

CULTURAL LOOPS GUIDE

EXPLORE ETOBICOKE

Art, History and Nature Self-Guided Tours

















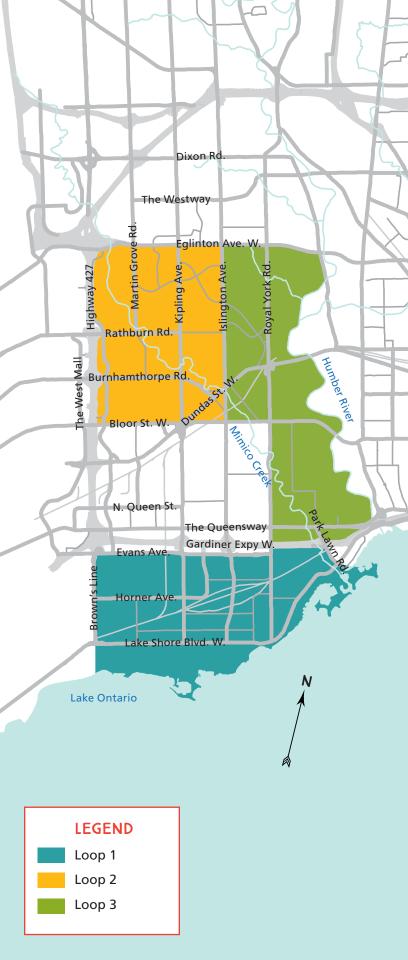


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ABOUT THE CULTURAL HOTSPOT:

From May through October 2015, Toronto recognized south and central Etobicoke as one of the city's cultural hotspots. This Etobicoke Cultural Hotspot comprises a vibrant collection of neighbourhoods bordered by Dixon Road to the north, Lake Ontario to the south, Park Lawn Road to the east and Brown's Line to the west. This Etobicoke area is home to a diverse cultural scene, engaged community, beautiful green spaces and a unique local history.

The Cultural Hotspot is a Toronto Arts & Culture initiative, approved by Toronto City Council in 2011 as part of the Creative Capital Gains report. The Cultural Hotspot initiative continues to rotate through Toronto, with these goals:

- Celebrate local culture, heritage, creativity, business and community with special events, festivals and art happenings
- Connect the Hotspot community and share this exciting area with all of Toronto
- Grow creative capacity in the area with workshops, courses, youth engagement, employment and legacy projects

ABOUT THE CULTURAL LOOPS:

The Etobicoke Cultural Hotspot spans a vast geographic area and many local neighbourhoods with unique features. Designed as a series of self-guided tours, the Cultural Loops encourage residents and visitors to explore the Cultural Hotspot neighbourhoods, getting an inside look at art, culture, architecture, history, parklands and local businesses in the area. As a legacy project of the 2015 Cultural Hotspot, the Cultural Loops Guide will live on and be added to over time, encouraging people to continue exploring the area and discovering the many local gems.

Loop One features Lake Shore Boulevard south to the lake, encompassing neighbouhoods like Mimico, New Toronto and Long Branch. With its proximity to Lake Ontario, this loop focuses on the natural beauty of the area and includes an activity that encourages participants to spot local wildlife. This picturesque area is enhanced by many murals and arts organizations such as the Assembly Hall, Lakeshore Arts and the Lakeshorts International Short Film Festival.

Loop Two includes the area north of Lake Shore Boulevard, west of Islington Avenue. The tours in this loop focus on the vibrant arts and culture scene found in these neighbourhoods with indoor galleries at the Etobicoke Civic Centre and Neilson Park Creative Centre. The tour also plays host to Arts Etobicoke and Toronto's largest outdoor art gallery – the Village of Islington has 26 murals in a five-block area along Dundas Street.

Loop Three takes you to the east side of the Cultural Hotspot, north of Lake Shore Boulevard and east of Islington Avenue. This loop focuses on the Humber River, as well as the historic buildings, like Montgomery's Inn, and the vibrant green spaces along its shores and beyond.

While you're out and about discovering, remember Etobicoke also has a wide array of distinct cuisine. Turn to page 121 and learn more about Hot Eats, featuring over 75 local eateries!



TIPS FOR EXPLORING THE HOTSPOT:

- Places highlighted in this guide include private homes and buildings. Stay on the streets to observe.
- Cross streets safely at traffic lights and crosswalks.
- Use caution on all routes, as recreational trails may be slippery or obstructed.
- Cyclists must use streets with caution; consider your level of experience, comfort level in traffic, weather conditions and more.
- While outdoors, be sun safe. Visit toronto.ca/health/sun.
- Take care to stay on paths and well-trodden trails in west end parks and woodland areas as the sap of the invasive Wild Parsnip and Giant Hog Weed can cause severe burns. Both plants resemble the common Queen Anne's Lace.
- Respect our environment and keep Toronto beautiful.

Note: Cycling directions are given throughout tour, but without the "Getting to tour start" directions as there are multiple routes. See the City of Toronto Cycle Map for a route that's good for you. Printed maps are free and available at civic centres, libraries, community centres and bicycle specialty shops or download a map here: toronto.ca/cycling.



MESSAGE FROM COUNCILLOR GRIMES:

From May through October 2015, the Cultural Hotspot, a City of Toronto and partner-

produced initiative, spotlighted the vibrant and diverse neighbourhoods of south and central Etobicoke.

The Cultural Loops are a legacy of this project, with a series of self-guided tours that invite residents and visitors to explore the area. Many City-owned and run sites are featured in the self-guided tours, including beautiful green spaces, historical sites, and cultural and community centres. These tours are just a sampling of what this culturally rich area has to offer.

The tours offer something for everyone. Explore the area's natural beauty along the lakeshore, as you follow the Waterfront Trail, or birdwatch in Colonel Samuel Smith Park. Enjoy the shores of the Humber River and learn about the history of Mimico Creek. Centennial Park is a vast green space with activities for all including; a ski hill, baseball diamonds, picnic areas, a wading pool and conservatory.

History buffs will enjoy visiting sites such as Old Mill Toronto, Applewood Shaver Homestead and Montgomery's Inn while the Village of Islington offers historic buildings and an award-winning collection of murals. Lake Shore Boulevard West is also known for its vibrant mural displays.

Arts aficionados can tap into the area's long history of arts and culture at sites or venues such as Assembly Hall and the Neilson Park Creative Centre. Food aficionados can whet their appetites at the wide variety of independently owned restaurants that feature cuisine from around the world.

The Cultural Hotspot also encompasses the energy and excitement of numerous annual festivals like the Lakeshorts International Short Film Festival, the Mimico Village Tulip Festival and Taste of the Kingsway.

As a proud Etobicoke resident, businessperson, Councillor and as the Chair of the Etobicoke York Community Council – I encourage you to put on your walking shoes, jump on transit, or take a leisurely drive to discover all the exceptional experiences that Etobicoke has to offer.

Mark Grimes, City Councillor Ward 6 Chair, Etobicoke York Community Council

LOOP 1 Land, Sky and Lake



The Humber Loop allows passengers to connect from downtown to the suburbs. It takes us to the sky with soaring bridges and butterflies. The beautiful vistas from the shores of Lake Ontario make this tour an allencompassing land, sky and water tour of Etobicoke's lakeshore.

Location: Humber Bay Shores (along Etobicoke Lakeshore)

Interests: Nature, Art, History

Estimated time: One hour to less than two hours

Type: 🖈 🕳 🕞

▼ Getting to tour start:

Take the Gardiner Expressway and exit at Lake Shore Boulevard West. Turn left at Lake Shore then right on Marine Parade Drive. Street parking is available along Marine Parade Drive. If you prefer to use the parking lot, start your tour at #2. Head south into the Humber Bay Park East along Park Lawn Road and take the first right onto Humber Bay Park Road East. You will see the parking lot on your right.



Take the 501 Queen streetcar to the Humber Loop and walk south towards Lake Shore Boulevard by following the walkway under the bridge. You will cross Lake Shore. Turn left to find Marine Parade Drive and continue heading south to access the park.



1. HUMBER BAY SHORES PARK, 15 MARINE PARADE DR.

Directions:

Park on Marine Parade Drive. Look to the south to find the lake, walk towards the lake into Humber Bay Shores Park.

Humber Bay Shores Park is one of a number of parks along the Etobicoke lakeshore that are connected by the Martin

Goodman Trail, which stretches from downtown Toronto. Cyclists can access the park from downtown on this trail. This park is listed as one of the top 13 spots to see birds in Toronto in the City's Birds of Toronto Biodiversity Series Booklet. Pick up a booklet from the nearest library or use the bird list on page 51 for a bird-watching activity.



INSIDER'S TIP: Head east by foot for five minutes following the trail by the water to see the mouth of the Humber River and make a stop at Sheldon Lookout, located at the water's edge, for a spectacular view of Toronto's skyline. There are small plaques on a rock showing where the sun rises at different times of the year. Don't forget to check out the iconic Humber Bay Bridge as well. To read more about bridges on the Humber River, see *Down the Humber River* tour on page 105.



2. HUMBER BAY BUTTERFLY HABITAT

Directions:

From Humber Bay Shores Park, head west

following the trail by the lake. The lake should be on your left. The trail leads into Humber Bay Butterfly Habitat (HBBH), located inside Humber Bay Park East.

If you are starting the tour here, park your car at the Humber Bay Park East parking lot. Follow Humber Bay Park Road East to the end to find it. On foot, cross the small footbridge on the north shore of the pond to find the HBBH.

The HBBH provides a critical habitat for a variety of butterfly species with its diverse range of wildflowers, grasses, shrubs and trees. With over a hectare of land,



The Guardians

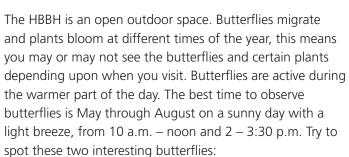


Bird House

there are natural elements available to support butterflies in every stage of development. A series of signs and plagues throughout the park provide insight into the value of habitat conservation in an urban environment like Etobicoke. The garden here hosts a beautiful bird house and a series of five raven sculptures, a commissioned City of Toronto work called *The* Guardians, created by artist Amy Switzer in 2002. Look closely and you'll notice that the birds have adopted the sculptures, creating

their own nests in the cavities of the ravens.

ACTIVITY: SPOT BUTTERFLIES AND FLORA





Toronto's Unofficial Butterfly: Eastern Tiger Swallowtail (Papilio glaucus)

You are most likely to catch a glimpse of this beautiful butterfly in wooded openings, fields, and gardens around the end of May. Look out for the Eastern Tiger Swallowtail's favourite sources of nectar, such as lilacs, common milkweed and butterfly bush, for a better chance of a sighting.



Monarch (Danaus plexippus)

The Monarch butterfly is well known for the fascinating migration from Toronto to

the Monarch Biosphere Reserve in central Mexico for the winter. The Monarchs return to the Greater Toronto Area in late May and some go on to migrate as far as James Bay in northern Ontario.



3. AIR INDIA SUNDIAL **Directions:**

ross a small footbridge from the trail shortly after the HBBH to access the southern part of the park. Follow the trail and vou will see the Air

India Sundial. Alternatively, follow Marine Parade Drive to Humber Bay Park Road East and go around the pond. Follow the trail and you'll find the sundial on the right.

The Air India Sundial is a part of a memorial monument built in 2007, honouring the 329 victims of the bombing of Air India Flight 182 on June 23, 1985. The flight was on route to Delhi from Montreal, when it was bombed over the Atlantic Ocean off the southwest coast of Ireland. A memorial was constructed in Ireland in 1986, featuring a sundial as a key component. The Canadian monument shares this feature with its Irish counterpart. The sundial reads, "Time flies, suns rise, and shadows fall, let it pass by, love reigns forever over all." The monument also includes two walls bearing the names of the victims. The federal government of Canada declared June 23 as the National Day of Remembrance for Victims of Terrorism. Please be respectful as this site is a memorial.



4. HUMBER BAY PARK EAST, 100 HUMBER BAY PARK RD. W.

Directions:

🏌 🥳 Follow the trails around the park freely.

Humber Bay Park East and West are man-made land extensions. Today, Humber Bay Park East offers great views of Lake Ontario, the city's skyline and trails for walking, biking and hiking. It is also home to a variety of wildlife. See page-51 for a list of wildlife in this park.



5. CROSSING MIMICO CREEK

Directions:

† Head back north and find a short trail that leads to the Mimico Creek Bridge at the southwest corner of Marine Parade Drive and Humber Bay Park Road East.

If you parked on Marine Parade Drive or at Humber Bay Park East, go back, pick up your car and skip #6. Head north and make a left on Lake Shore Boulevard and cross Mimico Creek. Make the first left onto Humber Bay Park Road West. There are several parking lots available inside Humber Bay Park West.

Located at the mouth of Mimico Creek, this bridge connects the two Humber Bay parks. With its white-tilted arch and the water beneath, it is a great place to enjoy nature and take photographs. The design of the bridge echoes the Humber Bay Bridge, mentioned as an *Insider's Tip* on page 7.

The First Nations people named this area around the mouth of the creek Mimico, meaning "place of the wild

pigeon". The first spelling of Mimico, "Lamabineconce", appeared in a 1790s survey map. Various iterations of the spelling reappeared over the years. In 1817, Lieutenant Francis Hall was travelling from Burlington to York and referred to the creek as "the Macaco". "Omimeca" was also often used. Over time, "Mimico" became the most commonly used and was officially recognized.

DID YOU KNOW? Millions of wild pigeons migrated to Ontario from the United States. Stories say that there were so many they darkened the sky. The mouth of Mimico Creek was one of the two wild pigeon nesting places, the second was Whitchurch township east of Aurora. Mimico offered an abundance of food including maple and elm seeds in the spring, berries and roots in the summer, and oak and beechnuts in the autumn. As the area was settled many birds were hunted and sold at farmers' markets. At the same time, their natural environment was destroyed due to deforestation – the pigeons became extinct in the late 1800s.



6. HUMBER BAY PARK WEST, 2225 LAKE SHORE BLVD. W.

Directions:

head straight and turn left at Humber Bay Park Road West. Follow the road to access the park.

Park your car in one of several lots in the park or take a quick scenic drive by going south down Humber Bay Park Road.

With its trails, picnic areas and an off-leash area for dogs, Humber Bay Park West is a great spot to enjoy a stroll or a fun family activity. It offers a gorgeous view of Lake Ontario and many bird species can be spotted. See the bird list on page 51 for a bird-watching activity. Public boat launches are also available in this park. To learn more about boating in Toronto, visit the Toronto Port Authority website: portstoronto.com.

7. ALONG THE SHORE

Directions:

Head back north on Humber Bay Park Road West to leave the park. Find a path by the shore to head further west. It takes about five minutes on bike to get to the next destination.



Walk or bike along Lake Ontario's shores. Enjoy the beautiful view!



8. WAVE, 2441 LAKE SHORE BLVD. W.

Directions:

nce you reach Amos Waites Park, head north (away from the lake). Look for the mural on the wooden fence located on the east end of the park.

Invited by Lakeshore Arts, artists Patrick Thompson and Alexa Hatanaka designed this 7.32-metre-long art installation in 2012 on a fence adjacent to Amos Waites Park, where families, children and dog-walkers gather throughout the day and early evening. The artists used the theme of water to spark dialogue. This mural visually interprets the waters that surround the neighbourhood as a continuous wave in a playful and whimsical way, bringing the lake to the street.





9. BIRDS & BEANS CAFÉ/FOWL PLAY MURAL, 2413 LAKE SHORE BLVD. W.

Directions:

† 💏 Head north to Lake Shore Boulevard to find Birds & Beans Café.

Skip step #8 and head back north from Humber Bay Park West. Make a left on Lake Shore Boulevard. Find the café on the left side of the street. Street parking is available.

Birds & Beans Café is a well-known neighbourhood favourite. Its upper east wall and the façade of the second storey are covered with a colourful mural created in 2006 by local artist Gordon Roy. Taking inspiration from migratory birds and coffee trees, the mural pays tribute to the eco-friendly coffee harvest practice that the café supports. The birds were carved and added to the wall, giving the mural a 3D-effect.

Step in to enjoy a cup of coffee and local artwork. Hours: Weekdays 7 a.m. – 6 p.m., Saturday 8 a.m. – 6 p.m. and Sunday 9 a.m. – 5 p.m. Inside the café are benches and a kneeling wall, repurposed from the historical Christ Church Mimico. To read about Christ Church Mimico, see page 19.

The Fowl Play mural is on the west side of the building. In 2013, under the direction of Lakeshore Arts and with the support of StreetARToronto, artists Alexa Hatanaka and Patrick Thompson explored the theme of water by creating a vista depicting the marine life found in the lake given the site's proximity to Lake Ontario. Patrick and Alexa's art spans the globe and they have worked with the Inuit community of Nunavut to produce numerous murals. Visit their website: embassyofimagination.com.



INSIDER'S TIP: Next to Birds & Beans is Mimico Square. Mimico-by-the-Lake BIA offers annual events including Sunday Summer Jams, Mimico Pumpkin Parade and a tree lighting among many others.



10. LAKESHORE ARTS & SMITH ZONE GALLERY, 2422 LAKE SHORE BLVD. W.

Directions:

Use the crosswalk in front of Mimico Square to cross the street to the north side.

Lakeshore Arts is passionate about using the arts to transform, inspire, engage and educate communities. This grassroots community arts organization offers free, innovative multi-disciplinary programs accessible to all ages and skill levels that explore creativity and builds community making the arts an essential part of the neighbourhood. Lakeshore Arts strives to create broad community awareness of the arts through its advocacy work and provide professional development opportunities for local artists.

Smith Zone Gallery, a 1,000 sq. ft. space, exhibits a range of work by emerging and established local artists, youth and community organizations. Exhibits change regularly so be sure to keep an eye on Lakeshore Arts' Facebook and Twitter pages for information on upcoming exhibitions and opening receptions. Interested applicants should review and complete a gallery application form available at lakeshorearts.ca. Gallery hours are Tuesday to Friday, 11 a.m. – 5 p.m. and Saturday, 11 a.m. – 2 p.m.

The scenery along the Etobicoke lakeshore has beautiful nature and breathtaking views of the city. This tour can be taken time and time again and you will always see something different.

USEFUL INFORMATION

Lakeshore Arts, programs and events: lakeshorearts.ca

Murals: toronto.ca/streetart

SOURCES

Butterflies of Toronto by City of Toronto

Lakeshore Arts

Mimico-by-the-Lake BIA

Parks, Forestry & Recreation, City of Toronto

Staff Report on Air India Memorial by City

of Toronto

StreetARToronto, City of Toronto

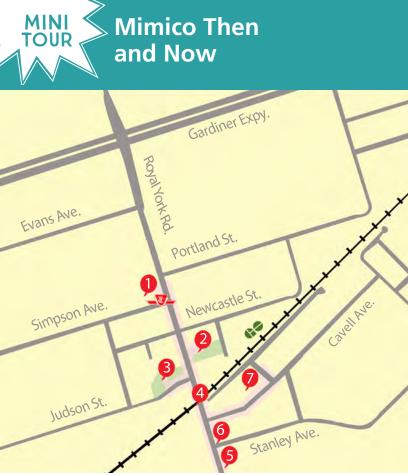
Toronto Region and Conservation Authority

PHOTO CREDITS

Ann Brokelman

Frank Job





Mimico has seen a great deal of change over the past century. Workers from the Grand Trunk Railway, Canada's major railroad at the time, helped establish the community and it grew from a small farming community to a town of 800 people. By exploring this suburb, one of Toronto's oldest, you'll see how much things change and how much things stay the same, in Mimico then and now.

Location: Mimico

Interests: History, Architecture, Mural **Estimated time:** Less than one hour

Type: 🏂

▼ Getting to tour start:

Take the Gardiner Expressway and exit at Islington Avenue heading south. Turn left on Evans Avenue and right onto Royal York Road. Turn left on Newcastle Street to find the Mimico GO station and parking lot.

From downtown Toronto, take the Lakeshore GO train from Union station. Get off at Mimico station. Alteratively, take the 76 Royal York south bus from Royal York subway station and get off at Simpson Avenue.



Then: SanRemo Bakery, ca. 1970s



Now: SanRemo Bakery

1. SANREMO BAKERY & CAFÉ AND TULIP SCULPTURES, 374 ROYAL YORK RD.

Directions: SanRemo Bakery is located on the northwest corner of Royal York Road and Simpson Avenue. From Mimico GO station, head west on Newcastle Street and walk north on Royal York Road.

Start your tour at this familyowned Italian bakery, that has

been operating since 1969. The bakery is most proud of their donuts, which the Toronto Star once wrote were the city's best – they sell out by noon so get there early. You might catch Natale Bozzo baking bread. Natale is the original owner of the bakery who passed the business to his sons in 1995.

Hours: Tuesday to Saturday 8 a.m. – 7 p.m., Sunday 8 a.m. – 6 p.m.

