

**To the Licensing and Standards Committee Reviewing LS24.2**

To whom it may concern:

Please find attached our submission to the Licensing Committee regarding the practice of Polarity Therapy in Ontario.

It seems that further clarification is needed about holistic practices as a whole, and specifically information with regards to the *Ontario Polarity Therapy Association*.

Hopefully the attached document will shed light on some of the issues touched upon at the meeting on April 10<sup>th</sup>, which I understand will be further discussed at the forthcoming meetings in council on the following dates April 24<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>.

It was evident that there was zero input from any of the *legitimate* Holistic organizations and the focus was entirely on the body rub community.

Also our question continues to be: *why are legitimate holistic practitioners grouped together under the same umbrella with body rubbers?* For many years the City of Toronto's choice to do this has caused us a great deal of concern and we ask you to consider that it is now time to change this. Holistic practitioners study extensively to gain their designations at their individual schools in order to practice.

Sadly, we did not receive notice of the meeting in time to get a report formulated. Plus it was not clear as to what the appropriate response would be.

I am hoping there may be further opportunities to state our case, educate on the value of Polarity Therapy and make sure our members can continue to practice their modality in the future.

Jennifer Bonnor-Moris Bsc,PT. BCPP. RPP.

Board Certified Polarity Practitioner

President the Board of Directors OPTA

416 762 7504

[info@polaritytherapy.ca](mailto:info@polaritytherapy.ca)

[www.polaritytherapy.ca](http://www.polaritytherapy.ca)

**Submission to Licensing and Standards Committee**  
**Review of Work Plan of Chapter 545 Licensing,**  
**Body-Rub Parlours and Holistic Centres.**

**From: Ontario Polarity Therapy Association.**

[www.polaritytherapy.ca](http://www.polaritytherapy.ca)

**Author:** Jennifer Bonnor-Moris, Bsc,PT, BCPP, RPP, President of the board of directors OPTA [jenny.bonnor-moris@sympatico.ca](mailto:jenny.bonnor-moris@sympatico.ca)

This is to clarify points that were addressed at the April 10<sup>th</sup> meeting:

- Our professional association has existed in Ontario for 22 years, with our members offering Polarity Therapy as an holistic, complementary and health building approach to healthcare.
- We are an independent group affiliated with the American Polarity Therapy Association. [www.polaritytherapy.org](http://www.polaritytherapy.org)
- We are individual practitioners dedicated to the use of Polarity therapy techniques working in a variety of settings either in individual or clinic practices.
- We are not part of any of the 5 PHA`s listed. It was not clear as to whether all 37 associations are going to be reviewed in future? As we all have different mandates under which we operate, it is difficult to understand why we would be all lumped together and for what purpose?
- Our association only accepts new members who can demonstrate they have done the appropriate training in Polarity Therapy from a recognized school, passed the exams and earned the required credentials or are working towards them.
- We have the required functioning Board of Directors.

- We use a PO Box and email address to communicate with our members. Ten years ago when City of Toronto licensing meetings were happening (with the intention to curb the illegal body rub industry), we removed our physical address from the website because we were being approached by questionable characters wanting to purchase membership without doing the appropriate training.
- Many of our practitioners live and work outside of the Toronto area and therefore are not required to have a Holistic license at this time.
- Polarity Therapy is practiced throughout Canada, the United States and in many countries around the world including the UK, Europe, Japan, India, and Australia to name a few. In Switzerland, it is paid for by the government health care.
- Our governing body, *The American Polarity Therapy Association*, has set standards and ethics which guide the practice of Polarity therapy, to which we adhere.
- Ten years ago, we participated with many other holistic modalities in meetings with the City of Toronto Licensing in their effort to curb the practice of illegal body rubbers stealing our holistic good name. It was a time consuming and lengthy process and we are so sad to see that it might be repeated yet again.

I hope this serves to shed some light on the legitimacy of our organization and clarifies our mandate. [info@polaritytherapy.ca](mailto:info@polaritytherapy.ca)

***The holistic approach of Polarity Therapy is characterized by the integration of the health and well-being of the whole person.***