Toronto Food Policy Council 2015 Membership Update

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<th>April 13, 2015</th>
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| From:           | Community Co-Chair, Toronto Food Policy Council  
|                 | Councillor Co-Chair, Toronto Food Policy Council |

Toronto Food Policy Council members donate their time, energy, skill and experience to keep Toronto Public Health abreast of emerging policy issues, trends, challenges and possibilities related to fostering an equitable, sustainable food system.

Members represent a spectrum of Toronto’s diverse populations, neighbourhoods and sectors, and bring Toronto Public Health insights about food security needs, capacities and opportunities across the city. One member is appointed by the Toronto Board of Health, three are members of Toronto City Council, three are members of rural and farm communities near the Greater Toronto Area, two are members of the Toronto Youth Food Policy Council, and the remaining members are residents of Toronto or the region who bring knowledge and experience from a range of sectors and communities across the city. Council members are appointed for three year term. Terms are staggered, and length of term remaining for each member is indicated below.

**City Council Members**

MARY FRAGEDAKIS (City Councillor) was elected to Toronto City Council in 2010. As a life-long resident of Ward 29, she brings extensive business expertise and strong community-building experience to her role as Councillor. Prior to her election, she served as Vice President of a business-to-business conference company. In 2008, her company was awarded Best Overall Performance for Small Business in Toronto. The award also won Mary recognition for her green advocacy efforts in promoting conferences dedicated to eco-marketing and best practices. Mary is fiscally prudent, having completed the Canadian Securities Course and held several positions in the financial sector. Mary's dedication to community services led her to co-found the Broadview Community Youth Group (BCYG) in 2007 to engage East York youth from all walks of life in activities to build self-confidence, self-worth and a strong sense of community. As Board Vice President, she has been instrumental in building bridges and partnerships with local charities, not-for profits, businesses and government agencies to expand the BCYG, which recently moved into larger quarters at the Danforth Baptist Church on the Danforth. She has worked to break down barriers for people of all cultural and socio-economic backgrounds as an outreach community volunteer of the Royal Ontario Museum for 15 years. With her dedication to the arts, Mary participated in the first pilot
project in Toronto to make many of Ontario's public museums and galleries more accessible to new Canadians.

MARY-MARGARET MCMAHON (City Councillor) is an activist, a realist, and a champion of community and collectivism. A catalyst of change, she is a natural connector and fights hard for what she believes in. Councillor McMahon is committed to nurturing the integrity of Ward 32 and this vibrant city through a sustainable partnership between community and councillors. She believes in uniting the city to face challenges together, where good things come from combined engagement and efforts. She’s loyal to citizens, good ideas and effective execution. Councillor McMahon is committed to working hard on all her campaign promises, not only for the common good of all Ward 32 constituents, but for all residents of Toronto.

JOE MIHEVC (City Councillor, Chair of the Board of Health) has served the midtown area as City Councillor for the former City of York and the new City of Toronto. His deep concern for social issues has led him to be an advocate for strong neighbourhoods, healthy communities, a clean environment and safe streets. Joe has a M.A. and Ph.D. in Theology and Social Ethics. He has served in a variety of capacities that have allowed him to demonstrate his concerns for democratic, accessible and responsible government. Joe was elected Chair of the Board of Health in February 2013. As Vice Chair of the Board from 2010 to 2012, his accomplishments include championing the city's Student Nutrition Program.

Citizen Members

SABINA ALI (current member, 1 year) is the Project Coordinator for Thorncliffe Park Women’s Committee and is committed to community development initiatives and food security. She manages a seasonal Good Food Market in partnership with FoodShare with the goal of encouraging healthy eating in her neighbourhood. This market also includes freshly prepared food, clothing and jewellery vendors, and activities for children and performances. Her aim is to create social and economic opportunities for the women in the community. She is currently involved in a community food growing project that is focused on healthy food growing, community engagement and creating opportunities for women to build the foundation of social enterprises based on food. She is interested in strengthening food security programming, food education and starting up a community kitchen in the Thorncliffe Park neighbourhood.