In front of SanRemo are a number of large tulip sculptures displayed annually in the spring and summer. The sculptures were created as a part of the Tulip Festival, an annual event organized by Mimico Village BIA. The sculptures were painted by children from all across Etobicoke. The yearly Tulip Festival offers many family-friendly activities and events.

DID YOU KNOW? Jean Augustine Centre for Young Women's Empowerment is just a block away from SanRemo on 101 Portland St. The centre offers support to young women by providing life-skill training programs such as cooking, sewing, gardening and certified one-on-one personal life coaching. To find more about the centre and its programs, visit <u>pactprogram.ca</u>.

The centre was named after Jean Augustine, a community advocate, the first African Canadian woman to be elected to the Canadian House of Commons and the first to serve in the federal Cabinet. She is also responsible for bringing Black History Month to Canada in 1995. By the waterfront near Humber Bay Shores, there is a park named after Jean Augustine.



Then: Christ Church, Mimico, 1900's



2. MEMORIAL GARDEN AND CEMETERY, 329 ROYAL YORK RD.

Directions: From SanRemo Bakery, walk south on Royal York Road or walk to the right with the bakery behind you. Cross the road at Newcastle Street. Keep walking south and find the Christ Church Mimico Memorial Garden sign.

Now: Memorial Garden

Although there is no longer a church standing in front of you, this park commemorates the oldest Anglican congregation in Mimico, established in 1827. Before the church was built services were conducted in the home of local John William Gamble. until he donated land on Church Street (Royal York Road) in 1832 for Christ Church Mimico – see cornerstone with inscribed date beside the gate. By 1956, the congregation had outgrown the little church. A new building was constructed and used until 2006, when it suffered two fires three months apart and had to be demolished. After the fires, the congregation amalgamated with St. James in Humber Bay. The garden that exists in its place serves as an urban oasis for the neighbourhood. The cemetery that originally surrounded the church is now the memorial garden and the parish's bell can be found there. There is a pergola and benches for you to sit on.



Then: Mimico Train Station, 1955



Now: Mimico Train Station (new location)

3. MIMICO TRAIN STATION, 10 JUDSON ST.

Directions: Leave the garden and head back to Newcastle Street – the only crosswalk nearby with lights. Cross the road and continue south on Royal York Road. Just before you reach the underpass, find Coronation Park and the train station building on the west side of the street.

*Note: Under renovation. Please observe the building from outside only.

In the mid-19th century, many railway routes were created in south central Ontario. They were the catalyst for the development of new communities, including Mimico. On December 5, 1855, the Hamilton and Toronto railway opened a station just east of Church Street, which is now known as Royal York Road. Another new station opened in 1916. In the 1920s, it became the main gateway terminal in and out of Toronto, used and owned by the Canadian National Railway (CN). When CN stopped using the station in the late 1960s, railway-line workers used it as sleeping guarters. In the 1980s, the building was no longer used and it became vulnerable to structural damage. After a few years of community effort, City Council accepted a proposal to relocate and restore the building. In 2005, the building was relocated to its current location, a few metres away from the tracks in the park. Since then, the building's exterior has been restored.



4. GENERATIONS

Directions: Continue south on Royal York Road to find this mural on the underpass.

Generations was painted as a gift to the Mimico community. It is a large mural on the walls of the underpass and represents Mimico's history from presettlement to the advent of the railway to Mimico today. The east wall depicts the land prior to settlement and industrialization, an eagle as a symbol of the First Nations people that lived in the area, the railway and its workers during industrial development, summer homes built in the 1890s by the lake, housing built in Mimico during the 1950s and the silhouette of a young face signifying the emergence of a new generation. The west side of the mural depicts a water figure (water goddess) as a nurturing force of nature, dragons and a group of boys showing respect towards one another. Student Artists

of the Lakeshore Area (SALA) painted this mural in 2005 inspired by research, interviews and a community workshop with Mimico residents.



Then: St. Leo's, ca. 1950



Now: St. Leo's

5. SAINT LEO'S CATHOLIC CHURCH, 277 ROYAL YORK RD.

Directions: Continue south on Royal York Road and cross the street at Stanley Avenue. Saint Leo's is on the southeast corner.

*Note: Active church. Please be respectful.

The church you see here is St. Leo's second building. The

first church was located on the opposite side of Royal York Road. The land was donated in 1895 and the cornerstone of the first church was laid in 1901. The church opened a couple of years later accommodating 150 parishioners. In 1912, the church grew to 300 parishioners and was enlarged. The second church's cornerstone was laid in 1953 and opened the same year. The basilica (longaisled spaces), and its transept (area set crosswise) are covered with stone and the façade is decorated with ocular windows with stained glass. On the north side of the church you can also see a bell tower attached to the main building. In 2008, the church underwent four years of extensive renovation. It features beautiful stained glass

windows, tile floors and a painted ceiling inspired by the night sky. Its interior can be seen by appointment only with 24-hour notice. Call 416-251-1109 to book.



Then: Mimico Post Office, 1929



Now: Japanese Fast Food-Ya!

6. MIMICO POST OFFICE & 1929 MAIL ROBBERY, 285 ROYAL YORK RD.

Directions: Look north on Royal York Road. This building is on the northeast corner of Royal York and Stanley Avenue.

The building you see here once served as the Mimico Post Office. It has changed little over the years, but has a past involving armed bandits and kidnapped captives. On March 2, 1929, a truck from the Mimico Post Office made its way towards Mimico's railway station to meet the westbound train. Harold Douglas was helping his

father Thomas to deliver mail when suddenly a hard-top sedan stopped in front of their truck, forcing Harold to slam on the brakes. Two armed young men forced the victims into a stolen car and took five mail bags from the truck. The post was an attractive target for criminals since large quantities of valuables were shipped regularly. Eventually, the victims were dropped off in High Park and the robbers drove off. The crime has never been solved...



Victims in front of the mail truck, 1929



Rescued mail bags, 1929



Then: Windsor Public House, 1945



Now: Blue Goose Tavern

7. BLUE GOOSE TAVERN, 1 BLUE GOOSE ST.

Directions: From Stanley Avenue walk one block north on Roval York Road to Cavelle Avenue and head east or turn right. Head north on Blue Goose Street and find Blue Goose Tavern at the end of the street.

The Blue Goose Tavern has been a local fixture since 1892. Built originally as the Windsor Hotel, it was placed adjacent to Mimico's

first train station, picking up business from people waiting to catch a train the next morning, railway management and railway workers on layover. In July 1905, it burnt down, but was quickly rebuilt. The bustling pub was later known as the Windsor Public House, where a mere 10 cents could buy you a pint of draft. The pub was given the nickname "The Goose" after the engineer of a blue steel train, who was a loyal patron, often stopped the train on the tracks to get a drink on his way into the city. The Windsor Public House was officially renamed the Blue Goose in 1971 when it was purchased by the Chemji family. In 1989, the street name was changed from Vincent Street to Blue Goose Street.

DID YOU KNOW?: Sirius Theatrical Company rehearses and performs just a few blocks down at 119 Mimico Ave. in Donald Hendry Hall located inside Mimico Presbyterian Church. Along with their performances, Sirius also facilitates a wide variety of workshops and training opportunities for both professional and recreational actors of all ages. For more information on performances, classes and workshops, visit siriustheatrical.com.

The Mimico community is a pure delight, with a great bakery, a tulip-lined street and interesting local lore.

USEFUL INFORMATION

Jean Augustine Centre for Young Women's Empowerment, programs: pactprogram.ca
LAMP Community Health Centre, community arts initiatives and events: lampchc.org
Torontoist Historicist, Toronto's history: torontoist.com/historicist

SOURCES

Denise Harris, Etobicoke Historical Society *Historicist The Mimico Mail Robbery* by Kevin Plummer,
Torontoist

LAMP Community Health Centre Mimico Station Community Organization, mimicostation.ca

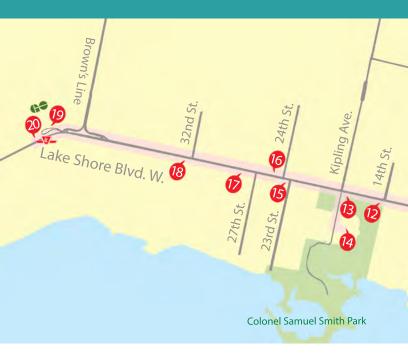
New Jean Augustine Centre to help women lead a healthy and mindful life by Cynthia Reason, Etobicoke Guardian

Saint Leo's Roman Catholic Church, Mimico Toronto's best doughnuts? SanRemo Bakery tops the list by Michele Henry, Toronto Star

PHOTO CREDITS

Archives of the Roman Catholic Archdiocese of Toronto City of Toronto Archives LAMP Community Health Centre

Art by the Lake



Walk a stretch of Lake Shore Boulevard from Burlington Street to 41st Street and you will discover more than 20 murals. Many of the murals date back to the 1990s and early 2000s, when a then emerging arts organization, Lakeshore Arts, sought to engage local artists to document the history of the community and enliven the walls of local buildings. Local BIAs and community organizations like Lakeshore Area Multi-Service Project (LAMP) were also active, creating opportunities for youth to learn to paint and develop their skills through summer mural projects. New murals continue to be painted, making this already vibrant community even brighter.

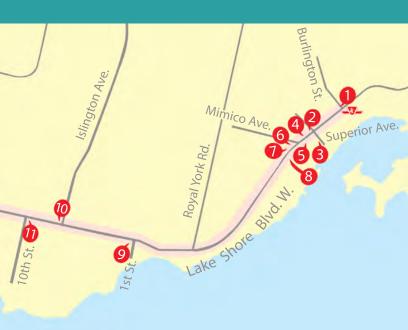
Location: Mimico, New Toronto, Long Branch

Interests: Mural, History, Art
Estimated time: Two hours

Type: 🏠

▼ Getting to tour start:

Take the Gardiner Expressway west and exit at Lake Shore Boulevard going west. The first mural is on the northeast corner of Lake Shore and Burlington Street. This tour can also be started from the west end. Take the Gardiner Expressway and exit at Brown's Line going south. Turn right on Lake Shore to get to the Long Branch Loop.



Take the 501 Queen streetcar westbound and get off at Burlington Street or take the GO train and get off at Mimico GO station. Walk south on Royal York Road, then east on Cavelle Avenue and south on Burlington Street. The tour can also be started from the west at Long Branch GO station.



1. INSPIRATION, 2318 LAKE SHORE BLVD. W.

Directions: Northeast corner of Lake Shore and Burlington Street, on the west side of Akron Pharmacy.

Student Artists of the Lakeshore Area (SALA) painted this mural during the summer of 2006. Prior to the mural being painted, the wall had been repeatedly vandalized. Students collaborated with local community members, business owners and other stakeholders to develop a theme for the mural. The mural can be read from left to right. On the far left are a red snake and two figures struggling. At the top of the snake is a white dove, a symbol for a progressive future, hope and new beginnings.

In the middle is a child with two birds, representing the new generation in the community. On the right are two angels painting a golden path of unlimited possibilities by the water along with a message to the community from SALA.



2. LAKESHORE ON THE LEVEL, 2404 LAKE SHORE BLVD. W.

Directions: Walk two blocks heading west on Lake Shore Boulevard to Superior

Avenue. The mural is at the northwest corner of the street, on the east side of Home Hardware.

This hardware-themed mural was commissioned by Lakeshore Arts and Home Hardware in 2000. Artist Matthew Hansen, a then recent graduate of the Ontario College of Art & Design (OCAD), painted this mural depicting a person's hand holding nails with a toolbox in the foreground. Water is a theme common to many of the local murals – this one features sailboats on the lake in the background. After graduating from OCAD, Matthew received his Bachelor of Fine Arts from Thompson Rivers University. Mural painting led him to set painting, which inspired him to learn about visual effects and 3D animation, a field that he works in today.



3. ARTICULATE MURALS, 2399 LAKE SHORE BLVD. W.

Directions: Located at the rear parking lot of Lakeshore Valu-Mart, across the street from #2.

Twelve youth ages 12 to 17 from the Lakeshore Arts program ARTiculate: Youth Leadership in the Arts used their community as inspiration to design their own mini murals. The youth

brightened up parking stanchions with painted images of water, fish, sailboats and flowers – all things Lakeshore.

4. LAKESHORE ARTS & SMITH ZONE GALLERY, 2422 LAKE SHORE BLVD. W.

Directions: On the north side of Lake Shore Boulevard, a few doors west of #2.

Lakeshore Arts is a local arts service organization. To read more about Lakeshore Arts and Smith Zone Gallery, see page 14 of the Land, Sky and Lake tour.

5. BIRDS & BEANS CAFÉ, FOWL PLAY, WAVE, 2413 LAKE SHORE BLVD. W.

Directions: Cross the road to the south side and look for Birds & Beans Café located near #4.

Three murals can be found at this location. On the east wall and the façade is local artist Gordon Roy's mural for the café and on the west wall is *Fowl Play*. South of the café is *Wave*, located on the wooden fence at the east end of the park. To read more about these murals, see *Land*, *Sky and Lake* tour on page 13.



6. LAKESHORE AQUARIUM, 2454 LAKE SHORE BLVD. W.

Directions: On the northwest side of Lake Shore Boulevard and Mimico

Avenue (one block west of #5), on the east facing wall of Canadiana Restaurant.

In the summer of 1999, the Equally Healthy Kids Graffiti Transformation Project Team painted this mural. Student artists included Emanuel Antwi, Julia Jagielowicz, Anna Recknagel, Breanne Woods, Raffael Islesias, Janet Kilbreath and Amanda Primeau. This mural was created with leadership from Lakeshore Arts and support from the City of Toronto and Toronto Arts Council, LAMP, Canadiana Restaurant, Protek Paints and Sherwin Williams. It shows sea animals, different types of seaweed, coral and tropical fish providing an inside view of a fish tank at an aquarium. Four blocked windows on the wall were incorporated as the windows of the tank, giving the viewer the feeling of being in the water.



7. IN PERSPECTIVE, 2458 LAKE SHORE BLVD. W.

Directions: On the west side wall of Beer Store, located next to #6.

A contest was held as part of the mural painting process at this location and residents were invited to submit their photos for a chance to have their likeness incorporated into the art piece. Pictured in the mural is a bearded man walking on the path and a woman at a café, they are the local residents who won the contest. *In Perspective* was painted by local artist Matthew Hansen as a Lakeshore Arts project.



Down the Creek Way



Morning Ice Harvest on the Humber

8. DOWN THE CREEK WAY & MORNING ICE HARVEST ON THE HUMBER, 2491 LAKE SHORE BLVD. W.

Directions: Cross Lake Shore Boulevard to the south side and find a small parkette located on the southwest side of Lake Shore and Mimico Avenue. Find the mural facing you on the west side of the parkette.

Lakeshore Arts, with support from Toronto Economic Development & Culture's Mural Project, commissioned artists Jim Bravo and Emanuel Ciobanica who designed and painted both murals to highlight the neighbourhood's proximity to the lake and its historical importance in the community. These murals were created with support from Protek Paints and Yasmin Virani. *Down the Creek Way* is the colourful mural on the right depicting a nostalgic view of swimmers about to bathe in Mimico Creek circa 1920s. *Morning Ice Harvest on the Humber* honours those who gathered ice from the Humber River – a necessary commodity in the days before air conditioning and refrigeration. Both murals were painted in 2012.



9. SEASONS, 2749 LAKE SHORE BLVD. W.

Directions: Take a 20 minute walk to get to this mural or hop on the

501 Queen streetcar westbound on Lake Shore and get off at the 1st Street stop, about a six minute ride. The mural is on the southwest corner.

Local artist and a long-time resident Gordon Roy painted this mural circa 2011. The mural depicts four scenes by the lake. On the far left is a summer scene with a silhouette of Toronto's skyline. The second scene shows dawn or sunset with colours reflected on the water with a gazebo on the horizon in Long Branch Park. The third scene shows the Power House and people ice skating on the trail in Colonel Samuel Smith Park. The last scene on the right shows trails along the lake during summer time. The artist drew inspiration from his personal experience and connection to the lake growing up in the neighbourhood and spending all four seasons by the water.

INSIDER's TIP: Stop by Sweet Olenka's for handcrafted single batch ice cream, chocolate and cakes located across the street at 2790 Lake Shore Blvd. Check out Placebo Space, a live entertainment venue, event space and art bar which is on the way to the next stop, located at 2877 Lake Shore Blvd., on the south side of the street.



10. COMMEMORATING 50 YEARS OF THE CANADIAN FLAG, 2938 LAKE SHORE BLVD. W.

Directions: Cross the street to the north side and continue heading west. Find this mural on the northwest corner of Lake

Shore Boulevard and Islington Avenue, on the east wall of the TNT Surplus store.

The year 2015 marked the 50th anniversary of the Canadian flag. In celebration of this anniversary, local artist Chris Irvine painted this mural. Commissioned by the Lakeshore Village BIA, the mural received the Outstanding Murals award at the Toronto Association of Business Improvement Areas (TABIA) in 2014.



11. PIZZAIOLO MURAL, 3019 LAKE SHORE BLVD. W.

Directions: Cross the street to the south side. Continue heading west

to find this mural at the southeast corner at 10th Street.

SALA also painted this mural as one of the 47 murals created across Toronto. Student artists included Cathleen Carey, Crystol Philadelphia, Sarah Jargstorf, Aaron Li-Hill, Christina Olanick and Sady Ducros.

12. HEALING GARDEN

Directions: Walk four blocks to 14th Street to find the Healing Garden in the green space west of The Gatehouse.

The Healing Garden was created in 2014 by The Gatehouse staff and community volunteers. Take a moment and sit on the benches in the garden if you wish to take a rest. The Gatehouse is part of the Lakeshore Grounds. To read more, see *Lakeshore Grounds Art and Architecture* tour on page 35.

13. THIRD GARDEN & ASSEMBLY HALL, 1 COLONEL SAMUEL SMITH PARK DR.

Directions: Walk three blocks to Kipling Avenue to find *Third Garden* and Assembly Hall on your left.

The Assembly Hall is managed by the City of Toronto and is a part of the Lakeshore Grounds. *Third Garden* is a public art installation adjacent to the Assembly Hall. Walk into the Assembly Hall to pick up a brochure about the *Third Garden*.

14. L SPACE GALLERY, 19 COLONEL SAMUEL SMITH PARK DR.

Directions: Walk south on Colonel Samuel Smith Park Drive to find the L building on the left. Look out for a large grey building. Step inside the main doors of the L building and turn to the right to find the L Space Gallery.

A cultural hub, the gallery aims to enhance Humber College and foster connections between the arts and experiential education. The gallery is managed by Humber College staff and an advisory committee to ensure artistic excellence, participation and free inclusive access for the entire Humber community. Gallery hours are Monday to Friday 10 a.m. – 5 p.m. Visit https://humber.ca/lakeshorecampus/old-2015/lspacegallery for information and current exhibits.

DID YOU KNOW? Humber College, School of Creative and Performing Arts (humber.ca/scapa) is part of the Humber College Lakeshore Campus, home to an amazing collection of professional training programs all supported by an array of specialized facilities. Public performances and exhibitions are an essential element of the training programs.



15. CAVALCADE OF COLOUR, 3235 LAKE SHORE BLVD. W.

Directions: Walk back to Lake Shore Boulevard and turn left. This mural is located at the southwest corner of Lake Shore and 23rd Street, on the east facing wall of Greek Texan Restaurant.

The inspiration for this mural, commissioned by Lakeshore Arts, came from the restaurant itself. In 1998, artist Tiffany Zufelt collaborated with restaurant owners to determine what would represent the restaurant and shared conversations about Greece and the vibrancy of Mediterranean food and culture. The owners were eager to have a design that was playful, engaging and bold. Cavalcade of Colour continues to capture attention and entice diners to try delicious Greek food with Texan twist! Tiffany was a student at Etobicoke School of the Arts when she painted this mural and went on to study interior design at Sheridan College, and later to study Art History at Carleton University. Tiffany cites Keith Haring as an influence on her bold painting style. Today, Tiffany is expressing her creativity through her blog sundavmarkt.com.

DID YOU KNOW? Tiffany also painted many private murals for residential homes and schools as well as a number of other public works including the Alderwood Public Pool. It incorporates an aquatic scene ranging from sea life in the tropics to the cooler coasts of Canada with iconic lighthouses.



16. GIRL ON A SWING, 3262 LAKE SHORE BLVD. W.

Directions: Cross the street to the north side on 22nd Street.

Continue heading west to find

this mural on the east wall of Hookah King restaurant.

This mural was created in June 1997 by local high school students Theresa Chen, Damian Ghoura, Lisa Rodriguez and Wen-Shun Lin, from Lakeshore Collegiate under the direction of their art teacher, Cate Freeman. Commissioned by Lakeshore Arts and supported by Lein Deli and Lakeshore Collegiate.



17. THE GAZEBO, 3367 LAKE SHORE BLVD. W.

Directions: Continue heading west and cross the street to the south side

at 27th Street. The mural is on the east wall of My Petropolis.

