



REVISED

NOTICE OF MOTION

Expanding Recreational Programming for Toronto's Seniors

Moved by: Councillor Crisanti

Seconded by: Councillor Cheng

Summary:

Each year, demand for free and low-cost older adult recreation programs far exceeds available spots, leaving too many seniors feeling excluded from opportunities that are essential to their social, physical, and mental well-being.

Expanding recreational programs for seniors not only supports their independence but also plays an undeniable role in helping them age-in-place and with dignity. As Toronto's population continues to age, it's crucial that the City take proactive measures to ensure there's enough space to accommodate demand.

Whether it's through offering more yoga, aquafit, or art classes, we must make seniors' recreation a priority in Toronto.

Recommendations:

1. City Council request the General Manager, Parks and Recreation to consider service needs associated with Free and Low-Cost Older Adult recreation programming across the City, including identifying high in demand programs that could be added or enhanced, and report back in Q2 2027 with opportunities for enhancements.

Date: June 17th, 2026