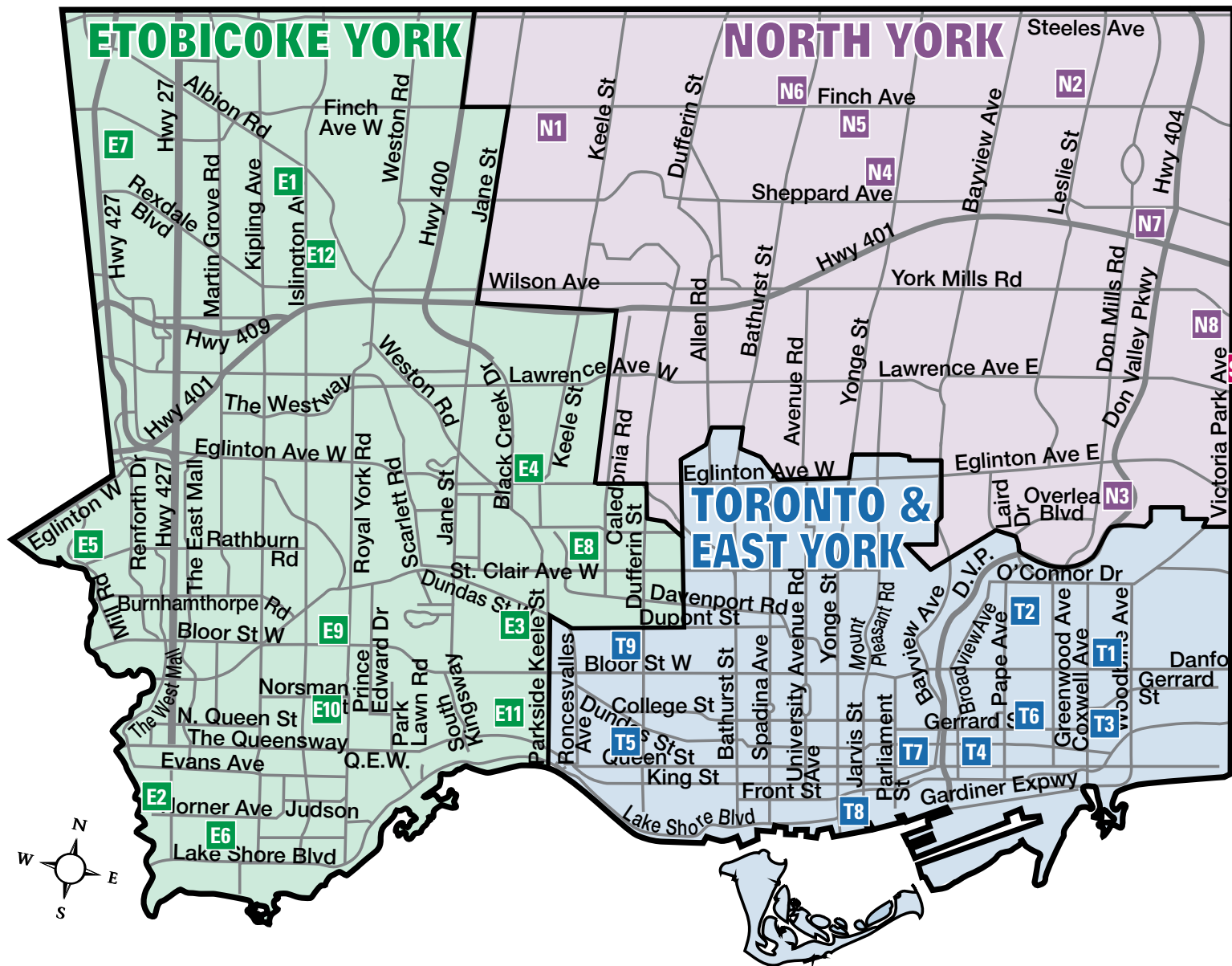
Swim, Lifesaving and Emergency First Aid Instructor – Recertified every two years through submission of credit card to the Lifesaving Society

Aquafit Instructor – Recertified every two years

Standard First Aid – Full course or recertification course alternating every three years.

Pool Locations – Aquatic Leadership Courses

Original prerequisite certifications and proof of age, where required, must be presented at the start of each course.



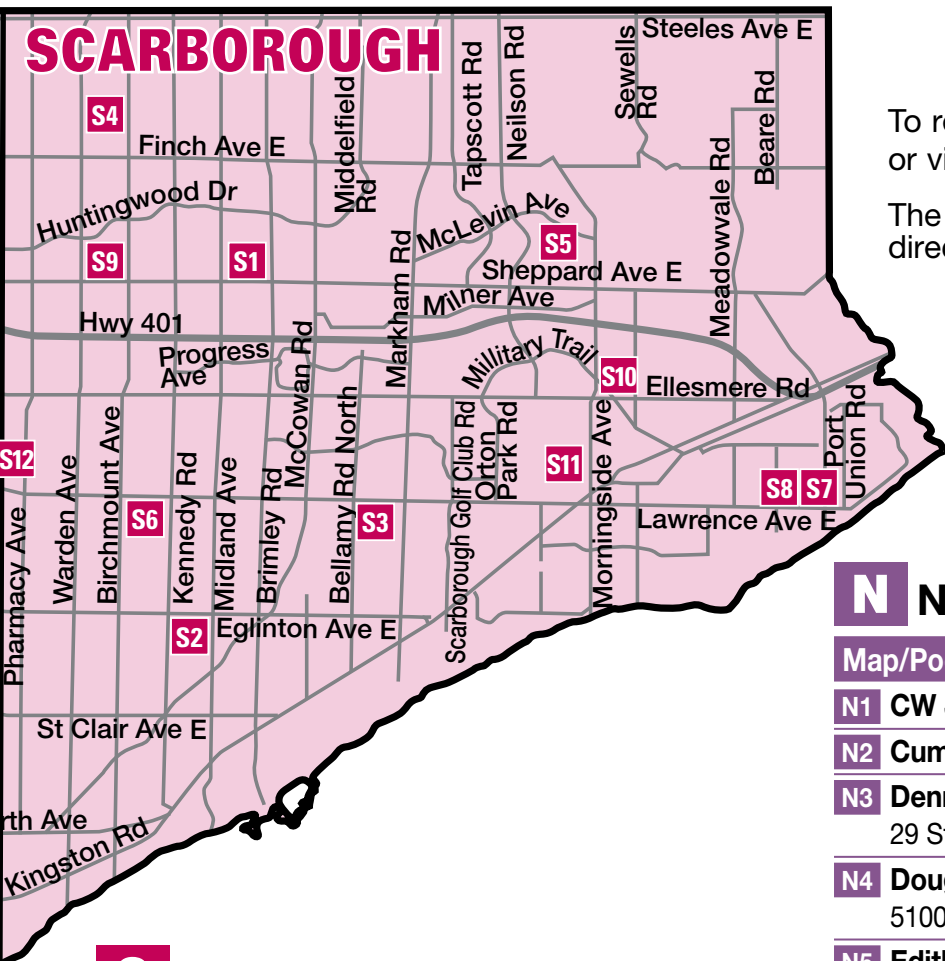
E Etobicoke York District

Map/Pool/Address	Phone
E1 Albion Pool and Health Club, 1485 Albion Rd	416-394-8676
E2 Alderwood Pool, 2 Orianna Dr	416-394-8738
E3 Annette CRC, 333 Annette St	416-392-0736
E4 Centennial RC W, 2694 Eglinton Ave W	416-394-2476
E5 Etobicoke Olympium, 590 Rathburn Rd	416-394-8810
E6 Gus Ryder Pool, 1 Faustina Dr	416-394-8726

Map/Pool/Address	Phone
E7 Humber Community Pool, 205 Humber College Blvd	416-394-6050
E8 Joseph J. Piccininni CRC, 1369 St. Clair Ave W	416-392-0036
E9 Memorial Pool, 44 Montgomery Rd	416-394-8731
E10 Norseman CS, 105 Norseman St	416-394-8719
E11 Swansea CRC, 15 Waller Ave	416-392-6796
E12 The Elms CS, 45 Golfdown Dr	416-394-8983

Pool Locations – Aquatic Leadership Courses

Original prerequisite certifications and proof of age, where required, must be presented at the start of each course.



To register for a course, call 416-338-4386 or visit toronto.ca/torontofun

The listed phone numbers are for location directions only.

N North York District

Map/Pool/Address	Phone
N1 CW Jefferys CI , 340 Sentinel Rd	416-395-7879
N2 Cumer Park CC , 6000 Leslie St	416-395-7803
N3 Dennis R. Timbrell RC , 29 St. Dennis Dr	416-395-7974
N4 Douglas Snow Aquatic Centre , 5100 Yonge St	416-395-7585
N5 Edithvale CC , 131 Finch Ave W	416-395-6164
N6 Northview Heights SS , 550 Finch Ave W	416-395-7965
N7 Parkway Forest CC , 55 Parkway Forest Rd	416-392-6383
N8 Victoria Park CI , 15 Wallingford Rd	416-395-7842

T Toronto and East York District

Map/Pool/Address	Phone
T1 Earl Beatty CC , 455 Glebeholme Blvd	416-392-0752
T2 East York CC , 1081½ Pape Ave	416-396-2880
T3 Fairmount Park CC , 1757 Gerrard St E	416-392-7060
T4 Jimmie Simpson RC , 870 Queen St E	416-392-0751
T5 Mary McCormick RC , 66 Sheridan Ave	416-392-0742
T6 Matty Eckler RC , 953 Gerrard St E	416-392-0750
T7 Regent Park Aquatic Centre , 640 Dundas St E	416-338-2226
T8 St. Lawrence CRC , 230 The Esplanade	416-392-1347
T9 Wallace Emerson CC , 1260 Dufferin St	416-392-0039

S Scarborough District

Map/Pool/Address	Phone
S1 Agincourt RC , 31 Glen Watford Dr	416-396-4037
S2 Cedarbrae CI , 550 Markham Rd	416-396-4006
S3 Don Montgomery CRC , 2467 Eglinton Ave E	416-396-4043
S4 L'Amoreaux CI , 2501 Bridletown Cir	416-396-4005
S5 Malvern CRC , 30 Sewells Rd	416-396-4054
S6 McGregor Park RC , 2231 Lawrence Ave E	416-396-4023
S7 Port Union RC , 5450 Lawrence Ave E	416-396-4031
S8 Sir Oliver Mowat CI , 5400 Lawrence Ave E	416-396-4007
S9 Stephen Leacock CRC , 2500 Birchmount Rd	416-396-4184
S10 Toronto Pan Am Sports Ctr , 875 Morningside Ave	416-283-5222
S11 West Hill CI , 350 Morningside Ave	416-396-4008
S12 Wexford CI , 1176 Pharmacy Ave	416-396-4016

Aquatic Leadership Important Information:

IMPORTANT Standard First Aid Recertification Information

In order to attend a Lifesaving Society Standard First Aid recertification, the following criteria must be met:

1. Your last Standard First Aid certification is from the Lifesaving Society.
2. Your last successfully completed course was a 16 hour, full Lifesaving Society Standard First Aid course.
3. Your last full Standard First Aid course was completed three years or less before the date of the course in which you are registering.