Etobicoke resident Walter Ruston has been painting murals for over four decades. This mural, painted in June 1997, commissioned by Lakeshore Arts and supported by the Long Branch BIA, the then City of Etobicoke, Colour Your World and Protek Paint, features a gazebo located south of Lake Shore Boulevard in Long Branch Park. The mural depicts a band playing music in the gazebo with onlookers enjoying the music. The gazebo is home to a series of concerts during the summer in present day Etobicoke as well. Walter's murals can also be seen in Toronto's Roncesvalles neighbourhood. For info: waltruston.com.



18. BRINGING THE LAKE UP TO LAKESHORE, 3481 LAKE SHORE BLVD. W.

Directions: Head west and walk four blocks. This mural is located on the

southwest corner of Lake Shore and 32nd Street, on the west wall of T.J. O'shea's Irish Snug.

Painted by local artist Barb Symons in the summer of 1999, Bringing the Lake up to Lakeshore does just that. To Barb, water is the most important source of livelihood on the planet. The mural celebrates this great resource, which is such a focal point for the Lakeshore community. The mural was created with a small team over five days. Commissioned by Lakeshore Arts, funded by Long Branch BIA and City of Toronto.



19. THE EVOLUTION OF TRANSPORTATION

Directions: Take the 501 Queen streetcar westbound from #17 and get off at the Long Branch Loop. Or walk west on on Lake Shore Blvd. W. to the Long Branch Loop.

Artist Stephen Stanley created this mural depicting the history of transportation in the Long Branch area. It was dedicated by then Etobicoke Mayor Doug Holyday on October 16, 1996.



20. LAND, SEA & AIR, 3850 LAKE SHORE BLVD. W.

Directions: From #20, walk one block west and find this mural on the east side of the Royal Canadian Legion building.

Painted in 2001 by local artist Gordon Roy, the mural is a memorial to Canadian veterans of WWI and WWII. It represents land, sea and air as the veterans fought in all three.

Enjoy your walk along the lakeshore discovering the history of the vibrant communities that make up the area and the art that celebrates its people, businesses and environment.

USEFUL INFORMATION

Assembly Hall, programs and exhibits: <u>assemblyhall.ca</u> L Space Gallery, exhibits and info: <u>humber.ca/lakeshorecampus/lspacegallery</u>

Lakeshore Arts, programs and events: lakeshorearts.ca

SOURCES

Chris Korwin-Kuczynski Gordon Roy, Artist Jerry Smith, Consultant Lakeshore Arts LAMP CHC Matthew Hansen, Artist Lakeshore Village BIA

Lakeshore Grounds Art and Architecture



Take a walk around the picturesque Lakeshore Grounds, former home of the Lakeshore Psychiatric Hospital, to discover the wealth of history and culture that lives here.

Location: Lakeshore Grounds at Colonel Samuel Smith

Park Drive and Lake Shore Boulevard

Interests: History, Architecture, Art, Nature

Estimated time: One to two hours

Type: 🆍

▼ Getting to tour start:

Take the Gardiner Expressway east and exit at Kipling Avenue going south. Continue south on Kipling Avenue to Lake Shore Boulevard. South of Lake Shore, Kipling turns into Colonel Samuel Smith Park Drive.

Option one: Take the Bloor-Danforth subway line to Kipling station. Continue on the Kipling #44 bus

south and get off at Lake Shore Boulevard just before the Humber Campus or Colonel Samuel Smith Park Drive.

Option two: Take the 501 Queen streetcar west to Lakeshore at Kipling Avenue and walk to the Lakeshore Grounds.



People in the landscaped grounds of Mimico Asylum, later renamed "Ontario Hospital, Mimico", subsequently "Ontario Hospital, New Toronto" and then as "Lakeshore Psychiatric Hospital" – a postcard view from about 1930, courtesy of CAMH Archives, Pleasance Kaufman Crawford fonds, F42.4.4. Thank you to John Court, CAMH Archivist.

ABOUT LAKESHORE GROUNDS:

The Lakeshore Grounds site is the jewel of the surrounding community. It dates back to 600-1200 AD. Southern and Southwestern Ontario was a land shared by Anishinabe and Iroquoian people. The site was significant to Aboriginal peoples because of its proximity to the Humber River. It was part of an important trail used for communication, movement and travel, connecting the Lower Great Lakes and the Upper Great Lakes. The trail is now known as the Toronto Carrying Place. In the late 18th century, Colonel Samuel Smith was granted 1,680 hectares of Crown land in what is now known as south Etobicoke, including the Lakeshore Grounds, in recognition of his service to the Queen's Rangers, a loyalist military unit that fought during the American War of Independence. This land was surveyed as early as 1783.

By the 1870s, the area grew to contain industries such as brick factories and mills. In 1887, plans for the Lakeshore Psychiatric Hospital were drawn up. The name went through several iterations, starting with the Mimico Lunatic Asylum. Initially a branch of Toronto Asylum, it was designed to accommodate those with incurable mental

illnesses. The hospital opened in 1890 and closed in 1979. The hospital was recognized as a separate institution in 1894 and became responsible for the care of patients with various types of mental health problems from Toronto and beyond, which included nearby counties and as far away as Thunder Bay. The design of the hospital adopted a cottage system, which offered home-like setting for patients. Hospital facilities expanded extensively over the years to include the Assembly Hall, the gatehouse, nursing school, the power house and more. The land and the existing buildings have been repurposed and are now used by a variety of public organizations, including Humber College and the City of Toronto.



1. ASSEMBLY HALL, 1 COLONEL SAMUEL SMITH PARK DR.

Directions: Walk south from Kipling Avenue on Colonel Samuel Smith Park Drive and

find the Assembly Hall on your left.

The Assembly Hall was constructed in 1898 as part of an expansion of the hospital. It was a gathering place for the patients and offered recreational activities and other services. This included community events. Since there was no comparable facility in the area, the Assembly Hall became the principal venue for community events for patients, hospital staff and local citizens. The Assembly Hall stood throughout the changes to the hospital and became a landmark facility for the larger Lakeshore community. After the hospital's closure in 1979, the Assembly Hall remained empty for over 20 years. The restored Assembly Hall officially opened in 2001 to meet a variety of cultural community needs.

Run by the City of Toronto, the Assembly Hall provides space to many Toronto arts, heritage and community groups including Lakeshore Arts, Theatre Etobicoke and Young People's Theatre. The building offers a 250+ seat performance hall for music, theatre, dance, receptions and other special events. The community rooms are used for art classes, meetings, and workshops. Gallery spaces are located throughout the building. Gallery hours are Monday to Friday noon – 5 p.m., Saturday 10 a.m. – 1 p.m.

INSIDER'S TIP: Pick up a brochure about *Third Garden* (#2) at Assembly Hall to learn more about the art piece.



2. THIRD GARDEN

Directions: Third Garden is located adjacent to the Assembly Hall, at the southeast corner of Lake Shore Boulevard and Kipling Avenue.

Third Garden is a public art installation commissioned in 1999 by the City of Toronto, designed by artists Millie Chen and Warren Quigley. It is a site-specific art installation consisting of five cast iron seating forms, eight concrete pavers inlaid with cast bronze text and landscaping. The seating forms address the themes of regeneration and healing, acting as a mediator between earth and water, health and sickness, culture and nature. The text in the pavers is based on oral and recorded histories of the Lakeshore Psychiatric Hospital facilities. It can be read as intimate journal entries from many points of view including patients, relatives, staff and local residents.

3. L SPACE GALLERY, 19 COLONEL SAMUEL SMITH PARK DR.

Directions: Step inside the main doors of the L building and turn to the right to find the L Space Gallery.

The L building serves the Humber community as a social and cultural gathering place with a lounge area and the L Space Gallery. For information on L Space Gallery see page 31.

4. ADMINISTRATION BUILDING (G BUILDING), 17 COLONEL SAMUEL SMITH PARK DR.

Directions: Exit the L Building to the north, out of the computer lab atrium doors and you will notice a series of red brick buildings. With the L building behind you, walk

to the centre building of the three that you see in front of you. Walk up and around to see the front of the building.

Built in 1890 in Romanesque style, the Administration Building is the most prominent building and an architectural focal point of the entire complex. It can be approached by a circular driveway, which can be entered through the treed main road. A large central tower dominates the façade of the building emphasizing the arched doorway as its main feature. The top part of the tower was lost sometime during the 20th century. The original building housed laboratories and offices for doctors, nurses and administrators.



5. THE COTTAGES

Directions: The series of red brick buildings that surround the L building are the Cottages. There are benches if you wish to sit.

The Cottages, built in a quadrangle, accommodated patients, staff, administrators and visitors of the Lakeshore Psychiatric Hospital and were central to day-to-day life. Patient-labour was used to build the structures as part of the therapy and vocational training program. Each cottage was designed to be 12 by 24 metres with two storeys containing 50 patients. On the north side of the Administration Building were lettered cottages housing male patients and on the south side were numbered cottages housing female patients. Most of the cottages have a similar exterior appearance with a pitched roof, brick structures with a central entrance and a high basement. The cottages are arranged in an outwardfacing courtyard setting of European palace or monastic institutions. This is modelled directly from the psychiatric hospitals of 1880s in Virginia.

After the closure of the hospital in 1979, Humber College acquired the cottages as part of their new Lakeshore Campus. Restoration plans were unveiled in 1989 and it has been completed in phases, starting with the exterior restoration. Today, the restoration is almost complete, with the beautifully transformed buildings now housing a wide array of Humber College programs and services.

6. TUNNELS

Directions: Walk to the north side of C and D buildings. Look towards the south between the two buildings. At the bottom of the buildings where the windows are blocked are the tunnels. They can be found all around the buildings.

There is a tunnel complex that runs below the cottages that was used to transport food and laundry between buildings. The tunnels were connected to the central building that contained a kitchen, laundry, bakery, boiler house and apartments for female attendants. The central building stood until 1958 at the site of the L building. In the case of heavy loads, a miniature railway track was used. The tunnels were not fully underground and it is here that you can see the remnants of the windows that have been filled in since Humber College's renovation. The use of the tunnels was discontinued in 1932 and the outdoor pathway that links all of the cottages today runs along the top of the tunnel.

INSIDER'S TIP: Tunnel tours are available to the public during the annual Etobicoke Lakeshore Culture Days in September. Visit elculturedays.ca for detailed information.



7. CUMBERLAND HOUSE, 3131 LAKE SHORE BLVD. W.

Directions: Walk to the front of the Administration building (G Building). Look for a path that leads southeast and follow it to

the house or walk straight across the circular driveway and turn right immediately passing the driveway.

*Note: Private property. Please observe the house from the street only.

Built in 1895, this house was the residence of the hospital's superintendent, T.D. Cumberland. The structure of the building is known as Queen Anne. It was built entirely by patient labour. It later became a school for the patients before it was renovated by the Jean Tweed Foundation.

DID YOU KNOW?: Cumberland House is now operating as the Jean Tweed Centre, the largest community-based drug and alcohol addiction treatment centre for Ontario women aged 16 and over and their families. Visit <u>jeantweed.com</u> to find more about the centre.



8. GATE HOUSE, 3101 LAKE SHORE BLVD. W.

Directions: Follow a path heading north to Lake Shore Boulevard or walk straight from the circular driveway.

Before reaching Lake Shore, look left to find this building.

*Note: Private property. Please observe the house from the street only.

When the site was built in 1893, it was called the Entrance Lodge. It was built by William Clarke, with the help of patient labour. The original configuration was a standard two-bedroom dwelling. In 1909, a kitchen, pantry, closets, bathrooms and a bedroom were added. In the earlier years, a gardener seemed to have occupied the house and it was later used by the assistant superintendent. The building is now home to The Gatehouse, a centre that supports childhood sexual abuse survivors. The Gatehouse provides support for children, their family members, youth and adults impacted by child abuse experiences.



9. THE GATEHOUSE TRANSFORMATIONAL HEALING GARDEN

Directions: Find the Healing Garden on the west side of the Gatehouse.

The Healing Garden was created in 2014 by The Gatehouse staff and community volunteers. It is a place for meditation and contemplation.

10. HEADING BACK/CONTINUE

Directions: To head back to the Assembly Hall, walk west along Lake Shore Boulevard. If you wish to continue to explore the Lakeshore Grounds, see *Colonel Samuel Smith Park* tour on page 45.

DID YOU KNOW? The Lakeshore Grounds stretched north to Evans Avenue. On the northeast corner of Evans Avenue and Horner Avenue is the Lakeshore Psychiatric Hospital Cemetery. The cemetery was located at the edge of the hospital's land and was referred by many names such as Mimico Asylum Burial Ground, Potter's Field Mimico and Evans Avenue Cemetery, to name a few. Today the cemetery is unnamed and unmarked. The cemetery is divided into two sections by religion (Roman Catholic and Protestant). Death and burial records indicates that there are 1,511 individuals buried here.

Today, the Lakeshore Grounds continue to flourish and add to the historical character of the community. Over time, many of the original structures have come full circle, from a previous institutional use to a new revitalized role. Collectively, these buildings house organizations that enhance the quality of life for local residents and people from across the city. Some of the onsite facilities offer educational, recreational and cultural opportunities. Other sites, in the tradition of the original hospital, are focused on providing care and healing for vulnerable members of our society. The rich past of the Lakeshore Grounds blends with a promising future.

USEFUL INFORMATION

Assembly Hall, programs and exhibits: <u>assemblyhall.ca</u> Centre for Addiction and Mental Health, info: <u>camh.ca</u>

The Gatehouse, info: thegatehouse.org
Jean Tweed Centre, info: jeantweed.com

L Space Gallery, exhibits and info: humber.ca/lakeshorecampus

Lakeshore Psychiatric Hospital, more history:

asylumbythelake.com

Tunnel tours, dates and info: elculturedays.ca

ACKNOWLEDGEMENTS

Assembly Hall, City of Toronto

Heritage Assessment & Conservation Recommendations Lakeshore Psychiatric Hospital/Humber College Site Etobicoke, Ontario by Cecelia Paine and Associates prepared for Moore George Associates and the City of Etobicoke

Excerpts from *Humber: A History* by Humber College *Lakeshore Planning Study Final Report* by Peter Barnard Associates prepared for the Ministry of Government Services and the City of Etobicoke

Lakeshore Psychiatric Hospital Cemetery ca. 1890 – 1979 by Edward Janiszewski

Preliminary Cultural Landscape Chronology for the Lakeshore Psychiatric Hospital Grounds, Etobicoke, Ontario by Pleasance Crawford
Steve Bang, Humber College
Tara Marzuk, Lakeshore Ground Interpretive Centre Timeline for Lakeshore by Shelley Charles

PHOTO CREDITS:

Assembly Hall Lakeshore Grounds Interpretive Centre



Colonel Samuel Smith Park





Part of the Lakeshore Grounds, surrounding the beautiful historical buildings, Colonel Samuel Smith Park continues to be treasured and well-used by the community, offering remarkable vistas of Lake Ontario. People of all ages enjoy the extensive parkland, which contains biking and pedestrian trails as well as space for sport activities such as cricket, Australian football, kite flying and boating. Aside from its recreational value, the land is important for its conservation of wildlife habitat. The grounds contain over 1,200 trees and are visited by many migrating birds because of the nearby shoreline and vegetation. The naturalized wetlands are an additional attraction, providing a sustainable habitat for many species. Keep an eye out for signage placed by Toronto Region and Conservation Authority (TRCA) to learn more about the wildlife. Community groups provide bird-watching hikes and parkland clean-ups, to help ensure that the park's role as a significant natural space is honoured and preserved.

This is a suggested route; feel free to enjoy the park at your leisure.

DID YOU KNOW? Colonel Samuel Smith was one of Etobicoke's earliest settlers. As a member of the Queen's Rangers, a military unit that fought on the Loyalist side during the American War of Independence, the Colonel was granted a large tract of land by Lieutenant Governor John Graves Simcoe in 1793. Originally, his estate extended from the shore of Lake Ontario to Bloor Street between Kipling Avenue and Etobicoke Creek.

Location: Colonel Samuel Smith Park

Interests: Nature, Birds, Wildlife

Estimated Time: 45 minutes

Type: 🐧

▼ Getting to tour start:

Take the Gardiner Expressway and exit at Kipling Avenue south. Continue south on Kipling to Lake Shore Boulevard. South of Lake Shore, Kipling Avenue turns into Colonel Samuel Smith Park Drive. Follow it to the very end where you will find a parking lot.

Take the Bloor-Danforth subway westbound to Kipling station and take the 44 Kipling bus south and get off at south bus loop, just past Ken Cox Community Centre and follow the road or take the 501 Queen westbound streetcar to Lake Shore Boulevard at Kipling Avenue then walk south.



1. THE POWER HOUSE RECREATION CENTRE

The Power House Recreation Centre was a masonry steam plant and stack built in 1937 to service the Lakeshore Psychiatric Hospital. It is now owned and operated by the City of Toronto and offers a variety of summer camps

for children and youth that include fun activities like canoe building and skateboarding.



2. ICE SKATING TRAIL

Located adjacent to the Power House is Toronto's first and only outdoor skating trail running the length of 250 metres in a unique figure-eight shape. Although there is no public skate rental, the Power House offers a place to warm up and put your skates on before heading out onto the trail.



3. WETLAND LOOKOUT

The wetland lookout was originally built in 1995. The lookout is a popular place for

bird walks and nature education programs. It was rebuilt in 2015 and it provides access to observe mature trees, marshes and both residential and migratory birds. Birdlovers flock to Colonel Samuel Smith Park to see various nesting areas and to capture photos of almost 200 species of birds. Interested in spotting birds and flora? See page 51 for the Lakeshore Plants & Wildlife Activity.

INSIDER'S TIP: Every May, Whimbrel arrive at Colonel Samuel Smith Park in the early morning, having departed from the east coast of the United States the prior evening. Whimbrel watchers arrive as the sun rises and scan Lake Ontario for flocks of these birds, which are often heard before they are seen. Toronto is an important monitoring location – in 2009, 10 of 38 radio tagged birds in Georgia and Virginia were detected in Colonel Samuel Smith Park.

4. LAKESHORE YACHT CLUB

The Lakeshore Yacht Club is a private club for members. However, there is a public walkway that allows people to take in the beautiful views of the shoreline, boats and clubhouse. This secluded bay also includes many waterfowl nesting areas. Swans, ducks, cormorants and grebes can be seen in the wetlands adjacent to the yacht club.



5. THE SHORELINE

The lake offers up great views and recreational opportunities like kayaking, sailing and kiteboarding. The southern half of the park was created as a spit out of clean landfill. The resulting rocky shoreline waters provide a natural habitat for numerous species such as carp, the freshwater drum, largemouth bass, smallmouth bass and pike. The area is great for fishing, especially in early summer before the weeds become too thick.

DID YOU KNOW? The freshwater drum is a member of the family Sciaenidae. The Sciaenidae are a family of fish commonly called drums or croakers for the repetitive throbbing or drumming sounds they make. This noise comes from a special set of muscles within the body cavity that vibrate against the swim bladder.



6. CN TOWER VIEW POINT

Head out to the southeastern tip of the shoreline for a beautiful view of Toronto's skyline, most notably the CN Tower. At 553.33 metres high, over 1.5 million people visit it each year. Can you see where you live?

Can you spot the top five tallest buildings in Toronto other than the CN Tower?



1) First Canadian Place Built in 1975 at 298m



4) Aura at College Place Built in 2014 at 272m



2) Trump International Hotel & Tower Toronto Built in 2012 at 277m



5) TD Canada Trust Tower Built in 1990 at 261m



3) Scotia Tower Built in 1988 at 275m



7. GREAT LAKES WATERFRONT TRAIL

The Great Lakes Waterfront Trail covers 1,600 kilometres of land along the shores of Lake Ontario

and the surrounding bodies of water. The trail traverses through the park. It is connected from Lakeshore Drive to the east and to Lake Promenade to the west. If you wish to continue exploring Etobicoke's lakeshore, follow the trail that goes across the park leading out to Lake Promenade to the west. Walk on Lake Promenade as it leads to Long Branch Park. For interactive and downloadable maps of the Great Lakes Waterfront Trail, visit waterfronttrail.org.

From winter skating to spring bird-watching to summer fishing, Colonel Samuel Smith Park offers year round natural beauty. Just a few hours in this park and you will no doubt appreciate the abundance of wildlife and plants that can be found in Etobicoke.

USEFUL INFORMATION

Citizens Concerned about the Future of the Etobicoke Waterfront (CCFEW), guided walks: ccfew.org
Friends of Sam Smith Park, advocacy and events: friendsofsamsmithpark.ca

ACKNOWLEDGEMENTS

Citizens Concerned about the Future of the Etobicoke Waterfront

Fishes of Toronto by City of Toronto

Great Lakes Waterfront Trail

Lakeshore Yacht Club

Ontario's Invading Species Awareness Plan

PHOTO CREDITS:

skyscraperpage.com

Friends of Sam Smith Park

Lakeshore Plants and Wildlife Activity

The southern shores of Etobicoke are home to several species of plants and animals. Parks including Colonel Samuel Smith, Humber Bay Shores and the many green spaces in between have become known for their visible wildlife. Nature and birdwatching walks occur regularly and there is always something waiting to be discovered. Colonel Samuel Smith Park is one of Toronto's best locations for bird-watching, specifically during songbird migration season between April and May. The park is host to the largest concentration of Red-necked Grebes in the GTA. If you are interested in Whimbrel migration your best bet is to visit Colonel Samuel Smith Park in late May. Using the list of plants and animals below, see how many you can spot on this scavenger hunt.

