# **Appendix 2: 2023 Project Summaries and Recommended Activities for Approved Applications**

#### RECOMMENDED ACTIVITIES FOR 2023 ONE-YEAR PROJECT

That funding in the amount of **\$61,637** be provided to **Sherbourne Health Centre Corporation** to carry out the following services:

Funding Stream: Child and Youth Resiliency

Project Number: 00006316-23 Project Name: Leveling Minds

### Through this project, **Sherbourne Health Centre Corporation** will:

- 1. Employ a Health Promoter Mental Health for 1125 hours;
- Conduct 2 cohorts of 9-week sessions for trans and non-binary youth (ages 14-24) to increase utilization of assertive communication skills, as well as community, social and familial connections; and
- 3. Conduct 2 cohorts of 9-week parallel sessions for parents or caregivers of trans and non-binary youth to increase utilization of non-violent communication skills.

#### RECOMMENDED ACTIVITIES FOR 2023-26 THREE-YEAR PROJECTS

That funding in the amount of **\$135,361** (Year 1, 2023), \$135,361 (Year 2, 2024) and <u>\$135,361</u> (Year 3, 2025) be provided to **519** Church Street Community Centre to carry out the following services:

Funding Stream: Harm Reduction Project Number: 00006390-23 Project Name: Breaking the Ice

Through this project, **519 Church Street Community Centre** will:

- 1. Employ a Project Coordinator for 2,000 hours annually for 3 years;
- 2. Recruit and support 4 Peer Leaders for 750 hours each annually for 3 years;
- 3. Provide 30 Peer Leader training sessions over 3 years to build peer capacity to support diverse 2SLGBTQ+ people who use drugs/crystal meth;
- 4. Engage a Project Evaluation Lead to support the development of an evaluation framework and data collection tools, as well as conducting data collection and analysis:
- 5. Conduct 300 peer-led outreach sessions annually in the Church-Wellesley area to connect 20 people who use drugs/crystal meth per week to risk reduction supplies and support services;
- 6. Provide one overdose recognition and response training annually for 3 years to build peers skills to recognize and respond to overdoses;
- 7. Conduct 24 art-based engagement sessions reaching 160 participants to reduce isolation;

- 8. Host 66 bi-monthly kit-making/info-sharing circles for 396 participants to increase knowledge harm reduction strategies and HIV testing; and
- 9. Provide peer support within 2 (existing) weekly The 519 drop-ins program sessions (Sunday Drop-In; Meal Trans) reaching 20 participants who use drugs per week and providing 3,000 contacts in total for three years to improve client experience of drop-in spaces related to peer support.

That funding in the amount of \$139,131 (Year 1, 2023), \$139,131 (Year 2, 2024) and \$139,131 (Year 3, 2025) be provided to All Saints Church Community Centre to carry out the following services:

Funding Stream: Harm Reduction Project Number: 00006303-23

Project Name: Reducing poor health outcomes for street involved crystal meth

users through community intervention

Through this project, All Saints Church Community Centre will:

- 1. Employ a Harm Reduction Case Manager for 1,875 hours annually for 3 years;
- 2. Employ and support two (2) Harm Reduction Workers for 750 hours annually for 3 years;
- Engage an Evaluator to support the development of evaluation tools and data analysis;
- 4. Deliver six (6) trainings annually to Harm Reduction Workers to increase workforce capacity;
- 5. Provide peer support within current drop-in programming two (2) days each week for 142 weeks to link 150 participants to on-site case management and clinical services:
- 6. Conduct weekly peer-led outreach in the Downtown East area of Toronto for 284 hours over 3 years to link 68 people to project services; and
- 7. Deliver trainings to five (5) Downtown East service providers to increase skills on client engagement strategies.