Course Attendance – Please note that 100% attendance and active participation in both the pool and classroom sessions is required to complete any aquatic leadership course. Late participants will not be admitted.

Crash course and extended course formats –

Crash courses are the most common format used to deliver advanced aquatic leadership courses. Scheduled for one or two full weekends or over consecutive days (eg. March Break), crash courses are intensive.

Extended courses run several weeks. The days and hours per week may vary depending on the course.

Unsuccessful completion of a course –

Courses utilize continuous evaluation. Unsuccessful candidates are required to retake the full course except unsuccessful Bronze candidates can take a challenge exam.

Out of country awards – You must hold a certification recognized by the Ontario Health Regulations in order to lifeguard in Ontario. Apply to the Lifesaving Society for your international certification exemptions. Call 416-490-8844 for information.

What to bring to a course – You will need to bring proof of age where required and the original certification of the prerequisites required for the course. Be sure to consult individual course descriptions for prerequisites required.

Bathing suit(s) and towel(s) will be needed for the in-water portions of courses.

Course materials and schedules will be discussed on the first day.

Other items you may be required to bring include: comfortable clothing, a whistle, note-book/paper, pens/pencils, lunch/dinner/snacks.

Prerequisites

(to be presented at start of course)

Certification – Original prerequisite certifications must be presented at the start of each course. Please consult the individual course descriptions to determine what is required. To check your current awards, visit lifesavingsociety.com and click on the Find a Member link.

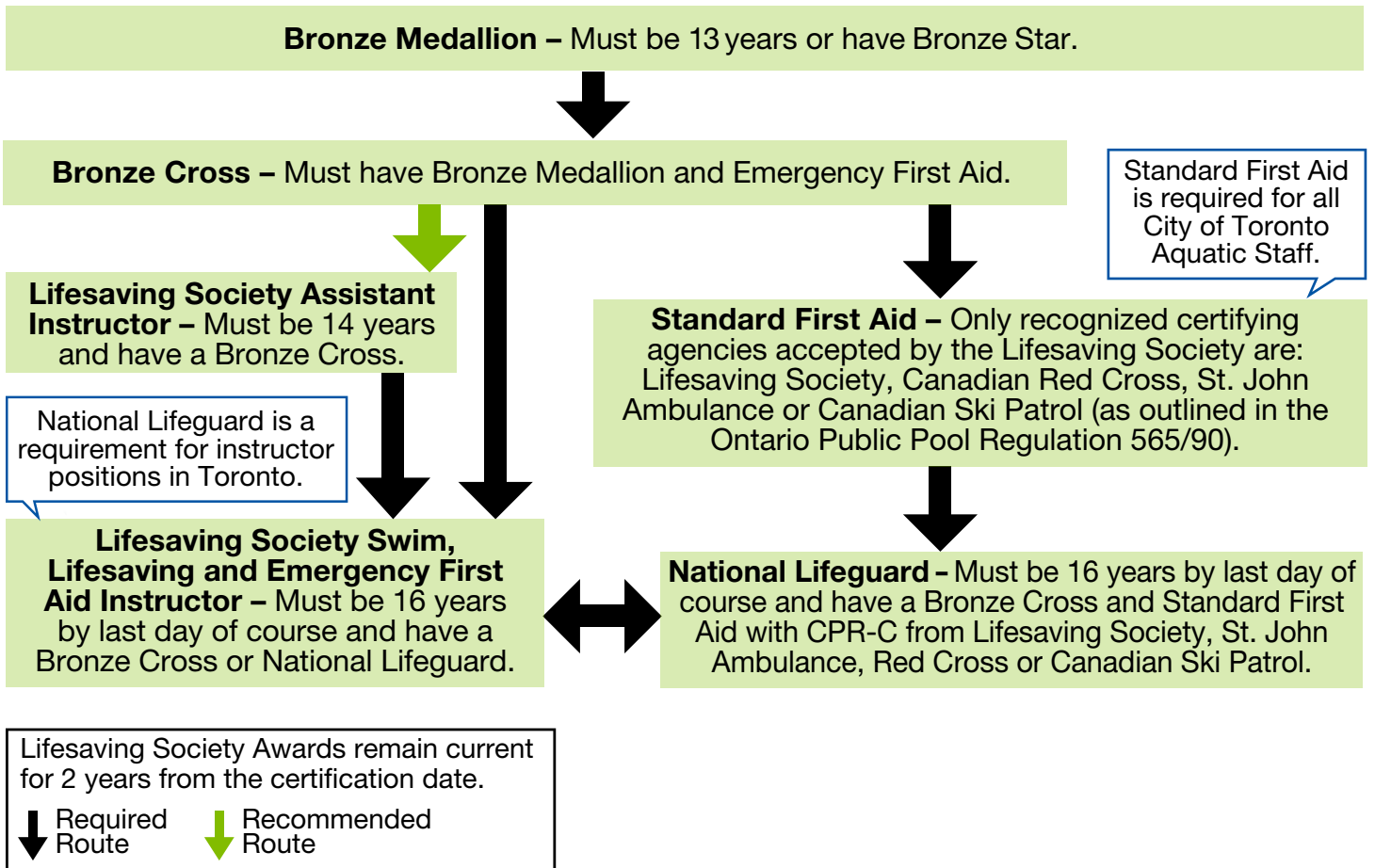
Note: For National Lifeguard, if SFA is from an approved agency other than Lifesaving Society, a photocopy must be submitted when presenting original award. See page 22 for approved agencies.

Age – Candidates must turn the prescribed age by the last scheduled day of the course, no exceptions. Proof of age will be required for all courses with an age prerequisite.

Pre-course assignments and experience –

Advanced leadership courses may require the candidate to complete a pre-course assignment or provide proof of instructional/lifeguarding experience before the course begins. Please consult the individual course descriptions to determine what is required. Where a pre-course assignment is required registration closes two weeks in advance of the start date to allow for completion of the assignment.

Become a Lifeguard and Swim Instructor with the City of Toronto



Wading Pool Attendant and Standard First Aid (includes CPR-C)

Prerequisites: Minimum age 14 years

The Wading Pool Attendant certification is designed to provide lifesavers the knowledge and skill to supervise a wading pool. In Ontario, a wading pool is a pool of water less than 0.75 metres (2 feet, 6 inches) in depth.

Note: City of Toronto wading pool attendant applicants will be required to have this award if they do not have Bronze Cross and Standard First Aid with CPR-C certifications. Bathing attire required.

Duration: 20 hours of instruction (includes in-water portion) **Course Fee:** \$170 **Age:** 14 yrs+

District/Location	Day(s)	Time(s)	Dates	Code
N Douglas Snow AC	Fri, Sat, Sun	6-10PM, 10AM-6:30PM, 10AM-6:30PM	Jan 13-15	2917693
T St. Lawrence CRC	Fri, Sat, Sun	6-10PM, 12-8:30PM, 12-8:30PM	Jan 20-22	2917528
T St. Lawrence CRC	Fri, Sat, Sun	6-10PM, 12-8:30PM, 12-8:30PM	Feb 17-19	2917529
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 12-8:30PM, 12-8:30PM	Mar 3-5	2917530
S Agincourt RC	Fri, Sat, Sun	5:30-9:30PM, 10AM-6:30PM, 10AM-6:30PM	Mar 24-26	2917311
E Etobicoke Olympium	Fri, Sat, Sun	6-10PM, 12-8:30PM, 12-8:30PM	Apr 7-9	2917062

Continues...

Wading Pool Attendant and Standard First Aid continues...

District/Location	Day(s)	Time(s)	Dates	Code
N Douglas Snow AC	Fri, Sat, Sun	6-10PM, 10AM-6:30PM, 10AM-6:30PM	Apr 21-23	2917202
T St. Lawrence CRC	Fri, Sat, Sun	6-10PM, 12-8:30PM, 12-8:30PM	May 5-7	2917532
E Etobicoke Olympium	Fri, Sat, Sun	6-10PM, 12-8:30PM, 12-8:30PM	May 12-14	2917063
T St. Lawrence CRC	Fri, Sat, Sun	6-10PM, 12-8:30PM, 12-8:30PM	May 26-28	2917814
T St. Lawrence CRC	Fri, Sat, Sun	6-10PM, 12-8:30PM, 12-8:30PM	Jun 16-18	2917815
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 12-8:30PM, 12-8:30PM	Dec 15-17	2917531

Bronze Medallion Crash and Emergency First Aid (includes CPR-B)

Prerequisites: Bronze Star or minimum age 13 years

Teaches lifesavers how to respond in complex water rescue situations. Bronze Medallion develops physical fitness, decision-making and judgement skills in preparation for challenging rescues of increased risk. Lifesavers demonstrate stroke efficiency and endurance in a timed swim. Bronze Medallion is a prerequisite for all advanced lifesaving awards. Candidates must be able to complete a 500m swim in 15 minutes or less.

Emergency First Aid (includes CPR – B certification) – For people who want a general knowledge of first aid principles and the emergency treatment of injuries. Skills include: victim assessment, CPR, choking and what to do for external bleeding, heart attack and stroke, wounds and how to use an AED.

Duration: 25 hours of instruction **Course Fee:** \$184 **Age:** see prerequisites

District/Location	Day(s)	Time(s)	Dates	Code
E Etobicoke Olympium	Sat, Sun	2-9PM	Jan 7-8, 14-15	2916937
N Victoria Park CI	Fri, Sat, Sun	6-10PM, 10AM-9:30PM, 10AM-9:30PM	Jan 27-29	2917106
T Matty Eckler RC	Fri, Sat, Sun	6-10PM, 10:30AM-10PM, 10:30AM-10PM	Mar 10-12	2917410
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 10AM-9:30PM, 10AM-9:30PM	Mar 17-19	2917107
S West Hill CI	Sat, Sun	10AM-5PM	Mar 18-19, 25-26	2917231
T Matty Eckler RC	Fri, Sat, Sun	6-10PM, 10:30AM-10PM, 10:30AM-10PM	Apr 7-9	2917411
N CW Jefferys CI	Fri, Sat, Sun	6-10PM, 10AM-9:30PM, 10AM-9:30PM	Apr 28-30	2917108
S West Hill CI	Sat, Sun	10AM-5PM	Jun 10-11, 17-18	2917232
E Humber Com. Pool	Fri, Sat, Sun	6-10PM, 10AM-9:30PM, 10AM-9:30PM	Jun 23-25	2916938
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 10AM-9:30PM, 10AM-9:30PM	Jul 7-9	2917109
E Gus Ryder Pool	Sat, Sun	12-7PM	Jul 8-9, 15-16	2916939
T Mary McCormick RC	Fri, Sat, Sun	6-10PM, 10:30AM-10PM, 10:30AM-10PM	Jul 28-30	2917416
N Victoria Park CI	Fri, Sat, Sun	6-10PM, 10AM-9:30PM, 10AM-9:30PM	Aug 11-13	2917110
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 10:30AM-10PM, 10:30AM-10PM	Sep 8-10	2917418
N Victoria Park CI	Fri, Sat, Sun	6-10PM, 10AM-9:30PM, 10AM-9:30PM	Oct 20-22	2917111
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 10AM-9:30PM, 10AM-9:30PM	Oct 27-29	2917112
E Etobicoke Olympium	Sat, Sun	2-9PM	Oct 28-29, Nov 4-5	2916940
T Matty Eckler RC	Fri, Sat, Sun	6-10PM, 10:30AM-10PM, 10:30AM-10PM	Nov 17-19	2917414
T Matty Eckler RC	Fri, Sat, Sun	6-10PM, 10:30AM-10PM, 10:30AM-10PM	Dec 1-3	2917415

Bronze Medallion Challenge Exam

Prerequisites: Bronze Star or minimum age 13 years

This course is for candidates who have completed a Bronze Medallion course but were unsuccessful or missed the original exam. Candidates are required to perform all Bronze Medallion requirements to standard in a practical examination setting. Candidates must complete a 500m swim in 14 minutes or less, perform skills and rescues. Candidates must bring proof of their Bronze Star or proof of age.

