



**NO MORE NOISE**  
**Toronto**

# **EC16.4 - Update on Outstanding Directives Related to the Noise By-law & 16.9 Reporting Noise Exemptions and Noise Complaints Transparently**

October 23, 2024

# No More Noise Toronto

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- Data and process-oriented grassroots organization
- Collaborative approach to reducing the noises that wake us up, keep us up and disturb us day and night.
- With over 1,300 subscribers to Noise News and support of FoNTRA and FoSTRA, we represent 100,000's of residents.



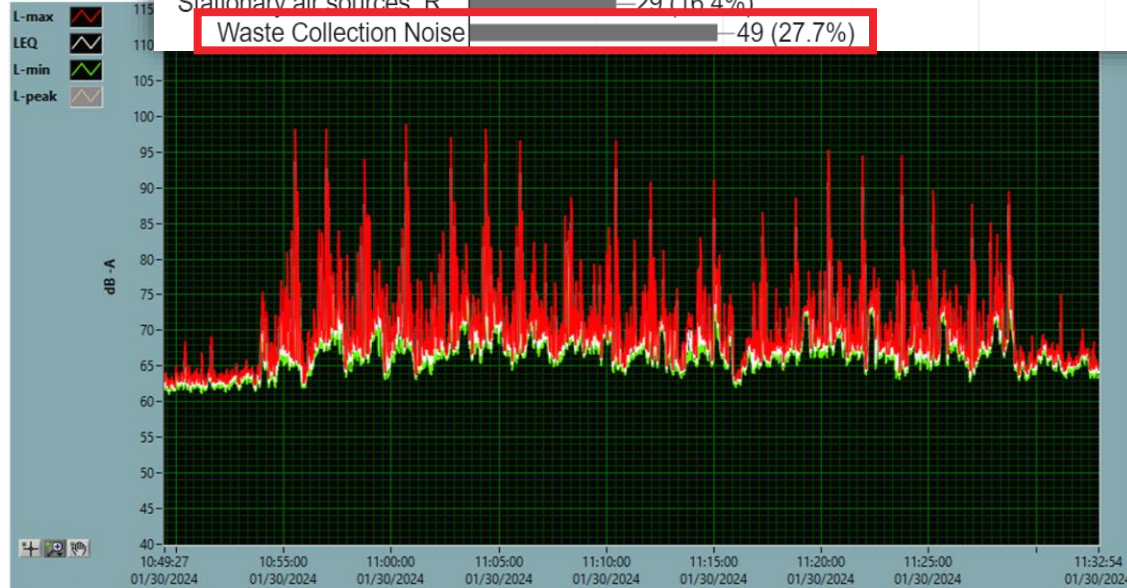
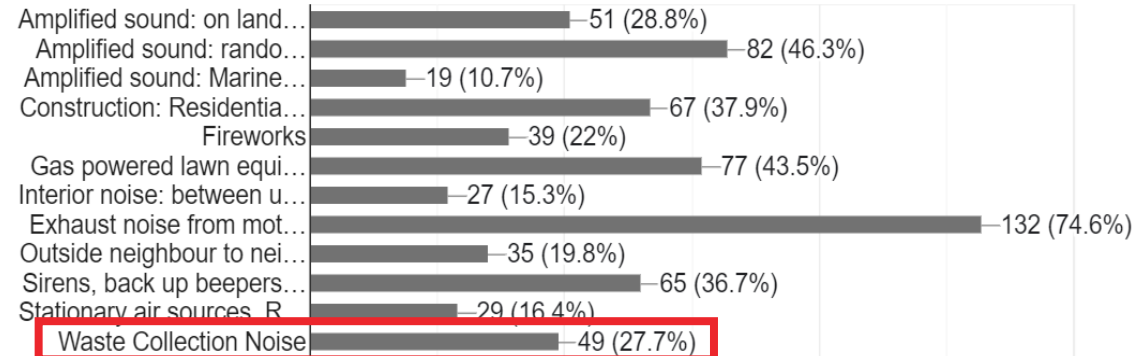
# Overnight Waste Collection

## Results from NMNT Member Survey

### What noise sources disturb you?

Select all that apply.

