

Submission from Gary Thompson

Joe Cressy, Chair
Board of Health
City of Toronto

Jan 13, 2020

Dear Councillor Cressy and committee members:

Re: HL13.3 Promoting and Ensuring Accountability at Toronto Public Health
<http://app.toronto.ca/tmmis/viewAgendaItemHistory.do?item=2020.HL13.3>

Good morning Brothers and Sisters:

From BOH background info

Quote paragraph one "in accordance with ministry published standards, protocols and guidelines; using provincial funding" (1)

Ontario 'Public Health Modernization'

Page 1 second paragraph quote "we clearly heard and responded to the need for more extensive consultations across the province on how best to move forward"

Page 2 first paragraph quote "the rise of unprecedented emergencies such as opioids" (2)

Clearly Ministry of Health has not moved forward overdose protocol which increases morbidity and mortality anyone in need of respiratory assist

- can't stay awake, walk or talk
- are breathing slowly or not at all
- not responding to noise or knuckles being rubbed hard on their breastbone
- snoring or gurgling sounds
- pale or blue skin – especially on their nail beds and lips – and they feel cold
- tiny pupils (pinpoint) or their eyes are rolled back

How to use a Naloxone kit

1. Shout their name and shake their shoulders.
2. Call 9-1-1 if they are unresponsive.
3. Give naloxone: inject 1 vial or ampoule (a small glass container) (0.4 mg/1 ml) of naloxone into their arm or leg.
4. Perform rescue breathing and/or chest compressions.
5. If there is no improvement after 2-3 minutes, repeat steps 3 and 4. Stay with them.(3)

Suggest none of the councillors nor staff wind up comatose through injury or illness millions out there eagerly following orders in the belief they are saving lives, yes you could be next needlessly in the morgue.

Nurses at Public Health 'Consumption Treatment Service' CTS give oxygen rescue breaths same for layperson may give Naloxone and continue breaths thus saving the lives of anyone suffering a respiratory emergency. (4)

Eight foot by four foot billboard inside Toronto Public Health's Head Office from Sept 2011 Removed Fall 2017 during the renovation for their CTS

RESPOND to an OPIOID OVERDOSE
You can save a life!

- 1 Shake** at shoulders **Shout** their name
- 2 Call 911** if unresponsive
- 3 Naloxone**
Inject 1 ampule (1cc) of Naloxone into Arm or Leg muscle
- 4 Chest Compressions**
Push hard and fast on the centre of the chest
- 5 Is it working?**
If no improvement after 3-5 minutes, inject a 2nd ampule (1cc) of Naloxone and continue with chest compressions until EMS arrives

For more information contact *The Works* 416-392-0520

WORD ON THE STREET...

"I am so proud of myself. I am telling all my friends I have the *Naloxone kit*"

"I make sure to have the *Naloxone kit* with me at all times"

"*Naloxone* is the best thing you have ever done. Should have had this years ago, it would have saved my friend"