ARSEMA BERHANE (current member, 1 year) is the Manager of Revitalization and Renewal Communities at Toronto Community Housing, where she develops, implements and monitors community development initiatives, systems, policies, and procedures in a project management capacity as a key support to revitalize communities. Arsema strives to advance a vision of community building through resident engagement, civic action and community economic development. Arsema has a BHSC in Health Science and Community Development and has been working in the social service sector for the past 17 years. With a firm belief in Anti-Oppression and Social Justice work, Arsema devotes
her time advocating for systemic transformation and creating inter-sectorial linkages to better serve multi-barri ered communities across the GTA. She is, a founding member of the Eritrean Youth Collective, the Board Chair of FoodShare Toronto, and an alumni of the Creative Institute for Toronto’s Young (CITY) Leaders. Arsema has also served as Co-Chair of the Ontario Youth Matter! Campaign, lobbying all levels of government to develop a coordinated youth policy framework for the province of Ontario.

BEVERLEY BIRD (current member, 1 year) has spent the last 26 years working in the food service sector. Leaving a private catering business to work in food security, Beverley joined Second Harvest 9 years ago, and is the Agency Relations Manager. Second Harvest is a charity that rescues fresh, surplus food that would otherwise go to waste, and distributes it daily to a network of more than 200 social service agencies across Toronto. Since its inception in 1985, Second Harvest has rescued more than 100 million pounds of food, addressing two pressing food systems issues – hunger relief and waste reduction.

GA VIN D ANDY (farmer, current member, second term, 3 years) is a farmer and a teacher of new farmers, and the Executive Director of Everdale Environmental Learning Centre. Recently, Everdale has expanded to coordinate the new Black Creek Community Farm project in the Jane and Finch neighbourhood. Gavin oversees Everdale’s programs, including 2 farm sites, new-farmer training and business planning programs, as well as youth employment and educational programs. More than 70 new farms have been launched by graduates of Everdale’s new farmer training programs. Gavin is also a part time instructor at Sir Sandford Fleming College’s Sustainable Agriculture Graduate certificate program, and at the University of Guelph’s Sustainable Urban Agriculture certificate program.

SONIA DH IR (current member, second term, 3 years) is a Project Manager for the Humber River Watershed at the Toronto and Region Conservation Authority (TRCA). Sonia has a Masters degree in Environmental Planning and Management from York University and a Life Sciences degree from the University of Toronto. Her primary responsibilities involve establishing partnerships, engaging the community in watershed management, environmental advocacy, implementing environmental projects, facilitating near urban agriculture on public land, and communicating watershed health through the media, presentations and special events. At TRCA, Sonia has led and worked on various environmental monitoring and reporting initiatives. She has developed leading edge agricultural policies for thousands of acres of conservation lands and manages TRCA’s urban agriculture portfolio. Sonia is involved with various other local food systems and sustainable agriculture initiatives in the Toronto Region. Sonia is also a full member of the Canadian Institute of Planners and a Registered Professional Planner.

ALEX DOW (current member, 1 year) is the Program Director at Malvern Family Resource Centre in north-east Scarborough. Since 2009 he has worked on community food security initiatives and has used food as an effective local catalyst for community development. The agency's Action for Neighbourhood Change arm is engaged in a number of food activities and proposed initiatives including urban farms, community
market spaces, student nutrition programming, local food procurement, and documenting food histories among other things. Central to this work has been a philosophy of working collaboratively with residents to create local spaces for food advocacy and action. The neighbourhood now has over 20,000 ft² of urban agriculture space as well as two community orchard sites. Alex is committed to bridging the work of the Toronto Food Policy Council with neighbourhoods in east Toronto and working towards establishing Scarborough communities as hubs for food and agriculture.

