

# North Toronto Memorial Community Centre

Spring 2018

Relocation Details: Viewmount Community Centre

Address: 169 Viewmount Ave, North Toronto, ON M6B 1T5

Telephone: 416-395-6172

\*All classes start the week of **April 9, 2018**.

## Registered Fitness

Program Name	Age	Day	Time	Room	Barcode	Fee
Body Sculpt	18 years +	Mon	10:15 – 11:15am	Multi-purpose	3075787	\$100/11wks
Osteo Fit	18 years +	Mon	1:15 – 2:15pm	Multi-purpose	3075785	\$100/11wks
Pilates Beginner	13 years +	Mon	5:30 – 6:30pm	Multi-purpose	3075794	\$132/11wks
Pilates Intermediate	13 years +	Mon	6:45 – 7:45pm	Multi-purpose	3075796	\$132/11wks
Yoga	13 years +	Tue	6:00 – 7:30pm	Multi-purpose	3075803	\$138/11wks
Pilates	13 years +	Tue	7:45 – 8:45pm	Multi-purpose	3075791	\$132/11wks
Zumba	13 years +	Wed	8:00 – 9:00pm	Multi-purpose	3075786	\$100/11wks
Yoga	13 years +	Thurs	6:00 – 7:30pm	Multi-purpose	3075805	\$138/11wks
Yoga	13 years +	Thurs	7:45 – 9:15pm	Multi-purpose	3075806	\$138/11wks
Body Sculpt	18 years +	Fri	10:15 – 11:15am	Multi-purpose	3075788	\$100/11wks
Pilates (Moved from Monday night)	13 years +	Fri	8:00 – 9:00 pm	Multi-purpose	3075795	\$132/11wks
Yoga	13 years +	Sat	8:30 – 10:00am	Multi-purpose	3075808	\$138/11wks
Pilates	13 years +	Sat	10:15 – 11:15am	Multi-purpose	3075793	\$132/11wks
Yoga Older Adult	60 years +	Sat	11:30 – 12:30pm	Multi-purpose	3075813	\$46/11wks
Tai Chi	13 years +	Sat	1:00 – 2:30pm	Multi-purpose	3075798	\$138/11wks
Step – Intermediate/ Advanced	18 years +	Sun	10:00 – 11:00am	Multi-purpose	3075783	\$100/11wks



[toronto.ca/northtorontomemorialcc](http://toronto.ca/northtorontomemorialcc)

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Program Name	Age	Day	Time	Room	Barcode	Fee
Yoga/Pilates	13 years +	Sun	11:15 – 12:15pm	Multi-purpose	3075810	\$92/11wks

Due to relocation, some programs times and days may have changed.

### Drop-in Fitness

Program	Age	Day	Time	Room	Barcode
Step Intermediate	19 years +	Tue	10:00 – 11:00am	Multi-Purpose	Punch cards/Memberships ONLY
Cardio Low Impact	60 years +	Tue	1:30 - 2:30pm	Multi-Purpose	Punch cards/Memberships ONLY
Body Sculpt	19 years +	Wed	10:00 – 11:00am (New Time)	Multi-Purpose	Punch cards/Memberships ONLY
Body Sculpt	19 years +	Wed	6:45 - 7:45 pm	Multi-Purpose	Punch cards/Memberships ONLY
Cardio Hi/Lo	19 years +	Thurs	10:00 - 11:00 am (New Time)	Multi-Purpose	Punch cards/Memberships ONLY
Cardio Low Impact	60 years +	Thurs	1:30 - 2:30 pm	Multi-Purpose	Punch cards/Memberships ONLY
Body Sculpt	19 years +	Friday	6:30 – 7:30 pm	Multi-Purpose	Punch cards/Memberships ONLY

Due to relocation, some programs times may have changed.

## Fitness Membership and Punch Card Information

Membership Type	10 Visits Punch Card	9 Weeks	12 Weeks	1 year
Adult	\$87.00	\$146.50	\$195.50	\$541.50
Older Adult	\$43.50	\$73.25	\$97.75	\$270.75

## Athletic Membership and Punch Card Information

Membership Type	10 Visits Punch Card	3 Months	6 Months	1 year
Adult	\$37.00	\$79.50	\$125.50	\$238.50
Older Adult	\$18.50	\$39.75	\$62.75	\$119.25

Please note, sale of membership/punch cards are not available at relocation sites. Participants are encouraged to purchase these at North Toronto Memorial CC prior to relocation. Last day to purchase membership/punch cards at North Toronto Memorial CC is Sunday March 23<sup>rd</sup>, 2018. Membership/punch cards can be purchased anytime at North York Civic Centre during regular business hours.