177 responses



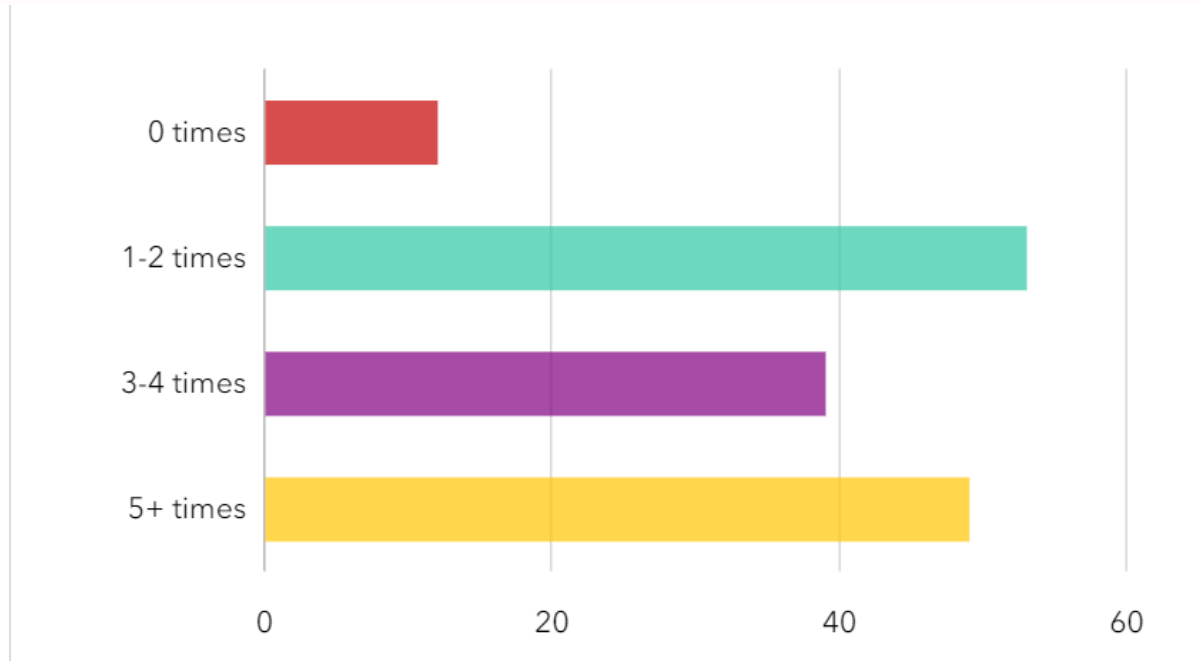
Every increase of 10 decibels (db) is a doubling of the perceived loudness

1 waste collection event for 2 condo buildings  
The ambient noise level was 63 with spikes over 95 dba. At night it will be even quieter, making the noise events worse.

