



Councillor Frances Nunziata
Council Speaker
Toronto City Council
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January 14, 2011

Attn: Chair & Members of the Board of Health
From: Councillor Frances Nunziata
Re: **Fluoridation**

Recently, representatives from the Toronto Coalition Against Fluoride (TCAF) have been meeting with City Councillors and/or their staff regarding serious concerns with Fluoride being added to our drinking water. First added to drinking water in Toronto in 1963, Fluoride is still being added to our drinking water because of perceived benefits to health including improved oral health; however, recent statistics and studies have shown that Fluoridation may actually make no difference in this regard. In addition, there are potential negative effects of adding fluoride to drinking water including, but not limited to, dental fluorosis, a condition caused by a child ingesting too much fluoride during tooth development. In its severest form, dental fluorosis may cause browning and chipping of teeth.

Because of the potential negative effects of fluoride in drinking water, and the recent studies which show that contrary to popular belief, adding fluoride to our drinking water may not improve oral health, I request that the Toronto Coalition Against Fluoride be invited to a future meeting of the Board of Health to make a presentation on Fluoridation and answer any questions Committee members may have.

Yours Sincerely,

A handwritten signature in black ink that reads "Frances Nunziata". The signature is written in a cursive, flowing style.

Frances Nunziata
Councillor, Ward 11, York South-Weston