

Improving Health and Health Equity through the Toronto Parks Plan 2011

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Parks help promote health for all by:

- Reducing risk factors for chronic diseases
 - Promoting mental health and well-being
 - Promoting social cohesion
 - Improving environmental quality
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- Parks can also play a role in reducing health inequities

- TPH proposes strategies for the Parks Plan that could contribute to reducing health inequities, for low income residents and communities in relation to:
 - Parks acquisition plans
 - Developments and upgrades in existing parks
 - Shade provision
 - Food infrastructure

Identifying Areas of Need

Low Income Areas with Low Park Density