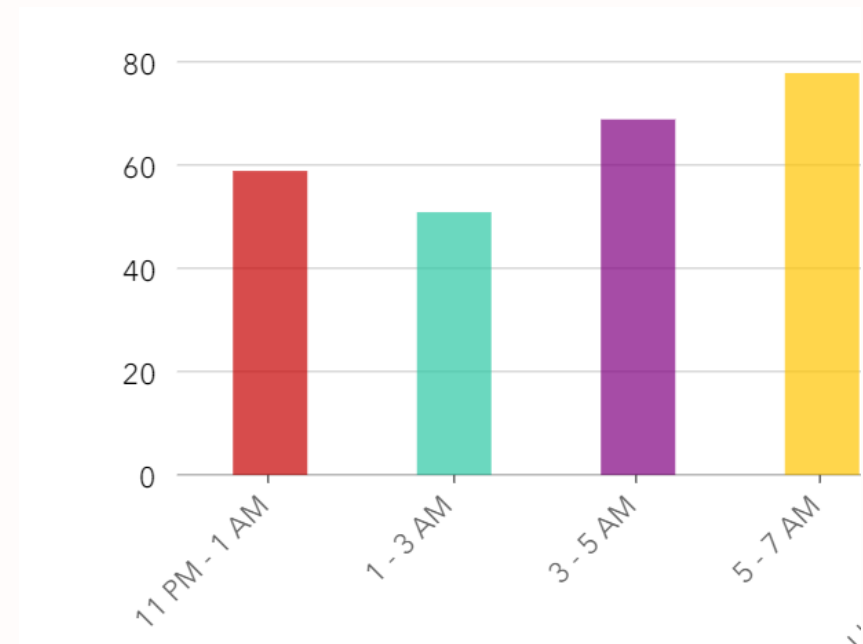


# Waste Collection Survey-157 responses

How many times have you heard waste collection this week?



At what times have heard waste collection noise at night?



# People need to sleep

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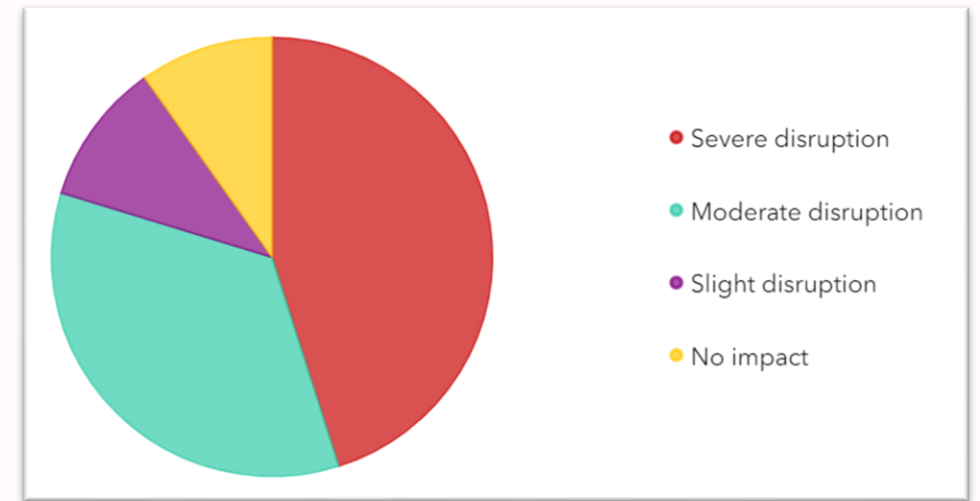
Sleep is crucial for maintaining both your physical and mental health. It's during sleep that your body repairs tissues, restores energy, and consolidates memories.

A disrupted sleep can impact your:

- **Mental Health:** increase stress hormones, leading to anxiety, depression, and irritability.
- **Physical Health:** Frequent noise interrupts your body's natural sleep cycle, raising the risk of heart disease, high blood pressure, and stroke.
- **Cognitive Impairment:** focus, memory, and decision-making, are impacted making it harder to concentrate and think clearly.

Good sleep isn't just important—it's essential for overall well-being.

Have you noticed any changes in your sleep quality due to this noise?



# The Big Number

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- Public Consultation
- Graduated Implementation
- Education of Drivers
- Noise mitigation measures suggested
- Education for property managers
- Consultation with Toronto Public Health
- Consideration for residents and their health





# Stop Noisy Overnight Waste Collection

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- What I and those NMNT members want is for you to stop this practice and figure out some immediate solutions.
  - Immediately educate drivers and staff of the health impacts of noise.
    - Maybe they can come up with solutions.
  - Make easy modifications such as strong bumpers to cushion the metal on metal contact, rubber wheels for the bins, change beepers, scheduling.
  - There has to be accountability.
    - Area Sound level monitoring for repeat offenders
    - Fines for too much noise



This situation is unacceptable and council oversight is essential.