Duration: 6 hour exam **Course Fee:** \$82 **Age:** see prerequisites

District/Location	Day(s)	Time(s)	Dates	Code
S Sir Oliver Mowat CI	Sun	12:30-7PM	Apr 2	2917675
N CW Jefferys CI	Sun	10AM-4:30PM	Jun 11	2917670
E Norseman CS	Sat	9:30AM-4PM	Sep 9	2917865
T Earl Beatty CC	Sun	10AM-4:30PM	Dec 17	2917816

Bronze Cross Crash and Standard First Aid (includes CPR-C)

Prerequisites: Bronze Medallion

This course is designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross teaches the difference between lifesaving and lifeguarding, the principles of emergency procedures, teamwork, and use of special equipment. Candidates must be able to complete a 600m swim in 18 minutes or less. Bronze Cross and Standard First Aid (includes CPR-C) are prerequisites for training in the National Lifeguard program and Lifesaving Society Instructors certifications.

Note: Please bring Canadian Lifesaving manual received in Bronze Medallion.

Duration: 28 hours of instruction **Course Fee:** \$224 **Age:** N/A

District/Location	Day(s)	Time(s)	Dates	Code
E Etobicoke Olympium	Sat, Sun	2-10PM	Jan 14-15, 21-22	2916923
N Northview Heights SS	Sat, Sun	10AM-6PM	Jan 14-15, 21-22	2917098
T Matty Eckler RC	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	Mar 3-5	2917391
N Victoria Park CI	Sat, Sun	10AM-6PM	Mar 11-12, 18-19	2917091
E JJ Piccininni CRC	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	Mar 17-19	2916924
N CW Jefferys CI	Sat, Sun	10AM-6PM	Apr 1-2, 8-9	2917092
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	Apr 21-23	2917396
S West Hill CI	Sat, Sun	11AM-7PM	Apr 29-30, May 6-7	2917224
E Alderwood Pool	Sat, Sun	2-10PM	Apr 29-30, May 6-7	2916925
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	May 12-14	2917093
T Mary McCormick RC	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	May 26-28	2917399
T Matty Eckler RC	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	Jun 9-11	2917392
E Humber Com. Pool	Mon-Thu	9AM-5PM	Jun 26-29	2916926

Continues...

Bronze Cross Crash and Standard First Aid continues...

District/Location	Day(s)	Time(s)	Dates	Code
S West Hill CI	Tue-Fri	9AM-5PM	Jun 27-30	2917223
E JJ Piccininni CRC	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	Jul 7-9	2916927
N Victoria Park CI	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	Jul 14-16	2917094
E Gus Ryder Pool	Sat, Sun	12-8PM	Jul 22-23, 29-30	2916928
T Fairmount Park CC	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	Jul 28-30	2917401
E JJ Piccininni CRC	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	Aug 4-6	2916929
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	Aug 11-13	2917397
E Etobicoke Olympium	Sat, Sun	2-10PM	Sep 9-10, 16-17	2916930
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	Sep 15-17	2917095
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	Sep 15-17	2917398
T Matty Eckler RC	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	Oct 13-15	2917393
N Victoria Park CI	Sat, Sun	10AM-6PM	Oct 28-29, Nov 4-5	2917096
E Etobicoke Olympium	Sat, Sun	9AM-5PM	Oct 28-29, Nov 4-5	2916931
T Matty Eckler RC	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	Nov 24-26	2917394
N CW Jefferys CI	Sat, Sun	10AM-6PM	Dec 2-3, 9-10	2917097
T Matty Eckler RC	Fri, Sat, Sun	6-10PM, 9AM-10PM, 9AM-10PM	Dec 8-10	2917395
S West Hill CI	Sat, Sun	10AM-6PM	Dec 9-10, 16-17	2917225

Combined Bronze Medallion, Bronze Cross and Standard First Aid (CPR-C)

Note: This is an intense program designed for individuals who have strong swimming skills.

Prerequisites: Bronze Star or minimum age 13 years

Duration: 44 hours of instruction **Course Fee:** \$290 **Age:** see prerequisites

District/Location	Day(s)	Time(s)	Dates	Code
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 12-10PM, 12-10PM	Jan 20-22, 27-29	2917406
N CW Jefferys CI	Fri, Sat, Sun	6-10PM, 9AM-7PM, 9AM-7PM	Feb 10-12, 17-19	2917103
S West Hill CI	Mon-Fri	9AM-7PM	Mar 13-17	2917230
E Etobicoke Olympium	Mon-Fri	9AM-7PM	Mar 13-17	2916935
E JJ Piccininni CRC	Fri, Sat, Sun	6-10PM, 9AM-7PM, 9AM-7PM	Jun 2-4, 9-11	2916934
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 12-10PM, 12-10PM	Jun 16-18, 23-25	2917407
T Fairmount Park CC	Fri, Sat, Sun	6-10PM, 12-10PM, 10AM-8PM	Jul 14-16, 21-23	2917416
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 9AM-7PM, 9AM-7PM	Sep 22-24, 29-Oct 1	2917104
S West Hill CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-8PM	Oct 13-15, 20-22	2917229
T Mary McCormick RC	Fri, Sat, Sun	6-10PM, 12-10PM, 10AM-8PM	Nov 3-5, 10-12	2917409
N Victoria Park CI	Fri, Sat, Sun	6-10PM, 9AM-7PM, 9AM-7PM	Nov 10-12, 17-19	2917105
E Etobicoke Olympium	Wed-Sun	9AM-8PM (Wed-Sat), 9AM-2PM (Sun)	Dec 27-31	2916936

Bronze Cross Recertification

Prerequisites: Bronze Cross

This recertification course offers Bronze Cross holders a chance to review and update their techniques to maintain current certification. Candidates are required to perform to Bronze Cross standards in a practical examination component. Candidates must complete the 600m swim in 18 minutes or less, perform skills and rescues. Candidates must bring proof of original certification.

Duration: 6 hour exam **Course Fee:** \$82 **Age:** N/A

District/Location	Day(s)	Time(s)	Dates	Code
T Earl Beatty CC	Sun	10AM-4:30PM	Jan 15	2917402
N Victoria Park CI	Sat	1:30-8PM	Feb 25	2917099
E Gus Ryder Pool	Sat	9:30AM-4PM	Mar 11	2916933
S Sir Oliver Mowat CI	Sun	12:30-7PM	Mar 26	2917226
N Northview Heights SS	Sun	10AM-4:30PM	Apr 2	2917100
T Earl Beatty CC	Sun	10AM-4:30PM	Apr 16	2917403
T Earl Beatty CC	Sun	10AM-4:30PM	Apr 30	2917819
N CW Jefferys CI	Sun	10AM-4:30PM	May 28	2917102
E Norseman CS	Sat	1-7:30PM	Jun 10	2916932
S Cedarbrae CI	Sun	10AM-4:30PM	Jun 11	2917228
T Earl Beatty CC	Sun	10AM-4:30PM	Jun 18	2917818
T Earl Beatty CC	Sun	10AM-4:30PM	Jul 2	2917404
N Northview Heights SS	Sat	10AM-4:30PM	Aug 5	2917101
S West Hill CI	Sun	10AM-4:30PM	Sep 17	2917227
T Earl Beatty CC	Sun	10AM-4:30PM	Oct 22	2917405
E Annette CRC	Sat	1:30-8PM	Dec 16	2917821
N Northview Heights SS	Sun	10AM-4:30PM	Dec 17	2917669

Bronze Cross Challenge Exam

Prerequisites: Bronze Medallion and Emergency First Aid

This course is for candidates who have completed a Bronze Cross course but were unsuccessful or missed the original exam. Candidates are required to perform all Bronze Cross requirements to prescribed standard in a practical examination setting. Candidates must complete a 600m swim in 18 minutes or less, perform skills and rescues. Candidates must bring proof of their Bronze Medallion and Emergency First Aid.

Duration: 6 hour exam **Course Fee:** \$82 **Age:** N/A

District/Location	Day(s)	Time(s)	Dates	Code
N Northview Heights SS	Sun	10AM-4:30PM	Apr 2	2917673
T Earl Beatty CC	Sun	10AM-4:30PM	Jun 25	2917817
S West Hill CI	Sun	10AM-4:30PM	Sep 17	2917667
E Annette CRC	Sat	1:30-8PM	Dec 16	2917822

Standard First Aid (includes CPR-C)**Prerequisites:** None

The Standard First Aid (includes CPR-C) course provides comprehensive training covering all aspects of first aid and CPR. This course is for those who want an in-depth understanding of first aid, such as medical/legal aspects, spinal injuries, heat or cold injuries, bone and joint injuries, abdominal and chest injuries, burns, medical emergencies and how to use an AED.

Lifesaving Society Standard First Aid is recognized by the Workplace Safety and Insurance Board and the Ontario Health Regulation. Standard First Aid is one of the prerequisites to National Lifeguard.

