

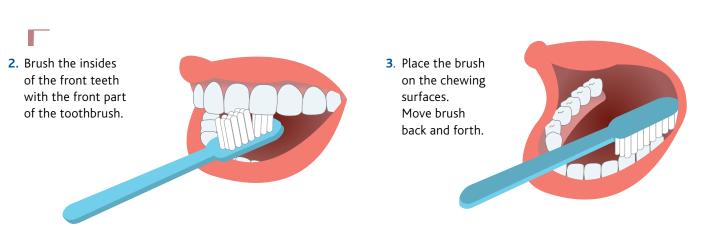
## Brushing



 Use a ¼" of tooth paste. Place the brush alongside the teeth, with the bristle tips angled against the gum line. Use short strokes in a circular motion.







 Develop a routine to brush all surfaces. Start on the inside. Brush the inside, outside and chewing surfaces of all teeth. Brush the inside of the mouth, cheeks and tongue.