# Report this noise to 311

- Only 20 reports were made since June of 2024.
- Make them through their website: *search 311 Toronto*
- From your phone on their app

### Create a Service Request

Can't find your request?  
Search the [311 Knowledge Base](#) for up-to-date information about City services and p  
416-392-City (2489). Our contact centre is open 24/7.

Browse request categories or use the search field to filter by keyword.

Filter ▼ non|

#### Filtered Requests

Showing 4 results for "non"

##### Non-compliance - Single-Use/Takeaway Items

Report a retail business not complying with the Single-Use and Takeaway Items Bylaw (providing non-compliant paper bags; accessory items/paper bags provided without being asked or

##### Non-Enforceable Noise Reports

Submit a noise related complaint with exemption or during permitted hours

Create Request

[About 311](#) +

[Service User Code of Conduct](#)

[Make the Right Call](#)

[311 Toronto Mobile App](#)

### Contact Information

We need to tell the city that it is a problem, otherwise they won't know it is a problem.







# Motor Vehicle Noise



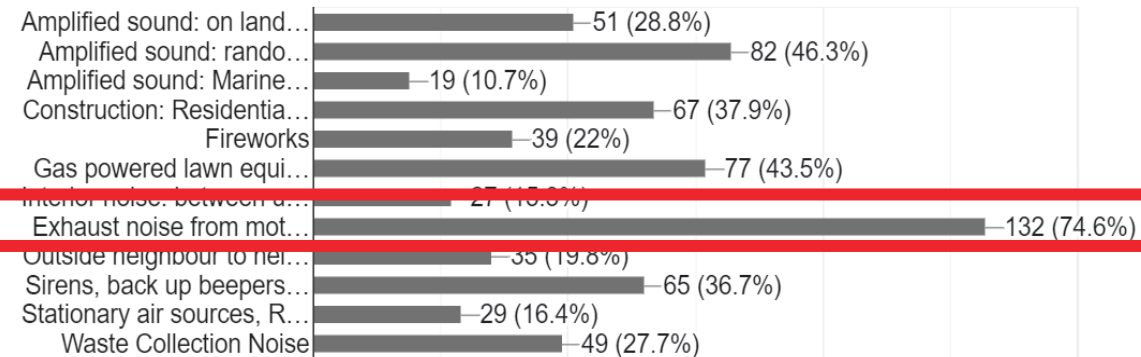
# Impacts of Loud Vehicle Noise

## Results from NMNT member survey

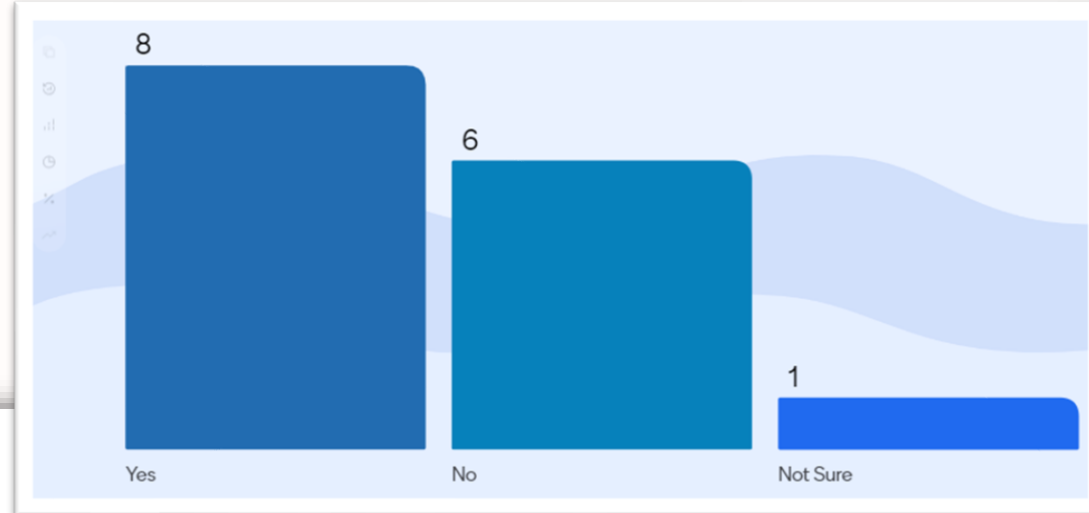
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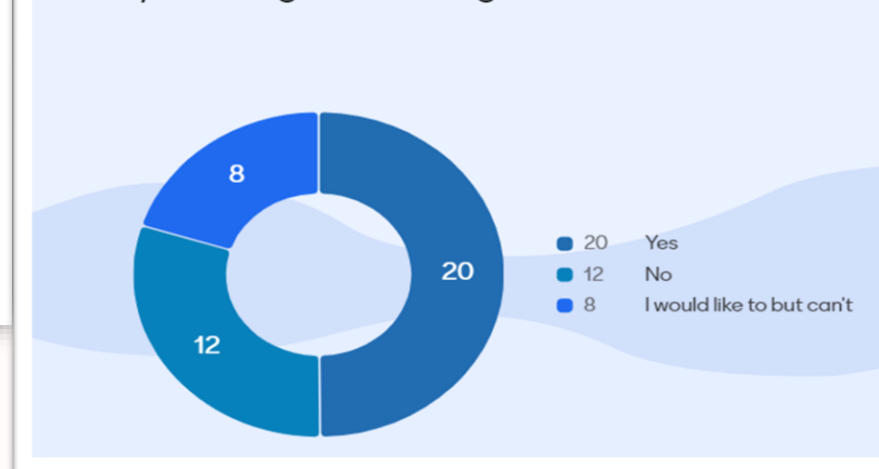
177 responses



Have you missed work or unable to perform ADLs?



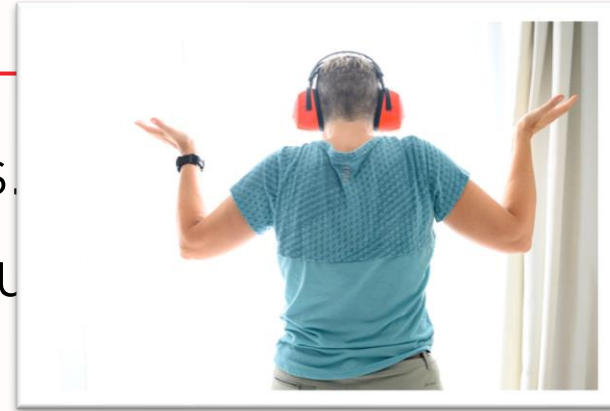
Have you thought of moving somewhere else?



