



Dental Injuries

Knowing what to do when a dental injury occurs can prevent permanent damage to teeth and unnecessary worry.

Dark Tooth

- Tooth has become a dark gray colour
- Tooth could develop an infection



This child needs to see a dentist within 1-2 weeks.

Chipped or Fractured Tooth

- Clean injured area with warm water
- If there is swelling, apply ice or cold compress to the outside of the mouth or cheeks.



This child needs to see a dentist as soon as possible.

Knocked-out Tooth

- Time is critical
- Do not touch the root of the tooth
- Gently rinse the tooth and try to place it back into the mouth. If this is not possible, place the tooth in milk or water.



This child needs to see a dentist immediately — within 30 minutes of the tooth loss.

The cause of dental injuries varies and often relates to the age of a child. Toddlers are more likely to injure a tooth by falling. Older children and youth are more likely to have a dental injury from playing sports. The upper front teeth are the most commonly injured teeth. Quick action can save a lost or broken tooth.

For further information, please contact us. Our staff speak many languages!



Free Dental Care

Our dental services are offered to children (0-17 years), parents enrolled in selected Toronto Public Health programs and seniors (65 years and older).

To be eligible, the clients:

- must live in Toronto;
- cannot have dental insurance; and
- are not able to pay for a dentist.

Services include:

- Examinations
- Fillings
- Root canal treatment on selected teeth
- Extractions
- Partial and full dentures (a fee may be required for dentures)
- Prevention and education
- Fluoride treatment
- Cleanings
- Sealants

Toronto Public Health has several dental clinics. Our staff speak many languages and are happy to assist your clients.

If your clients are not eligible for our free services, they may qualify for dental care at a reduced cost in another facility.

To find a Toronto Public Health dental clinic visit toronto.ca/health/dental/locations.htm or call 311 for information.

