



You are not alone

Video Transcript – How to Develop a Personal Safety Plan for Time at Work

May 2017

Text:

You can support a worker who is experiencing domestic violence by developing a personal safety plan for their time at work. It should be tailored to the employee's self-identified needs, keeping the overall safety of the workplace in mind.

Female:

Thanks for telling me about the restraining order you have against your partner. Let's chat about what we can do to make you feel safe at work.

Male:

My partner calls me at work a lot – it scares me.

Female:

We can arrange to screen your calls. Should we change your emergency contact to someone other than your partner?

Male:

Yes, please use my friend Chris. Sometimes I get nervous walking to my car alone.

Female:

We'll get security to walk you to your car. Would you like a parking spot closer to the building?

Male:

That would help me feel safer too.

Female:

You work near the main entrance. It would be safer to move you to a different area.

Male:

Thank you.

Female:

This is the restraining order, right? I'm going to share this with security.

Male:

Okay... but does that mean everyone will know?

Female:

This will be kept confidential. Only those who need to know for safety reasons will be told.

Male:

What should I do if my partner threatens to come here and hurt me?

Female:

We have a workplace safety plan to deal with threats of violence. Let's go over it...

Text:

Creating a personal safety plan helps keep your employee and the workplace safe from threats of domestic violence. For more information go to [WorkSafeBC.com/DomesticViolence](https://www.worksafebc.com/DomesticViolence).