Location: Etobicoke lakeshore

Interests: Birds, Wildlife, Nature

Estimated Time: Take your time and explore

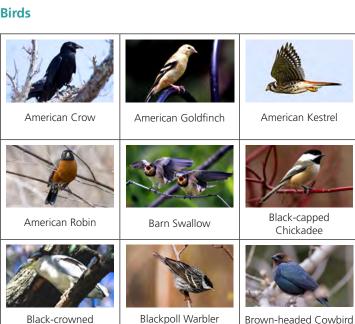
Type: 🏠

Getting to tour start: This activity can be started from any tour

in Loop 1.

Wildlife

There are over 250 different species in this area, challenge yourself to find these top picks.



Night Heron





Insects



Animals

There are so many animals that live in these natural habitats, keep an eye out for these creatures:



Plants

The rich plant life along the lakeshore is as varied as it is beautiful. Enjoy searching for some of the more common plants listed below.



How many birds, plants and animals did you spot?

Did you find any trees, animals or birds that weren't on the list?

What are their names and what do they look like?

Tell us your story and share your photos on Facebook:

/CulturalHotspot, Twitter: @CulturalHotspot

#culturalhotspot

USEFUL INFORMATION

Volunteer opportunities with parks:

toronto.ca/greentoronto

Biodiversity Booklet, at Toronto Public Library to help identify wildlife and birds: <u>torontopubliclibrary.ca</u>

SOURCES

Brian Bailey, Humber College

Citizens Concerned about the Future of the Etobicoke Waterfront

Janette Harvey, Parks, Forestry & Recreation, City of Toronto

Kelly Snow, City Planning Division, City of Toronto

PHOTO CREDITS:

Ann Brokelman

Harvey Barrison (Staghorn Sumac)

James H. Miller and Ted Bodner (Common Elderberry)

Jason Hollinger (Red Osier Dogwood)

Jessie Hey (Red Elderberry)

Jörg Hempel (Wild Strawberry)

Simon Eugster (Silver Maple)

Tars Schmidt (Serviceberry)



LOOP 2

Past, Present and Future



Tour the historic buildings and memorials of the past that date back to the 1800s. Explore the art centres that make present day Etobicoke so colourful. And look towards the future with the environment – the steward of our future – in this varied tour.

Location: Central Etobicoke

Interests: History, Architecture, Nature, Art

Estimated time: Two hour to less than three hours

Type: 🕳 🚗

▼ Getting to tour start:

From the north, take Highway 427 and exit at Holiday Drive, then turn left on The West Mall. From the south, take Highway 427 and exit at Burnhamthorpe Road, then turn right on The West Mall.

Take the Bloor-Danforth subway line to Islington station, then take the Burnhamthorpe #50 bus west to The West Mall and walk north on The West Mall. From Kipling station, take The West Mall bus 112N to one stop north of Burnhamthorpe Road.



1. APPLEWOOD SHAVER HOMESTEAD, 450 THE WEST MALL

Applewood was

built in 1852 by Peter and Esther Shaver and remained in the Shaver family until 1980. It is the birthplace of James Shaver Woodsworth, the principal founder of the Co-operative Commonwealth Federation (CCF) political party, forerunner to today's New Democratic Party. The house was relocated to its current site due to threat of demolition. The house is one of the very few examples of mid-19th century rural architecture remaining in the Toronto area, built with layers of soft clay bricks. All of the bricks were made on site, as they were not available for purchase in Etobicoke. The brickwork on the front façade is laid in a pattern called Flemish Bond, which creates a strong structure but is expensive to build because it requires more bricks than other patterns. Contrasting yellow bricks were used in the quoins (also known as cornerstones) at the front corners, raised pilasters (a decorative column) defining the front door, radiating arches over each window and a string-course of bricks laid in a star pattern under the eaves. The house is symmetrical on all four sides including the windows, a common feature of this type of house. Once a farmhouse, today it stands as a memorial to the pioneers. Applewood is open Monday to Friday from 10 a.m. – 5 p.m. and Saturday and Sunday by appointment only. Both self-guided tours and guided tours are available on site. For weekend visits and guided tours, call 416-622-4124.

INSIDER'S TIP: Applewood has become a popular setting for many weddings and events. Since 1981, it has been used for over 12,000 weddings. Applewood holds events year round, including the Summer Concert in the Park series and Christmas Carolling in the Parlour.

2. ETOBICOKE CIVIC CENTRE, 399 THE WEST MALL

Directions:

Head south on The West Mall to the Etobicoke Civic Centre on the southeast corner of The West Mall and Burnhamthorpe Road. It is about a two minute bike ride.

The Etobicoke Civic Centre opened in 1958. Before the amalgamation of Etobicoke into the City of Toronto, the building was the Etobicoke City Hall, housing the municipal government. The building now functions as a meeting place for the Etobicoke York Community Council and other committees, and houses a number of municipal departments and services.

The Etobicoke Civic Centre Art Gallery was formed in 1976, created by the Etobicoke City Council to support arts in the community, it has been an integral part of the visual arts scene ever since. The gallery is located along the hallway just inside the main entrance and specializes in juried art shows by local, provincial and national art organizations, featuring varied monthly exhibits. The Etobicoke Hall of Fame is permanently housed in the gallery. It recognizes leaders, war heroes, politicians, teachers, artists and other community leaders of Etobicoke. Gallery hours are Monday to Friday 9 a.m. – 8 p.m.; Saturday, Sunday and holidays 9 a.m. – 5 p.m. For information on the current exhibit, call 416-394-8628.



Centotaph

Located outside the east doors, the cenotaph, an empty tomb or a monument erected in honour of a person or group of people, was originally a clock tower and was transformed into a memorial to those who gave their lives in World War I, World War II and the Korean War. The clock tower was designed by R. Russell.



DID YOU KNOW? The ECC Farmer's Market runs every Saturday from 8 a.m – 2 p.m., June to October. Discover the wide array of local produce and food products offered at the market.



Galaxy

Galaxy is located in front of the building beside Speaker's Corner. This sculpture was designed by Gerald Gladstone, commissioned by the Constellation Hotel in 1964 and donated to Etobicoke in 1981. Gladstone, fascinated with space and the human spirit, created an aluminum sculpture with tiers of tilted

rings and a network of wires suspending four small and one large satellite.



3. NEILSON PARK CREATIVE CENTRE, 56 NEILSON DR.

Directions:

Follow directions below (car), or if you prefer to ride on smaller streets, head south and turn right on Civic Centre Court, which becomes Rexton Road. Turn left on Renforth Drive and head south. Turn right on Peacock Avenue. When you get to Bloor Street, cross the street to the south side to find Neilson Drive one block west of Peacock Avenue. Ride south on Neilson Drive to find signage to the centre about four blocks down.

Head south on The West Mall and turn right on Bloor Street heading west. Turn left on Neilson Drive heading south and find the sign for the centre. Follow the small road leading to the centre. Drive all the way to the end to park in front of the building.

Neilson Park Creative Centre (NPCC) is a community arts centre. It offers various classes for all ages, camps, free exhibitions and hosts festivals year round. Walk into the Main Gallery for a traditional experience or enjoy the art more casually in the Hall Gallery. NPCC provides a permanent home for the six resident groups: Etobicoke Handweavers and Spinners, Etobicoke Quilters Guild, Etobicoke Rugcrafters, Humber Valley Art Club, The Etobicoke Art Group and Calligraphic Arts Guild of Toronto.

INSIDER'S TIP: NPCC runs three free annual events: Family Day Open House in February showcases the work of the NPCC resident art groups, Winter Artfest and Spring Artfest are art and craft events featuring original artwork. Visit neilsonparkcreativecentre.com or call 416-622-5294 for more information.



The Mercer House, late 1930's



The Mercer House, today

4. SAMUEL & ANN MERCER HOUSE, 72 OLD BURNHAMTHORPE RD.

Directions:

Follow directions below (car) or if you prefer to ride on smaller streets; with NPCC behind you, find a path on the left (north of the parking lot), head north. Find St. Clement Roman Catholic Church just before you reach Bloor Street and cross the church's parking lot to join

Markland Drive. With the church to your right, continue north. Turn right on Toledo Road and pass the residential area to find Bloordale Park. Turn left and take the path in the park heading north. Follow the path until it meets Old Burnhamthorpe Road. Turn left and find the Mercer House at the northwest corner of Old Burnhamthorpe and Elmcrest Road. It is approximately a 10 minute ride.

Leave NPCC and head north on Neilson Drive. Turn right on Bloor Street and immediately turn left on Peacock Avenue or Renforth Drive. Head north on Renforth and turn left on Burnhamthorpe Road. Turn right on Old Burnhamthorpe Road and follow the street as it veers left. Mercer House can be found at the northwest corner of Old Burnhamthorpe Road and Elmcrest Road. It is approximately a five minute drive.

*Note: Private property. Please observe the house from the street only.

Mercer House is known for its Georgian farmhouse-style with vibrant red bricks and a one-metre thick foundation made of local fieldstone and site made bricks. The house still stands as a local landmark, much like it did its heyday in 1820. The farmhouse was originally owned by Samuel and Ann Mercer, the first settlers of the York Mills area who later moved to Etobicoke. The Mercers had 11 children, many of whom stayed on the farm until the 1850s. Elmcrest Road was originally known as Mercer Road. Mercer's farm was one of the largest farms in Etobicoke in the early 1800s. The property now makes up Centennial Park and the surrounding residential housing.

Mercer House was restored and has been protected by the heritage designation bylaw since 1976. It is now a private dwelling.



5. CENTENNIAL PARK CONSERVATORY, 151 ELMCREST RD.

Directions: 🚳 🦲

Head north on Elmcrest

Road. Find Centennial Park Conservatory on the right immediately after passing Rathburn Road. The parking lot is located behind the conservatory.

The Centennial Park Conservatory is a wonderful retreat from the winter blues or simply to bask in the beauty of nature. Built in 1970 at 1,114.84 square metres, the conservatory now covers roughly 2,415.48 square metres featuring a number of native and tropical plants. It is best known for its seasonal displays with over 300,000 annual and perennial plants that are planted in locations across the city to beautify streetscapes – in gardens, hangingbaskets on lamp posts and the like. Some of the most notable plants that can be seen at the conservatory are the: rubber plant native to India, spiky floss-silk tree from Brazil, spear-snake plant from Africa, and ram's horn from the Pacific Islands. Each wing of the greenhouse provides different varieties of plants. For example, the General Plant Collection includes: bromeliads, crotons, gingers, hibiscus, orchids, palms, as well as fruit trees such as banana, papaya and sour sop. The south wing is an arid house that displays unusual cacti and succulents including agave, aloe and opuntia. The north wing is home to a collection of local trees and shrubs. The Christmas display of poinsettias is a winter highlight. The conservatory is also home to a variety of animal life including birds, goldfish and turtles. Wild birds such as cardinals living in the park area often fly into the conservatory.

INSIDER'S TIP: Stop in and say hello to Angel, the resident Australian cockatoo. Angel will say hello back and if you are willing to sing "Twinkle, Twinkle Little Star", he will dance for you.

6. BIKING THROUGH CENTENNIAL PARK AND PAN AM BMX CENTRE

Directions: Wander around the park – there are many places of interest. You can find directional signs and maps located around the park.

Follow a path located behind the conservatory in the parking lot. Turn left and head north. Pass the field on your left with the conservatory behind you.

Leave the conservatory and head back to Rathburn Road. Turn right on Centennial Park Boulevard. You will see the BMX Centre on the right, just after passing the Go-Kart track. Park your car at a small lot just north of the BMX Centre.



Centennial Park is Toronto's second largest park (212 hectares). It was created in the 1960s to celebrate Canada's 100th birthday. The park opened in 1967 and was formerly

part of Hiron's Dairy farm, one of Toronto's last working farms. Centennial Park has a ski hill, hockey arena, swimming pool complex and a track and field stadium.

Pan Am BMX Centre was home to BMX cycling competitions at the Toronto 2015 Pan Am Games. There is a permanent eight-metre start ramp leading onto a track. The 350-metre-long track consists of four straightaways and three turns, filled with challenging jumps.

INSIDER'S TIP: Ribfest is an annual summer event produced by Rotary Etobicoke. It takes place in Centennial Park with about with about 10,000 racks of ribs and 500 roasts of pulled pork eaten each year. It's a great place to taste a little southern flavour up north.



Richview Methodist Church, pre 1954

7. RICHVIEW MEMORIAL CEMETERY

Directions: The entrance to this cemetery is off the south side of Eglinton Avenue, west of The East Mall and east of Renforth Drive. Enter through the gate on

Eglinton and from there follow the paved path around to

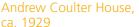
the other side where you will see a gate into the cemetery.

Follow a path in the park and head northeast, with the Centennial Park Ski Hill to the right. Leave the park by following the path and pass the residential area. Ride to the end of the path at Eglinton Avenue and Renforth Drive. Head east on Eglinton Avenue to find the entrance to the cemetery on the right.

From the BMX Centre, head north on Centennial Park Boulevard and turn right on Eglinton Avenue. Pass Renforth Drive and find the entrance to the cemetery on the right.

Richview Memorial Cemetery is surrounded by highways providing a unique environment. It was originally the cemetery of Richview Methodist Church circa 1850. When the highway interchange was built in 1954, the church had to move to a new location, but the cemetery remains surrounded by the busy highway interchange. The earliest gravestone is dated 1846, when this area was made up of farms with a school, church, post office and blacksmith. Find the plaques dispersed within the cemetery to read more about its history.







Neurological Rehabilitation Institute of Ontario

8. ANDREW COULTER HOUSE, 59 BEAVER BEND CT.

Directions:

Follow directions below (car) or head east on Eglinton Avenue and pass The East Mall to find a path on your right at the end of the railing to head south. Ride along Mimico Creek by following the path. At West Deane Park North, there are two intersections of paths. Look for the second intersection and turn right; it connects to Deanewood Crescent. Turn left and left again at Beaver Bend Crescent.

From Richview Memorial Cemetery, head east on Eglinton Avenue and turn right on The East Mall. Turn left on West Deane Valley Road and immediately turn right onto Beaver Bend Crescent. The house is on the left.

*Note: Private property. Please observe the house from the street only.

The Andrew Coulter House is the oldest house in Etobicoke, built pre-1982. Originally the home of Andrew and Martha Coulter who purchased this 40 hectare piece of land in 1822. The five-bay Georgian style house was constructed from bricks made on site and finished with quoins of yellow brick atop a foundation made of boulders and the local blue clay. The property passed through many hands over the years and most notably sold to construction magnate Percy F. Law. He covered the 11-room house with white clapboard siding and added a large neo-classical portico to the front and renamed the property Elmbrook Farm. The Coulter/Law house is currently home to the Neurological Rehabilitation Institute of Ontario.



Bicycling on Lake Shore Road over Mimico Creek, 1907



Mimico Creek, today

9. MIMICO CREEK TRAIL

Directions:

Head back to the path by going north and turning right on Deanewood Crescent. The entrance to the path is located between 18 and 20 Deanewood Crescent. Continue riding along Mimico Creek by following the path south. You will pass through Ravencrest Park, Hampshire Heights Park and Echo Valley Park. Ride to the end of the path at Wingrove Hill.



Go to #10

Enjoy the surroundings as you bike along Mimico Creek. To learn about Mimico Creek, see the Getting to Know Mimico Creek tour on page 85.



10. MONTGOMERY'S INN, 4709 DUNDAS ST. W.

Directions:

From Wingrove Hill, turn right from the path and turn right again onto Kipling Avenue. Head south and turn left on Burnhamthorpe Road and follow it to Dundas Street. Turn left onto Dundas. Watch out for busy traffic on Burnhamthorpe Road. Montgomery's Inn is located on the south side of Dundas at Islington Avenue.

From Andrew Coulter House, head south on Beaver Bend Crescent and turn left on Talgarth Road. Turn left on The East Mall and make another left on Rathburn Road. Turn right on Islington Avenue and turn left on Dundas Street. Once on Dundas, find Montgomery's Inn on the right. Park your car in the lot. This is about a 10 minute drive.

Constructed around 1830 by Thomas Montgomery, this field stone building served as a public inn. Today, Montgomery's Inn, operated by the City of Toronto's Museums & Heritage Services, is a strong reminder of Islington Village's past. To read more about Montgomery's Inn and its history, see *Islington Time Traveller* tour on page 95.

Mimico Creek, find the path located between
Montgomery's Inn and Islington Avenue, south of Dundas
Street. On this path you'll find the exposed part of the
creek. Mimico Creek runs through Tom Riley Park. The
path ends on Bloor Street. To head back to subway, turn
right to get to Islington station or left to get to Royal York
station.

This *Past, Present and Future* tour speaks profoundly to the area – one that reveres its past, celebrates its present and looks forward to the future.

USEFUL INFORMATION

Applewood Shaver Homestead, tours and info: applewoodshaverhouse.org

Etobicoke Civic Centre Art Gallery, programs and info: toronto.ca/eccartgallery

Neilson Park Creative Centre, programs and events: neilsonparkcreativecentre.com

Toronto and Region Conservation Authority, watershed management: trea.on.ca

Toronto Ribfest, dates and hours: torontoribfest.com

SOURCES

Applewood Shaver Homestead

Denise Harris, Etobicoke Historical Society

Montgomery's Inn, Museum & Heritage Services

Parks, Forestry & Recreation, City of Toronto

Toronto and Region Conservation Authority

PHOTO CREDITS

City of Toronto Archives Montgomery's Inn, Museum & Heritage Services June West (ECC Farmers' Market)



Toronto's Biggest Outdoor Gallery



Take a five-block art walk exploring over 1,383 square metres of exquisite murals set amongst sidewalk cafés, shops, arts organizations and green spaces. These truly unique and publicly accessible murals celebrate the history, community and art of the Village of Islington and provide a peek into life at various times in its history. If you want to learn more, each mural is accompanied by a plaque. Discover great art and everything the neighbourhood has to offer.

Location: Village of Islington (Dundas Street between Islington Avenue and Kipling Avenue)

Interests: Mural, History, Art

Estimated time: One hour to less than two hours

Type: 🖍





▼ Getting to tour start:

From the north, take the 401 and exit at Islington Avenue heading south. From the south, take the Gardiner Expressway and exit at Islington Avenue heading north. From the west, take the 427 south and exit at Burnhamthorpe Road heading east.

Take the Bloor/Danforth subway line to Islington station and walk 10 minutes north or take the 37 Islington northbound bus and get off at Dundas Street.

*Note: This tour is arranged as a circular tour. Feel free to start at any point and use the map above as a guide.

1. EVERYONE EVERYWHERE (2013)

Directions: Start your tour at the bridge on Islington Avenue, just south of Dundas Street. The mural is on the east side of Islington Avenue.



Completed in 2013 by lead artists Anna Camilleri and Tristan Whiston, this 60.96-metre-long mural reflects Article 6 of the Universal Declaration of Human Rights ("Everyone has the right to recognition everywhere as a person before the law") and depicts the diversity of the neighbourhood.

INSIDER'S TIP: This mural was a project led by Creative Village Studio and Arts Etobicoke. Creative Village Studio is a supportive space for artists with varying abilities. There is a gallery where the artists can exhibit and sell their work In addition, it offers art and photography classes and dropin studio time. Visit the studio at 4895 Dundas St. or visit their website: cltoronto.ca/hubs/creative-village-studio

Portrait of an Artist:

Twenty-three of the following murals (the exceptions are #5 and #24) were painted by Toronto artist John Kuna. After graduating from the Ontario College of Art and Design, John decided to dedicate himself professionally to mural painting. Inspired by this city's rich heritage and culture, John is frequently commissioned by the City of Toronto, as you will see from his extensive work in Etobicoke. His work can be seen in other pockets of the city, in addition to many other public places and private collections in over 40 cities throughout Canada, the USA and Europe.



2. WELCOME MURAL (2011)

Directions: Look towards Dundas Street. The *Welcome Mural* is located on the bridge on the north side.

This aptly named mural welcomes people to the Village of Islington. In the background on the left-hand side you'll find various historic buildings. The people depicted on the right are as follows: Helen Tier (left) and Mary Appleby (right). In the buggy: Alice Appleby (Mary's father's sister, left) and Mrs. Appleby (nee Cavan, right) Mary's grandmother. On the right of the mural are Mary Appleby's three cousins, the Pickerings. The Appleby family owned 80 hectares of land north of the Village of Islington. Mary Appleby was a real estate lawyer and avid local historian. Much of what we now know about 20th century Islington comes from Mary's notes, stories and photos, which she donated to Montgomery's Inn.



