



**NO MORE NOISE**  
**Toronto**

# **HL23.3 - Noise Action Plan Update**

April 1<sup>st</sup>, 2025

# Intro to NMNT

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- Focused on the noises that wake us up, keep us up and disturb us day and night.
- Grassroots organization that is data and process oriented
- Engaged in the Civic Process at City Hall
- We collaborate with Civic Tech Toronto, Esri Canada, University of Toronto, Toronto Metropolitan University, Gasbusters and Quiet Communities (USA)



# Collaborations

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By using a data and process-oriented approach we have established collaborative relationships with:

- Municipal Licensing and Standards (Bylaw enforcement),
- Toronto Police Services
- 311 – Customer Service
- Toronto Public Health & Toronto Board of Health



# No Fooling - Noise is a public health issue

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- Today you are going to hear how noise impacts people's health, please listen and put yourself in their places.
- You've received around 100 emails from residents.
- We are supportive of the recommendations that TPH work with MLS to assess the changes through the Noise Bylaw changes... however it's not enough.



# We don't have an advocate

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- Research is a “lagging indicator”, we need help now.
- You need to understand and help manage our individual experiences, which add up to population health.
- TPH can't say no to an action or policy.
- The exemptions keep on coming.

There seems to be a prioritization  
of the corporate agenda, not  
public health.



# The Gap

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Able to consult, advise on noise from a health lens but has no authority

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MLS creates and enforces noise bylaws.

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**Help me!**  
Protect my health  
and well being



# It's a problem all over

## City of Toronto Councillors



And no one really knows what to do.



# We are suffering

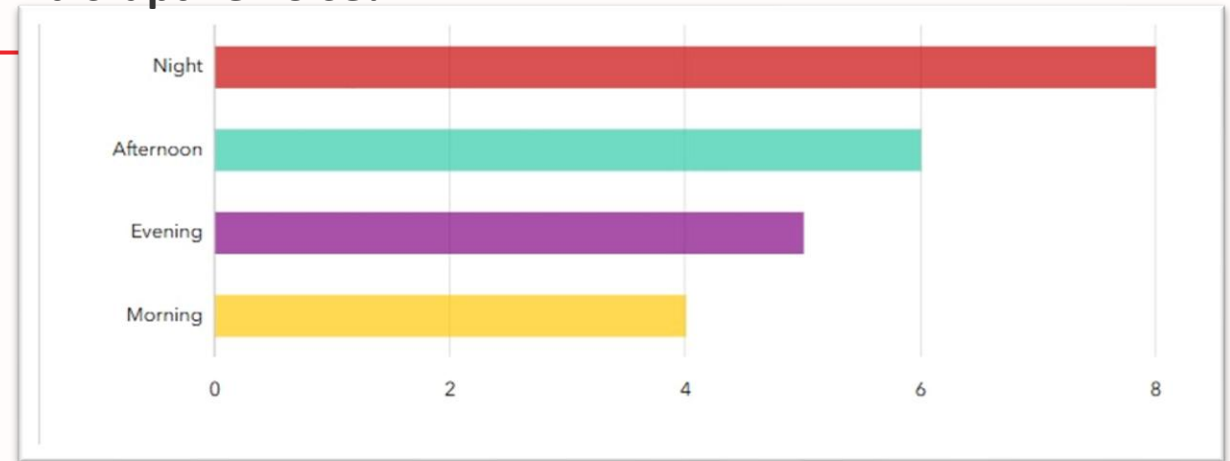
## How does this noise impact your health?