That funding in the amount of **\$102,262** (**Year 1, 2023**), \$104,521 (**Year** 2, 2024) and <u>\$107,441</u> (**Year** 3, 2025) be provided to **Asian Community AIDS Services** to carry out the following services:

Funding Stream: Child and Youth Resiliency

**Project Number: 00006398-23** 

Project Name: When You're Ready: Supporting Asian LGBTQ+ Youth

Through this project, Asian Community AIDS Services will:

- 1. Employ a Project Coordinator for 1,875 hours annually for 3 years;
- Employ 3 Peer Workers for 300 hours each annually for 3 years;
- 3. Engage a Project evaluator to design evaluation tools and facilitate evaluation activities for all project activities
- 4. Provide 15 skills building leadership training sessions to 3 peers annually to increase peer support and facilitation skills;
- 5. Host 2 closed support group "When You're Ready" series, lasting 8 weeks each, for 20 LGBTQ+ identified Asian youth annually to increase competency in navigating stressful situations, and enhance feelings of connection to community;
- 6. Host 2 closed group project "When You're Ready" series, lasting 5 weeks each, for 20 LGBTQ+ identified Asian youth annually to increase teamwork skills, and feelings of connectedness to the Asian LGBTQ+ community
- 7. Hold 8 peer-led community drop-in sessions for LGBTQ+ Asian youth per year increase feelings of connectedness and belonging to the community; and
- 8. Hold a Knowledge Translation and Exchange (KTE) Conference after three years to showcase the project to increase participants' feeling of accomplishment.

That funding in the amount of **\$145,969** (Year 1, 2023), \$148,478 (Year 2, 2024) and <u>\$151,239</u> (Year 3, 2025) be provided to **Asian Community AIDS Services** to carry out the following services:

Funding Stream: HIV Prevention Through Sexual Transmission

**Project Number: 00006426-23** 

**Project Name: HIV Prevention for Mandarin-speaking International Students** 

Through this project, Asian Community AIDS Services will:

- 1. Employ a Project Coordinator for 1,875 hours annually for 3 years;
- 2. Employ, train and support an Outreach Worker for 800 hours annually for 3 vears:
- 3. Employ, train and support a Drop-In Coordinator (Downtown), and a Drop-In Coordinator (Scarborough) for 800 hour each annually for 3 years;
- 4. Employ an Evaluator to design, develop evaluation tools, facilitate focus groups, and draft an evaluation report.
- 5. Conduct in-person outreach to colleges and universities in Toronto 3 times per year for 3 years to recruit participants;
- 6. Hold 71 bi-weekly drop-in sessions located in downtown Toronto reaching 60 participants to increase social connections;
- 7. Hold 71 bi-weekly drop-in sessions located in Scarborough reaching 60 participants to increase social connections; and
- 8. Conduct three (3) workshops in Year 1, six (6) in Year 2 and 10 in Year 3 reaching 100 participants in total to increase knowledge of HIV prevention strategies.

That funding in the amount of **\$76,135** (**Year 1, 2023**), \$75,848 (**Year 2**, 2024) and <u>\$75,848</u> (**Year 3**, 2025) be provided to **Breakaway Community Services** to carry out the following services:

Funding Stream: Harm Reduction Project Number: 00006466-23 Project Name: Through Ruff Times

Through this project, Breakaway Community Services will:

- 1. Employ a Client Support Worker for 1750 hours annually for 3 years;
- 2. Recruit and train 30 volunteer pet sitters to provide pet sitting services for 90 participants;
- 3. Engage an Evaluator to develop and implement an evaluation plan.
- 4. Conduct outreach to 700 people who are using substance and have pets to provide supports for their pets and intake 90 participants into pet sitting services;
- 5. Provide pet sitting services to 120 participants annually to ensure pets are housed while participants access services; and
- 6. Offer case management to 30 participants annually to enable them to access harm reduction, mental health/addictions and clinical care services.

