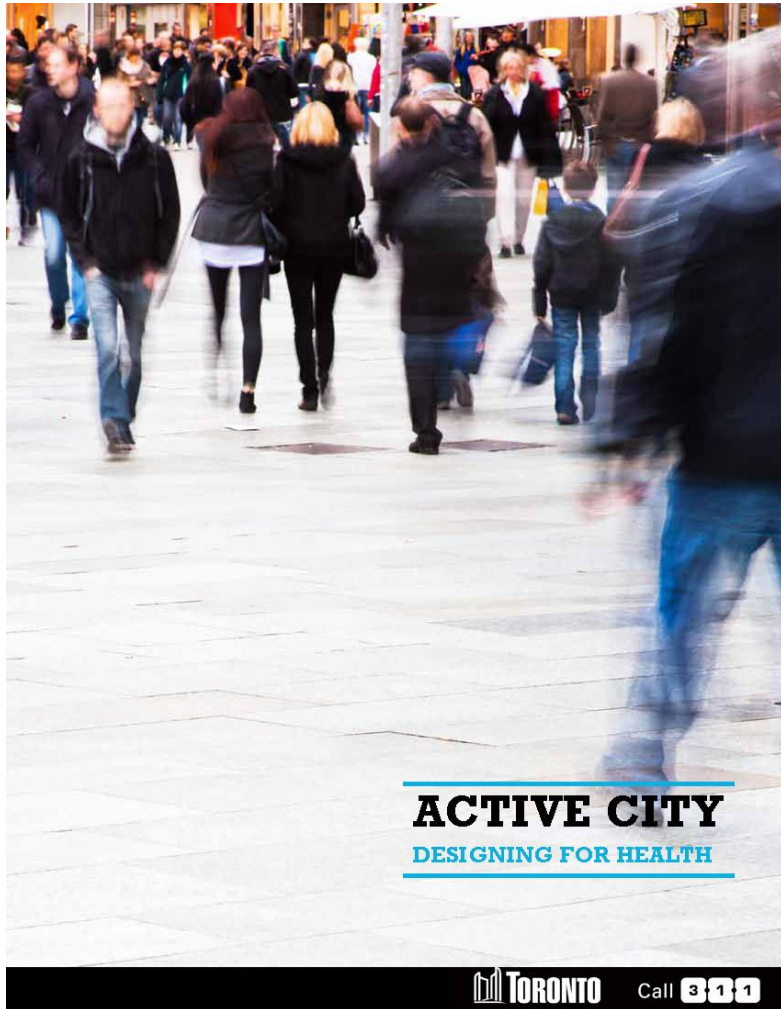


Active City: Designing for Health



Dr. David McKeown
Medical Officer of Health

Board of Health
May 28, 2014

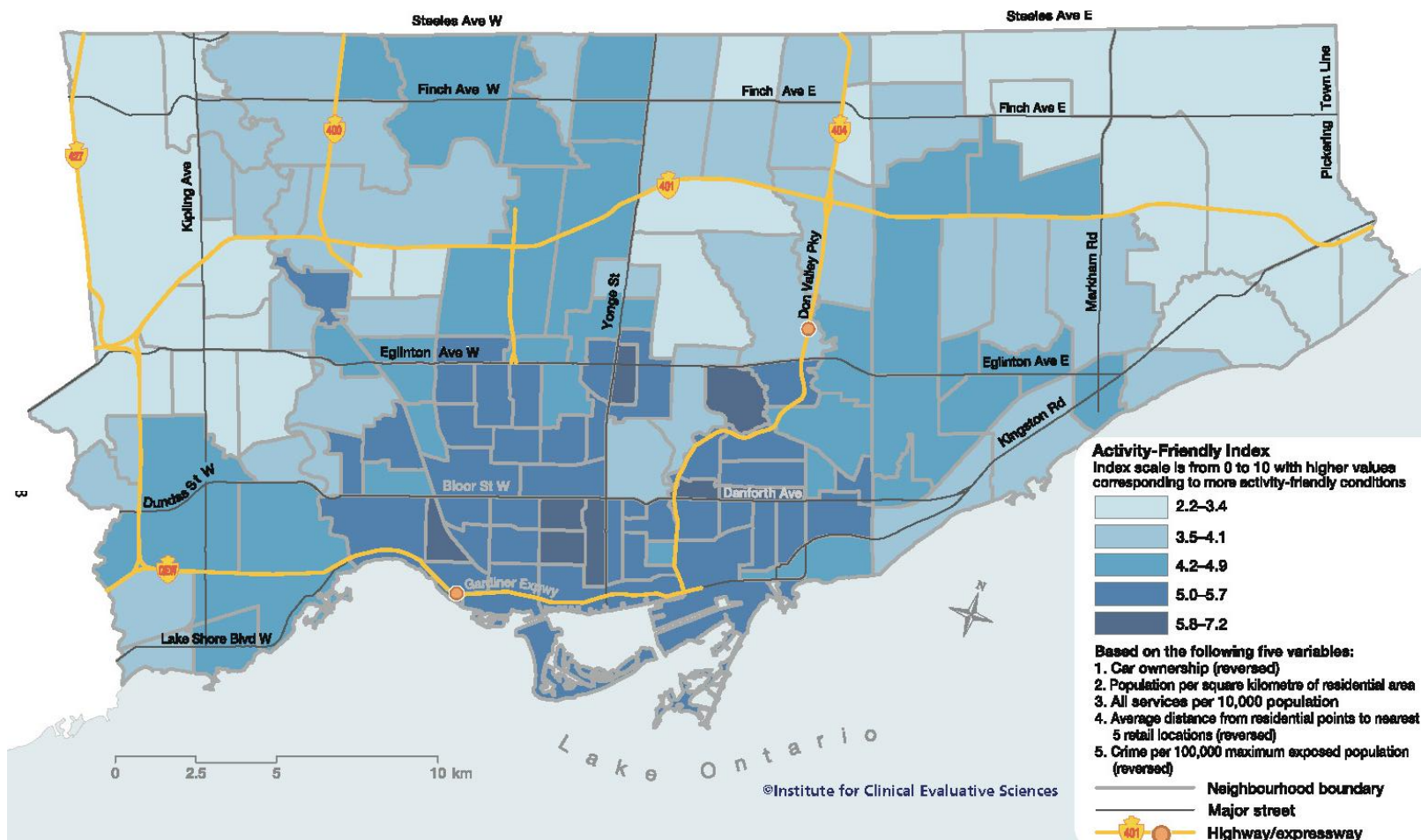
Collaboration for an Active City



- **Active City is a collaboration between Public Health, City Planning and Transportation Services**
- **It was made possible by funding support from the Healthy Communities Fund of the Government of Ontario**