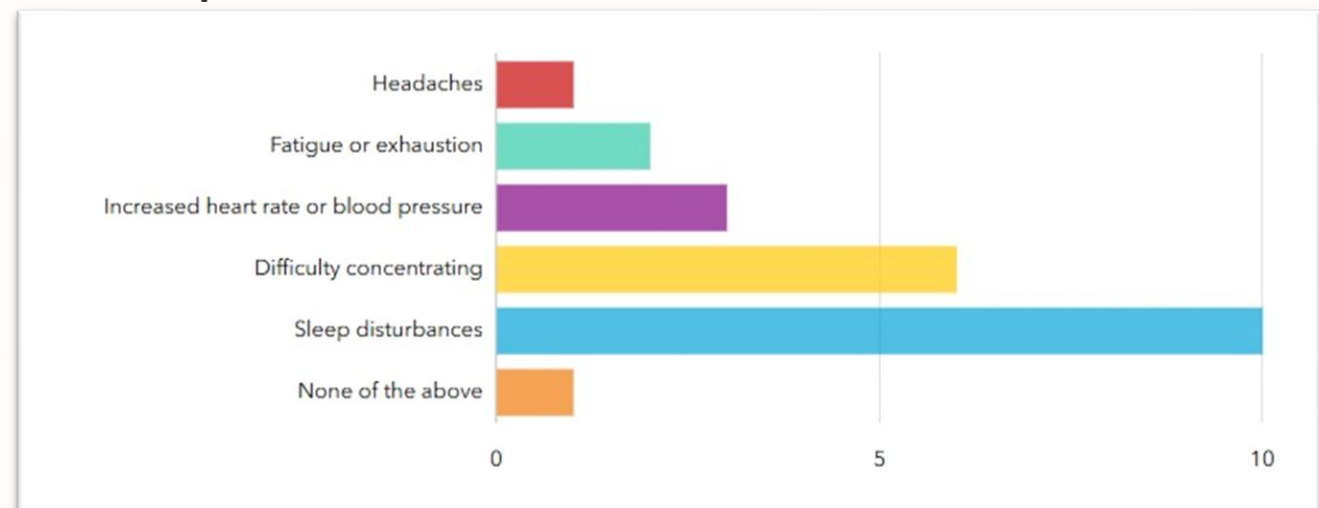
Mentimeter – 40 responses

Charts from NMNT  
Health Impacts Survey,  
23 responses

## At what times of the day do you experience the most disruptive noise?



## Which of the following physical symptoms bothers you most after exposure to this noise?





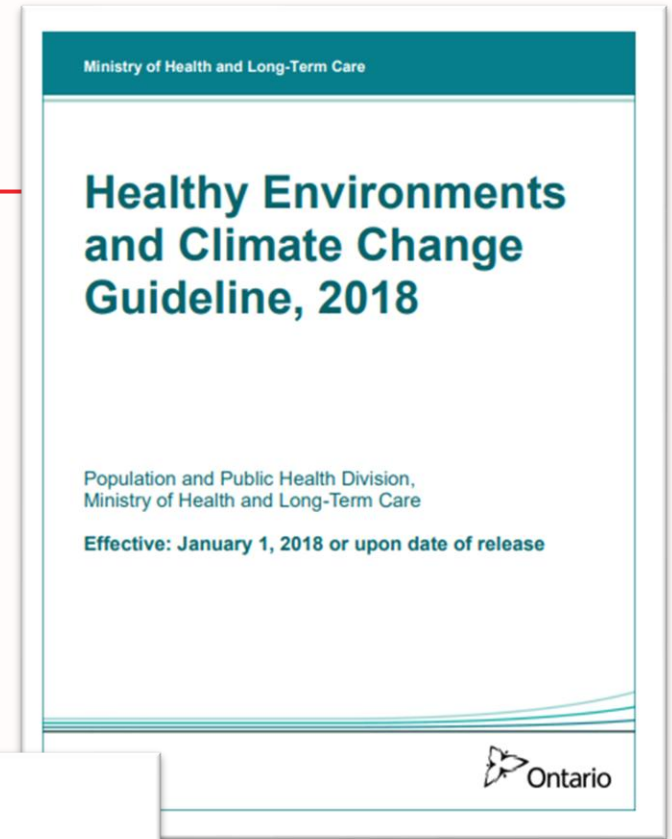
# Solutions



# #1 – Provincial Mandates

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- Board of Health to request province to expand provincial mandates to include noise.
- This benefits not only Toronto but everyone in the province.



