

Expression of Condolence for Kevin Mills by Toronto City Council

Moved by: Mayor Olivia Chow

Seconded by: Councillor Alejandra Bravo

The Mayor and Members of Toronto City Council are deeply saddened to learn of the passing of Kevin Mills on April 29, 2025, at the age of 44.

Kevin was a highly respected paramedic, a passionate advocate, and a cherished member of the Toronto Paramedic Services family. His sudden passing is a profound loss to all who knew him.

Kevin began his career with Toronto Paramedic Services in 2001, where he quickly earned the admiration of his peers through his professionalism, steady presence, and unwavering commitment to public service. He also demonstrated a passion for learning and leadership, becoming the first paramedic to be accepted into the Justice and Public Safety program at the University of Guelph-Humber, where he earned his Bachelor of Applied Arts in Justice Studies.

In 2009, Kevin sustained a catastrophic spinal cord injury which resulted in quadriplegia. Despite the immense challenges that followed, Kevin remained deeply committed to helping others. Together with his wife Heather, he co-founded *Walk It Off Spinal Cord Wellness Centre*, a not-for-profit neuro-recovery clinic that provides support, therapy, and hope to individuals living with neurological conditions.

In 2023, Kevin became the first quadriplegic to hand-bike across Canada using a wheelchair with a bike attachment, while raising awareness about accessibility and the vital role of Activity-Based Therapy.

Kevin was also a passionate advocate for accessibility and inclusion in the Town of Newmarket and served on the Accessibility Advisory Committee. The Mayor of the Town of Newmarket, John Taylor, posthumously recognized Kevin with the Honorary Citizen Award on July 2, 2025, for his tireless work as an accessibility advocate.

Kevin leaves behind a remarkable legacy of service and inspiration. He will be remembered for his courage, vision and for touching many lives both on and off the job.

The City Clerk is requested to convey, on behalf of the Members of Toronto City Council, our sincere sympathy to his wife, Heather, his son Evan, and all those whose lives he touched.

July 23, 2025