3. GOLFING IN ISLINGTON (2014), 4866 DUNDAS ST. W.

Directions: Continue walking on the north side of Dundas Street and pass Burnhamthorpe Crescent. Find this mural on the east side of the street.

Like looking through a window, this mural portrays the nearby Islington Golf Club, which has remained relatively unaltered since it opened in 1923. The golf course was designed by Stanley Thompson, one of the foremost golf course architects in North America at the time.



4. AFTERMATH (2011), 4868 DUNDAS ST. W.

Directions: Look on the other side of the same building as mural #3.

This dramatic mural depicts the aftermath of Hurricane Hazel, which struck Toronto on October 15, 1954, flooding areas near Mimico Creek and the Islington Golf Course. The mural shows a volunteer clean-up crew assisting members of the Islington Fire Brigade and the 48th Highlanders clearing debris while an army supply helicopter attempts to use the available high ground on the ninth fairway as a landing pad. In the horizon, on the left is Islington United Church, which served as an important temporary supply depot for the region's rescue efforts

5. PORTRAITS FROM OUR PAST (2008), 4886 DUNDAS ST. W.

Directions: This mural is located on the west wall of the building at 4886 Dundas St. W.



Painted by Manitoba artist Sarah Collard, this mural is based on historical photographs of the Village of Islington. It can be seen as four separate smaller murals, each a vignette of daily life from the village's past. The far left mural shows the Bigham family orchard in 1917 at harvest time. The top-centre mural shows Walter Moorhouse's family in front of their house on MacPherson Avenue (now Aberfoyle Crescent). Walter Moorhouse was an amateur photographer whose many photographs still survive in the Archives of Ontario. The bottom-centre mural shows the Appleby family's 1917 Chevrolet with passengers Mary Appleby and her parents. The far right mural shows a shows Charles Nelson, the village shoemaker from about 1895 to 1916. Located across from the Islington Burying Ground, his small shoe store could barely fit him and his tools. On one occasion, there was a fire next door and he simply pushed his little shop out of harm's way.

6. BATTERSBY'S MARCH, 1813 (2012), 4914 DUNDAS ST. W.

Directions: Continue west, this mural is on the back wall of the CIBC building at the northeast corner of Dundas Street and Burnhamthorpe Road



Here you will see Lieutenant Colonel Francis Battersby leaving Toronto (then known as York) on July 29, 1816, along Dundas Street with his Canadian soldiers to secure Burlington Heights from the threat of an American naval attack. This action discouraged the enemy from attacking Burlington Heights. However, having fewer troops left York vulnerable, setting the stage for a second American attack on July 31, 1813.

INSIDER'S TIP: The building facing this mural is today's Islington United Church. To read more about the building's history, see <u>page 100</u>.



Clarence Noland and Tommy delivering pop, 1928

7. THE PUB WITH NO BEER (2009), 4946 DUNDAS ST. W.

Directions: On the Fox & Fiddle at 4946 Dundas St. W.

It is 1920s prohibition era (1916-1927) and this truck is only picking up empty pop bottles outside of the old Islington Hotel. Later called the Islington House or simply "The Izzy", it was a popular pub and meeting point right up until its 1986 demolition. The placement of this mural is amusing given that is depicts the realities of a dry era on the wall of what is now a pub.

INSIDER'S TIP: The building where the mural is located used to be the old Etobicoke Township Hall. To read more about the building's history, see <u>page 100</u>. Next to the mural is Islington Burying Ground. See <u>page 101</u> for details.





Gordon's Dairy Wagon, ca. 1940

8. GORDON'S DAIRY CA. 1940 (2008), 4968 DUNDAS ST. W.

Directions: Pass the Islington Burying Ground. This mural is located on the Islington Seniors' Centre building.

This mural shows Gordon's Dairy, a popular local landmark in the 1940s for youth visiting the lunch counter and dairy bar. The owners were Islington residents Earle Gordon, daughter Grace who was the bookkeeper and three of his sons (Reid and Bud are seen in suits on the left of the mural and Ken is seen in a suit on the right.). They delivered milk in bottles door-to-door in their distinctive "streamlined" wagons.



9. THE WAY WE WERE - PART I ISLINGTON CA. 1912 (2005), 4972 DUNDAS ST. W.

Directions: Walk a few feet along to 4972 Dundas St. W.

A window into 1912 Dundas Street looking east, this mural is the first of two painted from Montgomery's Inn's archival documents. The family shown on the left in this mural is that of Islington photographer Walter Moorhouse. The two children on the right are Dudley and Thelma Newlove (more about the Newloves in #5 Musson House in the *Islington Time Traveller* tour on page 95). The mural also depicts Fred Hopkins' store on the left (Fred was married to Mabel Appleby, Mary Appleby's aunt), the old Islington Methodist Church and manse are on the right (see #25).

10. THE WAY WE WERE - PART II (2006), 4984 DUNDAS ST. W.

Directions: This mural can be found facing *The Way Were* (Part I).



The second installation of *The Way We Were* depicts the village around 1912. Complementing the first mural, this painted scene features Dundas Street looking west. The streetscape includes the old Islington Hotel. You will also notice a group of workmen preparing to pave the road for the growing neighbourhood.



11. MIMICO CREEK, CA. 1920 (2008), 4986 DUNDAS ST. W.

Directions: Continue along the street to the intersection of Dundas and Cabot Crescent.

Featured here are Mimico Creek and Dundas Street. It was very common for artists to gather on the steps of Montgomery's Inn to take in the beautiful vista. Many pieces of art were inspired by these views, much like the one you see in front of you that includes sumac, spruce and pine trees and Montgomery's Inn on the right. The Appleby house is in the background on the right.



12. HONOURING
ISLINGTON'S
VOLUNTEER FIRE
BRIGADE (2007),
4988 DUNDAS ST. W.

Directions: Facing mural #1.

Here the artist (Kuna) honours the Islington Volunteer Fire Brigade who bravely fought fires and contributed to the community by building dams on Mimico Creek south of Dundas to create a skating rink during the winter time. Kuna's talent is demonstrated by his use of the building's boarded window – incorporating it into the painting as the serving window of the rink's side hut.



13. ONTARIO GOTHIC (2011), 4990 DUNDAS ST. W.

Directions: Continue on the north side of the street to find this mural on the east wall of 4990 Dundas St.

If you are familiar with the 1930s painting *American Gothic* by Grant Wood, you will appreciate that this mural is a local parody called *Ontario Gothic*. Kuna's version is based on a photo of the local Appleby family and their farmhouse circa 1890. Like the original subjects in Wood's painting, the Islington pair are not a married couple, rather brother and sister, William and Mabel Appleby.



14. HAROLD G. SHIPP'S "FIRST HIGH FLIER!" (2008), 4994 DUNDAS ST. W.

Directions: Continue along Dundas. This mural is on the

west wall of the building facing a parking lot.



The astounding scene (based on true events) of a Lancaster Bomber dropping cards onto the Etobicoke High School football field

is represented here. Eighteen-year-old student Harold G. Shipp staged this event by convincing a pilot who ferried Lancaster bombers from Toronto to England during the war to take part in a fundraising stunt. The cards were dropped to be collected and then redeemed for prizes with the intention of raising money for new bleachers. Some versions of the story say the cards gave free admission to an upcoming school dance. The stunt veered off course when the wind blew the cards into the Chinese market gardens near Montgomery's Inn. Subsequently, the football players and supporters went running to chase the prized cards and in doing so destroyed the neighbouring farmer's cabbage. Shipp went on to be a successful Toronto developer and never lost his knack for coming up with imaginative promotional ideas.

as market gardeners when they came to Canada. Montgomery's Inn was home to several market gardeners (small diverse gardens growing produce to be sold directly to the consumer) of Chinese origin. Read more about Montgomery's Inn and the Chinese market gardens in the Getting to Know Mimico Creek tour on page 85.

15. PRODIGY (2011), 5048 DUNDAS ST. W.

Directions: Continue walking along Dundas Street, this mural will be facing you on the building at the intersection of Dundas and Avonhurst Road.



The arts are a vital component of any community and the Village of Islington celebrates their musical history in this mural. The Royal Conservatory of Music (RCM) was founded in 1886 and opened a satellite branch at this location in the 1950s. Kuna honours beloved musician Glenn Gould and teacher Antonio Alberto Garcia Guerrero in this mural. Gould reached very high levels of success

and is often referred to as RCM's most celebrated former student. The concert hall is based on the conservatory's modern venue, Koerner Hall. The mural is meant to inspire and instil the notion that, from small and humble beginnings one can grow to outstanding heights by nurturing and developing talent.





Boys fishing in Mimico Creek north of Dundas, 1920s

16. FISHING IN MIMICO CREEK (2012), 5096 DUNDAS ST. W.

Directions: Continue walking on Dundas Street and pass Royalavon Crescent. This mural is located on the east side of a plaza building.

This mural is a part of a trilogy of murals with a "children at play" theme. Giving us a glimpse of children fishing in Mimico Creek in 1920, note the intricacy in this mural's many levels: the children playing above the water, the riverbank and under the water's surface. The plants and animals show how fertile the Mimico watershed was at the time. This mural is intended to educate residents and visitors about the watershed and to inspire the continued environmental restoration currently taking place.



ACTIVITY: Can you find the common snapping turtle, crayfish, diving beetle, dragonfly nymph and leopard frog tadpole featured in the mural?



17. RIDING THE RADIALS (2007), 5110 DUNDAS ST. W.

Directions: This mural is located immediately next to the last mural (#16) on the east side of the building.

This is another mural in the "children at play" trilogy. This mural illustrates what is now known as the streetcar, referred to as radial trains as early as 1917. The name originates from the system in which the transit lines were organized. The tracks began in the city's core and 'radiated' towards outlying villages and communities. The radial lines were the main transit system for many residents and facilitated the connection of the Village of Islington to Toronto. The location of the mural was chosen because the Guelph Radial Rail line ran behind this property. It connected people from Lambton Mills all the way to Guelph. Kuna, influenced by nostalgia, used the colour palette found in old postcards and turn of the century paintings.





Bill, George and Mary Hawkins north of their farmhouse at Burnhamthorpe Road and Burnhamthorpe Park Boulevard, ca. 1910

18. TOBOGGAN HILL (2011), 5112 DUNDAS ST. W.

Directions: Adjacent to mural #17.

Toboggan Hill is the third mural with the "children at play" theme. The inspiration for this mural came from a photo in the Islington archives of Montgomery's Inn. The children are enjoying the crisp winter weather tobogganing down the hill from Dundas Street into the Mimico Creek valley, immediately west of Montgomery's Inn. The tandem sleigh featured was custom built for the Appleby Family.

19. THE OLD **SWIMMING HOLE** (2009), 5126 DUNDAS ST. W.



Directions: This mural is located on the west side of the building.

The swimming hole that inspired this piece of art was located on Willow Dale Farm on Mimico Creek. Mary Appleby wrote a note that described a swimming hole, originally at the site of a functioning sawmill frequented by village youth. The mill stood beside the creek in what is now Islington Golf Course, down below the intersection of Burnhamthorpe Road and Mattice Road.





Dunn's General Store, ca. 1910

20. TIMELINE: ISLINGTON THEN AND NOW (2006), 4959 DUNDAS ST. W.

Directions: Turn and walk back on Dundas Street heading east. Cross to the south of

Dundas at Royalavon Crescent/Michael Power Place. Continue walking until you find this mural facing you.

INSIDER'S TIP: If you need a break, stop by Michael Power Park, at the corner of Michael Power Place and Dundas Street. There is a big gazebo for shade and benches for you to sit and rest.

The timeline reflected in this mural provides a glimpse into three different stages of village development from the artist's perspective. The mural begins on the left with the village's original shop, Dunn's General Store, which sold groceries and hardware and housed Islington's post office. The middle of the streetscape morphs into the 1950s, with cars driving on a paved Dundas. The flowering catalpa trees lining the street in the mural were planted by a local resident and market gardener in the early 20th century; they were removed when Dundas was widened. At the right side of the mural is the 2006 streetscape featuring the building on which the mural is painted.



21. BRIARLY -GONE BUT NOT FORGOTTEN (2007), 4937 DUNDAS ST. W.

Directions: Continue east on Dundas Street for this



Briarly, 1954

mural located directly across from the Fox & Fiddle.

Now demolished, Briarly House is remembered through this beautiful mural. Briarly was named after the briar roses that once adorned its gardens. Kuna emphasizes that this is not a mournful reflection on lost history, but considers it an example of the enduring power of home and family. See page 97 of the Islington Time Traveller tour to learn more about this house.



22. THE FACES OF ISLINGTON (2013), 4909 DUNDAS ST. W.

Directions: Southeast corner of Dundas Street and Cordova Avenue

The demographics of a community make up a large part of its cultural character. The changing settlement history in the Village of Islington is seen here through the faces and design patterns on this mural. The panorama of children represented in the mural were all painted from photographs of actual children who attended Islington Public School from 1883 to 2013.



23. FAITH OF OUR FATHERS 2 (2009), 4901 DUNDAS ST. W.

Directions: Continue east on Dundas until you reach this mural.

The Islington United Church featured in this mural has a very long history in the community. As early as 1815 ministers on horseback, also known as circuit riders, travelled between communities to help with spiritual matters and needs. The mural

features the face of one of the well-known circuit riders, Dr. Stewart East, who rode up the steps of the church in its current location (25 Burnhamthorpe Rd.) in a public dedication ceremony. See <u>page 100</u> of the *Islington Time Traveller* tour to learn more about the church.



24. ARTS ETOBICOKE

Directions: Continue walking on Dundas Street. Arts Etobicoke is located at 4893A Dundas St. W.

Arts Etobicoke is a community arts council dedicated to bringing art into the daily lives of its community

members and beyond, believing that people thrive when art touches their lives. For over 40 years, Arts Etobicoke has been finding innovative ways to address the need for sustainable cultural opportunities in the community. The organization delivers needs-based programming for all ages and abilities; through high quality programs that are not only interesting and fun, but grow out of a need from the community it serves. Members are provided with networking opportunities, workshops, free resources, meeting and storage space, promotion and communications. Arts Etobicoke promotes artists and advocates for the arts, seeking to build a vital creative footprint that impacts the daily lives of Etobicoke residents.



25. THE ART ALLEY MURAL PROJECT (2009), 4889 DUNDAS ST. W.

Directions: Find this mural next door to Arts Etobicoke on the west wall of 4889 Dundas St. W.

This poetic mural, produced by Arts Etobicoke, interprets the Article 13 of the Universal Declaration of Human Rights ("Everyone has the right to freedom of movement."). Toronto's then Poet Laureate Dionne Brand wrote a poem based on this article. Artist Susan Harrison based the mural's design on the poem and painter William Lazos executed it with assistance from volunteers – art classes were held to provide a learning opportunity for youth during the process.



26. THE MANSE COMMITTEE (2010), 4879 DUNDAS ST. W.

Directions: Find this mural on the east wall of 4879 Dundas St. W.

This mural provides an inside peek at the typical interior of a building and manse in 1888. The manse, or minister's residence depicted here is that of Islington Methodist, then United Church (see #9). It features the Manse Committee, a group that provided



Islington United Church and Manse, post 1925

recommendations to the minister's wife on how to run her house. The committee also conducted inspections to ensure that the residence was up to their standards of cleanliness. The mural also depicts 1888 minister Reverend Richard Bowles taking part in afternoon tea with the Committee Chair while his wife prepares food in the kitchen.

The Village of Islington is ripe with culture and beauty. With these murals dancing on the walls of their businesses, it is no doubt that this is a wonderful place to work and live. These murals provide a glimpse into the historical lives of its community members.

USEFUL INFORMATION

Arts Etobicoke, programs and events: <u>artsetobicoke.ca</u> Creative Village Studio, art classes and info: <u>cltoronto.ca/</u> hubs/creative-village-studio

Heritage Toronto, tours: <u>heritagetoronto.org</u>

Montgomery's Inn, programs and events: toronto.ca/

museums/montgomerysinn

Village of Islington BIA, free mural tour: villageofislington.com

SOURCES

Arts Etobicoke Creative Village Studio Denise Harris, Etobicoke Historical Society Linda Plater, Village of Islington BIA Islington Golf Club

PHOTO CREDITS

Archives of Ontario
City of Toronto Archives
Denise Harris, Etobicoke Historical Society
Montgomery's Inn, Museum & Heritage Services
Village of Islington BIA



LOOP 3 Getting to Know Mimico Creek



This short walk features the natural and human heritage of a small section of Mimico Creek that once ran through Thomas Montgomery's farmland. Today, Mimico Creek runs through Tom Riley Park in the Village of Islington. It takes roughly 15 minutes to walk through Tom Riley Park.

Location: Mimico Creek **Interests:** History, Nature

Estimated time: One hour or less

Type: 🏌

▼ Getting to tour start:

From the east and south, take the Gardiner Expressway, exit at Islington Avenue and drive north to the Islington subway station. From the north, take Highway 401, exit at Islington Avenue and drive south to the

Islington subway station. There are several Green P parking lots north of Bloor Street, both east and west of Islington.

Take the Bloor-Danforth subway line to Islington station and find the northeast corner of Islington and Bloor.



1. GETTING DOWN TO TOM RILEY PARK AND MIMICO CREEK

Directions: Walk east on the

north side of Bloor Street, away from Islington Avenue. After you cross Aberfoyle Crescent, you will pass a parking lot on your left. Walk to the east end of this parking lot and turn left, look for the Tom Riley Park sign. Take the asphalt path to the right of the sign and descend into the park. Stop at the bottom of the hill.

You are now in Tom Riley Park, which runs down the Mimico Creek valley from Dundas Street to Bloor Street. The park, originally known as Central Park, opened in two sections in 1941 and 1944 on land donated by the Montgomery family and J.A.L. MacPherson, respectively. It was renamed in 1998 after Tom Riley, who served as Etobicoke's Commissioner of Parks and Recreation for 28 years and was credited with giving Etobicoke, 'the best parks system in the country.', Riley's many honours included the Queen's Silver Jubilee Medal and the Province of Ontario Corps d'Elite.



2. NEW HORIZONS COMMUNITY GARDEN

Directions: Turn left and walk west across the grass to the

large fenced garden area on the west side of the park.

New Horizons Community Garden was founded in 2007 by members of the Multicultural Association of Bosnian Seniors and their Friends. Here, Bosnians from different parts of the former Yugoslavia have turned empty plots of land into thriving gardens. Several families from other countries have also joined the group. The garden has become a local attraction, with neighbours stopping by on strolls through the park. The group grew to 160 members as of 2014. The garden is open to the public on the first and third Sundays of June, July and August from noon until 4 p.m.

3. MIMICO CREEK

Directions: Walk east towards the bridge that carries the Bloor-Danforth subway trains. Continue walking east, past the bridge's underpass, until you have a view of Mimico Creek.

As with most rivers in Toronto, the source of Mimico Creek is in the Oak Ridges Moraine, a rise of land created by glacial action north of the city. From the moraine, the creek travels southeast 33 kilometres through Brampton, Mississauga and Etobicoke, and falls 160 metres by the time it reaches its outlet into Lake Ontario at Humber Bay Park. As it flows through this park, it drops over the Lake Iroquois shoreline, cutting its own valley. Mimico Creek's watershed covers 7,700 hectares, but is almost completely covered due to urbanization. Tom Riley Park is one of the few areas in the watershed where this creek is accessible to the public.



Contemporary drawing by George Heriot of a Mississauga hunting and fishing camp in 1807

4. DISCOVERED ARTIFACTS

Directions: Return to the asphalt path and turn right. Follow the path north under the subway bridge. In a short distance you will see a soccer field on your right. Turn right and walk along the south edge of the soccer field until you reach the creek again.

Although there are no known permanent First Nations settlements along Mimico Creek, it is certain that Aboriginal peoples travelled, hunted, fished and camped along this waterway. Islington residents have been finding First Nations' artefacts for over 200 years, including spear points, pottery shards, clay pipe fragments, stone awls (a tool for poking small holes) and stone axe heads.



Spear point found in Mimico Creek

The first humans to stand on the banks of Mimico Creek arrived about 12,000 years ago and lived a nomadic lifestyle. By 1,300 years ago, First Nations people were more sedentary, growing corn, beans, squash, sunflowers and tobacco in a style of farming known as horticulture – a sustainable method that ensured

longer-term soil fertility while they continued to hunt, fish and forage in traditional ways.

INSIDER'S TIP: As you take this tour, be sure to look up for a chance to spot a Peregrine Falcon. Peregrine Falcons have nested for the past several years on the 18th floor of the Sun Life Financial Centre on Bloor Street West, just west of Mimico Creek. This bird has been known to streak through the air at speeds up to 390 kilometres per hour to catch its prey.

5. MIMICO CREEK WATER

Directions: Walk north on the grass on the east side of the soccer field until you find a white brick hut on your right, opposite the north edge of the soccer field.