Duration: 16 hours of instruction **Course Fee:** \$122 **Age:** N/A

District/Location	Day(s)	Time(s)	Dates	Code
S TO Pan Am Sports Ctr	Sat, Sun	10AM-6:30PM	Jan 7-8	2917272
E JJ Piccininni CRC	Sat, Sun	9AM-5:30PM	Jan 7-8	2917017
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Jan 14-15	2917473
S TO Pan Am Sports Ctr	Sun	5:30-9:30PM	Jan 15, 22, 29, Feb 5	2917832
N Edithvale CC	Sat, Sun	9AM-5:30PM	Jan 28-29	2917160
E Etobicoke Olympium	Sat, Sun	9AM-5:30PM	Jan 28-29	2916993
S TO Pan Am Sports Ctr	Sat, Sun	10AM-6:30PM	Feb 4-5	2917273
E JJ Piccininni CRC	Sat, Sun	9AM-5:30PM	Feb 4-5	2916994
N Edithvale CC	Sat, Sun	9AM-5:30PM	Feb 18-19	2917161
E Etobicoke Olympium	Sat, Sun	9AM-5:30PM	Feb 25-26	2916996
E JJ Piccininni CRC	Sat, Sun	9AM-5:30PM	Feb 25-26	2916995
N Edithvale CC	Sat, Sun	9AM-5:30PM	Mar 4-5	2917165
S Don Montgomery CRC	Sat, Sun	8:30AM-5PM, 10AM-6:30PM	Mar 4-5	2917274
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Mar 4-5	2917474
E Etobicoke Olympium	Sat, Sun	9AM-5:30PM	Mar 4-5	2916997
N Douglas Snow AC	Mon, Tue	10AM-6:30PM	Mar 13-14	2917167
T Regent Park AC	Mon, Tue	10AM-6:30PM	Mar 13-14	2917494
S Port Union RC	Sat, Sun	8:30AM-5PM	Mar 18-19	2917646
E Etobicoke Olympium	Sat, Sun	9AM-5:30PM	Mar 18-19	2916999
S Agincourt RC	Sat, Sun	9AM-5:30PM, 10AM-6:30PM	Apr 1-2	2917275
N Douglas Snow AC	Wed	5:30-9:30PM	Apr 5, 12, 19, 26	2917175
N Douglas Snow AC	Sat, Sun	10AM-6:30PM	Apr 8-9	2917166
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Apr 8-9	2917476
E JJ Piccininni CRC	Sat, Sun	9AM-5:30PM	Apr 8-9	2916998
S Stephen Leacock CRC	Sat, Sun	9AM-5:30PM	Apr 15-16	2917276
N Edithvale CC	Sat, Sun	9AM-5:30PM	Apr 22-23	2917162
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Apr 22-23	2917477

Continues...

Standard First Aid continues...

District/Location	Day(s)	Time(s)	Dates	Code
E JJ Piccininni CRC	Sat, Sun	9AM-5:30PM	Apr 29-30	2917000
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	May 6-7	2917478
E Albion Pool	Sat, Sun	9AM-5:30PM	May 6-7	2917019
N Douglas Snow AC	Sat, Sun	10AM-6:30PM	May 13-14	2917168
S TO Pan Am Sports Ctr	Sat, Sun	10AM-6:30PM	May 13-14	2917277
S Stephen Leacock CRC	Sat, Sun	9AM-5:30PM	May 20-21	2917278
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	May 20-21	2917479
E Etobicoke Olympium	Sat, Sun	9AM-5:30PM	May 20-21	2917002
E JJ Piccininni CRC	Sat, Sun	9AM-5:30PM	May 20-21	2917001
N Edithvale CC	Sat, Sun	10AM-6:30PM	Jun 3-4	2917169
S McGregor Park CC	Sat, Sun	9AM-5:30PM	Jun 3-4	2917279
E Alderwood Pool	Sat, Sun	9AM-5:30PM	Jun 3-4	2917018
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Jun 10-11	2917480
S TO Pan Am Sports Ctr	Sat, Sun	9AM-5:30PM, 10AM-6:30PM	Jun 17-18	2917280
E Humber Com. Pool	Sat, Sun	9AM-5:30PM	Jun 17-18	2917003
N Parkway Forest CC	Sat, Sun	10AM-6:30PM	Jun 24-25	2917170
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Jun 24-25	2917481
E JJ Piccininni CRC	Sat, Sun	9AM-5:30PM	Jul 8-9	2917004
T Jimmie Simpson RC	Sat, Sun	10AM-6:30PM	Jul 15-16	2917491
N Douglas Snow AC	Sat, Sun	10AM-6:30PM	Jul 22-23	2917171
S Stephen Leacock CRC	Sat, Sun	9AM-5:30PM	Jul 29-30	2917281
T Fairmount Park CC	Sat, Sun	10AM-6:30PM	Jul 29-30	2917492
E Humber Com. Pool	Sat, Sun	9AM-5:30PM	Jul 29-30	2917005
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Aug 19-20	2917482
E Etobicoke Olympium	Sat, Sun	9AM-5:30PM	Aug 19-20	2917008
N Parkway Forest CC	Sat, Sun	10AM-6:30PM	Aug 26-27	2917172
S TO Pan Am Sports Ctr	Sat, Sun	10AM-6:30PM	Aug 26-27	2917282
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Aug 26-27	2917483
E JJ Piccininni CRC	Sat, Sun	9AM-5:30PM	Aug 26-27	2917006
S McGregor Park CC	Sat, Sun	9AM-5:30PM	Sep 2-3	2917283
E Albion Pool	Sat, Sun	9AM-5:30PM	Sep 2-3	2917007
N Edithvale CC	Sat, Sun	9AM-5:30PM	Sep 9-10	2917163
E Etobicoke Olympium	Sat, Sun	9AM-5:30PM	Sep 16-17	2917009
S Port Union RC	Sat, Sun	8:30AM-5PM	Sep 23-24	2917647

Continues...

Original prerequisite certifications and proof of age, where required, must be presented at the start of each course.

Standard First Aid continues...

District/Location	Day(s)	Time(s)	Dates	Code
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Sep 23-24	2917484
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Sep 30-Oct 1	2917485
T Matty Eckler RC	Sat, Sun	10AM-6:30PM	Oct 7-8	2917493
E JJ Piccininni CRC	Sat, Sun	9AM-5:30PM	Oct 7-8	2917010
S TO Pan Am Sports Ctr	Sun	4:30-8:30PM	Oct 15, 22, 29, Nov 5	2917831
N Douglas Snow AC	Sat, Sun	10AM-6:30PM	Oct 21-22	2917173
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Oct 21-22	2917486
E Etobicoke Olympium	Sat, Sun	9AM-5:30PM	Oct 28-29	2917011
N Douglas Snow AC	Wed	5:30-9:30PM	Nov 1, 8, 15, 22	2917174
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Nov 11-12	2917487
E JJ Piccininni CRC	Sat, Sun	9AM-5:30PM	Nov 11-12	2917012
E Humber Com. Pool	Sat, Sun	9AM-5:30PM	Nov 18-19	2917013
N Edithvale CC	Sat, Sun	9AM-5:30PM	Nov 25-26	2917164
S TO Pan Am Sports Ctr	Sat, Sun	10AM-6:30PM	Nov 25-26	2917284
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Nov 25-26	2917488
E Albion Pool	Sat, Sun	9AM-5:30PM	Nov 25-26	2917014
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Dec 2-3	2917489
E JJ Piccininni CRC	Sat, Sun	9AM-5:30PM	Dec 2-3	2917015
N Edithvale CC	Sat, Sun	10AM-6:30PM	Dec 9-10	2917176
S Malvern CRC	Sat, Sun	9AM-5:30PM	Dec 9-10	2917285
E Etobicoke Olympium	Sat, Sun	9AM-5:30PM	Dec 9-10	2917016
T Wallace Emerson CC	Sat, Sun	10AM-6:30PM	Dec 16-17	2917490

Wading Pool Attendant

Have your Bronze Cross or Wading Pool Attendant and Standard First Aid with CPR-C?

You can apply for a position as a Wading Pool Attendant at one of the many wading pools in Toronto.



IMPORTANT Standard First Aid Recertification Information

In order to attend a Lifesaving Society Standard First Aid recertification, the following criteria must be met:

1. Your last Standard First Aid certification is from the Lifesaving Society.
2. Your last successfully completed course was a 16 hour, full Lifesaving Society Standard First Aid course.
3. Your last full Standard First Aid course was completed three years or less before the date of the course in which you are registering.

Standard First Aid Recertification

Prerequisites: Lifesaving Society Standard First Aid (full course) earned not more than three years prior to course start date.

The Standard First Aid (includes CPR-C) recertification course provides a review of first aid and CPR skills. Practical skills will be assessed through scenarios and knowledge will be assessed with a written evaluation. Candidates should review the course content and practice their skills prior to the recertification course.

Lifesaving Society Standard First Aid is recognized by the Workplace Safety and Insurance Board and the Ontario Health Regulation to be valid for three years. Candidates must bring proof of original certification.

Note: Please bring Canadian First Aid manual received in Standard First Aid Course.

Duration: 8 hour exam **Course Fee:** \$82 **Age:** N/A

District/Location	Day(s)	Time(s)	Dates	Code
T Wallace Emerson CC	Sun	10AM-6:30PM	Jan 8	2917495
E JJ Piccininni CRC	Sat	9AM-5:30PM	Jan 14	2917020
E Humber Com. Pool	Sat	9AM-5:30PM	Jan 28	2917021
S TO Pan Am Sports Ctr	Sat	10AM-6:30PM	Feb 11	2917286
T Wallace Emerson CC	Sun	10AM-6:30PM	Feb 12	2917496
E JJ Piccininni CRC	Sun	9AM-5:30PM	Feb 19	2917022
N Douglas Snow AC	Sat	10AM-6:30PM	Feb 25	2917182
E Alderwood Pool	Sat	9AM-5:30PM	Feb 25	2917023
E Etobicoke Olympium	Sun	9AM-5:30PM	Feb 26	2917024
S Don Montgomery CRC	Sun	10AM-6:30PM	Feb 26	2917287
E JJ Piccininni CRC	Sat	9AM-5:30PM	Mar 4	2917025
E Alderwood Pool	Sun	9AM-5:30PM	Mar 5	2917026
S Malvern CRC	Sat	9AM-5:30PM	Mar 11	2917288
N Edithvale CC	Sun	10AM-6:30PM	Mar 12	2917177
E Swansea CRC	Sat	9AM-5:30PM	Mar 18	2917027
T Wallace Emerson CC	Sun	10AM-6:30PM	Mar 26	2917498
E JJ Piccininni CRC	Sat	9AM-5:30PM	Apr 15	2917028

Continues...

Standard First Aid Recertification continues...

