

T.O. Health Check: An Overview of the Health of Toronto's Population

Presentation to the Board of Health

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City Council's Vision for Toronto includes:
To invest in quality of life

Toronto Public Health's Vision:
**To improve the health of our
community and reduce health
disparities.**

1. Population Demographics
2. The Social Environment
3. The Natural and Built Environments
4. Reproductive and Early Child Health
5. Oral Health
6. Mental Health and Illness
7. Substance Use
8. Sexual Health
9. Infectious Disease
10. Unintentional Injury
11. Chronic Conditions and Risk Factors

Life expectancy (2015)	Females: 87 years (Ontario: 84) Males: 82 years (Ontario: 80)
Diabetes Prevalence (2016)	10% (7% in 2007)
Hospitalization for Cardiovascular Disease (2017)	809 per 100,000
Dementia (2016)	16% of seniors 75 to 84 years and 45% of seniors 85 years and older
Self-harm (2014)	11% of grade 7-12 students report hurting themselves on purpose
Opioid Poisoning (2018)	308 deaths (181% increase since 2013)



Social Determinants of Health

Income

Premature mortality (per 100,000):
Highest income: 175 Lowest Income: 307
(2015)

Sexual orientation

LGBTQ students had a higher prevalence of
suicide ideation (2014)

Indigenous identity

92% of Toronto's Indigenous children live in
low income (2016) (*Our Health Counts Survey*)

Immigrant status

40% of recent immigrant households are in
core housing need (2010)



1. Data gaps for certain sub-populations:

Example: Sexual Orientation Data

2. Data not collected:

Example: Child Health Data

3. Data not consistently available:

Example: Youth Health Data

4. Timeliness of Data:

Example: Mortality Data

Ongoing Health Status Reporting for Toronto:


Welcome to the Population Health Status Indicator (PHSI) Dashboard

The PHSI dashboard is an interactive data visualization tool that provides highlights and key information on population health status indicators for the City of Toronto. These surveillance indicators were developed by Toronto Public Health to help to meet the requirements of the Ontario Public Health Standards and to support TPH's mission to reduce health inequities and improve the health of Torontonians.

Contact

For questions or inquiries, please contact: **Surveillance and Epidemiology Unit**, Telephone: 416-392-7450, seu@toronto.ca

Need Help?

Please visit the dashboard  [User Guide](#) [PDF] for more information on how to navigate the PHSI Dashboards.

Do you need a snapshot of all population health status indicators? Check out the [Indicator Quick Statistics](#) page for a comprehensive list of PHSIs with key statistics.



[Indicator Quick Statistics](#)



[Adult Chronic Disease](#)



[Adult Injury and Substance Use](#)



[Adult Mental Health](#)



[Child and Adolescent Health](#)



[Overall Health and Well-being](#)



[Reproductive Health](#)