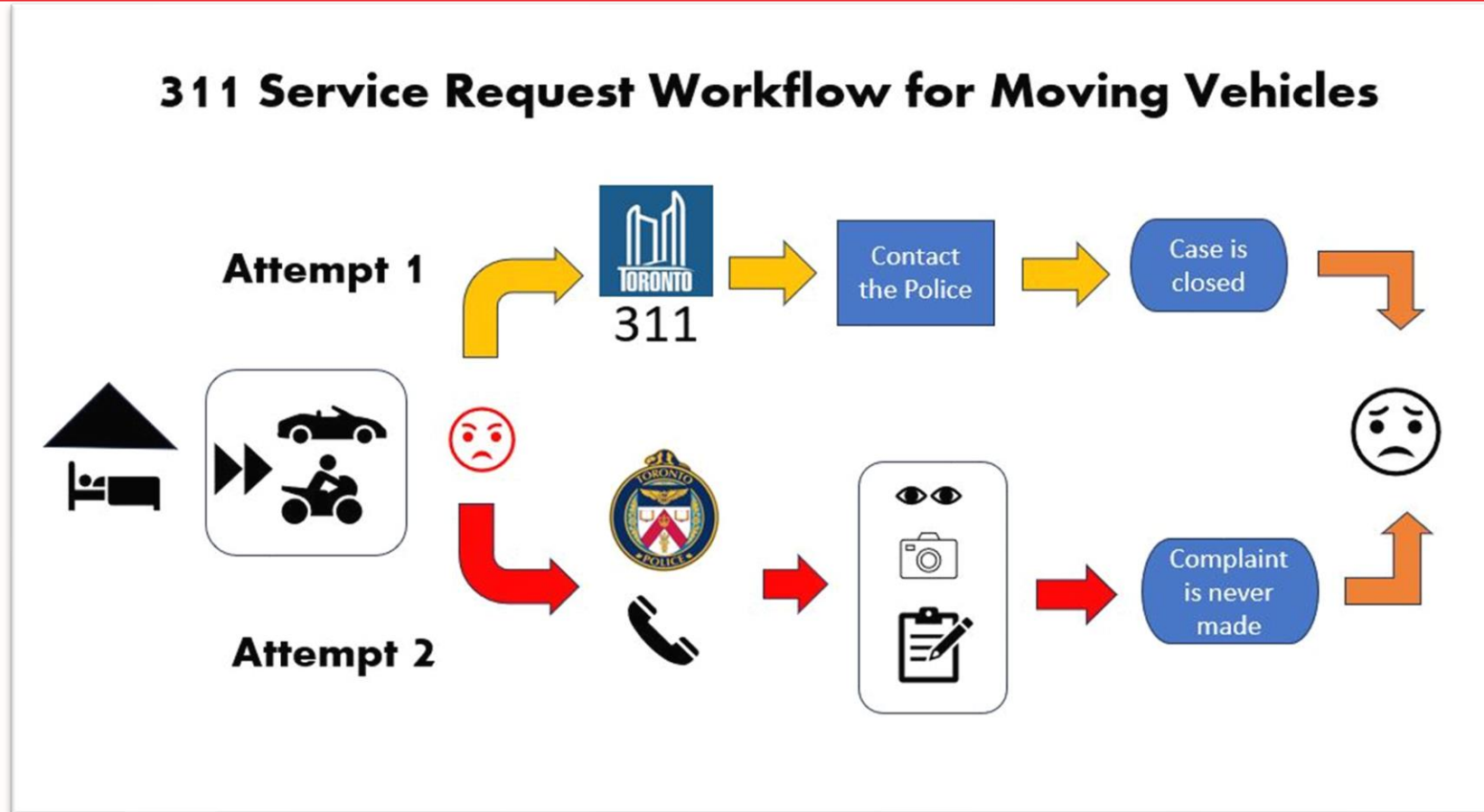
# The Unwanted Sounds of Summer

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- Pleased to be collaborating with MLS on finding solutions.
- Where we've ended up after a lot of work is not good enough.
- In 3 events 20 vehicles were inspected.
- Only 3 tickets issued? What about other infractions found?
- What are the next steps to address loud vehicles?
  - We proposed a Sound Task force to the TPSB to spend some time and money on fixing this harmful and 100% unnecessary noise source.
  - NMNT has sent a letter to the MoT
- Letter to shops! Awesome. What's next? Visits? Inspections? Fines for non-compliance and removal of license?



# Until this is fixed, we are not done.



NMNT Members and the residents of Toronto that we represent want to see next steps and a plan.

