

Organize Your Home

The Kit

Having the materials needed to respond to “home alone” situations can go a long way to helping the 10 to 14 year old feel confident about his or her ability to handle things. Put together a “kit” of items ahead of time.

Essential items include:

- () Key chain to clip house key (for a young person to carry out of sight).
- () Small change purse with several quarters or a Bell Card for the pay phone and a few dollars at home for an emergency.
- () Flashlight and extra batteries.
- () List of emergency phone numbers.
- () The At Home Alone Family Handbook and a pen.
- () A first aid kit.
- () Extra house key.
- () Other _____

Non-essential but useful items:

- () Microwave oven.
- () “Call Display” on phone.
- () Answering machine or “call answer”.
- () Cell phone or pager.
- () Other _____