This little hut beside Mimico Creek is a streamflow monitoring station. Since 1966, the equipment inside has continuously monitored water flow levels so action can be taken to improve creek conditions. The goal is to reduce the average annual streamflow ratio, but over the last 40 years, it has actually increased 27%, an indicator that despite efforts at improvement, conditions in the creek are not at an acceptable level. Two hundred years of European settlement, "taming the land" by clearing it of all forest cover and underbrush (by 1850, 50% of the forest cover in Etobicoke had been removed, and by 1880, 90%) has allowed rain and melt water to rush into the creeks, causing erosion and the spread of pollutants. This process has only intensified with industrialization as we cover soil with concrete and asphalt, replacing forests and wetlands with buildings and roads. Today, Mimico Creek is considered to be a completely urbanized river with 60% of its routes covered.



Islington's second railway station on north side of railway tracks, east of Islington Avenue, 1954



Postcard showing local citizens posing for the camera at the site of a CP train wreck in Islington on September 26, 1908

6. RAILWAYS

Directions: Continue walking north with the creek on your right until you intersect with the asphalt path again. Continue north on this path and stop just before you pass under the railway bridge.

In 1877, the Credit Valley Railway ran through Islington. It was bought by Canadian Pacific Railway (CP) in 1884. Its presence changed the way people along its route lived, shopped and did business by connecting them to larger markets for buying and selling. It took commuters only 25 minutes to ride downtown. The first Islington station was a simple "flag stop" (passenger-request stop), located on the north side of the tracks west of Islington Avenue. In 1921, the station was replaced by a larger one north of tracks, east of Islington Avenue. After World War II, the use of trains for passenger service declined as a result of the increased use of automobiles and urban transit. In the 1960s, the company discontinued its passenger service and closed the Islington station. The building was demolished in 1971.

On September 26, 1908, two CP trains had orders to cross at Islington and ended up crashing head on, killing one employee. A photo of the crash scene with onlookers was printed on a postcard – a popular mode of communication at that time. Such a postcard was mailed from Islington to Lambton Mills for one cent. Sender Jessie Dunn worked for her uncle, John Dunn, in his general store and post office in Islington (see page 80 to learn more). The back of the postcard reads: "Islington Oct. 15/08. Dear Alice, this is a scene of the wreck here at Islington a few weeks ago. I hope you are well. Love from Jessie." Alice Appleby donated many photos and documents like this to Montgomery's Inn, providing people today with a look into Islington's past.



Robert Tier tending his celery, ca. 1910



The Ontario Celery Growers Convention on Robert Tier's front lawn, 1910

7. MARKET GARDENERS AND SKATING RINK

Directions: Pass under the railway bridge and continue north on the asphalt path. When the path forks, stay right, keeping the creek on your right. Continue past a baseball field on the left and stop on the north side of the baseball field fence just south of a parking lot.

Look north and try to picture this parking lot with no asphalt and imagine that the rise of land to your west

and busy Islington Avenue do not exist. Instead imagine you are in a six hectare valley of highly fertile muck soil a type of soil that forms when decaying vegetation is submerged in a swamp for thousands of years. In 1872, Robert Tier, a market gardener from England, purchased this land and grew many types of vegetables, although celery was his speciality. He sold hundreds of crates every year to wholesalers who travelled miles to Islington to buy his high quality product. On the east side of Mimico Creek, this rich soil was also found on the property of Thomas Montgomery's descendants. From 1900 to 1944, Montgomery's Inn was rented out to a series of market gardeners who grew vegetables south of the Inn. From 1931 to 1944, they were all gardeners of Chinese origin, with last ones being Joe and Lillie Chung in 1944. The Chungs' son, Willie, remembers that they grew cabbages, celery and tomatoes and delivered them by truck to sell at the St. Lawrence Market.



Skating rink on west side of Mimico Creek, 1948

Every winter in the 1940s and 50s, members of Islington's Volunteer Fire Brigade diverted water from Mimico Creek to flood Central Park in exactly the same spot Robert Tier's market garden had once been. The result was a large outdoor skating rink described as four times the size of the standard schoolyard skating surface. The rink was lit in the evenings and people skated to recorded music projected over a loudspeaker. The Kingsway Kiwanis Kanteen, a 12-metre-long shelter heated by two pot-bellied wood stoves, offered warmth and hot chocolate.



View from the west of the rear of Etobicoke High School and its sports field, 1943

8. ETOBICOKE COLLEGIATE INSTITUTE

Directions: Face east and find the pedestrian bridge over Mimico Creek, opposite the north fence around the baseball field. Cross the bridge (look out for ducks) and follow the path straight ahead. Stop to the right of the path where you can see the rear of Etobicoke Collegiate Institute (ECI).

Etobicoke High School – now Etobicoke Collegiate Institute – opened in 1928 as the first high school in the Township of Etobicoke. Located centrally, it served the whole township. The original building was designed by architects Stephen Burwell Coon and Son, and included a grand front entrance, complete with relief carvings above, with eight classrooms on two floors and a gymnasium at the back. Built on the edge of the Mimico Creek valley, the school quickly made use of the valley flats for a sports field and running track – purposes they still serve today. When the population of Etobicoke began to expand during the post-war baby boom, so did the school and additions were made in 1945, the 1950s and the 1960s. At both the front and back, the original 1928 school and gymnasium can still be seen in the middle of all of these additions. Today, about 1,200 students attend ECI – one of the largest high schools in the Toronto District School Board.

9. MONTGOMERY'S MEADOW

Directions: Return to the path and follow it east, parallel to the tennis court. Follow the path as it veers left and continue walking north. When you see the lawn bowling clubhouse (white with a black roof) on your left, look for an area to your right with several gardens surrounded by split rail fencing. Find the sign on a post with a map of Montgomery's Meadow.

Montgomery's Meadow was created in 1997 by volunteers who planted a meadow of native wildflowers and grasses. By replacing the lawn with native plants, the land became a home for rabbits, mice, chipmunks, groundhogs, butterflies and song birds, creating a small ecosystem within a larger environment. More than 650 species of native wildflowers, grasses, sedges, ferns and shrubs were planted – 10,000 individual plants, all native to this area. In the southeast corner, a chipmunk habitat consisting of a stone wall where they can find shelter from predators has increased their population. A butterfly garden was created in the northwest corner. The meadow is maintained by the City of Toronto, Humber College and Etobicoke Horticultural Society. Use the map in the garden to explore each area of this charming garden.

INSIDER'S TIP: Native vs. Invasive Plants and Animals

Tamarack is the only native deciduous conifer in Canada. It produces small cones and its leaves are short and needle-like, but soft to the touch. Unlike other conifers, a tamarack's leaves change to yellow and fall off every autumn. Another native tree is the black walnut. With its beautiful dark brown wood, it's one of the most valuable hardwood species in Canada. You can see examples of both of these trees just inside the north fence around the lawn bowling green.

Many non-native species have been brought into Canada – sometimes deliberately and sometimes inadvertently. Many of these non-native species are threatening Toronto's native plants and green spaces. For example, the emerald ash borer is a non-native insect that is killing ash trees. Garlic mustard was imported from Europe and is aggressively forcing out native plants such as wild ginger, bloodroot and trillium.



View from the Mimico Creek Valley looking north towards Dundas St. This hill was popular with local tobogganers in 1915.

10. MONTGOMERY'S INN, 4709 DUNDAS ST. W.

Directions: Return to the asphalt path and follow it north up the hill to Dundas Street. Turn right and walk to a spot near the front door of Montgomery's Inn on your right.

Thomas Montgomery immigrated to Upper Canada, now Ontario, from Ireland in 1812. In 1830, he leased 80 hectares of land bound by Islington Avenue, Dundas Street, Royal York Road and Bloor Street. He built this Inn that same year and it has become a local landmark and is the second oldest building in Etobicoke (King's Mill, page 116, being the first). In addition to being an innkeeper, he was a farmer, and a real estate and mortgage investor, acquiring over 250 other properties across Ontario in his lifetime. The food produced on this farm fed the travellers and local residents who ate at his inn. To read more about Thomas Montgomery and the Inn, see the *Islington Time Traveller* tour on page 95.

DID YOU KNOW? The hill you just walked up coming out of the Mimico Creek Valley is the Lake Iroquois Shoreline that we referred to in #3.

Although this tour only covers a small section of Mimico Creek there is lots more to learn about its natural and human history.

USEFUL INFORMATION

Montgomery's Inn, programs and events: <u>toronto.ca/museums/montgomerysinn</u>

Toronto and Region Conservation Authority, watershed management: trca.on.ca

SOURCES

Adapted from *Getting to Know Mimico Creek* walking tour, researched and written by Denise Harris for Montgomery's Inn, 2014

PHOTO CREDITS

Library and Archives Canada Montgomery's Inn, Museum & Heritage Services Toronto Public Library

Islington Time Traveller



As you wander, this tour takes you back through time to discover the diverse history of the neighbourhood. Visit local landscapes and historic sites past and present. An audio version of this tour is available on Heritage Toronto's Youtube Channel: youtube.com/heritagetoronto.

Location: Village of Islington

Interests: History, Architecture, Nature

Estimated time: One hour to less than two hours

Type: 🖍

▼ Getting to tour start:

From the north, take Highway 401, exit at Islington Avenue heading south. Turn left on Dundas Street. From the south, take the Gardiner Expressway and exit at Islington Avenue heading north. Turn right on Dundas Street. Find Montgomery's Inn on the southeast corner of

Islington Avenue and Dundas Street. Free parking is available at the Inn.

Take the Bloor-Danforth subway line to Islington station and take the Islington #37 north to Dundas Street. Find Montgomery's Inn on the southeast corner of Islington Avenue and Dundas Street.

ABOUT VILLAGE OF ISLINGTON AND DUNDAS STREET

Just a few years after the town of York, later renamed Toronto, was founded in 1793, the provincial government ordered the development of Dundas Street. Originally a foot path, the new street referred to as Dundas Highway was to be a military lifeline; allowing the movement of troops, supplies and communications over land in case threatening American forces took control of the lake routes.

Travellers used Dundas to venture out to Etobicoke. It was about 15.28 kilometres from Toronto and took several hours. Dundas Street became a vein along which new farms and villages were nurtured, Islington was one of those villages. Typically these villages were supply depots to the surrounding farm families. Islington was no different and people came from the surrounding area to retrieve and deliver mail, purchase food, clothing, tools, and to share news and enjoy the social life in this small community.





Montgomery's Inn, today

Montgomery's Inn, 1919's

1. MONTGOMERY'S INN, 4709 DUNDAS ST. W.

At the centre of this nascent Islington community was Montgomery's Inn, built in around 1830 and operated as public house (pub) for over 20 years. The Inn was constructed in the late Georgian or Loyalist architecture style by Thomas Montgomery. This style is illustrated by its large centre hall plan, strong symmetry and the fan and side lights of its front door. It was originally covered with a white pebble dash finish, a very different look from the stone wall we see today. During renovations in 1967, the borough of Etobicoke removed the white pebble dash finish to reveal

the stone. For the Village of Islington and its neighbouring communities, inns were important community centres providing inexpensive overnight accommodation, social drinking and tavern meals. Montgomery's Inn also hosted the Home District Council's township meetings in 1847 and 1849. The Inn was a stop for travelers on Dundas Street. In the days of early settlement, transportation was slow. Taverns and inns were a necessary presence at regular intervals on major roads.

Today, Montgomery's Inn stands as a strong reminder of the past operating as a City of Toronto museum. The Inn holds events that celebrate theatre, music, food and the history of Etobicoke: the Farmers' Market is open year-round on every Wednesday from 2 – 6 p.m., Tea Time at the Inn is on Sundays 1 – 4 p.m., Thirsty Thursdays are on the last Thursday of every month and there are many more enjoyable happenings at the inn. Call 416-394-8113 or visit toronto.ca/museums/montgomerysinn for more information. Montgomery's Inn's general admission hours are Tuesday – Friday 10 a.m. – 5 p.m., Saturday and Sunday 1 – 5 p.m. Admission is free during Farmers' Market hours on Wednesdays.



Briarly, 1986

2. BRIARLY LANE

Directions: Walk east on Dundas Street away from Montgomery's Inn. Walk past a set of lights at Chestnut Hills Crescent, pass Donnybrook Lane and come to a stop at Briarly Lane

and Dundas Street, at 4681 Dundas St. W.

Briarly Lane is a private road with a small brick gateway with a numerous town houses lining the street. This is the former site of a home known as Briarly. Its original owners are unknown but it was the home of William Montgomery, Thomas Montgomery's son, for some time. Briarly was built in the 1830s, as a single storey regency-style cottage and was sold in 1850 to John Bagwell who added a second storey with Italian decorative features. Today, there is no sign of the original Briarly as it was torn down in 1989, only the street name and a mural remain. The mural is located in 4937 Dundas St. W. See page 81 for details.

DID YOU KNOW? When Briarly was torn down, the original wall paper was revealed. It was used as inspiration for Montgomery's Inn's current sitting room walls.



St. George's On-The-Hill, 1918 (postcard)



St. George's On-The-Hill, today

3. ST. GEORGE'S ON-THE-HILL ANGLICAN CHURCH, 4600 DUNDAS ST. W.

Directions: Look down the street away from Montgomery's Inn to the east. You will see a white church steeple in the distance on Dundas Street. Turn around and retrace your steps back (west) to the lights at Chestnut Hill Crescent and cross to the north side of Dundas. Turn right and walk east towards the church. Once you are at the church, make your way up the driveway to the grounds.

*Note: Active church. Please be respectful.

This church has been a landmark and a navigation point for over 160 years. The obvious feature of this site is its elevation, which was appreciated long before

the church was built. In 1971, the church was registered as a site of archaeological interest. Aboriginal artifects were reported to be found in the cemetery, indicating that Aboriginal peoples also appreciated the elevated view over the surrounding land from a village or a camp on the site. The original stucco church was completed in 1847. The first building was a lot smaller than the church we see now. As the community grew, the church also grew. In 1894, the church was raised and placed on a new stone foundation to provide a basement. At the same time, the stuccoed walls were covered with brick and a front porch was added. In 1937, the church was lengthened to provide space for a growing population after World War II. Inside the church, old stained glass windows mingle with the new, including three windows in particular, which depict the history of Village of Islington's history. In the first, a missionary preaches to the First Nations people. In the second, a farmer works his field with St. George's in the background. In the third, St. George's sits among other local churches, all offshoots of the church of St. George's.

Today, the site remains a thriving centre within the Islington community. The Kingsway College School joined the site in 1990 and built the new addition at the rear of the church. A cemetery, established in the 1840s, also sits on the site.



Montgomery Road, 1955

4. MONTGOMERY ROAD

Directions: Leave St. George's On-The-Hill and walk back west on Dundas Street. Cross to the south side at Chestnut Hill Crescent and turn right on Dundas. Find Montgomery Road just before Montgomery's Inn.

Until 1962, there was no bridge on Islington Avenue over Mimico Creek. As a result, Islington Avenue coming from the north, ended at Dundas, to be continued again at Bloor Street. Islington Avenue was merely a dirt trail at this time. There was a bridge on Dundas over Mimico Creek since about 1812. First it was a wooden bridge, replaced with a concrete bridge in 1922 and again replaced with the modern bridge that can be seen today. Thomas Montgomery opened Montgomery Road on his private property, providing the farmers with a shortcut to the Humber Mills, and increasing his business at Montgomery's Inn. Until the 1940s, Montgomery Road still traversed mostly open field, making its way to Bloor Street.



MacPherson family in front of the house, ca. 1920



Musson House, today

5. MUSSON HOUSE, 4884 DUNDAS ST. W.

Directions: Walk west on Dundas and cross the street to the north side to find the house.

*Note: Private property.
Please observe the house from the street only.

This is a large two-storey Regency-style house, a relatively rare remaining historic building. This house

was built in 1880 and served as a community hub. Thomas Musson was the postmaster of the Village of Islington for 30 years until his death in 1899. Musson rented the property from Alexander MacPherson who built the house as an income property. The house operated as the post office in a room on the main floor at the rear of the house from 1887 to 1906. In 1912, the house was bought by William and Olive Newlove. Olive operated the Islington Telephone Exchange at the house in the same room where the post office had been. The building you see today has been altered over time and the new inhabitants have made it their own. The widening of Dundas Street has swallowed the front lawn and the veranda. The original red brick has been painted white and the house is now rented out as office space.



Islington Methodist Church on Dundas, pre 1925



Islington United Church, today (new location)

6. ISLINGTON UNITED CHURCH,25 BURNHAMTHORPE RD.

Directions: Walk west Dundas Street and turn right or north on Burnthamthrope Road.

*Note: Active church. Please be respectful.

This beautiful stone building with modern Gothic architecture was opened in 1949 to replace the original church built in 1887. See #7 to learn the history of the church.

7. ETOBICOKE TOWNSHIP HALL, 4946 DUNDAS ST. W.

Directions: Walk on the north side of Dundas and head west. Look out for the Fox & Fiddle.

This building, that now houses the Fox & Fiddle, may not look all that old but it contains (the new structure was built over the old building) one of the oldest buildings in Islington – the village's First Methodist church built



Etobicoke Township Council, ca. 1927



Fox & Fiddle, today

around 1843. In 1887, the congregation moved into their new red brick church building at 4879 Dundas St. The congregation again moved, to its current location (see #6), in 1949. The land at 4936 Dundas St. was sold to the Etobicoke Township and the building was used for council meetings, social gatherings as well as the village's first public library. In its conversion to a township

hall, the church was bricked and shallow buttresses were added for support. After World War II, a second storey and a large neo-classical addition was put on the front. The Town Council moved to the new civic centre in 1958 and the building became the district police headquarters. A subsequent owner made further modifications to the building, adding a large addition to the rear and turning the main floor into a restaurant. What remains of the original church building are some wooden beams hidden deep inside the current building. However, inscriptions on the building are still visible today: "Etobicoke Municipal Offices" can be found over front door and "Police" can be found over east door.

DID YOU KNOW? In 1967, Etobicoke changed from a township to a borough and in 1983 to a city.

8. ISLINGTON BURYING GROUND

Directions: Walk a few steps west on Dundas Street until you reach the front gate of the cemetery.

The Ontario Genealogical Society dates the establishment of the Islington Burying Ground to 1844 or before. It was opened on donated land and there are gravestones that date back prior to 1807, but said stones were likely moved to the grounds after the cemetery was established. Like the cemetery of St. George's On-The-Hill, this cemetery is the final resting place of the many of the key community builders and in the back left corner are two tall monuments erected to the Montgomery family. The graves show the fragility of life at the time. Child mortality rates

were much higher and more than 40 children under the age of five are buried here.



Islington's first school, 1873



Islington Senior's Centre, today

9. ISLINGTON SENIOR'S CENTRE, 4968 DUNDAS ST. W.

Directions: Islington Senior's Centre is located on Dundas, west of the Burying Ground.

*Note: #9 is not included in the YouTube Tour.

The Islington Senior's Centre stands at the original location of Islington's first public school, erected in 1832. The school was later moved to a new brick building on Cordova Avenue and the original school building was converted into a house and later a store. On the east side of the building was Trusdale's Dairy, built in 1932. In 1935 it became the Etobicoke Dairy. It was bought by Earle Gordon two years later and became Gordon's Dairy, operated by his three eldest sons George, Ken and Reid, who are depicted on the mural located on the façade of the building. In 1950, the building was sold to the Borough of Etobicoke for office space and then became the Islington Senior's Centre in 1960.

10. MABELLE PARK AND MABELLE AVENUE

Directions: Cross Dundas Street to the south side and walk south on Mabelle Avenue. Stop at 49 Mabelle Ave. and look across the street to find a small park.

Mabelle Park shows ongoing community work run by MABELLEarts called A Park of Many Paths. The project

brings artists and residents together to transform and animate the park. Mabelle Park is used as an outdoor kitchen, has community gardens and holds performances and ceremonies. Since 2007, over 75 MABELLE artists have worked with over 2,000 residents of all ages to transform what was once a neglected thoroughfare in the heart of the neighbourhood into a vibrant art-park and community hub.

Mabelle Avenue is a good place to observe the Islington Village's urban development. A number of residences on Mabelle Avenue were constructed by Toronto Community Housing in the late 1970s. The tallest of the buildings on Mabelle Avenue are the three apartment buildings. These buildings and their surroundings say much about how planners wished to develop the available land. Notice that there is green space around them; this type of development is called a 'Tower in a Park' design concept. It was originally proposed by Le Corbusier, a French architect and urbanist who was highly influential in the mid-twentieth century. Today, this concept is considered isolating. Currently, designers work to bring the buildings close to the street, placing commercial shops on the ground level and surrounding the bases of the towers with lower rise buildings such as town houses.

Urban development brought thousands of new residents into a relatively small block of land. They helped transform the Village of Islington from a low-density suburban area into a high-density hub. It also provided affordable accommodation for many newcomers to the area.

11. MAKING YOUR WAY BACK

Directions: Keep walking along Mabelle Avenue. When you reach Cordova Avenue, turn right and follow the sidewalk as it goes directly south. You will see a concrete staircase on the left with the parking lot on the right. Take the stairs down to Islington Avenue, turn right and follow the sidewalk south to the Islington subway station.

