# Update: Building Towards a Universal Student Food Program in Toronto

Presentation to the City-School Boards Advisory Committee

February 26, 2025





## **Purpose and Agenda**

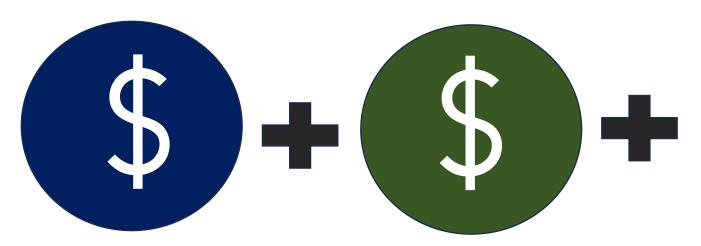
Provide a brief overview of the Student Nutrition Program.

 Provide an update on the City of Toronto expansion of the Student Nutrition Program.

Inform the Committee of next steps for municipal expansion.



### **Program Funding**



Existing sources do not cover all program costs

## **Government Funding** 2024-2025

- Federal Funding = \$4.7M
- Provincial Funding: \$8.5M
- City of Toronto: \$21.9M

#### **Non-Government Funding**

- Parent Fundraising
- Corporate Donations
- Grants

#### **Non-Monetary**

E.g.., food, equipment, in-kind use of space, equipment maintenance, volunteer time and efforts, etc.

Fluctuates per year



## **Student Nutrition Programs in Toronto**



- Provide healthy breakfast, morning meal, lunch, and snack options to over **243,000** students each school day (2024-2025 school year).
- Programs are run locally by parents, volunteers, and students, in collaboration with public schools.
- Gives students access to nutritious and safe food in a nonstigmatizing manner
  - especially important for those at risk for poor nutritional intake.



#### Impacts on Health and Student Success

Healthy school meals support student mental and physical health and positively impact food choices.

#### **Classroom Success**

- Increased attendance and focus
- Improved test scores in math, science, reading
- More likely to graduate high school



#### **Long-term Health Benefits**

- Greater nutrition knowledge and healthier eating habits
- Reduced risk of chronic diseases
- Improved mental health



#### **Program Partnerships**

- Sets province-wide program operating and nutrition guidelines
- Provincial funder
- Toronto Foundation for Student Success (TFSS) is the lead agency that administers provincial funding in Toronto.

## Student Nutrition Ontario (SNO)- Toronto

- Community partnership committee that provides funding, oversight, program support, monitors program quality and accountability. Members include:
  - Toronto Public Health (chair)
  - TDSB, TCDSB
  - Toronto Foundation for Student Success (TFSS)
  - The Angel Foundation for Learning (AFL)

#### **Toronto Public Health**

- Chairs SNO-Toronto
- Coordinates the annual government grant application processes for Toronto
- Lead role for nutrition and food safety expertise
- Inspects programs for food safety

#### **School Boards**

- Operationalize the program in collaboration with schools and parent community and, mobilize volunteers
- TDSB, TCDSB, CSV, CSCMA



## City of Toronto's Commitments and Intergovernmental Advocacy on Student Nutrition

## The City of Toronto is a leader in advocating for and investing in student nutrition programs.

- Student nutrition programs have existed in Toronto since the 1990s.
- In 2012, City Council endorsed a vision for a universal student nutrition program which led to significant program expansion to hundreds of school communities over many years.
- In October 2024, City Council committed to realizing a universal morning meal for every student in Toronto by September 2026 and a universal lunch by 2030.
- In December 2024, City Council approved an expansion of the SNP to 23 additional school communities starting January 2025.
- In December 2024, City Council declared food insecurity an emergency in the City of Toronto.
  - City Council also requested the Government of Ontario increase its financial commitment towards school food programs.





#### **2024-2025 Expansion**



- In December 2024, City Council increased Toronto Public Health's budget by \$2.6M for the expansion of student nutrition programs in the 2024-2025 school year.
- In January 2025, City of Toronto funded the first expansion of student nutrition programs since 2018 to 23 new public school communities for the remainder the 2024-2025 school year reaching 8,000 additional students in Toronto.

Student nutrition programs operate in 643 school communities representing ~75% of public schools (2024-2025 school year).



#### **2025-2026 Expansion**



As part of Budget 2025, Toronto Public Health's operating budget for student nutrition programs increased by \$6.886M to:

- Enable expansion to 25 additional school communities for the 2025-2026 school year and grow existing programs—reaching 13,500 new students in Toronto.
- Provide continued funding towards the purchase of nutritious food for the programs launched in January 2025 – reaching 8,000 students.

#### **Next Steps:**

 SNO-Toronto is reaching out to school communities in greatest need, which do not have a student nutrition program, to promote this funding opportunity and assist readiness assessments and funding applications.



# City's Vision for Universal Student Nutrition Programs

City's vision for a universal morning meal by September 2026 and a universal lunch program by September 2030

 The City Manager's Office in collaboration with Toronto Public Health, will report back to Executive Committee in Q2 2025 with a vision and strategy update.

## **Thank You**