CARLY DUNSTER (current member, second term, 3 years) is an employment lawyer with a keen interest and background in the practice of food law. She started Carly Dunster Law as a sole practitioner in 2011, and provided affordable and accessible legal and consulting services to those seeking to build more sustainable food systems. She has worked with many food and urban agriculture initiatives in Toronto, including the Toronto Underground Market, Food Truck Eats, the Food Constellation at the Centre for Social Innovation, The Depanneur, and a wide variety of small food entrepreneurs and producers. She is the author of a chapter on Canadian and American food law, in a book entitled International Food Law and Policy to be released by Springer in 2015. She is also a member of Food Lawyers of Canada, a professional organization for lawyers that specialize in the practice. She is currently seeking ways to merge her employment practice with her food law experience, and is always open to suggestions.

ANGELA ELZINGACHENG (current member, 1 year), sharing TFPC membership position with Utcha Sawyers) works for FoodShare Toronto as the Urban Agriculture and Community Food Animation Co-Manager. Angela has been working as a community organizer and developer for over 17 years. She came to FoodShare after working at a neighbourhood-based food security organization in Vancouver, Canada and getting a Master's in Social Work at the University of British Columbia with a focus on community development and anti-oppression. Angela's work as an Urban Agriculture Manager is informed by her agriculture work as a youth and now by the experienced gardeners and farmers' in the city. Angela's passion is to support change towards a more just society that reflects the diversity of Toronto. In the past, she has been involved with nation-wide political action related to education reform and hopes to translate that into food reform in Toronto. FoodShare's Urban Agriculture and Community Food Animation projects span gardens, farms, composting, beekeeping, Good Food Markets, neighbourhood-based food networks, and supporting community based decision-making and leadership.

TANIA FERNANDEZ (new member, 3 years) has been the Health Promoter at the Rexdale Community Health Centre since 2011. In this role, she supports multi-sectoral linkages and community driven projects to address food insecurity. Tania is the co-founder and coordinator of Rexdale’s annual Foodie Festival, which connects community members to local caterers, food programs and advocacy initiatives. She is also the Co-Chair of the Community Health Centre Food Security Network, the Rexdale Food Access Committee and the Rexdale Community Garden Network and a recent graduate the Master of Public Health program at the University of Waterloo.
**KAYLEN FREDRICKSON** (Youth member, 3 years) moved to Toronto from western Canada in August, 2011. She first studied the food system through her undergraduate degree at the University of British Columbia’s Faculty of Land and Food Systems. Over the course of her Master’s of Public Health at the University of Toronto, she studied Canada’s national food discourses. Kaylen joined the TYFPC in the fall of 2014 as the Advocacy Committee Co-Lead and focused most of her first year on a municipal election project. Kaylen gets hands-on with food in her balcony garden and in her kitchen. Alongside food issues, Kaylen is interested in women’s health and program evaluation, and occasionally has the great fortune to think about the intersections of these three fields.

**HARRIET FRIEDMANN** (current member, second term, 1 year) is a University of Toronto sociology professor who has gained an international reputation for her work on the health and agricultural impacts of globalization. She has also worked on crucial academic committees developing United Nations expert consensus reports on environment, climate and food subjects. Friedmann was one of the earliest members of the TFPC during the 1990s and served as TFPC co-chair for one term. She has played a key role in finding university funding for several recent TFPC projects, including the e-mail service called “foodforethought” and the earliest policy development work on local and sustainable food. She will help the TFPC keep abreast of emerging trends among leading food system thinkers around the world.

**RACHEL GRAY** (new member, 3 years) is the Executive Director of The Stop Community Food Centre. Rachel has worked in the community services sector for over 20 years, most recently as the Director of National Initiatives at Eva’s Initiatives, where she helped build capacity in the youth-serving sector across the country. She also helped develop, and served as the Manager of Housing at Eva's Phoenix. She previously worked at the Stephen Lewis Foundation, and as a special assistant to the Minister of Health for the Province of Ontario. She brings with her a wealth of community engagement, fundraising, and communications experience.

**SUNDAY HARRISON** (current member, 1 year) is the founder and executive director of Green Thumbs Growing Kids, a community-based non-profit that empowers children, youth and families to garden on school and park lands, and to use freshly grown food in classroom recipes. Programs take place primarily at four inner-city elementary schools. Sunday recently completed a Masters in Environmental Studies, with a concurrent Graduate Diploma in Environmental and Sustainability Education at York University. She also initiated a province-wide awareness campaign called Imagine A Garden in Every School. Her interest in school food and environmental policy led her to seek a position on the TFPC.

