

# LATHER, RINSE, DEFEAT GERMS.

## Hand Washing Healthy School Framework

### Quality Instruction & Programs

- Toronto Public Health Clean Hands DVD and resource package [toronto.ca/health](http://toronto.ca/health)
- “Bug Out! Get the Facts on Germs” Activity booklet for Grades 4-6 Canadian Red Cross Society [redcross.ca/bugout](http://redcross.ca/bugout)
- Glo-Germ – Hand washing lesson plans (K – Grade 6) [glogerm.com/worksheet.html](http://glogerm.com/worksheet.html)
- Toronto Public Health hand washing posters in various languages: English, French, Chinese, Tamil, Vietnamese, Italian, Portuguese, Korean, Spanish [toronto.ca/health](http://toronto.ca/health)

### Healthy Physical Environment

- Post hand washing poster at each sink in school
- Post “Cover Your Cough” in the classroom or common areas
- Post “Hand Sanitizing” poster in classroom
- Provide adequate soap and operating hand dryers in school
- Frequent cleaning of door handles, faucets, toilet bowls levers, keyboards, and tables used for lunch or snack

### Supportive Social Environment

- Provide opportunities for hand washing where feasible
- Peer training on hand washing technique
- Role modeling by teachers/school staff and parents
- Awareness raising via school newsletters, and posting relevant posters
- Discussed at school council meeting
- Parents’ newsletter inserts
- Advocacy re: proper supplies and policies/procedures encouraging hand washing opportunities

### Community Partnership

- Community and Hospital Infection Control Association [chica.org](http://chica.org)
- Ministry of Health and Long Term Care [health.gov.on.ca](http://health.gov.on.ca)
- Centres for Disease Control & Prevention [cdc.gov/germstopper](http://cdc.gov/germstopper)
- Toronto Health Connection 416.338.7600 [toronto.ca/health](http://toronto.ca/health)
- TDSB Health and Safety 416.397.3213
- TCDSB Occupational Health and Safety 416.222.8282 x 2665