

Update on Toronto's Respiratory Viruses Season

Toronto Public Health

January 16, 2023



Continued Evolution of Respiratory Viruses Season



- Three principal respiratory viruses continue to circulate (RSV, Influenza, COVID-19).
- Influenza activity peaked in December and is now declining.
- COVID-19 activity is slowly increasing, severe outcomes remain low.
- RSV activity is at seasonal levels.

COVID activity is increasing; Flu activity decreasing



Number of COVID-19 Cases in Toronto from September 4 2022 to January 7 2023 Number of Influenza Cases in Toronto from September 4 2022 to January 7 2023



Case reported week



Case reported week

This year's influenza season started and peaked earlier than previous years

Comparison of 2022/23 Toronto Influenza cumulative reported confirmed cases to 2014/15-2018/19 mean

Public Health



COVID-19 case and outbreak activity is increasing

Public Health



Source: Toronto Public Health Monitoring dashboard, January 10, 2022

While they are lagging indicators, measures of COVID-19 Toronto severity remain low

Severity

Data as of: January 10, 2023 8:30 AM

New Hospitalizations, 7 day moving average



New ICU Admissions, 7 day moving average



Emerging COVID-19 Omicron sub-variants



- Locally, BQ.1.1 represented 26.1% of sequenced samples, XBB.1 (including XBB.1.5) represents 2.3% (Nov 27-Dec 24).
- XBB.1.5 is the most transmissible Omicron sub-variant yet and is spreading quickly in parts of the U.S and in Europe, however levels in Ontario remain low.
- No indication to-date that XBB infection leads to higher rates of serious illness. Existing layers of protection continue to reduce the risk of severe outcomes.



Vaccination

Multi-pronged COVID-19 vaccination strategy continues

Description Toronto Public Health

- Team Toronto continues to offer COVID-19 vaccine through a wide range of channels.
- Continued focus on ensuring that those at greatest risk of severe outcomes from COVID-19 are up to date on their vaccination.
- There was an uptick in demand for the COVID-19 vaccine in the Fall, when bivalent boosters became widely available.
- Vaccination strategy will be reviewed and adjusted as needed in response to COVID-19 and respiratory virus activity.

Continued demand for the COVID-19 vaccine: most recent shots given are doses 4 or 5



Public Health



- Toronto Public Health is updating the dashboard to be more userfriendly, and better reflect information needs at the current stage of the pandemic.
- The updated dashboard will help show how we are doing in keeping people up-to-date with the COVID-19 vaccine doses they need.



Three Years of COVID-19 Response