

ATTACHMENT 1

Recommended Candidates and Biographies for the North Toronto Memorial Arena Board

Syl Apps

Syl lives in North Toronto and has been a coach for the North Toronto Hockey Association for several years. He is a real estate investment and development professional and is currently a Senior Managing Director for Hines Canada.

Jason Xi

Jason is a healthcare professional with a background in physical therapy, research, and innovation. He holds a Master of Physical Therapy from the University of Toronto and a Bachelor of Science from Western University. He currently works as a Project Manager in the life sciences sector, where he leads the implementation of AI-enabled tools to support healthcare strategy. He was also appointed Artificial Intelligence Ambassador, advising commercial teams on innovation adoption. As a physical therapist, Jason worked with athletes of all levels, from youth to professionals, supporting injury prevention and safe return to sport. He has also worked as a trainer at F45, leading community events such as outdoor bootcamps and barbecues. Jason co-founded Purple Hands, a youth-led advocacy organization focused on health equity, and worked as a science instructor at York University teaching high school students about physical sciences. Jason is passionate about creating safe, inclusive, and engaging spaces that bring communities together.