District/Location	Day(s)	Time(s)	Dates	Code
S TO Pan Am Sports Ctr	Sun	10AM-6:30PM	Apr 16	2917289
T Matty Eckler RC	Sat	10AM-6:30PM	Apr 22	2917508
N Douglas Snow AC	Sat	10AM-6:30PM	May 6	2917183
E JJ Piccininni CRC	Sat	9AM-5:30PM	May 6	2917029
E Etobicoke Olympium	Sat	9AM-5:30PM	May 13	2917031
T Matty Eckler RC	Sat	9:30AM-6PM	May 13	2917509
S Agincourt RC	Sun	10AM-6:30PM	May 14	2917290
N Edithvale CC	Sat	10AM-6:30PM	May 20	2917178
E Etobicoke Olympium	Sat	9AM-5:30PM	May 20	2917032
E Memorial Pool	Sun	9AM-5:30PM	May 21	2917030
S TO Pan Am Sports Ctr	Sun	10AM-6:30PM	May 28	2917291
T Wallace Emerson CC	Sun	10AM-6:30PM	Jun 4	2917500
E Etobicoke Olympium	Sun	9AM-5:30PM	Jun 4	2917033
E JJ Piccininni CRC	Sun	9AM-5:30PM	Jun 11	2917034
S Port Union RC	Sun	8:30AM-5PM	Jun 25	2917648
T East York CC	Sun	10AM-6:30PM	Jul 2	2917510
E Alderwood Pool	Sat	9AM-5:30PM	Jul 15	2917046
T Wallace Emerson CC	Sun	10AM-6:30PM	Jul 16	2917501
N Parkway Forest CC	Sat	10AM-6:30PM	Aug 12	2917185
E Alderwood Pool	Sat	9AM-5:30PM	Aug 12	2917036
S Stephen Leacock CRC	Sun	9AM-5:30PM	Aug 20	2917292
E Etobicoke Olympium	Sun	9AM-5:30PM	Aug 20	2917038
E JJ Piccininni CRC	Sat	9AM-5:30PM	Aug 26	2917035
E Humber Com. Pool	Sun	9AM-5:30PM	Aug 27	2917037
N Douglas Snow AC	Sat	10AM-6:30PM	Sep 2	2917186
N Edithvale CC	Sun	10AM-6:30PM	Sep 10	2917179
T Wallace Emerson CC	Sat	10AM-6:30PM	Sep 16	2917503
E Etobicoke Olympium	Sun	9AM-5:30PM	Sep 17	2917041
N Edithvale CC	Sun	10AM-6:30PM	Oct 1	2917180
E JJ Piccininni CRC	Sun	9AM-5:30PM	Oct 1	2917039
S TO Pan Am Sports Ctr	Sat	10AM-6:30PM	Oct 7	2917293
T Wallace Emerson CC	Sat	10AM-6:30PM	Oct 7	2917504
T Matty Eckler RC	Sat	10AM-6:30PM	Oct 21	2917511
E Swansea CRC	Sun	9AM-5:30PM	Oct 22	2917040

Continues...

Standard First Aid Recertification continues...

District/Location	Day(s)	Time(s)	Dates	Code
E JJ Piccininni CRC	Sun	9AM-5:30PM	Oct 29	2917042
T Wallace Emerson CC	Sat	10AM-6:30PM	Nov 4	2917505
N Edithvale CC	Sun	10AM-6:30PM	Nov 12	2917181
T Wallace Emerson CC	Sat	10AM-6:30PM	Nov 18	2917506
S Agincourt RC	Sun	10AM-6:30PM	Nov 19	2917294
E JJ Piccininni CRC	Sat	9AM-5:30PM	Nov 25	2917043
S McGregor Park CC	Sat	9AM-5:30PM	Dec 2	2917295
T Fairmount Park CC	Sat	1-9:30PM	Dec 2	2917513
E Etobicoke Olympium	Sat	9AM-5:30PM	Dec 2	2917044
N Edithvale CC	Sat	9AM-5:30PM	Dec 9	2917184
E Swansea CRC	Sun	9AM-5:30PM	Dec 10	2917045
S Malvern CRC	Sat	9AM-5:30PM	Dec 16	2917654
T Fairmount Park CC	Sat	1-9:30PM	Dec 16	2917514
E Etobicoke Olympium	Sun	9AM-5:30PM	Dec 17	2917047

About The Lifesaving Society

As Canada’s lifeguarding experts, we set the standards for water safety in Canada. We work to prevent drowning and water-related injury through our training programs, Water Smart® public education, drowning prevention research, aquatic safety management, and lifesaving sport.

We are a national, volunteer organization and registered charity composed of tens of thousands of individual members and over 4,000 affiliated swimming pools, waterfronts and schools. Globally, we teach swimming and water safety in over 25 countries. We are a leader and partner in the delivery of water safety education throughout Canada and around the world. We’ve been teaching Canadians how to be safe around the water since 1896.

Teaching Canadians to save themselves and others – Annually, over 1,000,000 Canadians participate in our swimming and lifesaving training programs. Each year, we certify thousands of instructors who provide the leadership for our lifesaving and lifeguard training programs. Over 30,000 Canadians earn our Bronze Medallion each year. We set the standard for lifeguard training and certify Canada’s National Lifeguards.

Making Canadians Water Smart® – Our annual drowning research enables us to focus Water Smart® drowning prevention efforts on people most at risk – like men fishing in small boats – or on those who can make a significant difference, such as parents of young children. The Society’s Swim to Survive® standard defines the essential minimum skills required to survive an unexpected fall into deep water.

Setting the standard – The Lifesaving Society establishes aquatic safety standards and consults on aquatic safety issues for the aquatic industry and governments.

Lifesaving sport – The Society represents Canada internationally in the Commonwealth Royal Life Saving Society and the International Life Saving Federation. We are the governing body for lifesaving sport – a sport recognized by the International Olympic Committee and the Commonwealth Games Federation.

Phone: 416-490-8844

Email: experts@lifeguarding.com

Website: lifesavingsociety.com



LIFESAVING SOCIETY
The Lifeguarding Experts

Aquafitness Instructor Certification

Prerequisites: Minimum age 16 years and recommended Standard First Aid with CPR-C. It is highly recommended that candidates attend and participate in some aquafitness classes prior to taking the course.

Candidates will be certified and qualified to conduct shallow and deep water aquafitness classes. Classroom and in-water sessions focus on developing skills in the areas of class management, basic water movements and variations, understanding the major muscle groups and their joint action, and the designing of target training sets. Practical and written examinations will be incorporated into the course. This award remains current for two years from the date of certification.

Registration fee includes: Course materials, 40 hours (20 hours pool time), certification exam (theory and practical) and certification documentation.

Course Fee: \$405

District/Location	Day(s)	Time(s)	Dates	Code
N Douglas Snow AC	Sat, Sun	10AM-8:30PM	Mar 4-5, 11-12	2917113
T Wallace Emerson CC	Sat, Sun	10AM-8:30PM	Jun 17-18, 24-25	2917419
E Gus Ryder Pool	Sat, Sun	9AM-7:30PM	Aug 19-20, 26-27	2916941
S Wexford CI	Sat, Sun	10AM-8:30PM	Dec 9-10, 16-17	2917233

Aquafitness Instructor Specialty Certification/Instructor Recertification

Prerequisites: A current Aquafitness Instructor Certification (for recertification purposes only) and a minimum of 16 years. Recommended current Standard First Aid with CPR-C.

Candidates will be certified and qualified to conduct classes in disciplines in which they have been trained and certified. These may include a variety of disciplines within aquafitness. Practical and written examinations will be incorporated into the course. This award remains current for two years from the date of certification and will recertify your current Aquafitness Instructor certification.

Course Fee: \$214

District/Location	Day(s)	Time(s)	Dates	Code
T Mary McCormick RC	Sat	10AM-6:30PM	Mar 18	2917420
S Agincourt RC	Sun	12:30-9PM	Jun 18	2917234
N Cummer Park CC	Sun	10AM-6:30PM	Sep 17	2917114
E Gus Ryder Pool	Sat	10AM-6:30PM	Oct 14	2916942

PLEASE NOTE: The Aquafitness Instructor Specialty Certification/Instructor Recertification courses and descriptions being offered in 2017 will be available online as of January 1. Visit toronto.ca/torontofun for more information. Courses will be offered on the dates and times listed.

Lifesaving Society Assistant Instructor

Prerequisites: Bronze Cross or National Lifeguard. Minimum of 14 years of age.

Through classroom learning and in-water practice, the Lifesaving Society Assistant Instructor course prepares candidates to help certified instructors with swimming and lifesaving classes. Candidates are introduced to key principles of learning and teaching, as they master basic progressions of teaching. The roles and responsibilities of instructors and their assistants are emphasized.

Duration: 18 hours of instruction **Course Fee:** \$135 **Age:** 14 yrs+

District/Location	Day(s)	Time(s)	Dates	Code
N Douglas Snow AC	Fri, Sat, Sun	6-10PM, 10AM-6PM, 10AM-6PM	Feb 10-12	2917689
S West Hill CI	Mon, Wed	6-9PM	Feb 13, 15, 22, 27, Mar 1, 6	2917236
T Mary McCormick RC	Sat, Sun	10AM-8PM	Apr 8-9	2917424
N CW Jefferys CI	Fri, Sat, Sun	6-10PM, 10AM-6PM, 10AM-6PM	Apr 21-23	2917117
E Alderwood Pool	Sat, Sun	11AM-9PM, 10AM-8PM	Apr 22-23	2916944
S Cedarbrae CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-6PM, 10AM-6PM	May 19-21	2917237
N Victoria Park CI	Fri, Sat, Sun	6-10PM, 10AM-6PM, 10AM-6PM	Jun 9-11	2917118
E Centennial RC W	Sat, Sun	9AM-7PM	Jun 17-18	2916945
T Jimmie Simpson RC	Sat, Sun	12-10PM	Jul 8-9	2917425
S West Hill CI	Sat, Sun	1-6:30PM	Jul 22-23, 29-30	2917239
N Victoria Park CI	Fri, Sat, Sun	6-10PM, 10AM-6PM, 10AM-6PM	Jul 28-30	2917119
S West Hill CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-6PM, 10AM-6PM	Sep 8-10	2917238
E Annette CRC	Sat, Sun	11AM-9PM, 10AM-8PM	Sep 30-Oct 1	2916946
T Mary McCormick RC	Sat, Sun	12-10PM	Oct 14-15	2917426
S Cedarbrae CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-6PM, 10AM-6PM	Nov 10-12	2917812
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 10AM-6PM, 10AM-6PM	Dec 8-10	2917121
E The Elms CS	Sat, Sun	8:30AM-6:30PM	Dec 9-10	2916947



Jobs with a Difference

The City of Toronto has many employment opportunities for lifeguards and instructors. To find out more about employment opportunities, call Toronto Parks, Forestry and Recreation, your local swimming pool, or talk to one of our aquatic staff.

For a listing of up-coming jobs and application form, visit toronto.ca/recjobs.

Participation in aquatic leadership programs or certification does not guarantee employment.

Swim Instructor, Lifesaving Instructor and Emergency First Aid Instructor

Prerequisites: Bronze Cross or National Lifeguard. Minimum 16 years of age.

Swim Instructor: Upon successful completion of this program candidates will be able to instruct the Toronto Learn to Swim program or the Lifesaving Society Swim for Life program. Time is devoted to classroom and in-water sessions developing skills in the areas of class management, teaching, evaluation, leadership, communication and administration.

Lifesaving Instructor: Prepares candidates to organize, plan, teach and evaluate lifesaving and first aid skills and resuscitation techniques in the Lifesaving Society's lifesaving and first aid awards. Successful candidates will receive two certification cards: Lifesaving Instructor and Emergency First Aid Instructor.

These awards remain current for two years from the date of certification.

Requirement: Proof of age and prerequisite awards.