This stretch of Islington Village tells the story of what was once a small rural community, then a bustling village and now a vibrant suburban.

USEFUL INFORMATION

Heritage Toronto, walks and iTour: <u>heritagetoronto.org</u> MABELLEarts, events and community initiatives: <u>mabellearts.ca</u>

Montgomery's Inn, programs and events: <u>toronto.ca/museums/montgomerysinn</u>

Village of Islington BIA, free mural tour: villageofislington.com

ACKNOWLEDGEMENTS

Denise Harris, Etobicoke Historical Society
Heritage Toronto
MABELLEarts
Montgomery's Inn, Museum & Heritage Services

PHOTO CREDITS

City of Toronto Archives Montgomery's Inn, Museum & Heritage Services



Down the Humber River



Enjoy walking or cycling on this tour along the Humber River, one of two major rivers on either side of the city of Toronto, this river on the city's west side and the Don River to the east. This tour closely follows one of the self-guided Discovery Walks so look for wayfinding signs to help you stay on the right track.

Location: Humber River

Interests: Nature, History, Mural

Estimated time: One hour to less than two walking.

Half hour to one hour cycling. One way.

Type: 🏌 🚲

▼ Getting to tour start:

From north, take the 401, exit at the 400 going south, which turns into Black Creek Drive. Turn right on Eglinton Avenue and then left on Scarlett Road. Turn right on Edenbridge Drive and find the sign for James Gardens to the left. Parking is available.

From Royal York station, take the 73B Royal York bus northbound and get off at Glendarling Road. Head south on Royal York Road and turn left at Edenbridge Drive. It is about a seven minute walk from the bus station to the gardens. This tour can also be done in reverse order by starting at Old Mill Toronto. To get to Old Mill, get off the subway at Old Mill station and follow Old Mill Trail heading north. Turn right on Old Mill Road and find Old Mill Toronto on your right.

ABOUT THE HUMBER RIVER

The Humber River was designated a Canadian Heritage River by the Canadian Heritage Rivers System Board in 1999. Aboriginal peoples frequented the Humber River and the earliest evidence of human life on the river dates back 12,000 years ago when Aboriginal peoples fished, hunted, travelled and had villages around the Humber River. In the early 1600s, the French arrived and used a route along the Humber River to transport trade goods. This important trade route is known as the Carrying Place Trail and it stretched from Lake Ontario to the Upper Great Lakes. In the 19th century, waves of pioneers followed the river upstream and began farming.

The Humber River's main body of water runs 126 kilometres, its east branch runs 63 kilometres and the west branch flows 45 kilometres. The Humber River and its banks are rich with wildlife and plant life – 918 plant species have been identified, along with 143 birds, 30 mammals and 61 species of fish. The Humber was called the Toronto River or St. John's River and the local Mississauga people called it Kabechenong, meaning "gathering place to tie up". Upper Canada's first Lieutenant-Governor John Graves Simcoe arrived at the river in 1793 and named it "Humber", after the mouth of a large river near his family estate in England.

Many bridges were built on the Humber River watershed and a few are included in this tour. Heritage bridges in particular are significant landmarks here as they connected communities and contributed to the growth of the economy.



1. JAMES GARDENS, 61A EDGEHILL RD.

Directions: Bikes are not allowed in James Gardens. Park your bike and walk around or start at #2 by accessing the house on Edgehill Road or head straight down the trail to #3.

Its beautiful stone pathways, ponds and the mature trees make this a popular destination for flora lovers and photographers. It is also a great spot for walkers and hikers with access to trails along the Humber River. James Gardens is named after Frederick and Esther James, who owned the estate and built extensive gardens with pools and waterfalls around and below their house.

Wander freely around the garden or try to find these points of interests:

Turtle Sculpture

This sculpture is easy to find, located on the west side of the parking lot.

Gazebo and James monument

The gazebo has been in the gardens for many years and in front of it is a monument dedicated to Frederick and Esther James. To find the gazebo, follow the stone pathway uphill from the turtle sculpture.











Stairway to Edgehill House

2. EDGEHILL HOUSE, 61 EDGEHILL RD.

Directions: You can access Edgehill House through a set of stairs located on the west side of the gazebo. With the gazebo and the monument behind you, look straight ahead to find the stairs. Then climb for about 30 metres. If you are on Edgehill Road you can access the house from the street.

Edgehill House is the former summer home of Frederick and Margaret James, built in the early 1900s. Known for their community garden parties and musical concerts, the James' wished to share their estate with the public. So, following their deaths, the 8 hectare property was sold to Metropolitan Toronto. It has since been renamed, from "Red Gables", to Edgehill House and is operated by the City of Toronto as a community centre primarily offering preschool programs. During the summertime, the centre holds summer camps for children.



3. LAMBTON WOODS

Directions: Take the stairs back and walk across the garden back to the parking lot. From the lot, with the pond and turtle sculpture to your right, walk straight to the south end to the parking lot to find a trail entrance. Once on the trail, head straight down to the end and turn right heading south at the Humber River.

The trail that you are now walking on passes through Lambton Woods, a green space located on the west bank of the Humber River filled with mature trees, animals and birds. Be sure to take a moment to look up and around to spot the many birds living here. This part of the land was known as Lambton Mills. William Cooper assembled the land and established the mills by 1807 on both sides of the Humber River. Lambton Mills was a thriving community, however, a fire in 1915 destroyed most of the east bank buildings, leaving just the Lambton House. To read more about Lambton House and Lambton Mills, see #8 on this tour.



4. LAMBTON CANADIAN PACIFIC RAILWAY BRIDGE

Directions: Follow the trail along the Humber River. Look up to find a large bridge at the river's crossing.

This is the Canadian Pacific Railway main line crossing of the Humber River. It is 171 metres in length and was completed in 1874. The bridge began at the entrance to the Lambton Yards. The Lambton Yards opened in 1912 and was located north of Dundas, east of the Humber River.



5. GUELPH RADIAL LINE BRIDGE TOWER FOOTINGS

Directions: The tower footings are located at the river's edge.

Only the footings for the steel towers remain of this bridge. It was part of the old Guelph Radial Line, an electric suburban rail line between Guelph and Toronto that operated from 1917 to 1931. The original bridge was completed in 1917 and was expanded in 1925. Very little of the bridge remains, but what does exist is a support for a pedestrian and bicycle trail. There are benches on the bridge for visitors to sit and enjoy the surroundings.



Honourable George S. Henry cutting tape, 1929

6. DUNDAS STREET BRIDGE

Directions: Cross the bridge at #5 and continue heading south with the Humber River on your right. Look out for a large bridge ahead. The trail passes under this bridge.

This bridge was built in 1929 and is 195 metres in length and 18.29 metres wide. It was widened in 2009 for bicycle lanes. The Honourable George Steward Henry attended the opening of the bridge, he was Minister of Highways for Ontario at that time and later became the Premier of Ontario.



7. ALBUM

Directions: The mural is located on the pillars of the Dundas Street Bridge.

With its variety of

mosaics, this mural, created by artists Anna Camilleri and Tristan R. Whiston who led local community workshops, was painted in 2015 as part of the Pan Am Path to distinguish the contributions of lesbian, gay, bisexual and transgender (LGBT) individuals in sports while simultaneously confronting traditional LGBT representations in sport and exploring the conventional notion of family. Inspired by Article 16 of the Universal Declaration of Human Rights ("Men and women of full age, without any limitation due to race, nationality or religion, have the right to marry and to found a family. They are entitled to equal rights as to marriage, during marriage and at its dissolution."). The mural was produced by Arts Etobicoke with Red Dress Productions.



Lambton Mills, 1913

Lambton House

8. LAMBTON HOUSE, 4066 OLD DUNDAS ST. W.

Directions: Follow the trail until it ends on Old Dundas Street. Walk straight ahead to find Lambton House on the left.

Lambton House is the site that commemorates Sir William Pearce Howland – A Person of National Historic Significance. It is the last remaining public building of Lambton Mills. It survived the fire of 1915 as it is a brick building. The building served as a hotel, renting only beds, not rooms. Before the fire, the hotel use was surrounded by livery stables (stables where horses and vehicles were kept and rented), large former gristmills, saw mills, wool mill and the local general store and post office. Lambton House was licensed in 1847, opened in 1848 and operated for 140 years. It played an integral role in the community as a social gathering place, stagecoach station, tavern and hotel. To read more about its history, find the plaques located at front of the building. Admission is free. Guided tours are available on Sundays 1 – 4 p.m. or by appointment. Call 416-767-5472 or visit: lambtonhouse.org.

DID YOU KNOW? There were three important mills on the Humber River between today's Bloor and Dundas Streets. King's Mill was the first mill established, located on the west bank of the river at the site of today's Old Mill Toronto hotel. The Millwood (also called Fisher's Mill) on the west bank of the river south of Dundas Street was the second mill. The third mill was William Cooper's mill on both banks of the river at Dundas. William Cooper was a coroner, auctioneer and innkeeper. Cooper assembled the original sites and properties of the Lambton Mills. Cooper's mill had blacksmith shop, tavern and other facilities that enabled it to grow into a thriving village. In 1840, Sir William Pearce Howland, a prominent businessman, purchased Cooper's mill and renamed it Lambton Mills honouring John George Lambton, Governor General of Canada. Howland was Lieutenant Governor of Ontario appointed in 1868, six months after Confederation. He was also a leading Reform politician and a Father of Confederation. One of his many houses was located northwest of Lambton House. Howland's portrait can be found inside Lambton House.



Lambton Mills Bridge,



Bridge Abutments on Humber River, today

9. LAMBTON MILLS BRIDGE ABUTMENT

Directions: With Lambton House behind you, head straight down (south) Lundy Avenue. Look for a Discovery Walk sign on the right where you can enter the trail and follow the Humber River. Stay on the trail by the water and notice the abutment (substructure that supports a bridge) that crosses the river.

There were a series of bridges on Lambton Mills' site between the years of 1811 and 1955. Here you can find traces of an abutment that once supported those bridges.

10. BABY POINT

Directions: Pass Magwood Park and arrive at Baby Point by following the trail south.

Baby Point was an estate of Colonel James Baby, who later became Inspector-General of Finances of Upper Canada. James Baby acquired 46 hectares of land overlooking the Humber River in 1815. Baby's descendants lived in the area until about 1960s. To read more about Baby Point, look out for a plaque located in the park.



11. FISH JUMPING POINT

Directions: Continue along the Humber River and notice the embankment structures.

These structures provide flood and erosion control as well as a passage for jumping fish such as salmon and rainbow trout upstream. More than 25 fish species are known to inhabit this part of the river. During the spring you can spot steelhead trout jumping up the river to spawn and chinook and coho salmon make their run in the fall.

12. ÉTIENNE BRÛLÉ PARKETTE, 13 CROSBY AVE.

Directions: Continue on the trail as it leads into Étienne Brûlé Parkette.

This parkette is named after Étienne Brûlé, interpreter, explorer and the first European to see Lake Ontario (1615), including the mouth of the Humber River. Look out for a rock with a large blue plaque located in the park to read more about the history of the Humber River.



Old Mill Bridge today

13. OLD MILL BRIDGE

Directions: Look south on the trail to find the Old Mill Bridge.

The Old Mill Bridge was erected in 1916 during World War I to replace a wooden bridge that was constantly damaged by the spring ice flows. Coats of arms can be found on its sides, one representing the Municipality of Etobicoke and the other representing York County – the Humber River was the border between Etobicoke and York townships until the amalgamation of Toronto in 1997. Offering a picturesque view of the river, Old Mill Bridge is one of the few bridges in the watershed designated as a heritage property under the Ontario Heritage Act. Well-known consulting engineer Frank Barber designed the bridge. He used concrete to build the bridge, a relatively new material at the time. The concrete piers and arches with stone facing enabled the bridge to survive ice flows as well as Hurricane Hazel.

DID YOU KNOW? On October 15, 1954, Hurricane Hazel struck. 28.5 centimetres of rain fell within 48 hours. It caused the Humber River to overflow. Since there were no flood controls in place at the time water was able to rise rapidly, destroying 20 bridges along with hundreds of homes. The damage was estimated at nearly \$100 million. The strong current put boats on the lake in great jeopardy and many rescue efforts were made by police, firefighters and citizens. Many lives were lost including the five firefighters and the hurricane left 4,000 people homeless. On the west side of the Humber River, north of the Old Mill along the trail is a plaque honouring the volunteer firefighters who drowned attempting rescues during the flood



14. OLD MILL, 21 OLD MILL RD.

Directions: Cross the Old Mill Bridge and find Old Mill Toronto on the left.

The Old Mill is one of the first mills that

operated along the Humber River. To read more about its history, see *Further Down the Humber River* tour on <u>page</u> <u>116</u>.

15. HEADING BACK

Directions: From Old Mill Toronto, take the same trail back or take Home Smith Park Road heading north, it turns into Old Dundas Street. From here, go through the Lambton Woods to head back to James Gardens. If you wish to go straight to a TTC station, head west on Old Mill Road or straight (with the Humber River behind you) to Bloor Street. The closest TTC station is Old Mill station on Bloor Street.

The Humber River area has a lot to offer in terms of nature as well as history. Enjoy even more of the river on the next tour *Further Down the Humber River* on page 115.

USEFUL INFORMATION

Arts Etobicoke, programs and events: <u>artsetobicoke.com</u> Lambton House, tours and info: <u>lambtonhouse.org</u> Old Mill Toronto, info: <u>oldmilltoronto.com</u>

SOURCES

Arts Etobicoke

Crossing the Humber: The Humber River Heritage Bridge Inventory by Toronto and Region Conservation Authority and Humber Watershed Alliance, Heritage Subcommittee in 2011

Denise Harris, Etobicoke Historical Society

Discovery Walks, City of Toronto

Etobicoke Remembered by Robert A. Given in 2007

Humber River: the carrying place by Toronto and Region

Conservation Authority in 2009

The Humber: Tales of a Canadian Heritage River by Ron

Fletcher in 2006

Hurricane Hazel - Impacts, Environment Canada

Madeleine McDowell

Old Mill Toronto

Parks, Forestry & Recreation, City of Toronto Toronto and Region Conservation Authority

PHOTO CREDITS

City of Toronto Archives Ann Brokelman

Further Down the Humber River



This tour closely follows one of the self-guided Discovery Walks so look for wayfinding signs to help you stay on the right track.

Location: Lower part of the Humber River

Interests: Nature, History, Architecture

Estimated time: One hour walk. One way.

Type: 🖍 💑

▼ Getting to tour start:

take the Gardiner Expressway east and exit at South Kingsway going north. Turn left on Bloor Street and turn right on Old Mill Trail. Turn right again on Old Mill Road and find Old Mill Toronto on your right. Paid parking is available at the Old Mill and free parking is available at King's Mill Park (around the corner on the other side of Bloor).

From Old Mill station, follow Old Mill Trail heading north. Turn right on Old Mill Road and find Old Mill Toronto on your right.



Humber River and Old Mill, 1908

1. OLD MILL, 21 OLD MILL RD.

As the name indicates, the Old Mill has a long and rich history. The Old Mill area was the first industrial site in Toronto (see #2 on this tour). Many mills operated along the Humber River in the 1800s. William Gamble built a mill on the site, which was destroyed by a fire in

1849. Gamble built another mill that was also destroyed by a fire in 1881. By 1914, railway builder and real estate developer Robert Home Smith had assembled the land and opened the Old Mill Tea Garden with Tudor architecture. Over the years, many additions were made to the site including the Print Room, which offered dinner and dancing spurring the Old Mill's live music tradition. Even after the sudden death of Robert Home Smith, the Old Mill continued to expand. During the 1990s, the ruins of the original grist mill were replaced by the Old Mill Hotel with a spa and an English style bar dedicated to Robert Home Smith. Today Old Mill Toronto is a combination of hotel, event space, jazz bar, fine dining, spa and wedding venue.

2. KING'S MILL PARK, 9 CATHERINE ST.

Directions: Head east on Old Mill Road. Find a sign for King's Mill Park before the bridge. Turn right to follow the trail and look out for a set of plaques on the right.

King's Mill was located on the west bank of the Humber River at the site of the Old Mill Toronto today. It was a part of Lieutenant Governor John Grave Simcoe's settlement program in Upper Canada. It supplied wood for the construction of Fork York and early Toronto. Construction began in 1793, but the mill only functioned for a brief period, burning down in 1803. Although short-lived, King's Mill is significant as Toronto's first industrial building. You can read more about King's Mill's history on the plaques. King's Mill Park, located at the site, is one of a chain of parks along the Humber River and a great spot to stroll, hike, bike and more.

INSIDER'S TIP: King's Mill supplied wood to Dennis Boatyard for ship-building. One of many ships built here was Yacht Toronto. It was used by the navy to move troops and goods. A painting of Yacht Toronto can be found inside Old Mill subway station at street level.



3. OLD MILL SUBWAY STATION BRIDGE

Directions: Continue following the trail and look ahead to find this bridge.

The Old Mill Subway Station Bridge was completed in 1968. It was built with concrete and is unique as its sole function is to serve as a subway station and line. Located at the bottom of the bridge is a plaque describing Hurricane Hazel, its impact and legacy. To read about Hurricane Hazel, see page 113.



Canoe race on Humber River, ca. 1909

INSIDER'S TIP: A great way to enjoy the lower part of the Humber River is by canoeing or kayaking. The water offers a quiet and peaceful slice of nature and is often very still during the summertime – ideal for

beginners. Enjoy the deeply cut valleys and many species of birds living by the river while tracing part of an ancient Aboriginal trading route. There are several access points to launch canoes and kayaks including one right by the Hurricane Hazel Plaque at the Old Mill Station Bridge. It usually takes about 30-45 minutes to paddle from this access point to Lake Ontario. Make sure to wear a life jacket when on the water. There are several companies across Toronto that offer canoe and kayak rentals.



4. THE BLOOR STREET BRIDGE

Directions: Continue on the trail heading south and look out for a large bridge with a steel arch.

Built in 1924 in an Art Deco style, the Bloor Street Bridge spans the valley walls of the Lower Humber. At the time of

its completion it was known as the Bloor Street Viaduct. It is one of the few bridges that survived Hurricane Hazel.



5. HUMBER MARSHES PARK

Directions: Continue following the trail heading south while

enjoying the surroundings. Look for a parking lot just before you reach Riverwood Parkway. Go through the parking lot for a better view/access to the water.

Humber Marshes Park is surrounded by the Humber Marshes, a wetland area providing a year-round breeding habitat for many species of birds, fish and plants. The marsh levee ponds have remained the same for over 2,000 years. It is also a corridor for migrating fish such as salmon as well as migratory birds and monarch butterflies. The Humber Marshes are one of the few river mouth marshes in Toronto. And there is a canoe or kayak launch area.

6. SOUTH HUMBER PARK

Directions: Follow the trail to its end at Riverwood Parkway. Turn left on Riverwood and right onto Stephen Drive. At the intersection of Stephen Drive and Cloverhill Road, you will find a trail on the left or on the east side of Stephen Drive. Continue on this trail. South Humber Park's trail leads close to the water until the point where you can observe the marshes.



INSIDER'S TIP: On the west side of South Kingsway and north of The Queensway, find the gas station on South Kingsway and follow the path at the lot, you'll get to another viewpoint of the marshes.



7. HUMBER RIVER BICYCLE-PEDESTRIAN BRIDGE

Directions: Keep following the path as it leads under The Queensway and the Gardiner Expressway. Look straight ahead to find the bridge.

LOOPS GUIDE

Located at the mouth of the Humber River, this 130-metre long bridge, completed in 1996, is the river's landmark. The double-tubular arches with a steel cross-bracing structure connects to the river's cultural history with a design based on the thunderbird icon of First Nations people who inhabited the area for centuries. Under the bridge, Aboriginal icons such as turtles, canoes and fish are embedded in the concrete walls and can be seen from the trail.

INSIDER'S TIP: If you want to cycle further, cross the bridge east onto Martin Goodman Trail. It stretches 36 kilometeres by the lake to downtown Toronto.



8. SHELDON LOOKOUT

Directions: Follow the trail, it leads to Sheldon Lookout.

Sheldon Lookout is a great spot to enjoy and photograph Toronto's skyline and Humber River Bicycle-Pedestrian Bridge (#7). There are small plaques on a rock showing where the sun rises at different times of the year.

9. MAKING YOUR WAY BACK/CONTINUE

Directions: To head back to Old Mill Toronto, follow one of the options listed below. If you wish to continue to explore more of Etobicoke's beautiful lakeshore, see the *Land, Sky and Lake* tour on page 5.

Option one: Follow the trails back from where you came.

Option two: Follow the rest of the Discovery Walk to get back to Old Mill Toronto. Cross the Humber River Bridge and follow the Discovery Walk sign on South Kingsway. Cyclists may find this hilly route challenging. This takes approximately 60 minutes walking.