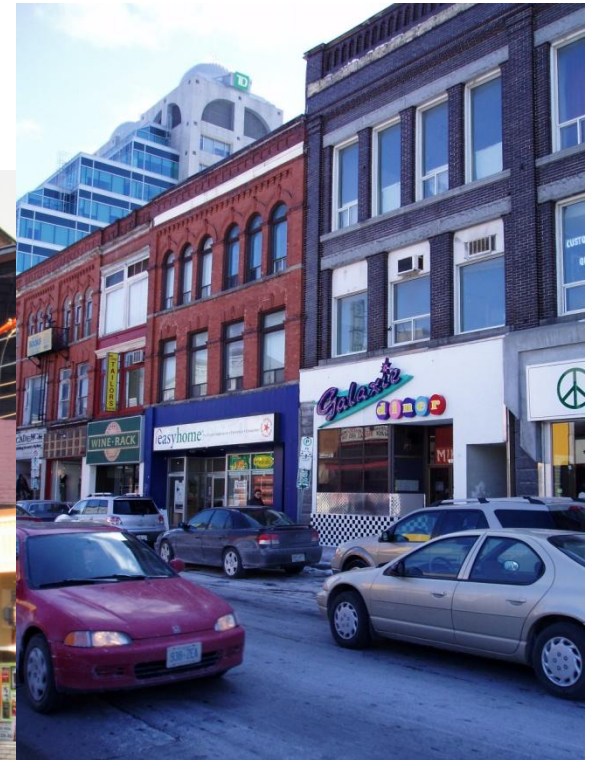
1. An Active City ...

improves health by shaping the built environment to promote and increase opportunities for physical activity.



2. An Active City ...

has a diverse mix of land uses at the local scale.



3. An Active City ...

has densities that support ample provision of local services, retail, facilities and transit.



4. An Active City ...

uses transit to extend the range of active modes of transportation.