That funding in the amount of **\$99,888** (**Year 1, 2023**), \$99,888 (**Year 2**, 2024) and <u>\$99,888</u> (**Year 3**, 2025) be provided to **Inner City Health Associates** to carry out the following services:

Funding Stream: Harm Reduction Project Number: 00006271-23

**Project Name: Community Health Ambassador Program (CHAMP)** 

Through this project, Inner City Health Associates will:

- 1. Employ a Health Promoter for 1000 hours annually for 3 years;
- 2. Employ an Administrative Coordinator for 500 hours annually for 3 years;
- 3. Engage an Evaluator to assist with the development of evaluation tools and assist with the collection and reporting of findings;
- 4. Convene a network of five (5) Health Ambassadors to enhance capacity to provide harm reduction service within the shelter sector;
- 5. Develop six (6) monthly customized harm reduction resources, tools and trainings to enhance resilience among Health Ambassadors and peers;

- Provide clinical support and communicable disease prevention to increase HCV/HIV/STI/BBI testing, immunization, and referrals to services within the shelter sector;
- 7. Set up five (5) 24/7 Harm Reduction Dispensing machines at hot-spot location within shelters;
- 8. Develop a health risk assessment tool to guide access to and advocacy for harm reduction services; and
- 9. Develop an interactive dashboard that provides an aggregated view of risk distribution for shelters to enhance understanding of client population and harm reduction needs.

That funding in the amount of **\$207,418** (Year 1, 2023), \$209,258 (Year 2, 2024) and <u>\$211,126</u> (Year 3, 2025) be provided to **Native Canadian Centre of Toronto** to carry out the following services:

Funding Stream: Indigenous Project Number: 00006397-23

Project Name: N'dodemnaanik Naandwechigegamig (Healing Our Community)

Through this project, Native Canadian Centre of Toronto will:

- 1. Employ a Community Health Navigator for 2,000 hours annually for 3 years;
- 2. Employ, train and support 2 Oshkaabewis for 1050 hours each annually for 3 years;
- 3. Engage Evaluator to support evaluation tool development, data collection and reporting.
- 4. Provide 6 training sessions annually to 7 Peer Council members to increase knowledge of the social determinants of health;
- 5. Hold 24 Peer Council meetings annually to provide guidance for the project;
- 6. Provide 40 harm reduction workshops annually for 50 unique participants to increase knowledge of harm reduction and overdose prevention strategies; and
- 7. Hold 30 traditional healing circles annually reaching 35 unique people to increase stronger cultural connections.

That funding in the amount of **\$97,258** (Year 1, 2023), \$97,618 (Year 2, 2024) and <u>\$97,618</u> (Year 3, 2025) be provided to **Parkdale Queen West Community Health Centre** to carry out the following services:

Funding Stream: Harm Reduction Project Number: 00006498-23

**Project Name: West End Harm Reduction - Peer Satellite Program** 

### Through this project, Parkdale Queen West Community Health Centre will:

- 1. Employ a Satellite Program Coordinator for 1,750 hours annually for 3 years;
- 2. Employ 5 Satellite Workers for 200 hours each annually to manage drop-in services at five satellite sites for 3 years;
- 3. Employ 2 Satellite Leads for 100 hours each annually for 3 years;
- 4. Engage an Evaluator to assist with project evaluation.
- 5. Deliver 10 training sessions for 5 Satellite Workers annually to increase workforce capacity;
- Conduct weekly individual supervisory meetings and case management support with 5 Satellite Peer Workers to increase job competency skills and increase support for psychosocial issues.
- 7. Operate 5 peer-run satellite sites in high needs buildings to increase access to and use of harm reduction supplies, naloxone and information on bad drugs and dates;
- 8. Provide overdose-specific education and training at peer-run satellite sites in shelter/respite centres and high needs residential settings to increase knowledge of overdose risk reduction strategies and increase access to harm reduction supports; and
- 9. Conduct quarterly Community Advisory Group meetings annually with 8 advisory members to address emerging issues and barriers to accessing services.

