

GETTING THERE AND BACK

You can reach the suggested start and/or end-point by taking the BLOOR/DANFORTH subway to Old Mill Station or by taking the Lambton bus from High Park Station or Kipling Station.



Inoquois Village of Teiaiaagon Ivan Koksic ©Royal Ontario Museum

FOR MORE INFO

For more information on Discovery Walks, including brochures, please call Access Toronto at 416-338-0338. For more information on area history, inquire at the Jane-Dundas, Runnymede or Annette Branches of the Toronto Public Library.

Discovery Walks is a program of self-guided walks that links City ravines, parks, gardens, beaches and neighbourhoods. Other Discovery Walks include: Central Ravines, Beltline and Gardens; Don Valley Hills and Dales; Western Ravines and Beaches; Northern Ravines and Gardens; Eastern Ravine and Beaches; Garrison Creek; Humber River, Old Mill and Marshes; Uptown Toronto; Downtown Toronto; and Humber Arboretum and West Humber River (Open 2004).

WORKING IN PARTNERSHIP

The Lambton House Hotel & Lower Humber River Discovery Walk is a partnership project of the City of Toronto and Toronto and Region Conservation Authority (TRCA). The partners would like to thank the Toronto Public Library, Toronto Field Naturalists, the Humber Heritage Committee, Toronto Public Health and members of the Humber Watershed Alliance for their valuable contributions and the Canada Millennium Partnership Program for financial support.

Discovery Walks name and logo are official marks of the City of Toronto.

DISCOVERY WALKS

LAMBTON HOUSE HOTEL & LOWER HUMBER RIVER

One In A Series of Self-Guided Walks



Lambton House Hotel (circa 1860)

Heritage York

Conservation
TORONTO AND REGION

Toronto
Parks & Recreation



Discover an early Victorian hotel and stagecoach stop. Pass the site of a former First Nations village. Enjoy nature in the lower Humber River valley

THE ROUTE

This Discovery Walk leads you on a loop through the lower Humber River valley between Dundas Street and Bloor Street. Although you can begin this walking tour at any place along the route, a good starting point is the restored Lambton House (originally the Lambton House Hotel) on Old Dundas Street. From Lambton House, walk clockwise through historic neighbourhoods to Etienne Brûlé Park. From there, you can walk up either side of the river back to the starting point.

1 LAMBTON MILLS AND THE LAMBTON HOUSE HOTEL

Lambton Mills was established in 1807 when William Cooper purchased land and built saw, grist and woollen mills on both sides of the river close to Old Dundas Street.

By the 1850s, Lambton Mills was a thriving community. W. P. Howland, who was a Father of Confederation, owned, with his brothers, all the Cooper enterprises and had built the Lambton House Hotel on the east side of the river. This hotel was a social centre for the area and a stagecoach stop along the Dundas Highway. It has now been restored and was designated a National Historic Site in 1997.

2 TEIAIAGON AND BABY POINT

The plateau at the top of the shale and limestone cliff was home to First Peoples for thousands of years. Humbercrest Boulevard traces the path of the ancient Carrying Place Trail that existed along the eastern side of the plateau. During the late 1600s, a fortified Iroquois village, called Teiaiaagon, was located there.

In 1720, the French established a fort on the plateau to trade in furs with the First Nations. In 1820, the Honourable Jacques Bâby acquired 200 acres of land on the east bank of the Humber River including this plateau. Since then, the area has become known as Baby Point

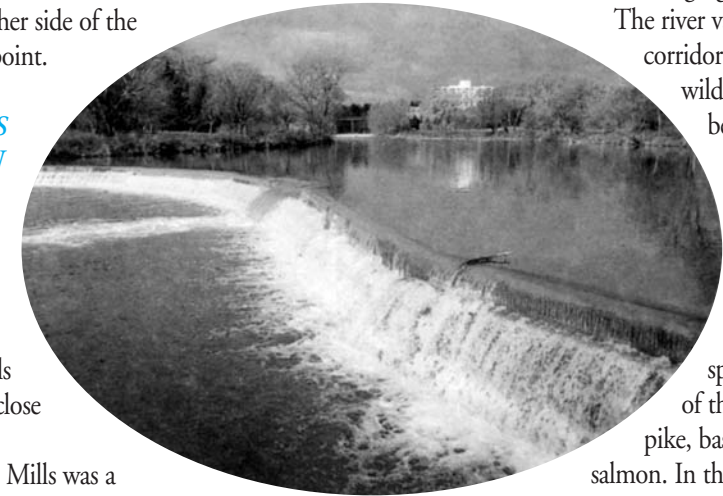
3 THE HUMBER, A CANADIAN HERITAGE RIVER

The Humber, the largest river system in the Toronto region, was designated a Canadian Heritage River in 1999. A plaque commemorating this event is located in Brûlé Park. The ancient Toronto Carrying Place Trail follows the high ground east of the river.

The river valley is a natural

corridor for birds and other wildlife. Look for signs of beaver activity along the river. Also, watch for the many wildflowers blooming in the valley from spring to fall.

More than 25 fish species inhabit this part of the river. These include pike, bass, perch, trout and salmon. In the fall, look for salmon leaping over the notched weirs as they swim upriver to spawn.