Recommended: Certification in Standard First Aid (CPR-C), Lifesaving Society Assistant Instructor

Duration: 40 hours of instruction **Course Fee:** \$278 **Age:** 16 yrs+

District/Location	Day(s)	Time(s)	Dates	Code
S West Hill CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Jan 13-15, 20-22	2917296
T Mary McCormick RC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Jan 13-15, 27-29	2917525
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Jan 27-29, Feb 3-5	2917187
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	Feb 3-5, 17-19	2917517
S Cedarbrae CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Feb 10-12, 17-19	2917297
T Matty Eckler RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	Feb 17-19, 24-26	2917523
N CW Jefferys CI	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Feb 24-26, Mar 3-5	2917188
S Cedarbrae CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Mar 3-5, 10-12	2917298
N Victoria Park CI	Mon-Fri	9AM-6PM	Mar 13-17	2917189
S Cedarbrae CI	Mon-Fri	9AM-6PM	Mar 13-17	2917304
T Matty Eckler RC	Mo, Tu-Th, Fr	10AM-6:30PM, 9AM-6:30PM, 9AM-4:00PM	Mar 13-17	2917527
E Etobicoke Olympium	Mon-Fri	12-9PM	Mar 13-17	2917049
E Swansea CRC	Mon-Fri	9AM-6PM	Mar 13-17	2917048
N Victoria Park CI	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Mar 31-Apr 2, 7-9	2917190
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	Mar 31-Apr 2, 7-9	2917518
S Cedarbrae CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Apr 7-9, 21-23	2917299
E Humber Com. Pool	Fri, Sat, Sun	6-10PM, 12-9PM, 12-9PM	Apr 21-23, 28-30	2917052
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Apr 28-30, May 5-7	2917191
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	May 26-28, Jun 2-4	2917192
S Cedarbrae CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	May 26-28, Jun 2-4	2917300
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	Jun 2-4, 9-11	2917519
E Humber Com. Pool	Fri, Sat, Sun	6-10PM, 9AM-6PM, 9AM-6PM	Jun 2-4, 9-11	2917050

Continues...

Swim Instructor, Lifesaving Instructor and Emergency First Aid Instructor continues...

District/Location	Day(s)	Time(s)	Dates	Code
E Alderwood Pool	Sat-Wed	8AM-5PM	Jun 24-28	2917051
N Victoria Park CI	Mon-Fri	9AM-6PM	Jun 26-30	2917193
S Cedarbrae CI	Mon-Fri	9AM-6PM	Jun 26-30	2917305
E Humber Com. Pool	Fri, Sat, Sun	6-10PM, 9AM-6PM, 9AM-6PM	Jul 7-9, 14-16	2917060
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Jul 14-16, 21-23	2917194
E Humber Com. Pool	Fri, Sat, Sun	6-10PM, 9AM-6PM, 9AM-6PM	Jul 14-16, 21-23	2917053
S Wexford CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Jul 21-23, 28-30	2917698
E JJ Piccininni CRC	Fri, Sat, Sun	6-10PM, 12-9PM, 12-9PM	Aug 11-13, 18-20	2917054
S L'Amoreaux CI	Mon-Fri	9AM-6PM	Aug 14-18	2917307
S Cedarbrae CI	Mon-Fri	9AM-6PM	Aug 21-25	2917308
N Cummer Park CC	Mon-Fri	1-10PM	Aug 28-Sep 1	2917195
S TO Pan Am Sports Ctr	Mon-Fri	9AM-6PM	Aug 28-Sep 1	2917306
E Etobicoke Olympium	Mon-Fri	9AM-6PM	Aug 28-Sep 1	2917059
T Fairmount Park CC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Sep 15-17, 22-24	2917526
E Swansea CRC	Fri, Sat, Sun	6-10PM, 10AM-7PM, 10AM-7PM	Sep 15-17, 22-24	2917055
S Cedarbrae CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Sep 22-24, 29-Oct 1	2917301
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	Sep 22-24, 29-Oct 1	2917520
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Oct 13-15, 20-22	2917197
S West Hill CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Oct 20-22, 27-29	2917303
T Matty Eckler RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	Oct 27-29, Nov 3-5	2917524
N CW Jefferys CI	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Nov 3-5, 10-12	2917198
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	Nov 10-12, 24-26	2917521
S Cedarbrae CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Nov 17-19, 24-26	2917302
N Victoria Park CI	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Nov 24-26, Dec 1-3	2917199
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	Dec 1-3, 8-10	2917522
E JJ Piccininni CRC	Fri, Sat, Sun	6-10PM, 9AM-6PM, 9AM-6PM	Dec 1-3, 8-10	2917056
E Annette CRC	Wed-Sun	9AM-7PM (Wed-Sat), 9AM-2PM (Sun)	Dec 27-31	2917057
N Douglas Snow AC	Wed-Sun	9AM-7PM (Wed-Sat), 9AM-2PM (Sun)	Dec 27-31	2917200
S TO Pan Am Sports Ctr	Wed-Sun	9AM-7PM (Wed-Sat), 9AM-2PM (Sun)	Dec 27-31	2917309
E Etobicoke Olympium	Mon-Fri	9AM-8PM (Mon-Thu), 2-7PM (Fri)	Jan 2-6, 2018	2917058

National Lifeguard: Pool Option

Prerequisites: Bronze Cross and Standard First Aid with CPR-C certificate certified by one of the partner agencies listed below. Minimum 16 years of age.

The Lifesaving Society only accepts Standard First Aid certificates that are recognized by the Ontario Public Pools Regulation (565/90). The accepted agencies are the Lifesaving Society, Canadian Red Cross, St. John Ambulance and Canadian Ski Patrol.

National Lifeguard certification is Canada's professional lifeguard standard. National Lifeguard training develops a sound understanding of lifeguarding principles, good judgement, and a mature and responsible attitude towards the lifeguard's role. National Lifeguard training emphasizes prevention and effective rescue response in emergencies including first aid treatment. Candidates develop teamwork, leadership and communication skills. Fitness requirements include a timed object recovery, 50m sprint challenge, 50m rescue drill and 400m endurance challenge in 10 minutes or less.

National Lifeguard training is designed for lifesavers who wish to obtain a responsible job and leadership experience. Successful candidates are certified by the Lifesaving Society - Canada's lifeguarding experts.

Requirement: Proof of age and prerequisite awards. Bring your own whistle.

Duration: 40 hours of instruction **Course Fee:** \$278 **Age:** 16 yrs+

District/Location	Day(s)	Time(s)	Dates	Code
T Fairmount Park CC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Jan 6-8, 13-15	2917437
N Victoria Park CI	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Jan 6-8, 20-22	2917140
S West Hill CI	Mon, Wed	5:30-9:30PM	Jan 9, 11, 16, 18, 23, 25, 30, Feb 1, 6, 8	2917241
E Albion Pool	Fri, Sat, Sun	6-10PM, 12-9PM, 12-9PM	Jan 20-22, 27-29	2916955
T Mary McCormick RC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Jan 20-22, Feb 3-5	2917428
S West Hill CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Jan 27-29, Feb 3-5	2917245
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	Feb 10-12, 24-26	2917444
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Feb 17-19, Mar 3-5	2917125
T Mary McCormick RC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Feb 24-26, Mar 3-5	2917429
S West Hill CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Feb 24-26, Mar 3-5	2917246
T Fairmount Park CC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Mar 3-5, 10-12	2917438
N Northview Heights SS	Mon-Fri	9AM-6PM	Mar 13-17	2917123
N Victoria Park CI	Mon-Fri	9AM-6PM	Mar 13-17	2917124
S Wexford CI	Mon-Fri	9AM-6PM	Mar 13-17	2917244
T Fairmount Park CC	Mon-Fri	9:30AM-6:30PM	Mar 13-17	2917450
E JJ Piccininni CRC	Mon-Fri	12-9PM	Mar 13-17	2916949
E Norseman CS	Mon-Fri	9AM-6PM	Mar 13-17	2916950
T Fairmount Park CC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Mar 31-Apr 2, 7-9	2917439
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Apr 7-9, 14-16	2917126

Continues...

National Lifeguard continues...

District/Location	Day(s)	Time(s)	Dates	Code
S West Hill CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Apr 7-9, 21-23	2917242
T Mary McCormick RC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Apr 21-23, 28-30	2917430
E Albion Pool	Fri, Sat, Sun	6-10PM, 12-9PM, 12-9PM	Apr 21-23, 28-30	2916953
S Cedarbrae CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Apr 28-30, May 5-7	2917248
T Fairmount Park CC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Apr 28-30, May 5-7	2917440
T Mary McCormick RC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	May 5-7, 12-14	2917431
S West Hill CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	May 12-14, 26-28	2917249
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	May 19-21, 26-28	2917445
T Fairmount Park CC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Jun 2-4, 9-11	2917441
N CW Jefferys CI	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Jun 2-4, 16-18	2917127
E Centennial RC W	Fri, Sat, Sun	6-10PM, 10AM-7PM, 10AM-7PM	Jun 9-11, 16-18	2916952
T Matty Eckler RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	Jun 16-18, 23-25	2917442
E Memorial Pool	Fri, Sat, Sun	5:30-9:30PM, 9AM-6PM, 9AM-6PM	Jun 16-18, 23-25	2916954
E Memorial Pool	Sun-Thu	8:30AM-5:30PM	Jun 25-29	2916951
N Northview Heights SS	Mon-Fri	9AM-6PM	Jun 26-30	2917129
N Victoria Park CI	Mon-Fri	9AM-6PM	Jun 26-30	2917128
S Cedarbrae CI	Mon-Fri	9AM-6PM	Jun 26-30	2917251
S Cedarbrae CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Jul 7-9, 14-16	2917247
N Victoria Park CI	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Jul 7-9, 21-23	2917130
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	Jul 28-30, Aug 4-6	2917446
E Etobicoke Olympium	Fri, Sat, Sun	6PM-10PM, 10AM-7PM, 10AM-7PM	Aug 4-6, 11-13	2916958
S Cedarbrae CI	Mon-Fri	9AM-6PM	Aug 14-18	2917253
S Sir Oliver Mowat CI	Mon-Fri	9AM-6PM	Aug 21-25	2917254
N Cummer Park CC	Mon-Fri	1-10PM	Aug 28-Sep 1	2917131
N Douglas Snow AC	Mon-Fri	9AM-6PM	Aug 28-Sep 1	2917133
N Douglas Snow AC	Mon-Fri	12-9PM	Aug 28-Sep 1	2917141
N Victoria Park CI	Mon-Fri	9AM-6PM	Aug 28-Sep 1	2917132
S L'Amoreaux CI	Mon-Fri	9AM-6PM	Aug 28-Sep 1	2917252
E Albion Pool	Mon-Fri	9AM-6PM	Aug 28-Sep 1	2916963
S Wexford CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Sep 8-10, 15-17	2917250
T Mary McCormick RC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Sep 8-10, 15-17	2917433
E Albion Pool	Fri, Sat, Sun	6-10PM, 12-9PM, 12-9PM	Sep 8-10, 15-17	2916956
N Dennis R. Timbrell RC	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Sep 15-17, 22-24	2917134
T Mary McCormick RC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Sep 22-24, 29-Oct 1	2917434

Continues...