That funding in the amount of **\$168,066** (Year 1, 2023), \$177,391 (Year 2, 2024) and <u>\$170,866</u> (Year 3, 2025) be provided to **Parkdale Queen West Community Health Centre** to carry out the following services:

Funding Stream: Harm Reduction Project Number: 00006308-23 Project Name: Trip! Project

#### Through this project, Parkdale Queen West Community Health Centre will:

- 1. Employ a Project Coordinator for 1,750 hours annually for 3 years;
- 2. Employ 4 Youth Outreach Peers for 900 hours each annually for 3 years;
- 3. Recruit, train and support 30 new volunteers annually through 20 training sessions per year to increase knowledge around harm reduction and use of harm reduction practices in their own life, and to develop their facilitation skills;
- 4. Provide 20 workshops reaching 140 youth from priority population, youth programs, and service providers who work with youth annually to increase knowledge on safer nightlife, drug trends, and overdose prevention;
- 5. Conduct 10 hours per week of social media and SMS outreach annually reaching 5,500 youth per year to increase knowledge of harm reduction skills and increase access to other online resources

- 6. Engage peers and volunteers for 108 hours over three years to design new resources on harm reduction strategies to increase their harm reduction knowledge and sense of community;
- 7. Conduct outreach to 180 nightlife and larger events anually reaching 8000 youth to support drug checking, increase the use of harm reduction supplies, risk knowledge, and overdose prevention;
- 8. Hold 36 kandijams reaching 252 youth, 36 kit making sessions reaching 180 youth, and 12 community events reaching 240 youth over three years to increase harm reduction knowledge and skills and community connection; and
- 9. Convene 6 Advisory Committeee meetings anually to help advise harm reduction community programming for Trip! plan youth events.

That funding in the amount of **\$68,552** (**Year 1, 2023**), \$70,123 (**Year 2**, 2024) and <u>\$71,044</u> (**Year 3**, 2025) be provided to **Prisoners with HIV/AIDS Support Action Network** to carry out the following services:

Funding Stream: HIV Prevention Through Sexual Transmission

**Project Number: 00006488-23** 

Project Name: Prison In-Reach Harm Reduction Education Project

Through this project, **Prisoners with HIV/AIDS Support Action Network** will:

- 1. Employ a Prison Education Coordinator for 1750 hours annually for 3 years;
- 2. Conduct 240 HIV prevention one-on-one sessions for prisoners to increase their uptake of HIV testing services;
- 3. Conduct 240 health promotion sessions with HIV-positive prisoners to improve their linkage to care;
- 4. Conduct 72 prevention group education workshops for 216 prisoners to increase participants' knowledge of HIV prevention; and
- 5. Provide phone support to 150 prisoners annually to increase knowledge of HIV prevention.

That funding in the amount of **\$64,550** (Year 1, 2023), \$65,273 (Year 2, 2024) and <u>\$65,137 (Year 3, 2025)</u> be provided to **Ralph Thornton Community Centre** to carry out the following services:

Funding Stream: Child and Youth Resiliency

**Project Number: 00006324-23** 

**Project Name: Building Leadership, Building Connections** 

Through this project, Ralph Thornton Community Centre will:

- 1. Employ a Youth Summer Worker for 280 hours annually for 3 years;
- Recruit and employ a Peer Summer Worker for 240 hours annually for 3 years;
- 3. Employ two (2) Youth School Year Workers for 105 hours annually for 3 years;
- 4. Employ two (2) Youth School Year Workers for 175 hours annually for 3 years;
- 5. Employ Peer School Year Worker for 140 hours annually for 3 years;
- 6. Employ a Youth Curriculum Development Worker for 140 hours annually for 2 years;
- 7. Engage an Evaluator to support data analysis and reporting annually.
- 8. Deliver 50 hours of leadership skills training to 12 youths aged 13-17 from Toronto Community Housing communities annually to increase leadership skills including problem-solving, communication, and teamwork skills;
- 9. Hold 40 bi-weekly support meetings for 12 trained youth annually to provide mentorship, and coaching that would lead to paid employment positions for the youth and engagement in 2 or more external organizations
- 10. Provide 80 hours of placements for 12 trained youth in 3 partner summer camps annually to enhance problem-solving, communication, and teamwork skills;
- 11. Conduct 4 workshops led by 12 trained youth in annually to provide and opportunity for youth to demonstrate problem-solving, communication, and teamwork skills; and
- 12. Hold 2 community events developed and led by 12 trained youth in Year 1; hold 2 community events by12 trained youth with participation of community organizations in Year 2; hold 2 community events co-designed and co-delivered by 12 trained youth and community organizations in Year 3 to showcase problem-solving, communication, and teamwork skills and to enhance self-confidence.

