

Joe Cressy, Chair  
Board of Health  
City of Toronto  
Nov 11, 2019

Dear Councillor Cressy and committee members:

Re: BOH HL11.1 **Community Violence in Toronto - A Public Health**

**Approach** <http://app.toronto.ca/tmmis/viewAgendaItemHistory.do?item=2019.HL11.1>

Good day everyone

Remembrance Day always reminds me of Major General Smedley Butler's 'War is a Racket' (1) read to the tune of Navy veteran Terra Weston's remake Leonard Cohen's 'Hallelujah' Quote "You thought it'd be much better back home did you" (2) Quote LC "And every breath we drew was 'Hallelujah' (2a)

Seems we have quite the racket going on in Toronto and the rest of Canada perpetuating mental and physical violence, on purpose.

Quote from BOH Recommendations #2 "... to inform the Community Safety and Well-Being Plan by bringing a public health perspective and identifying other relevant issues"

#3. "Community Safety and Well-Being Plan and engaging children and youth in the development process."

Children instinctively know what millions of Canadians have been trained increases morbidity and mortality anyone alive. Loss of trust in authority your children run wild (3) Every security guard in this building is 'First Aid' trained and know what is being taught is dead wrong.

Aaron Orkin MD quoted CBC "Rescue breathing is the hardest thing I do as an Emergency Physician" An insult to everyone's intelligence (4-5)

Coroner's inquest Eileen de Villa MD under questioning "I am not a resuscitation expert ask the nurses they know what to do" "Premier Doug Ford's policies is costing people their lives" (6)

Myself under questioning trespass charges Toronto Public Health's head office "Mr Thompson why do you keep going back to TPH's office?" "Because they and others teach life threatening First Aid" "Your Honor we are dropping all charges you are free to go Mr Thompson" "You gave me paperwork that brought me to court I want paperwork says I can go?" "Mr Thompson there is no paperwork just go"

Kangaroo courts and a mad tea party right here in front of me.

May I suggest you stop self induced violence creates a 'Butterfly Effect' making everyone physically and emotionally ill increasing violence drug use and abuse, your body language alone gives you away.

Have a nice day Doctor's everyone

Sincerely  
Gary Thompson  
Outreach Worker  
jgary.thompson@mail.utoronto.ca

#### References

- 1) Major General Smedley Butler 'War is a Racket' <https://www.ratical.org/ratville/CAH/warisaracket.html>
- 2) Sailor Jerri – Hallelujah Veterans Version <https://youtu.be/m6s6KIZzxb4>
  - a) The Meaning and History of the Song "Hallelujah" by Leonard Cohen <https://spinditty.com/genres/The-Origin-and-History-of-the-Song-Hallelujah>
- 3) Toronto District School Board See page 15-16  
<https://www.tdsb.on.ca/Leadership/Boardroom/Agenda-Minutes/Type/A?Folder=Agenda%2F20171123&Filename=171123+Opioid+3266.pdf>
- 4) Aaron Orkin MD 'Ontario makes controversial change on how to help overdose victims' <https://www.cbc.ca/news/canada/ottawa/ontario-changes-rescue-breathing-opioid-overdoses-1.4608089>
  - a) Above CBC story quote "Heart & Stroke Foundation chest compressions before Naloxone" Letter H&S F <https://twitter.com/GaryCPR/status/1160716126676029442>
  - b) Note above H&S F letter CCd Laurie Morrison MD co-author 2010 AHA Guidelines part 12:7 'Toxic Ingestions' Toxidromes  
"Practically every sign and symptom observed in poisoning can be produced by natural disease, and many clinical presentations associated with natural disease can be mimicked by some poison."

Opioid Toxicity “Naloxone has no role in the management of cardiac arrest” “ventilation should be assisted by a bag mask followed by administration of naloxone and placement of an advanced airway if there is no response to naloxone.”