**JANET HORNER** (farmer, current member, 1 year) is the Executive Director for the Golden Horseshoe Food and Farming Alliance and the Greater Toronto Area Agricultural Action Committee. The Alliance oversees the implementation of the Golden Horseshoe Food and Farming Action Plan by working with farmers, rural and urban municipalities, the province and industry to ensure that the Food and Farming Cluster in the Golden
Horseshoe is growing and vibrant. Janet’s skills lie in group facilitation and consensus building as she has trained adults and youth in small business start-ups and encourages dialogue between urban and rural residents on land use and food issues. Janet is a partner in the family business, Whitfield Farms Ltd., a cash crop operation in Dufferin County, and for 30 years, operated Whitfield Farms Catering. Janet volunteers her time as a Steering Committee member of Sustain Ontario. She is also Chair of the board of the Rural Ontario Institute, an organization that develops leaders, initiates dialogue, supports collaboration and promotes action on issues and opportunities facing rural Ontario.

**TINASHE KANENGONI** (new member, 3 years), is connected to the community food security and food justice movement. He has a York University Masters in Environmental Studies that focused on food, waste, and energy sustainability. He is currently the project lead with Seed to Table, an organization that does work around food literacy, youth leadership and food enterprises out of the East Scarborough Storefront and Rosalie Hall. Tinashe is working on a start-up soil fertility management company that will be making aerated compost teas. He has over 10 year experience in community food animation and was the first community food security coordinator for the City of Toronto in the Lawrence Heights neighbourhood. Tinashe grew up in a cash crop farming and gardening family in Zimbabwe. He has worked for FoodShare, the Toronto Food Animators, the Afri-Can Foodbasket, North York Harvest Food Bank, and has also worked on local food enterprises through Toronto Public Health’s Healthy Corner Store initiative.

**AMANDA LIPINSKI** (current member, maternity leave, 2 years) is a Diabetes Prevention Coordinator at the Southern Ontario Aboriginal Diabetes Initiative. She is a nutrition and wellness specialist and a yoga instructor. She is pleased to link the TFPC to aboriginal histories and ways of knowing about food and agriculture.

**JOSHNA MAHARAJ** (new member, 3 years) is a busy chef with big ideas about good food! Her strong social justice and sustainability ethics flourished during her time at The Stop Community Food Centre, where she built innovative and delicious community food programs, putting a grassroots kitchen on par with the rest of the kitchens in the city. Recently, she has been working with hospitals in Toronto, trying to reconnect good, wholesome food with wellness, and create new models for institutional food procurement and production. Joshna is a regular guest chef on CBC Television’s Steven and Chris, and she was a speaker at the 2011 TEDxToronto conference. She is the Assistant Director of Food Services and Executive Chef at Ryerson University, where she is working on a new campus food strategy with a focus on offering students, staff and faculty more sustainably sourced, wholesome, affordable food.

**SHIRIN MANDANI** (new member, 3 years) is the Executive Director of REH’MA Community Services. At Reh’ma, Shirin initiated projects to address food security issues for seniors and to bring employment to immigrant women in the food sector through culinary skills training. Reh’ma Community Services delivers a free Halal Meals on Wheels for seniors. The culinary training program provides free culinary skills training and employment to immigrant women from marginalized backgrounds has been successfully operating since 2012. Reh’ma’s social enterprise focussed on food has
employed women from diverse backgrounds who are operating from a commercial kitchen, serving various corporate and not for profit groups. In the past, Shirin coordinated the Agriculture and Food Processing public policy national conference for the Canada India Foundation.

**BARRY MARTIN** (current member, 1 year) is the Founder and Principal of Hypenotic, a full service communications and design firm. Over the past 13 years, Barry has worked with a number of food and farm organizations in Ontario, including Sustain Ontario - The Alliance for Healthy Food and Farming, the Ontario Culinary Tourism Alliance, Fiesta Farms, The Friends of the Greenbelt Foundation, Southbrook Winery, Fifth Town Cheese, Local Food Plus and others. Barry sits on the Slow Food Toronto steering Committee.

