

***Expression of Condolence for Eric Windeler
by Toronto City Council***

Moved by: Councillor Josh Matlow

Seconded by: Councillor Mike Colle

The Mayor and Members of Toronto City Council are deeply saddened to learn of the passing of Eric Windeler on May 23, 2026.

Eric was a leader in youth mental health who helped transform public understanding of mental wellness and encouraged more open, compassionate dialogue.

In the wake of the devastating loss of their son, Jack, to suicide in 2010, Eric and his wife, Sandra, transformed their grief into a powerful force for change. Together, they established Jack.org, an organization dedicated to empowering young people to support one another, learn about mental health, access resources, and advocate for a better future.

Through his leadership, Eric played a significant role in reshaping how mental health is discussed and understood. Alongside Sandra, he openly shared his family's story, helping to challenge stigma, foster connection, and encourage honest conversations about mental health and suicide. His commitment to breaking the silence surrounding mental illness demonstrates the importance of compassion, vulnerability, and community to save lives.

Eric's legacy is one of both conviction and compassion. The lasting impact of his work can be seen in the courage that young people have found to speak up for themselves and others, and in the ongoing efforts of his family to advance youth mental health across Canada.

The City Clerk is requested to convey, on behalf of the Members of Toronto City Council, our sincere sympathy to Eric's family.

June 24, 2026