Humber River at Baby Point
© Rosemary Hasner/TRCA

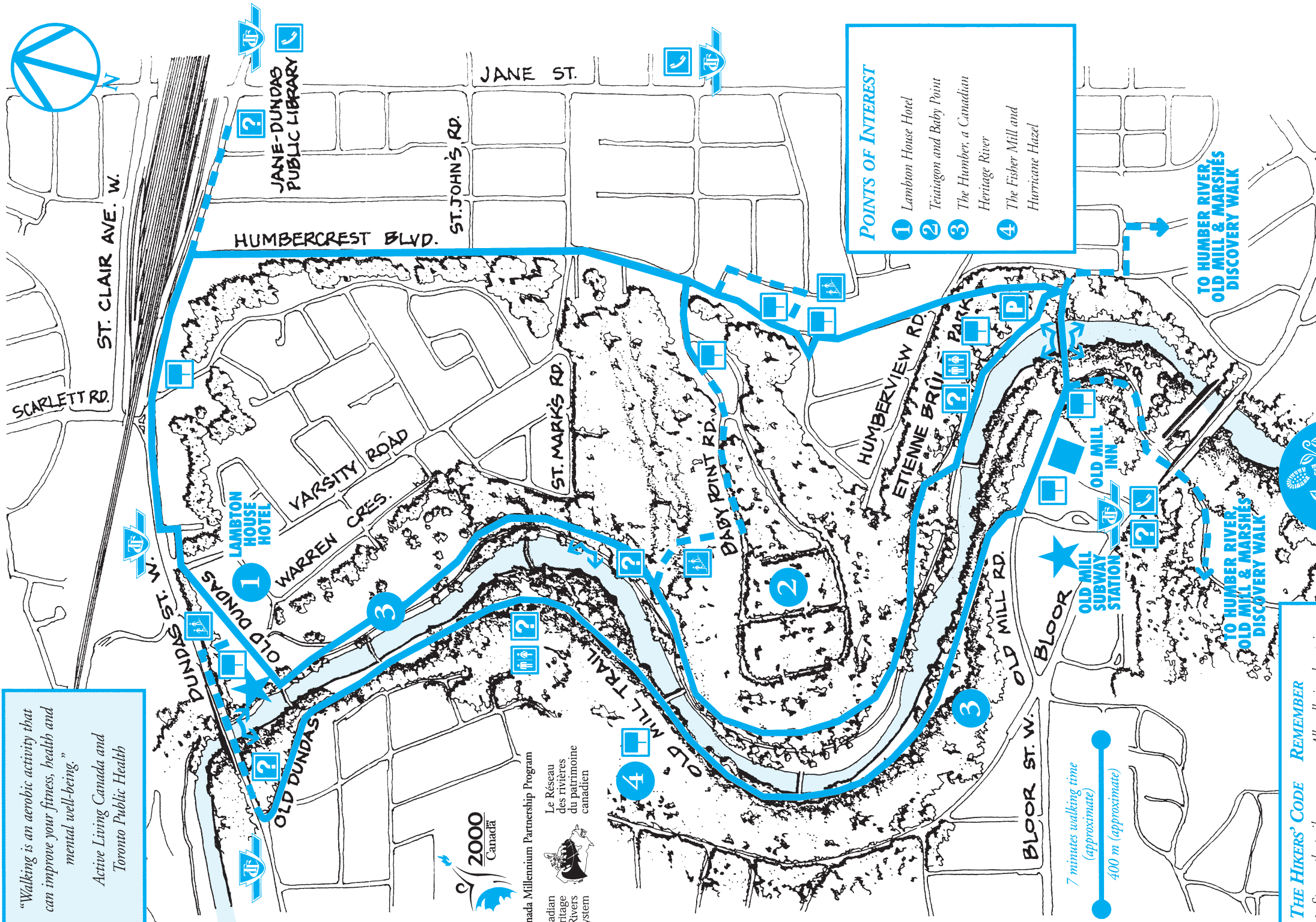
4 THE FISHER MILL AND HURRICANE HAZEL

Thomas Fisher built a gristmill here in the 1830s. You can still see traces of the ruins among the trees bordering the picnic area.

Hurricane Hazel struck southern Ontario on October 15, 1954 sending a wall of water 7 metres high down this river valley. Look for a nearby plaque honouring five volunteer firemen who drowned in a rescue attempt during the flood.

"Walking is an aerobic activity that can improve your fitness, health and mental well-being."

Active Living Canada and Toronto Public Health



- POINTS OF INTEREST**
- 1 Lambton House Hotel
 - 2 Teatiagon and Baby Point Heritage River
 - 3 The Humber, a Canadian Heritage River
 - 4 The Fisher Mill and Hurricane Hazel

LEGEND

- Discovery Walk Paths
- Side Path/Connecting Trail
- Information Sign
- Historical Plaque
- Parking
- Telephone
- Views
- Stairs
- Washrooms
- Public Transit
- Suggested start and/or end point



This walk is approximately 5 km long with a continuous walking time of about 1.5 hours (minimum). If you walk this route at a brisk pace, you will burn approximately 300 calories!



Canada Millennium Partnership Program
Canadian Heritage Rivers System
Le Réseau des rivières du patrimoine canadien

7 minutes walking time (approximate)
400 m (approximate)

- THE HIKERS' CODE REMEMBER**
- Stay on the trails
 - Do not disturb wildlife
 - Keep dogs on a leash
 - Be cautious when crossing roads
 - Leave flowers and plants for others to enjoy
 - Wear suitable clothing
 - Walk with someone — it's safer and more fun
 - Be aware of other trail users.
 - All walks involve stairs and/or slopes
 - Walking surfaces vary and can include hard pavements, woodchips, grass, limestone fines, sand and/or bare earth
 - Steps and paths are not lighted and are not cleared of ice and snow
 - Use at your own risk