5. An Active City ...

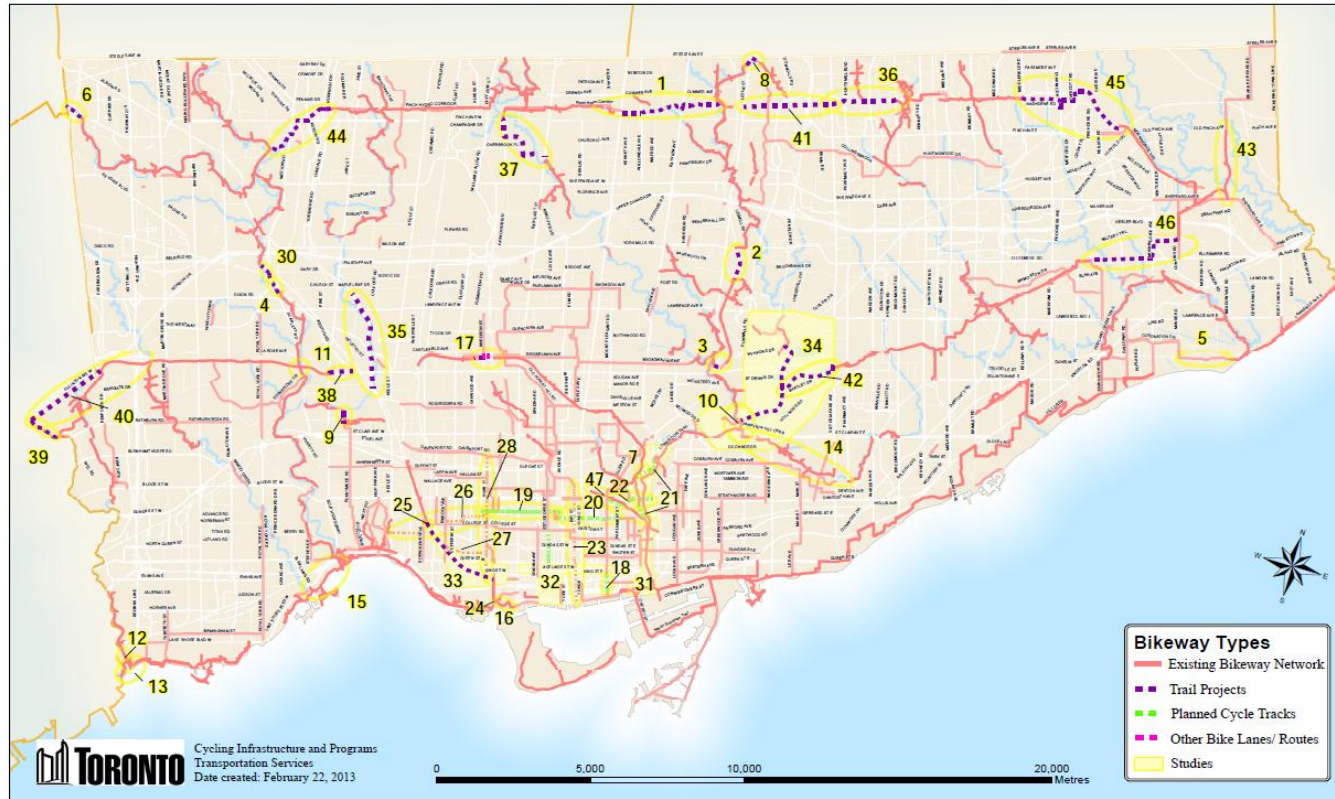
has safe routes and facilities for pedestrians and cyclists.



6. An Active City ...

has networks which connect neighbourhoods, to city-wide and region-wide routes.

2013-2017 Projects - Cycling Infrastructure and Programs



7. An Active City ...

has high quality urban and suburban spaces that invite and celebrate active living.



8. An Active City ...

has opportunities for recreation and parks that are designed to provide for a range of physical activity.



9. An Active City ...

has buildings and spaces that promote and enable physical activity.