Option three: Follow the trail back under the bridge. Just before you reach the trail into South Humber Park turn left and walk up the hill to get to The Queensway. Make sure to walk on the north side of the street since the street splits into two directions. Head west or straight on The Queensway and cross at the crosswalk in front of the plaza. Look for a path on the right that leads to

the Humber Loop streetcar station (see *DID YOU KNOW* below). Take the 66 Prince Edward northbound and get off at Old Mill station.

DID YOU KNOW? Built in 1922, the Humber Loop was significant, as it provided a gateway to the west from downtown. A loop mechanism allows trains to change direction without stopping. This Loop has had many iterations since its beginnings and took nearly 50 years and six different major modifications until the modern loop was fully established. Today, it serves as a station for the 501 Queen streetcar.

The shores of the Humber and surrounding parkland provide for great explorations in nature while taking in gorgeous scenery and learning more about the area's history.

USEFUL INFORMATION

Discovery Walks, app and more: <u>toronto.ca/</u> <u>discoverywalks</u>

Lambton House, tours and info: lambtonhouse.org

Old Mill Toronto, info: oldmilltoronto.com

Transit Toronto, TTC history: transit.toronto.on.ca

SOURCES

Discovery Walks, City of Toronto

Humber River Fisheries Management Plan by Toronto and Region Conservation Authority

Humber River: The Carrying Place by Toronto and Region Conservation Authority

The Humber: Tales of a Canadian Heritage River

by Ron Fletcher

The King's Mill on the Humber, 1793-1803 by Carl Benn Madeleine McDowell

The Merchant-Millers of the Humber Valley, A Study of the Early Economy of Canada by Sidney Thomson Fisher

Transit Toronto

PHOTO CREDIT

City of Toronto Archives Toronto Public Library

HOT EATS

With all of the walking, cycling and driving – you'll need to stop for a bite to eat or a snack. HOT Eats features over 75 restaurants from across Etobicoke, offering a variety of different cuisines and delicacies. Support local eateries, culture and businesses by indulging your taste buds at the following restaurants. These restaurants took part in the inaugural HOT Eats initiative during the Etobicoke Cultural Hotspot, encouraging people to try out local cuisine.

LOOP 1

850 Degrees Pizza

3455 Lake Shore Blvd. W. 416-503-0850

850degrees.ca

Experts at taking a classic and making it original with the very best locally sourced ingredients.

Birds & Beans Café

2413 Lake Shore Blvd. W. 416-913-9221 birdsandbeans.ca

Indulge in the simple pleasures with a latte and a view of the lake at Birds & Beans café, offering Canada's best selection of bird friendly free trade organic coffees.

Bombay On The Lake

3007 Lake Shore Blvd. W. 416-850-3721

bombayonthelake.ca

Serving healthy and authentic Indian food, prepared fresh. Visit this Etobicoke Guardian Reader's Choice award winner today.

Cakestar

3431 Lake Shore Blvd. W. 416-259-9053

<u>cakestar.ca</u>

Cakestar specializes in custom designed cakes, but the talent doesn't end there! Try out their delicious sweet treat trays.

Everest Hakka House

2356 Lake Shore Blvd. W. 416-640-1015 everesthakkahouse.com

Serving an Indian variation of Chinese Hakka Cuisine.

Falafel Royal

3308 Lake Shore Blvd. W. 416-255-2388 falafelroyal.com

Hot and fresh Lebanese food is Falafel Royal's specialty.

Goodlake

2976 Lake Shore Blvd. W. 416-253-4404

goodlake.ca

A warm neighbourhood bistro serving a seasonal menu, Ontario craft beer and weekend brunch.

Havana Style Café & Gallery

270 Brown's Line 416-739-6472 facebook.com/ <u>HavanaStyleCafeGallery</u>

Try out a range of sandwiches, including the Havana-style, Cuban coffee and desserts, while enjoying the gallery for Cuban-born artists.

Kitchen on Sixth

132 Sixth St. 647-925-0472 kitchenonsixth.com

Take-out and brunch spot bringing British flair and a downtown vibe with a great patio.

Kothur Indian Cuisine

2403 Lake Shore Blvd. W. 416-253-5047

kothur.com

Serving south and north Indian food for 10 years, including dosa, sambar, kulchas, chicken curry, tikka, kabab, Indian pulao and biryani.

Liba's Bar and Grill Inc.

448 Brown's Line 416-255-3179 <u>libasbarandgrill.com</u>

The family owned Liba's features a delicious Eastern European (Slovak) Canadian menu including delicious homemade pancakes.

Maurya East Indian Roti

2481 Lake Shore Blvd. W. 647-748-6001

mauryaeastindianroti.ca

Check out the delicious Fast Indian Roti!

More Than Pies

3469 Lake Shore Blvd. W. 416-708-9525 morethanpies.com

Enjoy home-style baked goods, light lunches and dinners, great coffee and great service.

New Flower Drum Restaurant

2428 Lake Shore Blvd. W. 416-255-7717 newflowerdrum.ca

Relaxing, comfortable environment for friends and family to enjoy a hot plate of Chinese food.

Nimman Thai Cuisine

2451 Lake Shore Blvd. W. 416-255-4224

nimman.ca

Authentic Thai cuisine, Nimman Thai Cuisine has over 90 flavourful menu items that are made fresh in-house.

Pearl Sushi

2391 Lake Shore Blvd. W. 416-255-7275 pearlsushi.ca

Delicious authentic Japanese sushi in your

neighbourhood.

Placebo Space

2877 Lake Shore Blvd. W. 647-926-0947

placebospace.ca

A live entertainment venue, co-working, event space and art bar.

Ranu Thai Food

3308 Lake Shore Blvd. W. 416-255-3830

ranuthai.ca

Providing the best Thai food experience with fresh, quality and authentic ingredients.

Refinery Public House

3039 Lake Shore Blvd. W. 647-342-3093

refinerypublichouse.com

Come and enjoy some beer, wine, spirits and a great tasting menu. Trivia nights on Wednesday and live music Fridays, Saturdays, and Sundays.

SanRemo Bakery & Café

374 Royal York Rd. 416-255-2808

sanremobakery.com

An Italian bakery proving their passion for food, coffee and exceptional service since 1969.

South Shore Bar & Grill

264 Brown's Line 416-704-1820

Great pub and grill in Etobicoke serving pub fare and snacks.

Sweet Olenka's

Lakeshore

2790 Lake Shore Blvd. W. 416-521-7444

sweetolenkas.ca

Handcrafted single batch ice cream, exquisite artisanal chocolate, artsy delightful cakes, confections of all sorts and famous cakesters.

The Kebab House

2977 Lake Shore Blvd. W. 647-782-7621

Great Middle Eastern cuisine including fast food, kebab and shawarma.

The Mix Bake Shop

374 Brown's Line 647-686-2253 themixbakeshop.com

The Mix Bake Shop offers fresh and delicious cakes made from only the finest ingredients that are wholesome and not too sweet.

Thrive Organic Kitchen & Café

3473 Lake Shore Blvd. W. 416-252-7700

thriveorganic.ca

Promoting healthy and vibrant lifestyles by using all natural, pure and organic whole food ingredients.

Timothy's Pub

344 Brown's Line 416-201-9515 timothyspub.ca

Etobicoke's friendly meeting place and a live entertainment destination with daily food and drink specials.

West City Snack Bar

430 Horner Ave. 647-348-1400

westcitysnackbar.com

Serving a variety of lunch and dinner favourites, from various cuisines with an emphasis on local produce.

LOOP 2

Big Butcher BBQ

843 Kipling Ave. 416-236-5959 bigbutcherbbq.com

Grilling antibiotic and hormone-free beef, pork and chicken, with handmade buns, pastries, and desserts. Catering available.

Buon Giorno Caffe and Panini

1134 The Queensway 416-252-1589

<u>buongiornocaffe.ca</u>

A variety of hot and cold Italian sandwiches are available to be paired a delicious beverage of your choice.

Carolina's Cuisina

323 Burnhamthorpe Rd. 416-239-4800 carolinascuisina.ca

Experience a comfortable atmosphere with quality Filipino cuisine at an affordable price.

Cirillo's Culinary Academy and Restaurant

4894 Dundas St. W. 647-430-8795 cirillosacademy.com

Cooking classes and catering are available at this great event space.

European Patisserie

5072 Dundas St. W. 416-783-9377

<u>europeanpatisserie.com</u>

With custom cakes and desserts for all occasions, European Patisserie has your dessert needs covered.

Fat Bastard Burrito Co.

1180 The Queensway 416-252-0202 fatbastardburrito.ca

Fat Bastard Burrito offers a broad menu of burritos and quesadillas, aiming to bring you the freshest flavours.

Mai Bistro

4906 Dundas St. W. 647-343-3130 maibistro.com

A family-owned and operated neighbourhood bistro serving Asian cuisine with a Latin flavour.

Oregano by Cirillos

4900 Dundas St. W. 416-232-2250 cirillosacademy.com

A popular neighbourhood restaurant with fantastic food, excellent service and great value for your dollar.

Prince Japanese Steakhouse

5555 Eglinton Ave. W. 416-695-2828 spoonandfork.ca/princesteakhouse/welcome

Authentic Japanese and Teppanyaki fine dining experience.

Queensway Fish and Chips

1236 The Queensway 416-252-7061 queenswayfishand chips.com

The original owners are proud to continue serving fish and chips on The Queensway for over 37 years.

Richview Bakery & Bistro

250 Wincotte Dr. 416-248-4662 richviewbakery.com

An amazing Italian style bistro with a daily hot buffet table.

Royal Meats Barbeque

710 Kipling Ave. 416-251-1144 <u>royalmeats.ca</u>

Choose fresh meats from the butcher counter and have it grilled before your eyes.

Seconds Kitchen at Rabba

4201 Bloor St. W.

416-622-7768

secondskitchen@gmail.com

Come on in to Rabba and dine-in or take-out our fantastic fresh salads and sandwiches – perfect for lunch!

Spoon and Fork

5555 Eglinton Ave. W. 416-695-8866

1233 The Queensway 416-201-8688

spoonandfork.ca

An inspiring Japanese and Thai restaurant, combining an eclectic upscale atmosphere with excellent food and efficient service.

St. James Gate Irish Pub & Restaurant

5140 Dundas St. W. 647-350-5140 sigtoronto.ca

Irish alehouse and restaurant featuring fine foods and a friendly social atmosphere.

Sweet Olenka's - Jutland

23 Jutland Rd. 416-521-7444 sweetolenkas.ca

Proudly serving handcrafted single batch ice cream, exquisite artisanal chocolate, artsy delightful cakes, confections of all sorts and famous cakesters.

Tartistry

1252 The Queensway 647-748-1818 tartistry.ca

A butter tart café with live Jazz music on Saturdays, furnished with art and antiques for sale.

Tessie McDaids Irish Pub

5078 Dundas St. W. 416-207-1111 facebook.com/ tessiemcdaids

A great friendly place, where everyone who comes in leaves, with a good impression.

The Irish Shebeen Pub

5555 Eglinton Ave. W. 416-695-9178 irishshebeen.com

Delicious pub fare, a great selection of on tap beers and weekly live entertainment – you're sure to have a great time!

The Red Cardinal Tavern

416-620-5959

555 Burnamthorpe Rd.

theredcardinaltavern.com

Looking for a traditional English pub? From brunch to late night dinner munchies and drinks. The Red Cardinal Tavern has something for everyone.

The Wokker

5555 Eglinton Ave. W. 416-695-3177 thewokker.com

Specializes in Chinese cuisine, serving Cantonese and Szechuan food and crowd-pleasing dim sum since 1987.

Tim Hortons

5555 Eglinton Ave. W. 416-626-0185 timhortons.com

Serving coffee since 1964. The chain's focus is on a top quality, always fresh product, value, great service and community leadership.

Wingporium

1000 Islington Ave. 416-255-6464 wingporium.ca

Serving fresh chicken wings, fine European beer and afternoon domestic beer specials.

LOOP 3

Appalachia Smokehouse & BBQ

972 The Queensway 416-252-2333 facebook.com/appalachias mokehouseandbbq

Serving only Ontario raised hormone-free and steroidfree meat with all sides and sauces made in house.

Bonimi Restaurant

3319 Bloor St. W. 416-847-1188

bonimi.ca

Serving delicious south European cuisine from former Yugoslavia.

Casa Barcelona!

2980 Bloor St. W. 416-234-5858

casabarcelona.ca

Wowing diners with its culinary prowess, cooked by some of Spain's best chefs since 1997.

Creme de la Crème

2991 Bloor St. W. 416-237-9414

cremedelacremecafe.ca

From the mouth-watering pancakes to the smoked salmon Benedict and homemade hash browns, Creme de la Creme Café is a gem in the Etobicoke food scene.

Dino's Wood Burning Pizza

820 The Queensway 416-259-0050

dinos-pizza.ca

A fabulous wood burning pizzeria, using fresh ingredients – Dino's will not disappoint.

Henry VIII Ale House

2469 Bloor St. W. 416-792-5456 henryviiialehouse.com

A British gastro pub with over 20 draught lines of premium imported beer, over 100 single malt scotches, nightly features and a wonderful Sunday brunch.

Hi Na Japanese Restaurant

769 The Queensway 647-350-6555 hinasushi.com

An authentic Japanese restaurant with delicious food and excellent service.

Hoai Huong Vietnamese Restaurant

716 The Queensway 416-503-8118

Serving Vietnamese fare in the heart of south Etobicoke.

Izba Restaurant

648 The Queensway 416-251-7177 izba.ca

An authentic European (German-Austrian), family friendly restaurant, famous for outstanding schnitzel.

Kingsway Fish and Chips

3060 Bloor St. W. 416-233-3355 kingswayfishandchips.com

An icon in the Kingsway community for over 40 years for its warm and inviting family friendly atmosphere, offering "Kids Eat Free" every Tuesday.

Lenny's Lasagna Shop

4748 Dundas St. W. 416-239-2222 lasagnashop.com

Italian take-out and delivery including pizza, lasagna and other classic Italian dishes.

Mitzie's Jerk

3337 Bloor St. W. 647-345-0077 mitziesjerk.ca

Home-style Caribbean cuisine with traditional roti and jerk chicken.

Old Mill Toronto

21 Old Mill Rd. 416-236-2641 oldmilltoronto.com

Enjoy an elegant experience with fine dining in the historical setting of the Old Mill Toronto Dining Room.

Orwell's Pub

3373 Bloor St. W. 416-236-3339

A friendly neighbourhood pub with a great menu including daily specials.

Ottimo Ristorante & Pizzeria

3075 Bloor St. W. 416-236-8291 ottimoristorante.com

Serving authentic Italian cuisine with an extensive wine list and cozy atmosphere.

Pazzia Osteria

848 The Queensway 416-252-1566 facebook.com/Pazzia. Osteria

Come in and enjoy casual southern Italian cuisine.

Posticino Ristorante

755 The Queensway 416-253-9207 posticino.com

Combining classic Italian dishes with a modern twist; created with only the finest ingredients.

Santa Monica Trattoria

666B The Queensway 416-253-9416

santamonicarestaurant.ca

Delectable Mediterranean-Italian trattoria with an eclectic contemporary decor.

Squire & Firkin Pub

3335 Bloor St. W. 416-233-6531 firkinpubs.com/ thesquireandfirkin

Hang out with friends and family for brunch, lunch and dinner or any sporting event with great food.

Stratosphere Restaurant & Lounge

2956 Bloor St. W. 416-236-2867

Family-friendly gastro pub featuring homemade fresh food in a comfortable, clean and fun atmosphere.

The Crooked Cue

3056 Bloor St. W. 416-236-7736 <u>crookedcue.ca</u>

A Kingsway neighbourhood tradition for the last 23 years features a newly renovated restaurant area with a retractable roof.

The Monk's Kettle

3073 Bloor St. W. 647-348-4848 themonkskettle.ca

A craft beer gastro pub featuring local breweries and fresh fare.

The Pie Commission

935 The Queensway 416-848-7424 piecommission.com

Proud to serve handmade, gourmet and individual serving sized savoury pies.

Thyme 4 Pizza & Pasta

890 The Queensway 416-255-6553 thyme4.ca

Authentic Italian inspired pizza and pasta dishes, also offering a free delivery service!

Two Cupcakes and a Tart Bake Shoppe & Deli

1500 Royal York Rd. 416-247-0338 twocupcakesandatart.ca

Come in for a selection of fresh baked bread, sweets and pastries, and an array of deli meats and cheeses.

Vibo Restaurant

2995 Bloor St. W. 416-239-1286 vibo.ca

Vibo has been a staple in the Kingsway area for more than 40 years. Enjoy authentic Italian flavours and great service!

Wize Guyz Pizza

934 The Queensway 416-252-5111 wizeguyz.com

Great Italian restaurant offering the best pizza in Etobicoke!



REFERENCES

To learn more about local organizations, events and festivals, visit the websites listed below:

BUSINESS IMPROVEMENT AREAS

Kingsway BIA: kingswaybia.ca

Lakeshore Village BIA: enjoytheshore.ca

Long Branch BIA: longbranchbia.ca

Mimico-by-the-Lake BIA: yourlakeshore.ca

Mimico Village BIA: mimicovillage.ca

Shop the Queensway BIA: shopthequeensway.com

Village of Islington BIA: villageofislington.com

ARTS & CULTURAL ORGANIZATIONS/SITES

Applewood Shaver Homestead:

applewoodshaverhouse.org

Assembly Hall: toronto.ca/assemblyhall

Arts Etobicoke: <u>artsetobicoke.com</u>

Arts for Children and Youth: afcy.ca

ArtReach Toronto: <u>artreach.org</u>
Ballet Creole: balletcreole.org

Duke Ellington Society: torontodukeellingtonsociety.com

Etobicoke Art Group: etobicokeartgroup.com

Etobicoke Camera Club: etobicokecameraclub.org

Etobicoke Civic Centre Art Gallery: toronto.ca/eccartgallery

Etobicoke Community Concert Band: eccb.ca

Etobicoke Handweavers and Spinners:

neilsonparkcreativecentre.com

Etobicoke Historical Society: etobicokehistorical.com

Etobicoke Philharmonic Orchestra: eporchestra.ca

Etobicoke Quilters Guild: etobicokeguiltersguild.com

Etobicoke Rugcrafters: neilsonparkcreativecentre.com

Franklin Carmichael Art Group: fcag.ca

Greater Toronto Philharmonic Orchestra: gtpo.ca

Harmony Singers of Etobicoke: <u>harmonysingers.ca</u>

Humber River Shakespeare Co.: humberrivershakespeare.ca

Humber Valley Art Club: <u>humbervalleyartclub.ca</u>

L Space Gallery:

humber.ca/lakeshorecampus/old-2015/lspacegallery

Lakeshore Arts: lakeshorearts.ca

Lakeshore Grounds Interpretive Centre:

<u>lakeshoregrounds.ca</u>

Lambton House: <u>lambtonhouse.org</u>

MABELLEarts: mabellearts.ca

Milkweed Collective: exploringcreativity.org

Mimico Children's Choir: mimicochildrenschoir.com

Montgomery's Inn: toronto.ca/museums/montgomerysinn

Neilson Park Creative Centre: neilsonparkcreativecentre.com Placebo Space: placebospace.ca

Sirius Theatrical Company: siriustheatrical.com

Toronto Public Library: tpl.org
UNITY Charity: unitycharity.com
Words by the Water Collective:

wordsbythewatercollective.wordpress.com

COMMUNITY ORGANIZATIONS

Arab Community Centre of Toronto: arabcommunitycentre.com

Centennial Park: goo.gl/yZxFPh

Citizens Concerned About the Future of the Etobicoke

Waterfront: ccfew.org

Friends of Sam Smith Park: friendsofsamsmithpark.ca

Heritage Toronto: heritagetoronto.org

Jane's Walk: janeswalk.org

Lakeshore Lodge: goo.gl/TcDXpL

LAMP CHC: lampchc.org

Rexdale Community Health Centre: rexdalechc.com

South Etobicoke Youth Assembly:

facebook.com/seya.lamp

Wesburn Manor: goo.gl/YJQzhY

EVENTS AND FESTIVALS

Doors Open Toronto: toronto.ca/doorsopen

Etobicoke Lakeshore Culture Days: elculturedays.ca

Humber Bay Shores Waterfront Festival:

humberbayshores.org

Lakeshore Mardi Gras: <u>lakeshoremardigras.ca</u>

Lakeshorts International Film Festival: lakeshorts.ca

Long Branch Fest: longbranchbia.ca

Mimico Party in the Park: mimicopartyinthepark.com

Mimico Pumpkin Parade:

facebook.com/MimicoPumpkinParade

Mimico Village Tulip Festival: mimicotulipfestival.com

Shorefront Festival: shorefrontfest.ca Summer Concerts in the Park: eccb.ca

Sunday Summer Jams in the Square: yourlakeshore.ca

Taste of the Kingsway: kingswaybia.ca Toronto Ribfest: torontoribfest.com

SCHOOLS

Etobicoke School of the Arts: esainfo.ca

Humber College: humber.ca

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toronto.ca/culturalhotspot