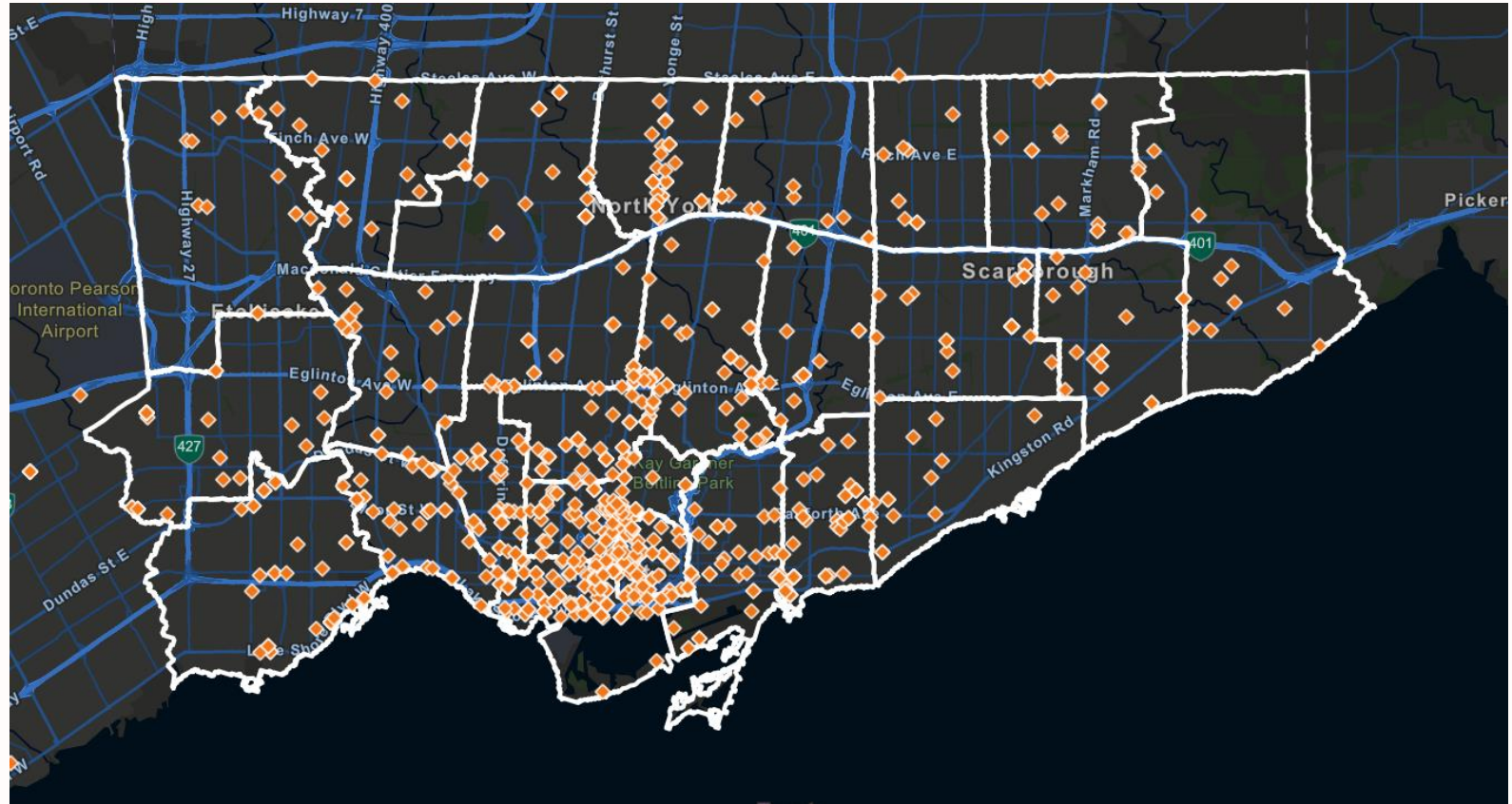


# Thank you, Councillor Ainsely

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Noise Exemption Permits as of August 2024

- Make maps!
- Visualize noise complaints with a map by type.
- Create a dynamic dashboard to dig into the details.



# Let's Create a Better Toronto by Reducing Noise

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[www.nomorenoisetoronto.com](http://www.nomorenoisetoronto.com)

