

June 16, 2025

Executive Committee of Council City of Toronto 100 Queen St. West Toronto, ON M5H 2N2

Dear Members of the Executive Committee,

On behalf of Daily Bread Food Bankⁱ, our member agencies and valued community partners, we are writing to express our strong support for the <u>City of Toronto's Vision and Strategy for a Universal School Food</u> <u>Program</u>, with the goal of providing a morning meal in all Toronto school communities by 2026/2027 and introducing a lunch program by 2030.

In December 2024, Toronto City Council took the landmark step of declaring food insecurity an emergency. The motion emphasized embedding this declaration into major initiatives including the Poverty Reduction Strategy, Food Charter, and School Food Program. We applaud the City's leadership in moving forward on its commitment to ensure that every child has access to nutritious meals at school. This effort is both timely and essential, especially in light of these alarming trends:

- **Record breaking food bank usage**: More than 1 in 10 Torontonians now rely on food banks, 23% being children or youth. In 2024, Daily Bread's network recorded 3.49 million client visits, a 273% increase since pre-pandemic (2020)ⁱⁱ.
- Alarming child poverty rates: Toronto experienced an 8.5% increase in child poverty between 2020 and 2022, making it the city with the highest rate of child poverty among large municipalities in 2022ⁱⁱⁱ. Moreover, child poverty has increased in every Toronto Ward since 2020, with some areas reporting child and family poverty rates as high as 61%.
- Widespread food insecurity: In 2024, 10 million individuals—including 2.5 million children—across Canada lived in food-insecure households. This represents the highest increase in the almost twenty years of monitoring^{iv}.
- **Rising cost of living:** The cost of food continues to rise, with April 2025 marking the third consecutive month where grocery prices outpaced the overall inflation rate^v.

The benefits of school nutrition programs are well-documented, with research showing that they contribute to improved health, mental well-being, academic performance, economic productivity, and environmental sustainability^{vi}. The Toronto District School Board's evaluation of the *Feeding Our Future* program confirmed a strong link between morning meals and academic achievement^{vii}.

As the City expands the School Food Program, we support a model that is universal in design. Food insecurity exists in every part of Toronto, and a universal approach is the most equitable - it removes stigma, reduces administrative burden, and ensures that no child is left behind. We also urge the City to ensure that meals are culturally appropriate and locally sourced, aligning with efforts to strengthen Canada's economic resilience in response to U.S. tariffs.

Realizing this vision will require sustained investment from all levels of government. We join the City of Toronto in calling on the Province of Ontario to match the City's current and future investments in the Student





Nutrition Program—adjusted for inflation—and urge the Government of Canada to strengthen its commitment through enhanced funding under the National School Food Program.

We thank the City of Toronto for its commitment to expanding this vital initiative. It represents a meaningful step toward addressing child hunger and building a healthier, more equitable future for all.

Sincerely,

Daily Bread Food Bank 5n2 Meals4u Abiona Centre Access Alliance Multicultural Health & Community Services **ACSA Community Services** Avenue Road Food Bank **Beach Interfaith Outreach Bethlehem United Shelter** Bloor West Food Bank Calvary Baptist Church Canadian Red Cross Centennial College Student Association Inc. Centre for Immigrant & Community Services Christie Ossington Neighbourhood Centre Churches on the Hill Covenant House **Creating Together Evangel Hall Mission** Finhdelp|211 Flemingdon Community Food Bank Fred Victor Grace CRC McCowan Foodbank Grace Place Food Bank Grant AME Church Haven on the Queensway Hillcrest Christian Church (Disciples of Christ) Holy Wisdom Church Homes First Society House of Compassion Houselink & Mainstay Housing Jane Alliance Neighborhood Services LAMP Community Health Centre Living Word Assembly of God Church LOFT Loyan Foundation Native Women's Resource Centre of Toronto **Neighbours Community Homes** New Toronto Street Food Bank **Oasis Dufferin Community Centre** Parkdale Community Food Bank Parkdale Queen West Community Health Centre

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PWA (Toronto People with AIDS Foundation) Red Door Family Shelter Reverend Canon Maggie Helwig, Church of St Stephen-in-the-Fields RFRO Scarborough Center For Healthy Communities Sistering Social Planning Toronto Sojourn House Spadina-Fort York Community Care St James Food Basket St. Ann's Foodbank St. Michael's Homes Student Assoc. of George Brown Coll. SNAP The 519 The Neighbourhood Group The Parkdale Activity – Recreation Centre The Stop Community Food Centre **TNG Community Services** TNO Food Bank Toronto Council Fire Native Cultural Centre Toronto Neighbourhood Centres Toronto West SDA Food Bank Ve'ahavta Volunteer Toronto Warden Woods Community Centre Working Women Community Centre

^{III} Social Planning Toronto. (2024). Fighting for our future: Child and family poverty report card, Toronto 2024. Available at https://www.socialplanningtoronto.org/childpoverty2024



ⁱ Since 1983, Daily Bread Food Bank has worked to meet emergency needs while advocating for long-term solutions to end poverty with over 200 programs across Toronto.

ⁱⁱ Daily Bread Food Bank & North York Harvest. (2024). *Who's Hungry 2024.* Available at https://www.dailybread.ca/wp-content/uploads/2025/01/DB-Whos-Hungry-Report-2024-Digital.pdf

PROOF. (2025). How many Canadians are affected by household food insecurity. Available at https://proof.utoronto.ca/food-insecurity/how-many-canadians-are-affected-by-household-food-insecurity/
 * Statistics Canada. Consumer Price Index, April 2025. Available at https://www150.statcan.gc.ca/n1/daily-quotidien/250520/dq250520a-eng.htm

^v Statistics Canada. Consumer Price Index, April 2025. Available at https://www150.statcan.gc.ca/n1/daily-quotidien/250520/dq250520a-eng.htm
^{vi} The Coalition of Healthy School Food. Benefits of school food programs. Available at

https://www.healthyschoolfood.ca/ files/ugd/e7a651_659b6c971fff44e399747263e1c61269.pdf?index=true; Butikofer, A, Molland, E and Salvanes, K.G., Childhood nutrition and labour market outcomes: Evidence from a school breakfast program, *NHH Dept. of Economics Discussion Paper No.* 15/2016, August 18, 2016, Available at SSRN: https://ssrn.com/abstract=2879304 or http://dx.doi.org/10.2139/ssrn.2879304; Petter, L., Dan-Olof, R., Jesper A-P, Long-term effects of childhood nutrition: Evidence from a school lunch reform, *The Review of Economics Studies*, Volume 89, Issue 2, March 2022, Pages 876–908, https://doi.org/10.1093/restud/rdab028; Cohen, J. F. W., Hecht, A. A., McLoughlin, G. M., Turner, L., & Schwartz, M. B. (2021). Universal school meals and associations with student participation, attendance, academic performance, diet quality, food security, and body mass index: A systematic review. *Nutrients*, *13*(3), 911. https://doi.org/10.3390/nu13030911

vii Toronto District School Board. (1 1 / 1 2 - 0 6). Feeding our future: The first and second year evaluation. Available at https://tfss.ca/wpcontent/uploads/2017/10/EvaluationFOFProgram-min.pdf