

From: [I. Buday](#)
To: [Board of Health](#); [Councillor Moise](#); [Councillor Bravo](#)
Cc: [Councillor Cheng](#); [Councillor Perruzza](#); [Councillor Thompson](#); [No More Noise Toronto](#)
Subject: [External Sender] My comments for 2025.HL28.1 on October 27, 2025 Board of Health
Date: October 27, 2025 9:08:41 AM
Attachments: [T BoH HL28.1 - Working with Schools to Improve the Health and Well-being of Children and Youth.pdf](#)

To the City Clerk:

Please add my comments to the agenda for the October 27, 2025 Board of Health meeting on item 2025.HL28.1, Working with Schools to Improve the Health and Well-being of Children and Youth

I understand that my comments and the personal information in this email will form part of the public record and that my name will be listed as a correspondent on agendas and minutes of City Council or its committees. Also, I understand that agendas and minutes are posted online and my name may be indexed by search engines like Google.

Comments:

Dear Chair Moise, Vice Chair Bravo and the Toronto Board of Health

Noise pollution from outside and inside schools [makes it harder for kids to learn](#) which negatively impacts their mental health and [creates learned helplessness](#). As air quality is important, so is the sound quality of the learning environment.

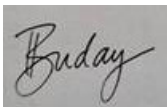
The Toronto Public Health Strategic Impact priorities address noise pollution in:

- Priority 2: Promote health and well-being across the lifespan
- Priority 4: Advocate to advance health equity.

As many schools are on arterial roads there should be increased sound proofing inside of the schools and sounds such as bells and announcements should not be louder than necessary. In addition, air filters should be evaluated for their sound level output.

Toronto's Board of Health needs to protect children and youth from noise pollution in order to improve their ability to learn and improve their physical and mental well being.

Thank you,



Ingrid Buday

Executive Director, No More Noise

Cc: Councillor Lily Cheng
Councillor Anthony Perruzza
Councillor Michael Thompson



October 27, 2025

Via Email

**Toronto Board of Health
100 Queen Street West
Toronto, ON M5H 2N2**

RE: HL28.1 - Working with Schools to Improve the Health and Well-being of Children and Youth

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Ingrid Buday

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