That funding in the amount of **\$87,530** (**Year 1, 2023**), \$87,530 (**Year 2**, 2024) and <u>\$87,530</u> (**Year 3**, 2025) be provided to **Scarborough Arts** to carry out the following services:

Funding Stream: Child and Youth Resiliency

**Project Number: 00006508-23** 

Project Name: EAST H.E.A.R.T (Health, Education, Art, Resilience, Together)

2SLGBTQ+ Scarborough-Based Youth Program

Through this project, **Scarborough Arts** will:

- 1. Employ a Youth Coordinator for 1240 hours annually for 3 years;
- 2. Employ 2 Peer Mentors for 360 hours each annually for 3 years;
- Engage external evaluators to support data collection and analysis
- 4. Provide 32 hours of training to the Youth Coordinator and Peer Mentors each year to increase their skills on youth data collection methods, and peer mentorship;

- 5. Conduct outreach 2 times per week for 5 weeks each year reaching 350 youth in-person and 250 online annually to recruit 20 LGBTQ2S+ youth participants from target NIAs;
- Conduct 18 art workshops co-led by Peer Mentors for 20 at-risk LGBTQ2S+ youth per year for 3 years to increase their skills on self-care mental health strategies;
- Conduct 18 health workshops co-led by Peer Mentors for 20 at-risk LGBTQ2S+ youth per year for 3 years to increase their knowledge of sexual health for the LGBTQ2S+ community; and
- 8. Host a final exhibition showcasing the work of 20 participants reaching 250 community members each year to enhance youth's self-perception of their capabilities.

That funding in the amount of **\$88,436** (Year 1, 2023), \$88,436 (Year 2, 2024) and <u>\$88,436</u> (Year 3, 2025) be provided to **Seventh Generation Midwives Toronto** to carry out the following services:

Funding Stream: Indigenous Project Number: 00006454-23

**Project Name: Baby Bundle Project** 

Through this project, **Seventh Generation Midwives Toronto** will:

- 1. Employ a full time Community Birth Worker for 1,500 hours annually for 3 years
- 2. Engage an Evaluator to support project evaluation through sharing circles for participants and clients;
- 3. Conduct 100 Mobile Practical Support sessions over three years to 50 women to increase feelings of trust with healthcare providers;
- 4. Provide system navigation and coordination support to 50 clients over three years to increase access to community services; and
- 5. Conduct 24 Generations Groups each year reaching 120 participants to increase connection to cultural resources and activities.

That funding in the amount of **\$99,633** (Year 1, 2023), \$99,633 (Year 2, 2024) and <u>\$99,633</u> (Year 3, 2025) be provided to **SKETCH Working Arts for Street Involved** and **Homeless Youth** to carry out the following services:

Funding Stream: Child and Youth Resiliency

**Project Number: 00006501-23** 

**Project Name: SKETCH Connections** 

### Through this project, **SKETCH Working Arts for Street Involved and Homeless Youth** will:

- 1. Employ a Program Manager for 2000 hours annually for 3 years;
- 2. Employ a Program Coordinator for 2000 hours annually for 3 years;
- 3. Employ a Program Facilitator for 2000 hours annually for 3 years;
- 4. Engage an Evaluator to support data collection and analysis;
- 5. Conduct arts program sessions 3 days per week, for 30 weeks each year, for 3 years, reaching at least 400 youth/year to increase utilization of arts-based methods as a coping strategy to support their mental health, and increase peer connections; and
- 6. Provide wrap-around services 3 days per week for 3 years reaching 400 youth per year including wellness programming, mentorship, harm reduction resources, and connections to social service organizations.