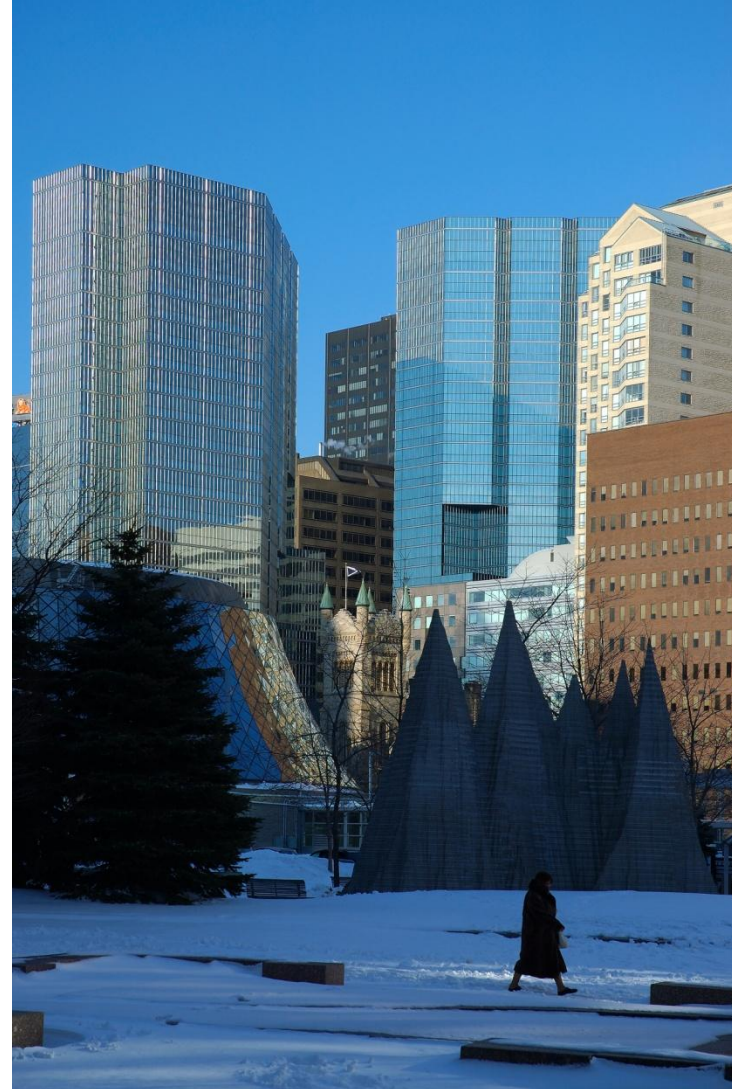
10. An Active City ...

is an equitable one where residents have equal opportunity to have healthy lifestyles.

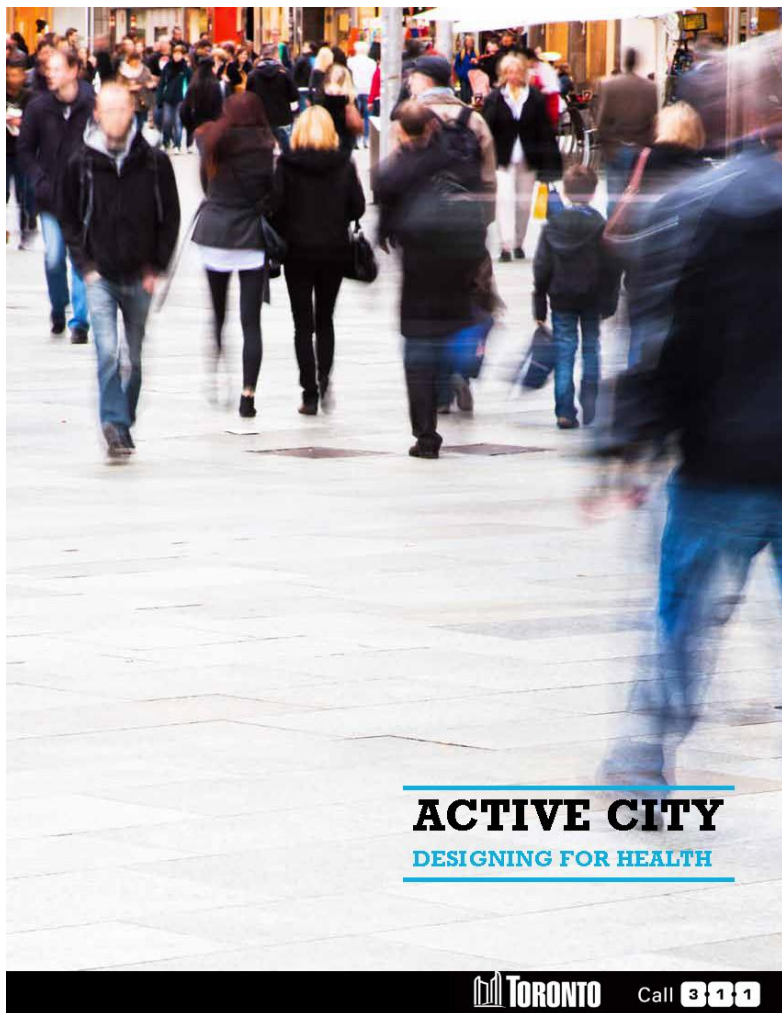


Next Steps for an Active City

- **Continuing outreach and education on design elements and infrastructure that support physical activity**
- **A forum for external partners in the planning and development community**



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