

July 14th, 2021 TTFC Operation Update:

The Toronto Track and Field Centre continues to work with an opening plan that compliments the City of Toronto - Toronto Public Health protocols and utilizes the guidelines and recommendations put forth by Athletics Ontario and Athletics Canada for the "Return to Train" phase.

Effective Monday, July 19th, 2021 we are pleased to announce that we will be open for all athletes and coaches for both indoor and outdoor training. Our capacity will be increased to 250 persons for indoor usage and 300 persons for outdoor usage per pre-established time session.

As many of our facility amenities are NOW open with capacity limits in place, please take the time to review all the information below.

Available Session Times (please check in 30 minutes prior to your session start time)

- | | |
|----------------------------|--------------------------|
| 1. 9:30 a.m. -10:30 a.m. | 5. 4:30 p.m. – 5:30 p.m. |
| 2. 11:00 a.m. -12: 00 p.m. | 6. 6:00 p.m. – 7:00 p.m. |
| 3. 1:00 p.m. – 2:00 p.m. | 7. 7:30 p.m. – 8:30 p.m. |
| 4. 2:30 p.m. – 3:30 p.m. | |

Maximum cohorts of 10 to train at the same time, including a coach

Please be reminded of our protocol to gain entry into the TTFC

Procedure to gain access to a training space:**Prior to arrival at TTFC:**

- Coaches and/or athletes will not be required to email sign up for a time session
- Time sessions will be filled on a first come first serve basis. Once maximum capacity is met for each time slot, patrons will be asked to line up outside of the front entrance and wait for the next time session
- *Entry will not be granted mid-way through a session*

Upon arrival at the TTFC:

- Coaches and/or athletes are encouraged to arrive 30 minutes prior to their desired session time in order to be granted entry.
- During this time the user group is met outside the front entrance of the TTFC to check in and complete a screening questionnaire; staff have the right to refuse entry if a participant exhibits any symptoms.
- The user group is then admitted to the front desk to be processed. (ie. Pay admittance fee, swipe membership card)
- User groups are then granted permission to enter the training space(s)

Upon exit of the TTFC:

- Users will be given notification in 5 minute intervals 15 minutes prior to the session ending
- User groups will be reminded to take all of their belongings including garbage as they may not be granted re-entry
- Please be mindful of start and end times. When your time is up please exit the facility immediately. Failure to do so may result in a suspension of access to enter the facility during another session

Notes:**Vertical Jumps:**

- Each athlete must sanitize their hands at the start of each attempt
- Each athlete/club must provide either their own thin layer plastic cover or suitable top cover to be fastened on top of the TTFC's current pit at the start of a training session and remove and sanitize it at the end of a training session on their own
- Each athlete/club to seek approval by TTFC staff of said thin layer plastic cover i.e. 10ft X 20 ft tarp to cover landing areas
- The TTFC will have approved plastic covers readily available for purchase

Horizontal Jumps:

- For indoor usage; only one cohort at a time may use the pit
- Only one person (such as a coach) to use shovel and rake to smooth surface during a training session

Additional Information

- Current capacity outdoors is 300 people and 250 people indoors.
- AO requires coaches to record daily attestations.
- AO registered clubs will be responsible for their athletes and their own emergency care plans (i.e. How to notify a parent when needed).
- AO requires athletes and coaches to carry their own hand sanitizer. (Please ensure your athletes are not allergic to the agents used in the hand sanitizer)
- Athletes and coaches are responsible to bring their own equipment. One wagon per user group will be admissible into the TTFC (No shopping carts).
- Users are required to bring their own garbage with them when exiting the facility.