

You are not alone

Video Transcript — How to Talk to an Employee who Might be Experiencing Domestic/Intimate Partner Violence

Text:

Talking about domestic violence in a workplace setting can be difficult. If you thought an employee was at risk, how would you handle it?

Male:

Alex, I'm worried about you. You are a great worker, but lately you seem distracted.

Female:

Is it OK to talk about my personal problems at work?

Male:

If you tell me what's wrong, maybe I can help.

Female:

I didn't want to bring it up at work, but... my partner is hurting me at home.

Male:

That's so hard to believe!

Female (thought bubble):

Does my boss think I'm lying?

Male:

How do you put up with this?

Female (thought bubble):

Does he think it's my fault?

Male:

You should leave your partner!

Female (thought bubble):

If only it were that easy!

Text:

A victim is at greatest risk when leaving an abusive relationship. Avoid telling your employee what to do. When talking about domestic violence:

- Be supportive
- Don't judge
- Ask questions

Let's try that again...

Male:

Alex, I am worried about you. You are a great worker, but lately you seem distracted. If you tell me what's wrong, maybe I can help.

Female:

I didn't want to bring it up at work, but my partner is... hurting me at home.

Male:

Oh no... I am sorry to hear that. Would you like to talk about it?

Female (thought bubble):

Is there any point in talking about this at work?

Male:

You know, we have policies that can help keep you safe at work.

Female (thought bubble):

It would be such a relief to feel safe while I am here.

Male:

Here's a list of resources for people dealing with domestic violence. I'm here to listen any time. You are not alone.

Female (thought bubble):

Maybe there is hope...

Text:

For more information and tips go to WorkSafeBC.com/DomesticViolence.