Original prerequisite certifications and proof of age, where required, must be presented at the start of each course.

National Lifeguard continues...

District/Location	Day(s)	Time(s)	Dates	Code
N Victoria Park CI	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Sep 29-Oct 1, 13-15	2917135
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	Oct 6-8, 13-15	2917447
E Etobicoke Olympium	Fri, Sat, Sun	6-10PM, 12-9PM, 12-9PM	Oct 6-8, 13-15	2916961
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	Oct 20-22, 27-29	2917448
S West Hill CI	Fri, Sat, Sun	5:30-9:30PM, 10AM-8PM, 10AM-6PM	Oct 27-29, Nov 10-12	2917243
N Northview Heights SS	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Nov 3-5, 10-12	2917136
T Jimmie Simpson RC	Fri, Sat, Sun	6-10PM, 1-10PM, 1-10PM	Nov 3-5, 17-19	2917449
T Mary McCormick RC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Nov 17-19, 24-26	2917435
T Mary McCormick RC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Dec 1-3, 8-10	2917436
E Annette CRC	Fri, Sat, Sun	6-10PM, 9AM-6PM, 9AM-6PM	Dec 1-3, 8-10	2916957
N Dennis R. Timbrell RC	Fri, Sat, Sun	6-10PM, 10AM-8PM, 10AM-6PM	Dec 8-10, 15-17	2917137
T Fairmount Park CC	Fri, Sat, Sun	6-10PM, 1-10PM, 9:30AM-6:30PM	Dec 8-10, 15-17	2917443
N Douglas Snow AC	Wed-Sun	9AM-7PM (Wed-Sat), 9AM-2PM (Sun)	Dec 27-31	2917138
N Douglas Snow AC	Wed-Sun	9AM-7PM (Wed-Sat), 9AM-2PM (Sun)	Dec 27-31	2917139
S TO Pan Am Sports Ctr	Wed-Sun	9AM-7PM (Wed-Sat), 9AM-2PM (Sun)	Dec 27-31	2917255
E Etobicoke Olympium	Wed-Sun	9AM-7PM (Wed-Sat), 9AM-2PM (Sun)	Dec 27-31	2916959
E Alderwood Pool	Tue-Sat	9AM-7PM (Tue-Fri), 9AM-2PM (Sat)	Jan 2-6, 2018	2916960

National Lifeguard - Women and Girls Only

District/Location	Day(s)	Time(s)	Dates	Code
E JJ Piccininni CRC	Fri, Sat, Sun	6PM-10PM, 12-9PM, 12-9PM	Jul 14-16, 21-23	2916962



National Lifeguard Recertification: Pool

Prerequisites: National Lifeguard Pool Certification

This program is designed to test the candidate's lifeguarding skills in order to maintain current certification at the National Lifeguard level. Candidates are required to bring their own whistle and proof of original certification.

Duration: 8 hour exam **Course Fee:** \$88 **Age:** 16 yrs+

District/Location	Day(s)	Time(s)	Dates	Code
E Etobicoke Olympium	Sat	2:30-11PM	Jan 7	2916964
S Cedarbrae CI	Sun	10AM-6:30PM	Jan 8	2917256
T Fairmount Park CC	Sun	1-9:30PM	Jan 8	2917452
N CW Jeffreys SS	Sun	10AM-6:30PM	Jan 22	2917142
T Earl Beatty CC	Sun	10AM-6:30PM	Jan 22	2917458
E Etobicoke Olympium	Sat	2:30-11PM	Feb 4	2916965
E Albion Pool	Sat	1-9:30PM	Feb 4	2916992
S Sir Oliver Mowat CI	Sun	10AM-6:30PM	Feb 19	2917257
T Earl Beatty CC	Sun	10AM-6:30PM	Feb 19	2917459
E The Elms Pool	Sat	1-9:30PM	Feb 25	2916966
E Albion Pool	Sat	1-9:30PM	Feb 25	2916969
N Victoria Park CI	Sun	1-9:30PM	Feb 26	2917145
N Victoria Park CI	Sat	1-9:30PM	Mar 4	2917147
E JJ Piccininni CRC	Sat	10AM-6:30PM	Mar 4	2916967
E Etobicoke Olympium	Sat	2:30-11PM	Mar 4	2916968
S Sir Oliver Mowat CI	Sun	12:30-9PM	Mar 5	2917259
N CW Jefferys CI	Sun	10AM-6:30PM	Mar 12	2917143
S Sir Oliver Mowat CI	Sun	12:30-9PM	Mar 12	2917258
T Mary McCormick RC	Sun	10AM-6:30PM	Mar 12	2917467
T Mary McCormick RC	Sun	10AM-6:30PM	Apr 9	2917468
E The Elms Pool	Sat	1-9:30PM	Apr 22	2916970
T Fairmount Park CC	Sun	10AM-6:30PM	Apr 23	2917453
S Sir Oliver Mowat CI	Sun	12:30-9PM	Apr 23	2917261
E The Elms Pool	Sat	1-9:30PM	May 6	2916971
E Norseman CS	Sun	1-9:30PM	May 7	2916985
N Victoria Park CI	Sun	1-9:30PM	May 7	2917146
T Earl Beatty CC	Sun	10AM-6:30PM	May 7	2917461
N Victoria Park CI	Sat	1-9:30PM	May 13	2917149
S Cedarbrae CI	Sun	10AM-6:30PM	May 14	2917262

Continues...

National Lifeguard Recertification continues...

District/Location	Day(s)	Time(s)	Dates	Code
T Fairmount Park CC	Sun	10AM-6:30PM	May 21	2917454
N CW Jefferys CI	Sun	10AM-6:30PM	May 21	2917148
E Norseman CS	Sun	1-9:30PM	May 21	2916972
E The Elms Pool	Sun	1-9:30PM	May 21	2916973
N Victoria Park CI	Sun	1-9:30PM	May 28	2917152
S Sir Oliver Mowat CI	Sun	12:30-9PM	May 28	2917263
T Fairmount Park CC	Sun	10AM-6:30PM	May 28	2917455
E JJ Piccininni CRC	Sat	9AM-5:30PM	Jun 3	2916974
N Victoria Park CI	Sun	1-9:30PM	Jun 4	2917150
N CW Jefferys CI	Sat	10AM-6:30PM	Jun 10	2917151
S Sir Oliver Mowat CI	Sun	10AM-6:30PM	Jun 11	2917813
T Mary McCormick RC	Sun	10AM-6:30PM	Jun 11	2917469
E The Elms Pool	Sat	8:30AM-5PM	Jun 24	2916975
E The Elms Pool	Sun	8:30AM-5PM	Jul 16	2916976
S Cedarbrae CI	Sun	10AM-6:30PM	Jul 23	2917264
E Memorial Pool	Sun	9AM-5:30PM	Jul 23	2916977
T Earl Beatty CC	Sun	10AM-6:30PM	Aug 6	2917463
E Centennial RC W	Sun	9:30AM-6PM	Aug 6	2916981
E The Elms Pool	Sat	8:30AM-5PM	Aug 12	2916980
N Northview Heights SS	Sun	10AM-6:30PM	Aug 13	2917153
S Wexford CI	Sun	10AM-6:30PM	Aug 13	2917265
E Etobicoke Olympium	Sat	2-10:30PM	Aug 19	2916982
E JJ Piccininni CRC	Sun	10AM-6:30PM	Aug 20	2916979
N Cummer Park CC	Sun	1:30-10PM	Aug 27	2917156
S Cedarbrae CI	Sun	10AM-6:30PM	Aug 27	2917266
T Earl Beatty CC	Sun	10AM-6:30PM	Aug 27	2917464
E Memorial Pool	Sun	9AM-5:30PM	Aug 27	2916983
N Douglas Snow AC	Sat	10AM-6:30PM	Sep 2	2917154
E Etobicoke Olympium	Sun	2-10:30PM	Sep 3	2916984
T Earl Beatty CC	Sun	10AM-6:30PM	Sep 17	2917465
S West Hill CI	Sun	10AM-6:30PM	Sep 24	2917267
E Etobicoke Olympium	Sat	2:30-11PM	Sep 30	2916986
T Fairmount Park CC	Sun	10AM-6:30PM	Oct 1	2917456
N CW Jefferys CI	Sun	10AM-6:30PM	Oct 15	2917159

Continues...

National Lifeguard Recertification continues...

District/Location	Day(s)	Time(s)	Dates	Code
S Sir Oliver Mowat CI	Sun	12:30-9PM	Oct 22	2917268
T Mary McCormick RC	Sun	10AM-6:30PM	Oct 22	2917470
T Mary McCormick RC	Sun	10AM-6:30PM	Oct 29	2917471
E The Elms Pool	Sat	1-9:30PM	Nov 4	2916987
S Sir Oliver Mowat CI	Sun	12:30-9PM	Nov 19	2917269
T Earl Beatty CC	Sun	10AM-6:30PM	Nov 19	2917466
E Albion Pool	Sat	1-9:30PM	Nov 25	2916988
E The Elms Pool	Sat	8:30AM-5PM	Dec 2	2916978
E Memorial Pool	Sun	9AM-5:30PM	Dec 3	2916990
N Northview Heights SS	Sun	10AM-6:30PM	Dec 3	2917158
S Cedarbrae CI	Sun	10AM-6:30PM	Dec 3	2917270
T Fairmount Park CC	Sun	10AM-6:30PM	Dec 3	2917457
E Norseman CS	Sat	9:30AM-6PM	Dec 9	2916989
N Cummer Park CC	Sun	1-9:30PM	Dec 10	2917157
S Cedarbrae CI	Sun	10AM-6:30PM	Dec 17	2917271
T Mary McCormick RC	Sun	10AM-6:30PM	Dec 17	2917472
E Etobicoke Olympium	Sun	2-10:30PM	Dec 17	2916991

Aquatic Supervisor

Prerequisites: Lifesaving Instructor or National Lifeguard. Candidates must bring a letter from their employer confirming that they have completed a minimum of 100 hours of lifeguarding or instructing.

Aquatic Supervisor prepares candidates for the responsibilities associated with being aquatic supervisors, head lifeguards or pool managers. As a recognized standard, Aquatic Supervisor certification ensures candidates are familiar with the skills needed to fulfill the requirements of these positions. Candidates will learn provincial regulations, legal responsibilities and the authority of a supervisor. Topics include: aquatic emergencies, facility management, organizational effectiveness, communication, supervisory skills and risk management.