**RICHARD MATERN** (new member, 3 years) is the Senior Manager of Research at Daily Bread Food Bank in Toronto. Daily Bread is a food distribution network, providing food and support to almost 200 food programs across Toronto. His responsibility at Daily Bread informs the long-term solutions component of their work, including the development and implementation of a research program to support a government relations strategy and an organizational strategic plan. A cornerstone of this work is Daily Bread’s annual Who’s Hungry report, which illustrates the level of poverty and hunger in the city.

**PAUL NAGPAL** (current member, 1 year, Board of Health member) is a co-founder and managing partner of Strateva Partners, a boutique advisory firm working with small and mid-sized organizations. His main focus revolves around providing strategic advisory and interim management services, particularly within the technology, food, retail, and non-profit sectors. He has worked with many companies to help them achieve sustainable sales growth and develop more efficient processes and operations. Paul worked at Deloitte Consulting, working with Fortune 1000 companies and non-profit organizations focusing on business transformation, product assessments, and resource strategies. Later, he worked with AT Kearney, focusing on market entry strategies, operational efficiencies, and strategic assessments. At Strateva, he has worked with many organizations, focusing on growth, turnaround situations, and sustainability. Paul also sits on a number of non-profit boards and is an advisor/mentor to many start-up companies.

**JOE NASR** (new member, 3 years) is a as a part-time lecturer and associate of the Centre for Studies in Food Security at Ryerson University and co-founder of the Toronto Urban Growers. His main focus is on urban agriculture, as well as the relation between design and planning and food system issues. Joe has worked on numerous projects globally that highlight the place of food in cities. He has been involved in urban agriculture issues since the early 1990s. In Toronto, he has been part of creating the Toronto Urban Growers, was co-author of a scaling up urban agriculture report, and supported the preparation of the GrowTO Urban Agriculture Action Plan. His primary teaching areas are urban food and agriculture systems; the city and sustainability; history of urban planning theories and practice; urban form and its formation; planning, urban and regional theory; urban development; disasters and the city.
FIONA NELSON (honorary member) promotes urban agriculture, school food programs, composting, and food security at every opportunity. A former kindergarten teacher, junior-high science teacher, and professor of Early Childhood Education at George Brown College, Nelson also served as a school trustee on the Toronto Board of Education from 1969 to 1997 -- chairing the Board four times. Concurrently, she represented the school board on the Board of Health, starting in 1973 and ending in 2011, as the Board of Health's longest-serving community member. Nelson also chairs the Toronto Cancer Prevention Coalition and represents the city on the Greater Toronto Area Agricultural Action Committee. She gets her organic asparagus and eggs from her family farm.

DILYA NIEZOA (Youth member, 2 years) is the Chair of the Toronto Youth Food Policy Council. Dilya’s background in International Development first exposed her to issues of social justice and global food insecurity at the University of Guelph. Following the completion of her undergraduate degree, she travelled widely and worked in Nicaragua, South Korea, Bolivia and Mexico in education and the non-profit sector. She recently completed a certificate in Food Security and is now a masters student at York University in the Faculty of Environmental Studies Department where she continues to study food issues in Toronto. A lover all things food, Dilya enjoys baking, cooking and most of all eating.

RYAN NOBLE (new member, 3 years) is the Executive Director of the North York Harvest Food Bank, one of the largest food banks in Toronto. After graduating from Queen’s University with a Bachelor in Commerce in 2001, he started his career working in the aerospace industry, focused on managing change and organizational transformation as well international business development. Food security has always been a passion of Ryan’s – he undertook graduate-level research in community development and local food systems, eventually earning a Master’s degree in education from the University of Toronto. He has participated in several local initiatives around community-supported agriculture and alternative food systems. Prior to accepting the Executive Director role, Ryan served as a member of the North York Harvest Food Bank board of directors.

