

# Toronto's Population Health Profile

Insight on the health of our city



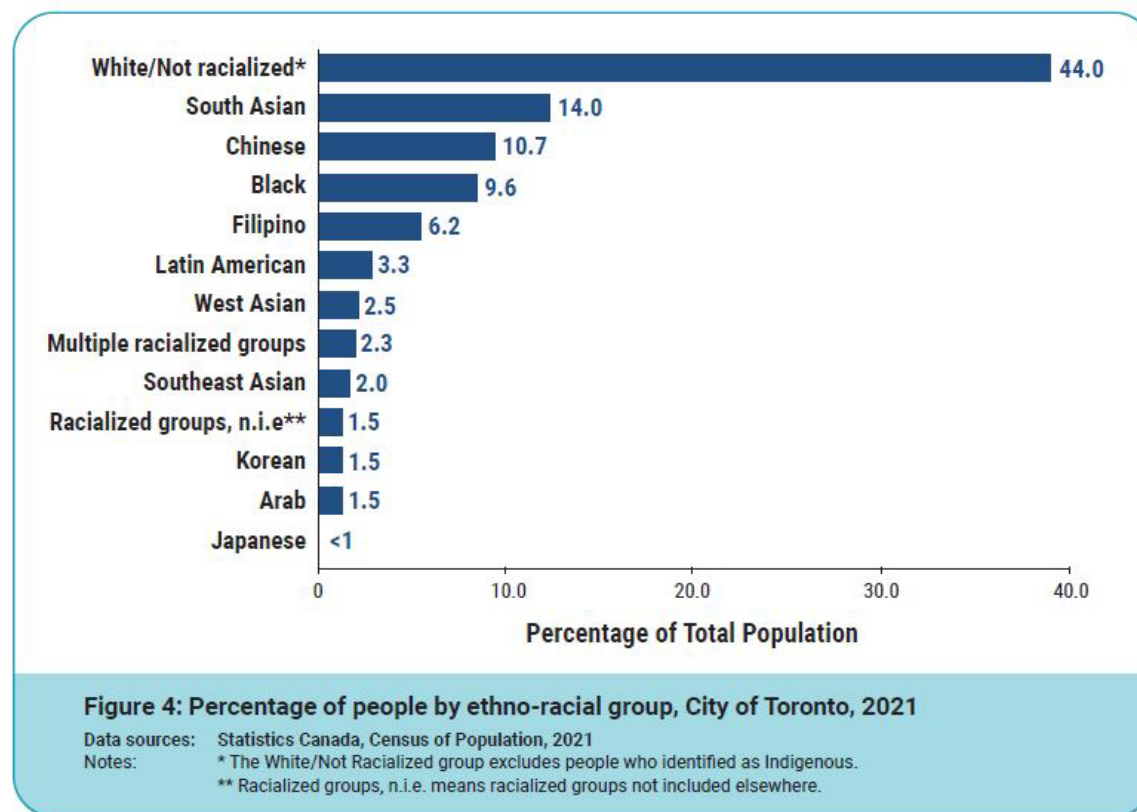
# What is Toronto's Population Health Profile?

- Toronto's health check-up – showcasing the health of our city
- Used to focus interventions and improve health outcomes for residents



## Torontonians are aging and increasingly diverse

- Toronto is home to an aging population
- Increase in seniors 65+
- 56% of Toronto residents belonged to a racialized group





# Key Finding



## Torontonians are negatively impacted by the effects of an increasingly expensive city



# Key Finding

Climate change presents a significant & growing health risk, despite improvements in Toronto's natural & built environment