Duration: 12 hours of instruction **Course Fee:** \$135 **Age:** 17 yrs+

District/Location	Day(s)	Time(s)	Dates	Code
E JJ Piccininni CRC	Fri, Sat	6-10PM, 10AM-6:30PM	Jan 27-28	2916922
T Matty Eckler RC	Sat, Sun	1-7:30PM, 10AM-4:30PM	Apr 8-9	2917390
S Agincourt RC	Fri, Sat	6-10PM, 9AM-5:30PM	Aug 25-26	2917222
N Edithvale CC	Sat, Sun	10AM-4:30PM	Dec 16-17	2917090



Examiners Standards Clinic and Advanced Instructor

Prerequisites: Lifesaving Instructor

This clinic is the initial step in obtaining Lifesaving Society examiner status. Lifesaving Society instructors who wish to apply for an Examiner appointment must attend. Candidates must bring proof of prerequisite awards.

Recommended: 2 years experience instructing at Bronze level.

Duration: 9 hours of instruction **Course Fee:** \$82

Age: 18 yrs+

District/Location	Day(s)	Time(s)	Dates	Code
T Fairmount Park CC	Sat	12-10PM	Feb 25	2917421
S Cedarbrae CI	Sat	10AM-8PM	May 13	2917235
E Memorial Pool	Sat	9AM-7PM	Jul 22	2916943
N Cumber Park CC	Sun	10AM-8PM	Sep 17	2917115

Swim Instructor Update Clinic

Prerequisites: Minimum 16 years of age and proof of Bronze Cross and Red Cross Water Safety Instructor or YMCA Instructor or Sears I Can Swim Teacher.

This 4-hour clinic is for staff who require their Swim Instructor certification but possess an instructor certification from an agency other than the Lifesaving Society. Upon successful completion of this update, candidates will possess the 3 credits required to obtain their Swim Instructor certification from the Lifesaving Society. Time is devoted in both classroom and water sessions to ensure thorough knowledge of program content.



Duration: 4 hours of instruction

Course Fee: \$70 **Age:** 16 yrs+



District/Location	Day(s)	Time(s)	Dates	Code
S Wexford CI	Sun	1-5PM	Mar 12	2917310
E Memorial Pool	Sat	3:30-7:30PM	May 27	2917061
T St. Lawrence CRC	Sat	2-6PM	Sep 23	2917866
N Douglas Snow AC	Wed	5-9PM	Dec 6	2917201

Lifesaving Society Awards remain current for 2 years from the certification date.

 Required Route
 Recommended Route

Advanced Leadership Continuum

Lifesaving Instructor

Advanced Instructor – Lifesaving Instructors
 Strongly Recommended: Experience teaching Lifesaving Society programs.

National Lifeguard Instructor –
 National Lifeguard, Lifesaving Instructor and Advanced Instructor.

Standard First Aid Instructor – Lifesaving Society, Canadian Red Cross, Canadian Ski Patrol or St. John Ambulance Standard First Aid, Lifesaving Instructor and Advanced Instructor.

Upon completion of the clinic, successful co-examinations (with an experienced examiner) of the award(s) you wish to be appointed to examine are required. Please visit the Lifesaving Society website for more information on the Examiner appointment process. These awards include Bronze, National Lifeguard and Standard First Aid Examiners.

Examiners' Standards Clinic – Lifesaving Instructor –
 This clinic only needs to be taken once – applies to becoming a Bronze, National Lifeguard and Standard First Aid Examiner.
 Strongly Recommended: *2 years experience instructing at Bronze level.*

Lifesaving Society Instructor Trainer Clinic
 Examiner status.

Upon completion of the Instructor Trainer Clinic, successful apprenticeship with an experienced Instructor Trainer on an instructor course is required.

Competitive Lifesaving

Get certified, get involved, and put your skills to the test. The City of Toronto lifesaving teams are looking for new members to once again challenge the province and country in competitive lifesaving. Lifesaving sport has grown exponentially over the past several years and is now recognized as a competitive sport by the International Olympic Committee. Toronto has been a top competitor over the years and is hoping to continue its success again this spring and summer. Whether you are interested in pool lifesaving, waterfront or surf.....get into it and show your stuff. For additional information on Lifesaving Competition, go to: lifesavingsociety.com and click on 'sport' then 'competition'.

If you are interested in joining a City of Toronto lifesaving team, contact your Community Recreation Programmer or Supervisor.



The courses on this page require a pre-course assignment. The Lifesaving Society will contact all registered candidates two weeks in advance of the course start dates to arrange pick-up. Registration closes two weeks prior to the start date to allow completion of the pre-course assignment.

Standard First Aid Instructor and Advanced Instructor

Prerequisites: Lifesaving Society, Canadian Red Cross, Canadian Ski Patrol or St. John Ambulance Standard First Aid and Lifesaving Instructor.

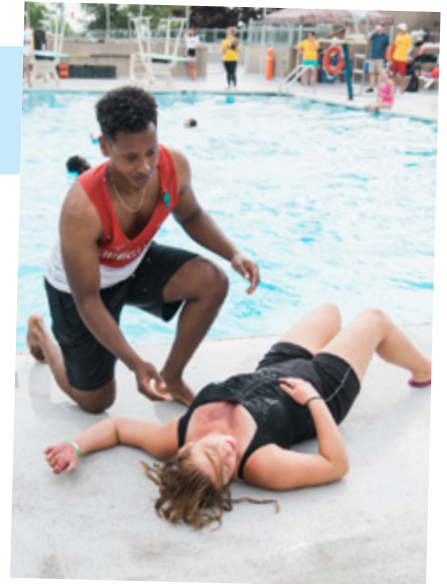
The Standard First Aid Instructor course prepares participants to teach all aspects of first aid and CPR. This course prepares instructors to plan and organize first aid and CPR courses and teach and evaluate students in the written and practical aspects of the course. Candidates must bring proof of prerequisite awards.

Recommended: 2 years experience instructing at Bronze level and Bronze Cross Examiner

Duration: 12 hours of instruction

Course Fee: \$259 plus 22.53 + HST for First Aid Instructor CD

Age: 18 yrs+



District/Location	Day(s)	Time(s)	Dates	Code
T Matty Eckler RC	Sat, Sun	12-6:30PM	Apr 29-30	2917422
N Edithvale CC	Sat, Sun	10AM-4:30PM	Oct 14-15	2917116

National Lifeguard Instructor, Standard First Aid Instructor and Advanced Instructor – This course is for experienced instructors.

Prerequisites: National Lifeguard, Lifesaving Society, Canadian Red Cross, Canadian Ski Patrol or St. John Ambulance Standard First Aid and Lifesaving Instructor.

Designed to provide candidates with an understanding of the expectations and requirements to teach both the National Lifeguard and Standard First Aid programs. The classroom and in-water sessions allow participants to demonstrate their knowledge, skills, teaching, evaluation skills, etc. Candidates must bring proof of prerequisite awards.

Recommended: 2 years experience instructing at Bronze level and Bronze Cross Examiner

Duration: 30 hours of instruction **Course Fee:** \$407 plus 22.53 + HST for First Aid Instructor CD

Age: 18 yrs+

District/Location	Day(s)	Time(s)	Dates	Code
S Cedarbrae CI	Sat, Sun	11AM-7:30PM, 11AM-7:30PM	Mar 25-26, Apr 1-2	2917240
T Mary McCormick RC	Sat, Sun	12-8:30PM	Aug 12-13, 19-20	2917427
N Northview Heights SS	Sat, Sun	10AM-7PM, 10AM-6PM	Nov 18-19, 25-26	2917122

Original prerequisite certifications and proof of age, where required, must be presented at the start of each course.

The courses on this page require a pre-course assignment. The Lifesaving Society will contact all registered candidates two weeks in advance of the course start dates to arrange pick-up. Registration closes two weeks prior to the start date to allow completion of the pre-course assignment.

National Lifeguard Instructor and Advanced Instructor

This course is for experienced instructors.

Prerequisites: National Lifeguard and Lifesaving Instructor

Designed to provide candidates with an understanding of the expectations and requirements to teach the National Lifeguard program. The classroom and pool sessions allow participants to demonstrate their knowledge, skills, teaching, evaluation skills, etc. Candidates must bring proof of prerequisite awards.

Recommended: 2 years experience instructing at Bronze level and Bronze Cross Examiner

Duration: 20 hours of instruction **Course Fee:** \$259 **Age:** 18 yrs+

District/Location	Day(s)	Time(s)	Dates	Code
E Etobicoke Olympium	Sat, Sun	9AM-8PM	Mar 11-12	2916948

Lifesaving Society Instructor Trainer Clinic This course is for experienced Examiners.

Prerequisites: Examiner, Lifesaving Instructor and Advanced Instructor

Designed to provide candidates with an understanding of the expectations and requirements to teach instructors. The classroom and pool sessions allow participants to demonstrate their knowledge, skills, teaching, evaluation skills, etc. Candidates must bring proof of prerequisite awards.

Recommended: 2 years experience instructing and examining at Bronze level

Duration: 16 hours of instruction **Course Fee:** \$224 **Age:** 18 yrs+

District/Location	Day(s)	Time(s)	Dates	Code
T Fairmount Park CC	Sun	10AM-6:30PM	Oct 15, 22	2917423



You do the math...

Great job

+ Leadership skills

+ Lifelong friends



*Don't get
turned away
at the
first class.*

Make sure you have the proper course prerequisites!

Misplaced your certificate or not sure of your current qualifications/awards? **Not a problem!**

Check and print out your awards at lifesavingsociety.com and go to "Find a Member"

To view your awards is simple:

1. Click on the Find a Member link.
2. Fill in your membership number and click on Get Certifications. You can find your membership number on the bottom of your certification card.
3. Print out the record and you are done.

And yes, this service is FREE.

LIFESAVING SOCIETY
The Lifeguard Experts

WHO'S DROWNING SWIMMING & LIFESAVING LIFEGUARDING FIRST AID TEACHING SWIM TO SURVIVE
BOATING POOL OPERATION SAFETY MANAGEMENT LIFESAVING SPORT

FIND A MEMBER

Find a Member

To look up your Lifesaving Society record, enter your Member ID below and click the Get Certifications button. To view all your certifications - current and non-current - remove the check mark from the "Current Only" box.

You need not release your Lifesaving Society Member ID to anyone else. Others can verify the accuracy of your record by entering the verification code at the bottom of the printed record.

Member ID or Verification Number

Current Only

The Lifesaving Society encourages affiliates to confirm staff certifications using Inside Tracker or Find a Member. If there is doubt about the authenticity of an individual's record, contact us for verification.

FIND A MEMBER MOBILE

Find a Member Mobile gives you instant access to the same great Find a Member service but specifically designed for mobile devices. Simply bookmark or add "findamember.ca" to your favourites on your phone or tablet.

LOGIN
INDIVIDUAL MEMBERS
ORGANIZATIONS
SHOP LIFEGUARD DEPOT
FIND A COURSE
FIND A MEMBER
FIND A JOB
FIND A FORM
MEDIA
ABOUT US
DONATE

Lifesaving Factoid
The City of Vaughan currently holds the Lifesaving Society's Jocelyn Plims Cup, awarded annually to an Affiliate Member for outstanding contribution to the National Lifeguard Service.