MARINA QUEIROLO (current member, 1 year) is the Food Program Manager for Evergreen Brick Works in Toronto. Since joining Evergreen she has re-developed the food strategy for the site and created a portfolio of programs that address food literacy and sustainability with the goal of reaching diverse audiences. Marina also manages a year round weekly farmers’ market, recognized as the largest market in the city. Marina brings an artistic and entrepreneurial spirit to the various roles she has held since emigrating to Canada from Argentina in 2002. A graphic designer/marketer by training, Marina sees creative opportunities and “ideas” in everyday life. This interest led her to create a company called sûrkl empanadas which she developed at FoodShare’s Toronto Kitchen Incubator. As a member of Slow Food Toronto, she has volunteered and participated as a chef in food events such as the Slow Food Picnic.
Her guiding passion is about motivating and engaging the community and industry to collaborate towards the common goal of creating a strong and sustainable local food economy.

**UTCHA SAWYERS** (current member, 1 year, maternity leave, sharing TFPC membership position with Angela ElzingaCheng) is a Food Justice and Community Animation Manager at FoodShare Toronto. With over 15 years of devotion to social justice activism work within communities of colour and low-income communities both locally and internationally, Utcha brings to the table a grassroots approach to the food justice and food sovereignty movement that has been building momentum across Toronto. Utcha is an International Advisory Board Member and the Local Empowerment Group (LEG) sub-committee Chair for the Growing Food Justice Initiative (GFJI), an international organization leading the Food Justice movement globally to dismantle racism in across food systems. She also chairs, consults, and facilitates on a variety of cross-community food justice, food democracy, and food sovereignty initiatives both local and globally. With an education and employment journey in employment resource development and Afro-Caribbean Studies, Utcha continues to support and advocate for marginalized communities with great emphasis on growing equality, and just local, national, and international food systems. Utcha collaborates with a dynamic network of agencies, institutions, resident leaders, grassroots organizations and city partners to engage, inspire, and provide empowerment tools for all communities impacted by food injustice. As the Food Justice & Community Animation Manager at FoodShare Toronto, she joins the organization’s collective effort to support diverse communities to realize food projects.

**HELENE ST. JACQUES** (Outgoing Chair, honorary member) has been the President of Informa Market Research, a research and communication firm specializing in food retail trends, since 1979. Her firm specializes in providing marketing advice to Ontario farmers who try to sell value-added products that express values of health and agricultural sustainability. She has served on the boards of several community organizations, including Jessie’s Centre for Teenagers, Dixon Hall and FoodShare. She helps the TFPC understand food retail trends that influence policy for local, sustainable and healthy food.

**CHRIS WONG** (current member, 1 year) is the General Manager of Young Urban Farmers, a local business dedicated to helping people grow fresh, delicious produce throughout the city in raised beds, containers, and edible landscapes. He is also the co-founder of Cultivate Toronto, an innovative non-profit organization that transforms underutilized backyards and rooftops into productive growing spaces while providing opportunities for people to learn the basics of edible gardening in the city. He makes vegetable gardening fun, enjoyable and rewarding and has a passion for healthy eating, and all things related to food.

**MARGARET ZONDO** (farmer, current member, 1 year) is a small-scale farmer in Ontario growing organic vegetables on a 2-acre plot with a special focus on culturally appropriate vegetables popular among Southern African and other immigrant
communities in Canada. In the past she worked with the Presbyterian Church of Canada, and in this role participated in several global conferences on HIV and AIDS. Margaret has worked as a senior executive in the Zimbabwe Public Service, she is the Co-Founder of the ZimAlternative Cultural Association in Ontario, and she has served as Vice President of the African Canadian Social Development Council and on many other Boards.

The Board of Health thanks outgoing TFPC members Councillor Shelley Carroll, Councillor Josh Colle, Anette Chawla, Gillian Flies, Paul de Campo, Michelle German-Macintosh, Julia Graham, Robert Koss, Catherine Mah, Sasha McNicoll, and Suman Roy for their incredible contribution and years of service.