Naloxone program launched August 31st, 2011

Naloxone Kits dispensed

1100

Reported Lives Saved

154

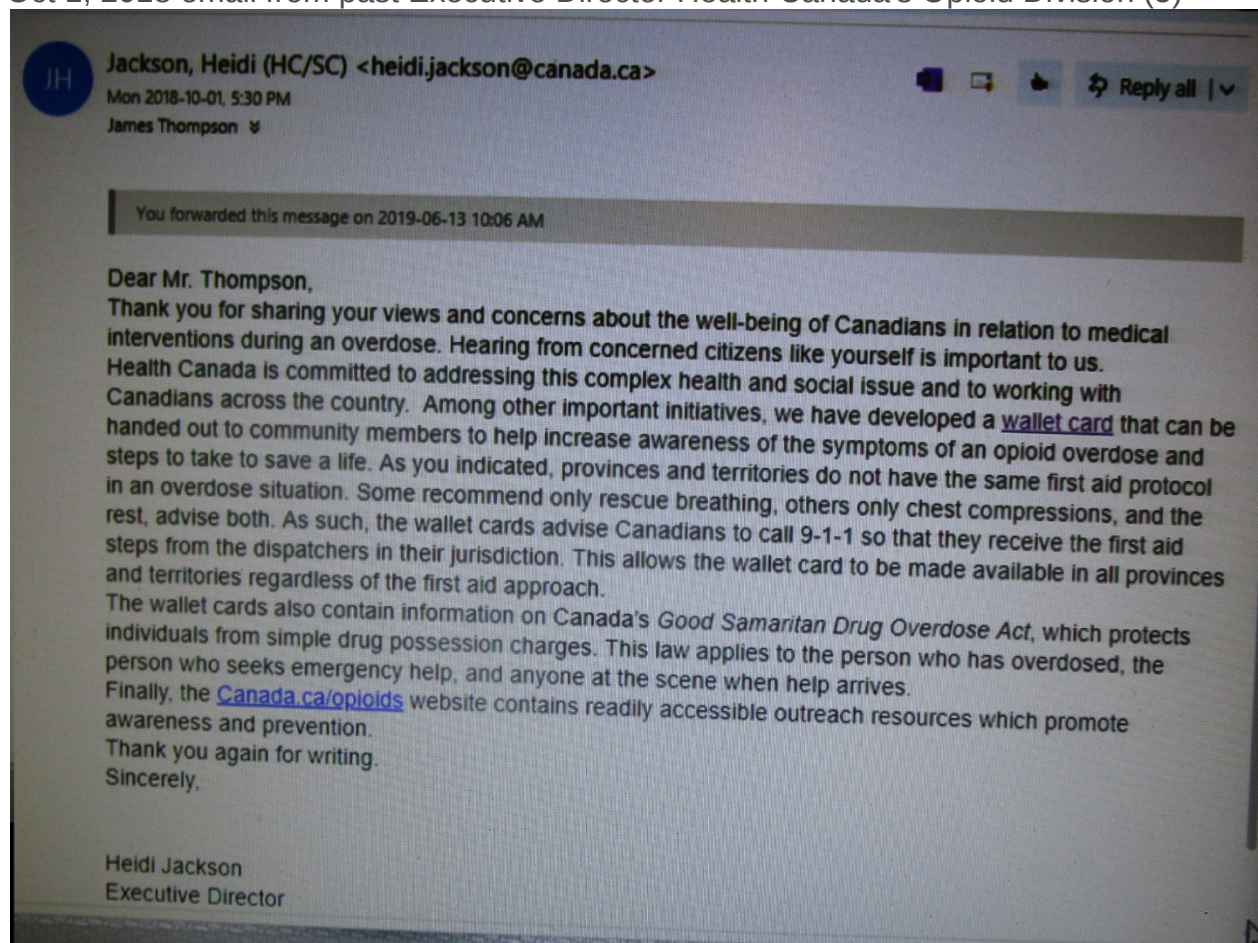
416.338.7600 toronto.ca/health | **Toronto Public Health**



Photo June 12, 2017 Protocol 3 Naloxone 4 Chest compressions only 5 Naloxone continue chest compressions only

Jan 2016 Press conference Barbara Yaffe MD and Mayor John Tory "Ventilations (rescue breaths) most important ... This is what causes people to lose their lives quite literally" https://youtu.be/_eUqXct3s_E

Oct 1, 2018 email from past Executive Director Health Canada's Opioid Division (5)



Health Canada Wallet Card <https://www.canada.ca/content/dam/hc-sc/documents/services/publications/healthy-living/opioid-overdose-wallet-cards-public-events/full-wallet-card-eng.pdf>

References

1. Promoting and Ensuring Accountability at Toronto Public Health December 18, 2019
<https://www.toronto.ca/legdocs/mmis/2020/hl/bgrd/backgroundfile-141347.pdf>
2. Discussion Paper: Public Health Modernization Ministry of Health Ontario Nov 2019
http://health.gov.on.ca/en/pro/programs/phehs_consultations/docs/dp_public_health_modernization.pdf

3. Get Naloxone kits free Ontario Ministry of Health <https://www.ontario.ca/page/get-naloxone-kits-free> accessed Jan 12, 2020

4. Background and medical information <https://aliascpr.wordpress.com/2019/12/14/hal-newman-big-medicine/>

5. Emails from Health Canada's Executive Director <https://youtu.be/iyoDTBZ266I>

Addendum

Some of my previous submissions Board of Health
<https://www.toronto.ca/legdocs/mmis/2019/hl/comm/communicationfile-99008.pdf>