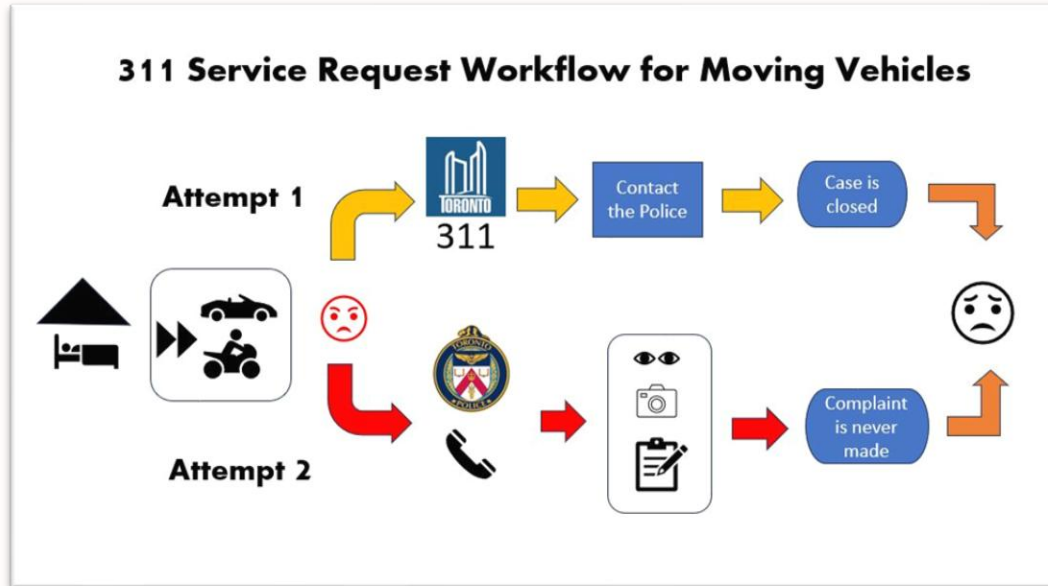
# #2 - Education

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- TPH to conduct an education campaign about the health impacts of noise
- To residents
  - Noise at night – poor sleep, daytime disturbances
  - Illegal noises from cars – maybe this is the city
  - Be respectful of others – Night Economy
- To workers / industries
  - Waste collection
  - Lawn & Garden care
  - Construction

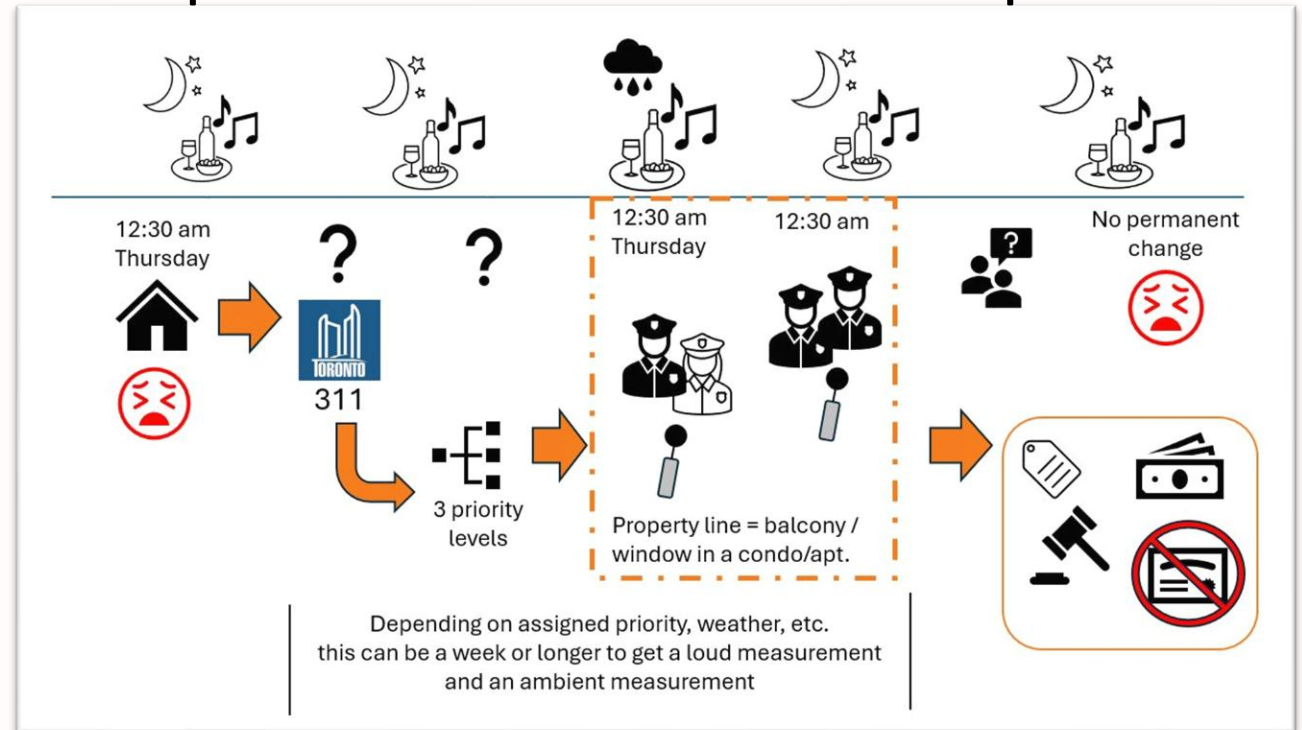


# #3 - Fix the reporting and enforcement processes



Establish data transfer  
between MLS and TPS

## Amplified sound enforcement process



# Population Health

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- Population health is made up of individual experiences. By not getting involved in them you are not being effective.
- None of us can close our ears and our bodies can't stop responding to noise.
- This problem will only grow with the city.
- TPH and the BoH must establish a goal to reduce noise today for a better city tomorrow.



Like a mosaic, our collective experiences create a complete picture.



# Let's Create a Better Toronto by Reducing Noise

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[www.nomorenoisetoronto.com](http://www.nomorenoisetoronto.com)

