

# An Overview of the Student Nutrition Program

Presentation to the City-School Boards Advisory Committee

March 4, 2024



- Universal meal and/or snack program, run locally by parents, volunteers and students, mainly operating in public schools
- Gives students access to safe, adequate, and culturally-appropriate healthy food
  - especially important for those at risk for poor nutritional intake
- Supports student learning and development over the school day
- Creates opportunities for community capacity building, volunteering, and job skills development
- Video: <u>Student Nutrition Programs in Toronto</u>

## **Program Outcomes**





- Increased consumption of healthy foods
- Reduced obesity and chronic disease
- Reduced health disparities
- Reduced social isolation
- Increased attendance and class participation
- Improved test scores in math, science, reading
- Reduced dropouts
- Job skills training for students, parents, volunteers



619 school communities820 student nutrition programs227,285 meals served per school day

### Where are the programs?





## Working in partnership





A partnership of:

- The Angel Foundation for Learning
- Toronto Catholic District School Board
- Toronto Foundation for Student Success
- Toronto District School Board
- City of Toronto Toronto Public Health

## **Roles of each partner agency**



#### **Toronto Public Health**

• stewards municipal funds, chairs partnership, administers annual grant application process, provides nutrition and food safety training/expertise, nutrition quality assurance, food safety inspections

#### Foundations

 fundraises, administers government grants and other donations, ensures program accountability, supports local fundraising, trains coordinators to operate programs, supports volunteer recruitment, coordinates in-kind donations

#### **School Boards**

 integrates program into school day, supports program operations, provides space, maintains equipment, mobilizes parents and volunteers



## Strengthen and grow student nutrition programs

- Strengthen existing programs by ensuring an annual food inflationary increase in municipal funding
- Expand program reach

## **Municipal Investment**

- 2023: \$17.7M to support over 227,000 meals per day
- 2024: \$19.16M which includes an 8.5% food inflationary increase



## **\$27.48 M investment from government sources**

\$16.8 M from the City of Toronto\$8.47 M from the provincial government\$2.2 M in one-time funding from the federal government

## Funding from other sources

- Student and parent contributions
- Community fundraising
- School board fundraising
- **Corporate donations**

## **Non-monetary support**



Board of Health and City Council annually advocate to the federal and provincial governments:

- Requests to the Province to increase its investment to match the increased City of Toronto investment and provide additional funding to account for inflation
- Requests to the Government of Canada to provide details on progress made toward commitments, including a National School Food Policy with funding for a universal program



## Thank you