# Key Finding



**Mental illnesses & mental health have worsened during the pandemic, with some groups more affected**

**The proportion of adults reporting  
very good or excellent  
mental health**



in



was

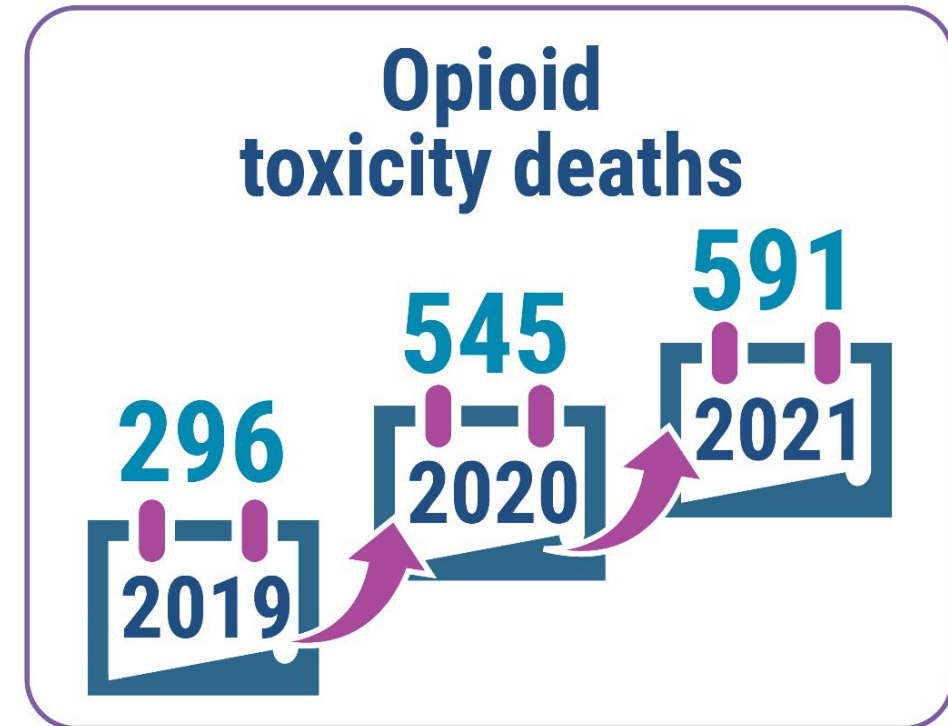
**(55%)**





## Opioid overdoses reached record levels in 2021

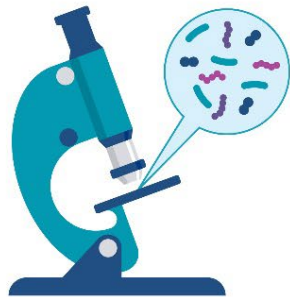
- Toronto continues to be in the midst of a drug poisoning crisis, exacerbated by the COVID-19 pandemic
- Rates of fatal opioid poisoning, including from fentanyl, remain consistently high





## Significant decrease in testing & screening for many sexually transmitted infections during the pandemic period

Testing for common sexually transmitted infections (chlamydia and gonorrhea) declined by 40% during the pandemic



**There was a 16% increase**

in new infectious syphilis cases in 2021, compared to the period 2017 to 2019; this may be the continuation of a trend that began prior to the pandemic.



# Key Finding



## Chronic disease & its risks are increasing, as is the number of Torontonians who are overdue for health screening

- Increasing number of Torontonians overdue for breast, cervical, or colorectal cancer screening in 2020
- Prevalence of diabetes increasing in adults aged 20+

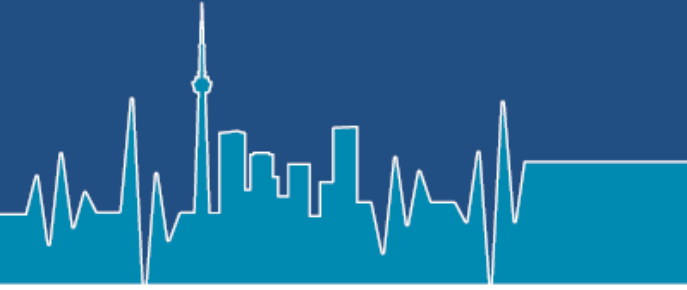




## Infectious diseases will continue to emerge globally, presenting threats to Toronto's population

- Proximity of humans and animals creates conditions for new viruses to emerge and spread globally
- Lessons learned from the COVID-19 response helped successfully control the local mpox outbreak





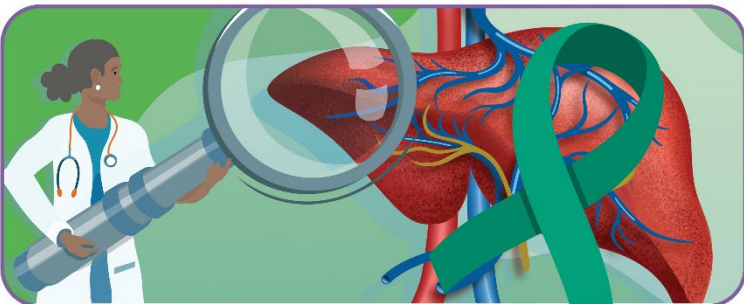
## **Mental Health**

Page 28



## **Human Papillomavirus Vaccination**

Page 35



## **Liver Cancer**

Page 40

# Next Steps



- Reporting to the Board of Health in 2023 on three key issues identified in the Population Health Profile:
  - mental health
  - climate change
  - Toronto's aging population
- Sharing the report findings with partners to inform their work
- Working with partners, including other levels of government, to enhance access to sociodemographic data to better understand health issues and advance health equity





## Thank you



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Population Health Profile**

**[toronto.ca/HealthCheck](https://toronto.ca/HealthCheck)**