<https://www.ahajournals.org/doi/full/10.1161/circulationaha.110.971069>

5) Leece P. MD; Orkin A. MD et al [*Note Laurie Morrison MD credited*] ‘Development and Implementation of an Opioid Overdose Prevention and Response Program in Toronto, Ontario’ CJPB 2013; 104(3):e200-4 <https://www.semanticscholar.org/paper/Development-and-Implementation-of-an-Opioid-and-in-Leece-Hopkins/bed728a7130212823c2c749bb91e9ff950a0ab20>

6) Brad Chapman coroners inquest

<https://www.mcscs.jus.gov.on.ca/english/Deathinvestigations/Inquests/Verdictsandrecommendations/OCCInquestChapman2018.html>

7) Thompson G. ‘Flaws in Toronto’s Opioid Overdose Prevention Program’ Emergency Medicine News 2015;37(12)31 [Disclosure I am not an MD] [https://journals.lww.com/em-news/Fulltext/2015/12000/Letter\\_Flaws\\_in\\_Toronto\\_s\\_Opioid\\_Overdose.14.aspx](https://journals.lww.com/em-news/Fulltext/2015/12000/Letter_Flaws_in_Toronto_s_Opioid_Overdose.14.aspx)

8) Gathering of Eagles 2018 Michael Levy MD Avoiding EMS (Over) Use of Naloxone in Opioid Overdose See slide 21

<http://seureservercdn.net/198.71.233.44/64i.758.myftpupload.com/wp-content/presentations/2018/315pmFridayClemencyNaloxone.pdf>

9) Nathan Harig EMS <https://youtu.be/35lBf5s-iro>

10) Nicholas Etches MD <https://www.cbc.ca/player/play/895066691568>

11) Annotated info Naloxone <https://roguemedic.com/?s=Naloxone>

## **Addendum**

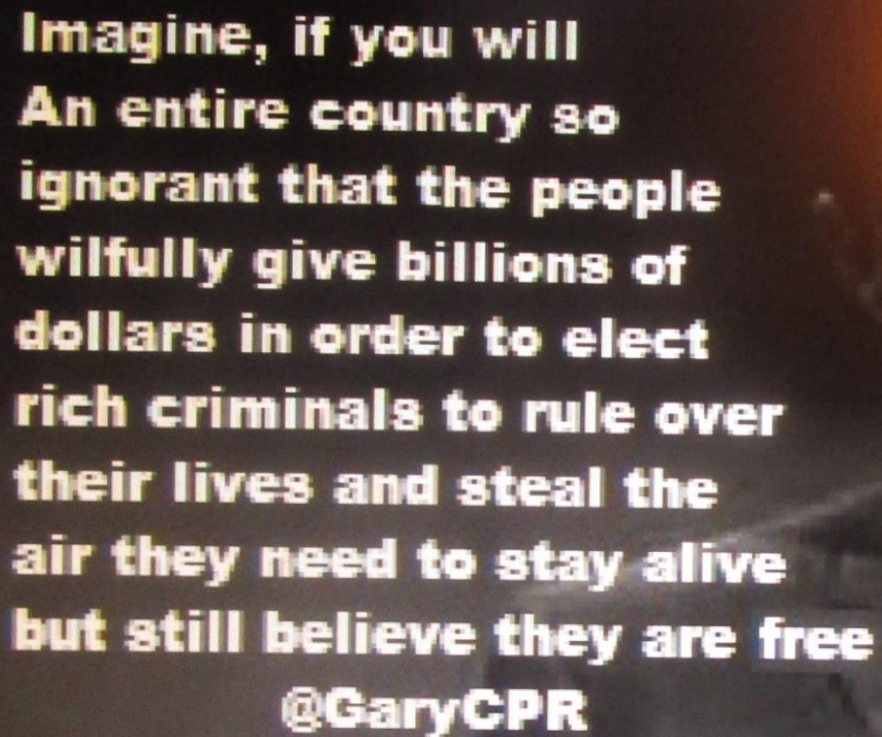
Oct 28, 2019 Board of Health my PowerPoint submission with references <https://aliascpr.wordpress.com/2019/10/30/oct-28-2019-boh-deputation-and-references/>

Sept 23, 2019 Board of Health ‘Indigenous HIV – harm reduction and child/youth resiliency’ BOH lost my video deputation and finally added the references to my submission Sept 30 Deputation hard copy with extra notes <https://jgarythompson.wordpress.com/2019/09/24/boh-deputation-sept-23-2019/>

Sept 22, 2015 My deputation Board of Health <https://youtu.be/QhsDjmI9H9c>

**A houseplant knows it must breathe or die**

“You would think it brutal to withhold from the less capable *[anyone]* the air they need. The moment you begin discriminating against the less capable, you establish conditions that breed dissatisfaction and resentment: you invite envy, discord and strife.” Alexander Berkman “Life of an Anarchist” p.282



**Imagine, if you will  
An entire country so  
ignorant that the people  
wilfully give billions of  
dollars in order to elect  
rich criminals to rule over  
their lives and steal the  
air they need to stay alive  
but still believe they are free  
@GaryCPR**