That funding in the amount of **\$89,861** (Year 1, 2023), \$90,701 (Year 2, 2024) and \$91,555 (Year 3, 2025) be provided to SKETCH Working Arts for Street Involved and Homeless Youth to carry out the following services:

Funding Stream: Child and Youth Resiliency

**Project Number: 00006503-23** 

**Project Name: Young Parents Connect** 

## Through this project, **SKETCH Working Arts for Street Involved and Homeless Youth** will:

- 1. Employ a Program Director for 200 hours annually for 3 years;
- 2. Employ a Program Coordinator for 1,000 hours annually for 3 years;
- 3. Employ a Program Facilitator for 528 hours annually for 3 years;
- 4. Train and employ 3 Creative Arts Peer Facilitators for 90 hours each annually for 3 years;
- 5. Engage an Evaluator annually to support data collection and analysis;
- 6. Deliver three iterations of 10 creative arts workshop series for 25 young parents annually to increase connections to other young parents and utilize arts-based mental health coping strategies; and
- 7. Deliver integrated health promotion and wraparound supports reaching 25 yound parents for 30 weeks annually for 3 years to increase mental health coping strategies and access to services.

That funding in the amount of \$117,737 (Year 1, 2023), \$117,737 (Year 2, 2024) and \$117,737 (Year 3, 2025) be provided to Stella's Place Assessment and Treatment Centre to carry out the following services:

Funding Stream: Child and Youth Resiliency

**Project Number: 00006394-23** 

**Project Name: DBT: Reaching the Margins2** 

Through this project, Stella's Place Assessment and Treatment Centre will:

- 1. Employ two (2) Clinicians for 700 hours each annually for 3 years;
- 2. Employ an Access Coordinator for 700 hours annually for 3 years;
- 3. Employ and train four (4) Peer Ambassadors for 400 hours each annually for 3 years;
- 4. Engage an Evaluation Lead to assist with data collection and analysis;
- Conduct 4 weekly co-design sessions involving at least 10 staff, peers and team members in Year 1 to increase their capacity to design effective programming to address youth mental health;
- 6. Hold 20 group sessions each year, reaching 70 BIPOC youth by year 3 to increase their ability to access available mental health services;
- 7. Conduct 56 wellness training group sessions reaching 48 youth participants over three years to increase coping and emotion regulation;
- 8. Conduct 600 one-hour individual coaching sessions reaching 144 participants to increase coping and emotion regulation; and
- 9. Hold 12 two-hour refresh groups reaching 75 participants to improve use of positive coping skills.

That funding in the amount of **\$61,889** (**Year 1, 2023**), \$60,819 (**Year** 2, 2024) and \$60,819 (**Year** 3, 2025) be provided to **Unison Health and Community Services** to carry out the following services:

Funding Stream: Harm Reduction Project Number: 00006373-23

Project Name: Satellite Responses to Opioid Crisis in High-Risk Buildings

Through this project, Unison Health and Community Services will:

- 1. Recruit, train and support three (3) Satellite Peer Workers for 800 hour each;
- 2. Engage an Evaluation Consultant for 3 years to support the design and implementation of an evaluation plan;
- 3. Distribute 250 Naloxone kits and 1,400 safer drug use supplies to Weston Satellite clients to reduce sharing of syringes;
- 4. Distribute 250 Naloxone kits and 1,400 safer drug use supplies to Humber Satellite clients to reduce sharing of syringes;

- 5. Distribute 200 Naloxone kits and 1,400 safer drug use supplies to Roselawn Satellite clients to reduce sharing of syringes;
- 6. Identify and train five (5) key tenants at each Satellite Sites and provide four (4) Naloxone and overdose reversal training sessions at each site to effectively respond to 90% of overdoses encountered and provide overdose trainings to another 300 tenants;
- 7. Conduct 30 Peer-led training sessions on Naloxone and overdose reversals at each site to 90 satellite clients to increase knowledge of Naloxone use and overdose prevention strategies; and
- 8. Conduct 120 Referrals to health or community services at each site to reduce emergency room use.